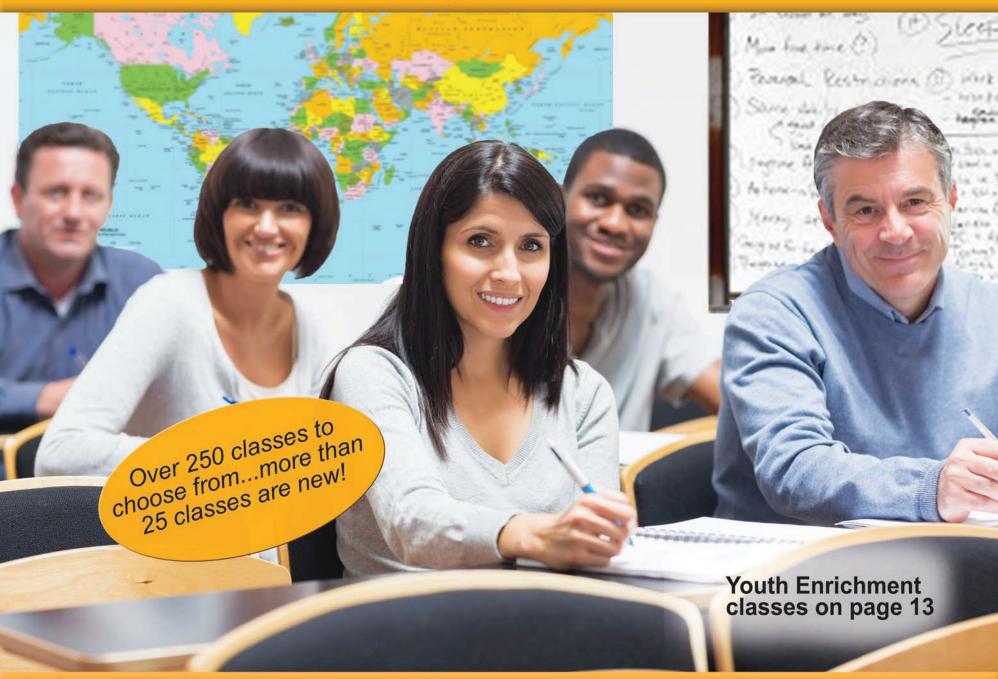
Arlington Community Learning

Fall 2016 Catalog

Register online at www.apsva.us/adulted

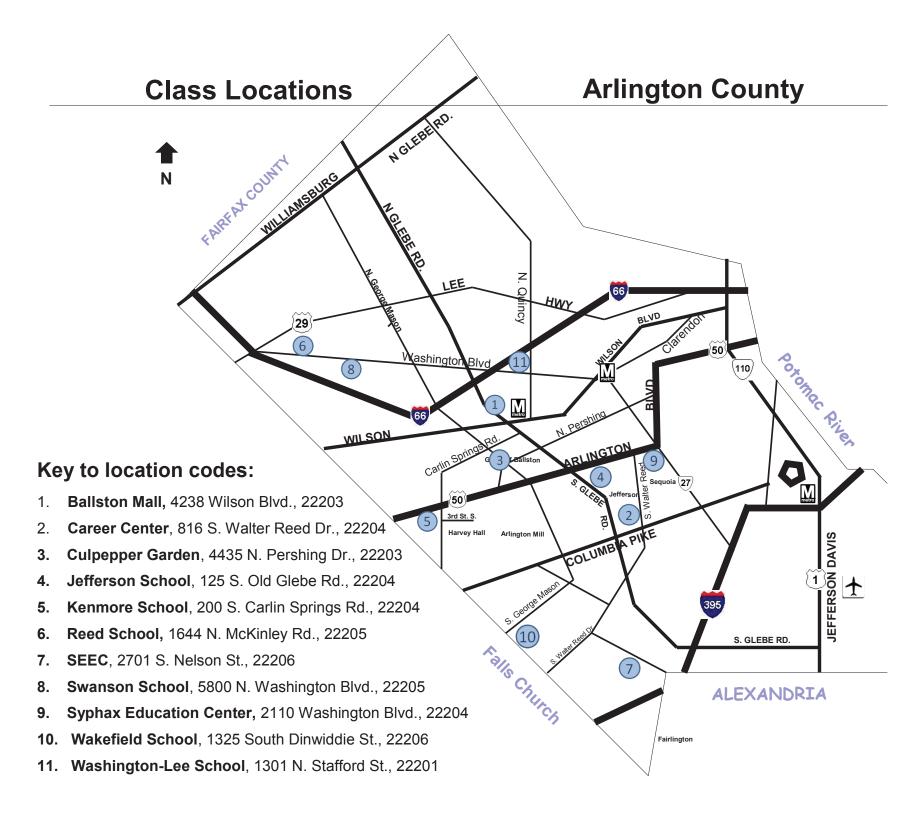




Arlington Public

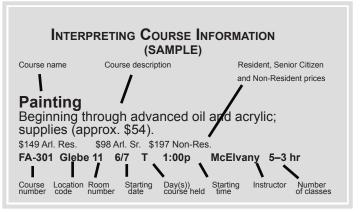
Schools ...where learning never ends!





We value your feedback. If you have any ideas or suggestions on how we can better serve our community, please let us know.

Email our coordinator at raul.matos@apsva.us



Arlington Community Learning - Fall 2016

(Formerly the Adult Education Program)

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Message from the Superintendent

Dear Lifelong Learners,

Fall is a great time of year. The leaves begin to change color, the weather gets a little cooler and best of all, the new school year begins. The start of school brings many wonderful opportunities to grow, to learn and to share. We know a thing or two about growth given that our overall student enrollment continues to increase year after year.

We are excited to share this catalog which has over 200 classes to choose from. Some categories you will find include music, finance, computers, foreign language, art, home repairs and much more. We encourage you to flip through these pages to find the learning opportunities that are waiting for you.

Sharing is something we encourage. Share your knowledge, your experiences and your passion. If you have a class that you would like to teach, let us know by emailing Raul Matos at raul.matos@apsva.us. If there is a class that you would like to take, but don't see it in our catalog, let us know that too.

As we prepare to begin our school year, I want the Arlington community to know that we have a wonderful school system, made up of great students and excellent staff.

Thank you for your continued support.

With appreciation,

Patrick K. Murphy, Ed. D. Superintendent, Arlington Public Schools

...where learning never ends!



Arlington Community Learning

Foreign Languages

Spanish - Daytime Beginners I

