

GENERAL INFORMATION FOR ALL SPORTS

Yorktown High School is a group AAA school in the National District, Northern Region of Virginia.

Other schools in the National District are:

Edison, Falls Church, Hayfield, Mount Vernon, J.E.B. Stuart, Wakefield and Washington-Lee

Virginia High School League (VHSL) Guidelines for Participation

The VHSL governs high school athletics for the state of Virginia. The VHSL makes the **rules and regulations** for all member schools regarding all athletic competitions. Each student-athlete must:

1. have **passed at least five (5) subjects** the immediately preceding year (for Fall participation), or the immediately preceding semester (for Winter or Spring participation),
2. currently be a full time student, **enrolled in at least five (5) courses** for credit,
3. have a completed **Athletic Participation/Parental Consent/Physical Examination Form**, signed by parent or guardian, student, and physician, on file in the Activities Office. The physical exam must have been done after **May 1st** for the upcoming school year.
4. not have turned age 19 on or before the first day of August of the current school year,
5. have attended **no more than eight consecutive semesters** in high school,
6. not provide **false information** on the VHSL form (penalty is ineligibility for up to one year).

Athletic Participation/Parental Consent/ Physical Examination Form

This REQUIRED FORM is available in the Student Activities Office or on our website in Sports. Submit the completed form to the Activities Office before the first day of try-outs. No one may participate without clearance of his/her physical exam (done after May 1st for the upcoming year) by the Athletic Trainer. Make sure your Tetanus shot is up-to-date (within the last 10 years). **Keep a copy at home.**

Student Accident Insurance

No student will participate in any athletic activity without evidence of insurance coverage. Inexpensive Student Accident Insurance is available for purchase through the school for individuals who do not have insurance or wish to buy additional insurance. Forms are available in the Student Activities Office.

Team Managers

Team Managers assist the head coach for some sports with equipment handling, record keeping, and other duties. Any student may apply to the head coach of a sport for the position of Team Manager.

Athletic Awards

An Athletic Awards ceremony is held three times per year at the end of each season. Athletes are awarded varsity letters or certificates of participation. Athletes who letter in a varsity sport and have a GPA of 3.0 or higher for the past quarter receive a VHSL Honor Roll Certificate. In addition, those athletes whose GPA is 3.5 or above also receive a Northern Region Honor Roll Certificate.

Game tickets

Game tickets are sold at the gate at a cost of \$5.00 for adults and \$2.00 for students with a Student ID for the following games: Freshmen and Junior Varsity Football (these games are played as double-headers and require only one ticket), Basketball, Baseball, Field Hockey, Soccer, and Lacrosse games. Varsity Football games cost \$5.00 for adults and students at the gate.