This course is for beginner students without knowledge of the Spanish language. Course includes elements of grammar, vocabulary, oral skills, listening comprehension, and reading and writing. Text: Curso Primero. ISBN-10: 1567654762

Arl. Res. \$229 Arl. Sr. \$199 Non-Res. \$259 **FL251** Syphax 107 09/13 Tue 10a Sarmiento 10 - 2.5 hr

Spanish - Daytime Beginners II

A continuation of Elementary Spanish I. For students with some knowledge of Spanish. Course includes elements of grammar, vocabulary, oral skills, listening comprehension, and reading and writing. Text: TBD Arl. Res. \$229 Arl. Sr. \$199 Non-Res. \$259

FL253 Syphax 107 09/14 Wed 10a Sarmiento 10 - 2.5 hr

Spanish - Daytime Beginners III

A continuation of Spanish Elementary II. This course is designed to expand grammar and vocabulary. Class focus on developing conversation skills through oral and written exercises on a variety of topics. Required text: Easy Spanish Reader, ISBN #978-0-07-160338-6 Arl. Res. \$229 Arl. Sr. \$199 Non-Res. \$259

FL258 Syphax 107 09/13 Tue 10a Santos 10 - 2.5 hr

Spanish - Daytime Intermediate I

A continuation of Elementary Spanish III. This course is designed to expand grammar and vocabulary. Class will focus on developing conversation skills through oral and written exercises on a variety of topics. This class is a transition to intermediate level spanish.

Arl. Res. \$229 Arl. Sr. \$199 Non-Res. \$259

FL261 Syphax 170 09/13 Tue 10a Oatway 10 - 2.5 hr

Spanish - Daytime Intermediate II

A continuation of Spanish Intermediate II. This course is designed to expand grammar and vocabulary. Class focus on developing conversation skills through oral and written exercises on a variety of topics.

Arl. Res. \$229 Arl. Sr. \$199 Non-Res. \$259

FL262 Syphax 107 09/15 Thu 10a Oatway 10 - 2.5 hr

Spanish - Daytime Intermediate/Conversation

A continuation of Spanish Intermediate II. This course is designed to expand grammar and vocabulary. Class focus on developing conversation skills through oral and written exercises on a variety of topics.

Arl. Res. \$229 Arl. Sr. \$199 Non-Res. \$259

FL263 Syphax 107 09/12 Mon 10a Oatway 10 - 2.5 hr

Spanish - Daytime Grammar Workshop

Prerequisite: Spanish Beginning II or higher. This class is designed to help you polish your grammar skills and improve your conversation. Many students wish to speak Spanish more fluently, but lack the grammar to do so. This course encourages proper verbal and written communication, while correcting grammatical mistakes in speaking and writing. Arl. Res. \$139 Arl. Sr. \$119 Non-Res. \$159

FL266 Syphax 150 09/27 Tue 12:45p Santos 6 - 2 hr

Spanish - Saturday Conversational Group

Spend your Saturday morning doing something different, spent it "hablando español". In this class students will have the rich opportunity to converse and discuss various topics based on literary works, film and current events. We will work on building vocabulary and correcting grammar. Plenty of time will be given to speak.

Arl. Res. \$229 Arl. Sr. \$199 Non-Res. \$259 **FL269** Syphax 101 09/10 Sat 10a Rodriguez 10 - 2.5 hr

Spanish Movie Time!

Prerequisite: Basic Spanish conversation skills, all level of Spanish knowledge are welcome. Students will view and discuss selected films, based on literary works, from Spain and Latin America. Join us for lively discussion and further develop your Spanish conversational skills.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 **FL514A** Syphax 115 10/04 Tue 1p Russo 5 - 2 hr **FL514B** Syphax 115 10/05 Wed 7p Russo 5 - 2 hr

Spanish - Beginning I

For students who have never studied Spanish. Formal program. Emphasis on grammar and beginning conversation. Text: Dicho y Hecho & workbook, 7th Edition. ISBN-10: 0471268860

Arl. Res. \$229 Arl. Sr. \$199 Non-Res. \$259

FL517A Wash. Lee 2213 9/12 Mon 7p Sarmiento 10 - 2.5 hr FL517B Wash. Lee 2226 9/14 Wed 7p DeLeon 10 - 2.5 hr

Spanish - Beginning II

Prerequisite: Spanish Beginning I or equivalent. Formal program. Emphasis on grammar and beginning conversation. Text: Dicho y Hecho & workbook, 7th Edition . ISBN-10: 0471268860

Arl. Res. \$229 Arl. Sr. \$199 Non-Res. \$259 **FL518** Wash. Lee 2213 9/14 Wed 7p Sarmiento 10 - 2.5 hr

Spanish - Beginning III

Prerequisite: Spanish-Beginning II or equivalent. This is a new formal program with an emphasis on grammar and beginning conversation and is a transitional course intermediate Spanish. Text: Dicho y Hecho & workbook, 7th edition.

Arl. Res. \$229 Arl. Sr. \$199 Non-Res. \$259 FL523 Wash. Lee 2215 9/13 Tue 7p Rodriguez 10 - 2.5 hr

Spanish - Intermediate I

Prerequisite: Spanish-Beginning III or equivalent. This is a continuation of Spanish Beginning III. Class will focus more on conversation. Grammar and vocabulary will also be emphasized. Dicho y Hecho & workbook, 7th Edition. ISBN-10: 0471268860

Arl. Res. \$229 Arl. Sr. \$199 Non-Res. \$259 **FL519** Wash. Lee 2215 9/14 Wed 7p Rodriguez 10 - 2.5 hr

Spanish - Evening Grammar Workshop

Now that you have finished Spanish Beginning I, it's time to review. Grammar is not easy, but this workshop is designed to make the Spanish grammar more understandable, thus allowing you to communicate more fluently. Through verbal and written exercises students will gain the confidence they need to improve their basic communication skills.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 **FL276** Wash. Lee 2226 11/30 Wed 7p DeLeon 3 - 2.5 hr

Spanish - Evening Grammar Workshop

After having completed Spanish Beginning II, students are beginning to put words, sentences and phrases together to express themselves for fluently. To communicate in a properly, a solid understanding of the grammar is essential. This class is designed to allow you to build on the knowledge you have gained and sharpen your written and verbal communication skills.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 **FL277** Wash. Lee 2213 11/30 Wed 7p Rodriguez 3 - 2.5 hr

Spanish - Evening Grammar Workshop Level III

After having completed Spanish Beginning III, students are now beginning to think in Spanish, instead of translating everything in their head before you speaking. We will primarily focus on conversational skills and address common grammatical mistakes when speaking. Written exercises will also be incorporated into class.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 **FL278** Wash. Lee 2213 11/29 Tue 7p Rodriguez 3 - 2.5 hr

French I, level I: Le français pour le debutant

Want to speak French? This is the class you need. No previous knowledge required. You'll begin to understand and speak some French the first day. The reading and writing will follow. Adult classes are fun and there is no pressure. Text: French Now Level 1 fifth Edition ISBN 978-1-4380-72791.

Arl. Res. \$209 Arl. Sr. \$179 Non-Res. \$239 **FL500A** Wash. Lee 2229 09/13 Tue 7p Sakr 10 - 2 hr **FL500B** Syphay 117 09/16 Fri 11a Sakr 10 - 2 hr

FL500B Syphax 117 09/16 Fri 11a Sakr 10 - 2 hr **FL500C** Syphax 107 09/17 Sat 11a Sakr 10 - 2 hr

French I - level II: Le français un peu plus avance

Prerequisite: French I - level 1 or equivalent. Pick up your French where you left off, no matter how long ago, by joining us in the level 2 French class. Improvement of understanding, speaking, reading and writing will be our goal. Text: Text: French Now Level 1 fifth Edition ISBN 978-1-4380-72791.

Arl. Res. \$209 Arl. Sr. \$179 Non-Res. \$239

FL501A Wash. Lee 2229 09/15 Thu 7p Sakr 10 - 2 hr **FL501B** Syphax 109 09/17 Sat 9a Sakr 10 - 2 hr

French I - Level III

Prerequisite: French I-level 2 or equivalent. Here we will continue to explore the beautiful French language. We will focus more on correct grammar, speaking, reading and writing. Text: French Verb Tenses ISBN 978-1-4380-0290-3.

Arl. Res. \$209 Arl. Sr. \$179 Non-Res. \$239 **FL507A** Wash. Lee 2229 09/14 Wed 7p Sakr 10 - 2 hr **FL507B** Syphax 109 09/16 Fri 9a Sakr 10 - 2 hr

French Conversational

Prerequisite: Students must be able to converse in French. During this course students will focus on improving their conversational skills and expanding their vocabulary. Class conducted in French.

Arl. Res. \$209 Arl. Sr. \$189 Non-Res. \$229

FL504 Wash. Lee 2229 09/12 Mon 7p Sakr 10 - 2 hr

French Daytime Conversational

French for fluent speakers. Emphasis will be on oral and reading skills. Translation, some writing, conversation, and vocabulary will be covered. This course will be taught in the Culpepper Room 3.

Arl. Res. \$219 Arl. Sr. \$189 Non-Res. \$249

FL480 Culpepper R3 9/06 Tue 10a Farzaneh 10 - 2.5 hr

Portuguese - Beginning I

This class is for students who are planning to visit Brazil or who want to learn the basics of the beautiful Brazilian language. In addition to learning basic grammar and conversation skills to communicate in a number of everyday real-life situations, students will also explore the Brazilian culture, food and traditions. Arl. Res. \$209 Arl. Sr. \$179 Non-Res. \$239

FL528 Syphax 150 9/13 Tue 7:30p Moghrabi 10 - 2 hr

Portuguese Conversational

Your native Brazilian instructor will expand your Portuguese vocabulary and conversational skills through this interactive course. Through music, movies, and lots of conversation, you will learn about the history, culture, and details of life in Brazil. Immerse yourself in the sights, sounds, and cuisine of this modern and vibrant country. Prerequisite: Basic Portuguese conversational skills
Arl. Res. \$209 Arl. Sr. \$179 Non-Res. \$239

FL585 Syphax 117 9/15 Thu 7:30p Moghrabi 10 - 2 hr

Italian - Beginning I

Designed for beginners, class will focus on basic Italian grammar and vocabulary. Particular emphasis will be given to developing conversational skills. Text: Oggi in Italia 7th edition. ISBN 0-618-11220-0. Arl. Res. \$209 Arl. Sr. \$179 Non-Res. \$229 FL545A Syphax 150 9/13 Tue 11:30a Carpenter 10 - 2 hr FL545B Wash. Lee 2227 9/14 Wed 6:30p Sapundzhieva 10 - 2 hr

Italian - Beginning II

Prerequisite: Italian - Beginning I or equivalency. A continuation of Italian - Beginning I, class is for students who already know basic elements of the language. Conversational skills will be further developed. Text: Oggi in Italia 7th edition. ISBN 0-618-11220-0.

Arl. Res. \$209 Arl. Sr. \$179 Non-Res. \$229 **FL546A** Syphax 150 9/15 Thu 10a Sapundzhieva 10 - 2 hr **FL546B** Wash. Lee 2214 9/13 Tue 7p Sapundzhieva 10 - 2 hr

Italian - Beginning III

Prerequisite: Italian - Beginning II or equivalency. A continuation of Italian - Beginning II, class is designed for students who already know basic elements of the language. Conversational skills will be further developed. Text: Oggi in Italia 7th edition. Arl. Res. \$209 Arl. Sr. \$179 Non-Res. \$229

FL588 Syphax 103 09/13 Tue 6:30p Bucelli 10 - 2 hr

Italian - Intermediate

Prerequisite: Italian Beginning II. Class is for students who feel comfortable with the basic elements of the language. Grammar, speaking and reading skills will be covered. Conversational skills will be further developed. Text: Oggi in Italia 7th edition, optional. Arl. Res. \$209 Arl. Sr. \$179 Non-Res. \$229

FL547 Wash. Lee 2227 9/12 Mon 6:30p Bucelli 10 - 2 hr

Italian - Intermediate/Conversation

Prerequisite: Italian - Beginning II, basic conversation skills or equivalent. This course combines conversation with grammar and is intended to make you more at ease with communications of moderate difficulty. You will be encouraged to "think in Italian" and to understand new grammar and vocabulary by relating them to the context in which they are used. The course will balance the introduction of new material with a review of the old, so that you have a solid understanding of both. Text: Oggi in Italia, 7th edition. ISBN 0-618-11220-0. Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169

Russian - Beginning I

Prerequisite: Russian Level I or equivalent. This course is a continuation course designed for all students interested in learning the Russian language or any who will be traveling to Russia or other former Soviet Union countries. In addition to learning basic grammar and conversation skills, students will also explore the Russian culture, food and traditions. Text: Textbook Russian Step by Step. Beginner 1 ISBN 079-098230404

Arl. Res. \$179 Arl. Sr. \$149 Non-Res. \$209 **FL510** Syphax 135 09/21 Wed 7p Reno 8 - 2.5 hr

Chinese Mandarin I - Level I

This course is designed for people with no prior knowledge of the language. It emphasizes functional communication in Mandarin Chinese for the purposes of travel, business, and social occasions. Reading and writing are included and grammar is taught as needed. Various cultural topics will be covered in class to enhance learning interest. Text: Integrated Chinese 3rd Edition, Level 1, part 1 - Simplified characters ISBN 9780887276385. Text is optional. Arl. Res. \$209 Arl. Sr. \$189 Non-Res. \$229

Chinese Mandarin I - Level II

This is a continuation of Chinese Mandarin I-Level I and is intended to provide a solid foundation of basic grammatical patterns and daily use vocabulary in modern spoken Mandarin. This course will emphasize accurate pronunciation and tonal quality. Oral proficiency is the primary objective, but more emphasis will be placed on reading and writing Chinese characters. Text: Integrated Chinese 3rd Edition, Level 1, part 1 - Simplified characters ISBN 9780887276385. Text is recommended but not required.

Arl. Res. \$209 Arl. Sr. \$189 Non-Res. \$229 FL551 Wash. Lee 2017 09/12 Mon 7p Chu 10 - 2 hr

Japanese - Beginning I

Designed for beginners, class will focus on the basics of Japanese. Learn useful expressions, basic grammar, and how to read and write all phonetic symbols in Hiragana and Katakana. Students will have opportunities to explore various aspects of Japanese culture and discuss a wide range of cross-cultural issues. Text: Japanese for Busy People I, ISBN 10: 1568363842 (Romanized version recommended).

Arl. Res. \$209 Arl. Sr. \$179 Non-Res. \$229 **FL555** Syphax 107 09/15 Thu 7p Staff 10 - 2 hr

Vietnamese - Beginning I

If you are planning to visit Vietnam, some knowledge of the local language will greatly enhance your experience. This course will introduce you to the basics of Vietnamese language as well as the traditional and modern culture. Focus is on language you might use is everyday situations. Topics like shopping, travel and lodging will all be covered. You'll be surprised at how much you'll learn.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res. \$189

 $\textbf{FL557} \hspace{0.1cm} \textbf{Wash. Lee} \hspace{0.1cm} \textbf{2219} \hspace{0.1cm} \textbf{9/14} \hspace{0.1cm} \textbf{Wed} \hspace{0.1cm} \textbf{7p} \hspace{0.1cm} \textbf{Nguyen} \hspace{0.1cm} \textbf{8-2} \hspace{0.1cm} \textbf{hr}$

Korean - Beginning I

Interested in learning the Korean language? Planning on traveling to Korea? This class would be perfect for you. Enjoy this introductory class that will focus on common phrases, greetings and traditional Korean customs. Proper pronunciation, listening skills and character recognition will be covered.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res. \$189

FL561 Wash. Lee 2001 09/21 Wed 7p Song 8 - 2 hr

Korean - Beginning II

Continue your study of the modern Korean language by focusing on the development of basic conversation skills and reading/writing of day-to-day Hangul. Expand your vocabulary and knowledge of the Korean culture while gaining a better understanding of written characters and common expressions.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res. \$189

FL567 Syphax 150 09/19 Mon 7p Song 8 - 2 hr

Arabic - For Beginners

This course is designed for students with no prior Arabic instruction. Instructional emphasis will be placed on the proper pronunciation of Arabic letters and sounds. Salutation, expressions and other basic phrases will be discussed. Students will also study the Arabic culture. Egyptians dialect will be used. Text: Al-Kitaab Intro to Arabic Letters and Sounds, ISBN 1-58901-102-3.

Arl. Res. \$259 Arl. Sr. \$209 Non-Res. \$299 FL538 Wash. Lee 2018 9/14 Wed 7p Kassim 10 - 3 hr

Mongolian Beginning I

Here's your chance to learn the basics of the Mongolian language. In 10 classes we will cover the pronunciation of letters, sounds and common phrases. We will learn basic rules of grammar and discuss the similarities Mongolian has with other languages. Students will also learn about Mongolian traditions, food and customs. This will be a true cultural experience.

Arl. Res. \$179 Arl. Sr. \$149 Non-Res. \$209 **FL610** Wash. Lee 2019 9/22 Thu 6:30p Gombojav 8 - 2.5 hr

When you see this Link and QR Code, it means that you can sign up now and pay later. Once we get the minimum number of students we need, we will contact you to register. Sign up by scanning this code or cutting and copying this link

https://goo.gl/zdNUXE



Art Glasses

Clay - The Art of Slab Construction: Beginning through Advanced

This class is designed for beginners to more advanced students who enjoy making fine art ceramic pieces using slab construction. The instructor will demonstrate the basic steps in the process as needed, and support students in their quest to find their personal expression in clay through sketches, models, building techniques, and glazing techniques. Create your own beautiful ceramic piece of art. The cost for the course includes the use of basic tools and the firing, but not the materials and supplies used. See website for supply list.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res. \$189

FA395 Kenmore 190 9/13 Tue 6:30p Siddique 8 - 2.5 hr

Wheel-Throwing and Pottery: An Introduction

The magic begins when you place your clay in the center of the wheel. Students will learn the skills to create simple but beautiful pieces of art using a pottery wheel. Plates, bowls, cups and more will be demonstrated and taught as each student uses the wheel. Art will be fired in the kiln and glazes will be applied in class. Roll up your sleeves and let the creativity begin. See website for supply list.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res. \$189

FA230 Jefferson 110 09/22 Thu 6:30p Staff 6 - 3 hr

Paint Like Monet, Picasso and Van Gogh

Have fun while you paint on canvas. The instructor will guide students as they reproduce paintings by the Masters. Each class will escort students through the creation of a composition which will range from Landscapes to still life. No experience necessary, each week we will create a different painting in class using acrylics, that can be taken home and hung. Students will be amazed how much fun and easy it is to paint. Bring out your inner Master artist and have fun at the same time. See website for supply list. Arl. Res. \$159 Arl. Sr. \$149 Non-Res. \$169

Paint More Impressionists

This class will help you expand the creative possibilities of transparent and opaque watercolor. Develop your skills, creativity and individual style in a workshop environment thru the inventive use of color, line, value, composition and glazing while being more aware of abstract shapes, contrasts and moods. Painting from still life and photographs is encouraged. Demonstrations, critiques and individual attention are paramount. Some watercolor experience is necessary. See website for supply list. Arl. Res. \$159 Arl. Sr. \$149 Non-Res. \$169

Art Appreciation

Study the most famous works that hail from the great periods in art history: hunger of prehistoric cave art, the glory of Byzantine art of the Catholic Church, the perfection of the Renaissance, ending with Da Vinci and Michelangelo.

Arl. Res. \$99 Arl. Sr. \$79 Non-Res. \$129 **FA294** Interested in this class? Add your name to our list, when we meet our minimum, we will contact you and launch the class.

Add your name by scanning this code or going to this this site: https://goo.gl/zdNUXE

Daytime Drawing

Bring your sketch pad and pencils to class and begin to draw what you see. Learn basic techniques in light and shadowing, depth perception, scale and symmetry. This will be a fun, relaxing class where you will use your eyes, mind, hand and fingers to create simple works of art. Supply list found on the website. Arl. Res. \$139 Arl. Sr. \$119 Non-Res. \$159

FA258 Syphax 117 09/29 Thu 1p Benkert 6 - 2 hr

Classical Drawing

This class is for all levels of students who desire to draw what they see. Students will use graphite, charcoal, and oil pastels to create drawings of still-lifes, photos and other props. Students will learn the techniques used by the Old Master to develop their artistic abilities. See website for supply list.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179

FA311 Wash. Lee 1127 10/06 Thu 7p Hamdad 6 - 2.5 hr

Saving Your Digital Pictures

Step by step instructions will be given on how to take digital pictures from your camera, email or internet and save them to your computer. Preserve the memories digital pictures provide by learning these easy techniques. Don't risk losing your photos or deleting them by accident. Effective exercises will be conducted in class to ensure that students leave with the confidence needed to secure these memories. Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

FA260 Syphax 115 10/04 Tue 10a Matos 2 - 2.5 hr

Pointed Pen Calligraphy

Student enrolling in this class must have taken the pointed pen calligraphy class prior, or equivalent training in pointed pen. This class will give an introduction to Majuscule (capitals or upper case letters only). The class will give stroke by stoke instruction using the dip- nibs and bottle ink, and other traditional tools. Small projects will be assigned. See website for supply list.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169

FA287 Jefferson Art 11/02 Wed 7p McFail 6 - 2.5 hr

Pointed Pen Pointed Pen Calligraphy

Student enrolling in this class must have taken the pointed pen calligraphy class prior, or equivalent training in pointed pen. This class will give an introduction to Majuscule (capitals or upper case letters only). The class will give stroke by stoke instruction using the dip- nibs and bottle ink, and other traditional tools. Small projects will be assigned. See website for supply list.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169

FA273 Jefferson Art 09/21 Wed 7p McFail 6 - 2.5 hr

Painting with Acrylics and Oils

Spend the morning painting in either acrylics or oils. New and experienced students will experiment with a variety of techniques in this project-oriented course. Teacher led instruction with an emphasis on individual interests. Both still-lifes and photographs will be used as reference for paintings. Both painting techniques will be explored according to skill. See website for supply list.

Arl. Res. \$179 Arl. Sr. \$149 Non-Res. \$209 FA330 Swanson 214 10/06 Thu 3p Corcoran 8 - 2.5 hr

Daytime Painting

Beginning through advanced, oil or pastels. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. Students can work from still life set ups or from photographs. See website for supply list.

Arl. Res. \$249 Arl. Sr. \$219 Non-Res. \$279 **FA301A** Reed Art 205 9/14 Wed 9:30a Coonce-McElvany 12 - 3 hr **FA301B** Reed Art 205 9/15 Thu 9:30a Coonce-McElvany 12 - 3 hr

Pastel or Oil Painting

Beginning through advanced, oil or pastels. Students will pick one of these mediums. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. Teacher will demonstrate in both oil and pastel. Students can work from still life set ups or from photographs. See website for supply list.

Arl. Res. \$249 Arl. Sr. \$219 Non-Res. \$279 **FA307A** Reed 205

09/12 Mon 7p Coonce-McElvany 12 - 3 hr **FA307B** Reed 205

09/15 Thu 7p Coonce-McElvany 12 - 3 hr

Creating Mosaics

Make your own unique mosaics. Beginners learn the basic terms and techniques of mosaic art including layout, design, gluing, grouting, and finishing. Students will complete three simple projects on a variety of surfaces that will increase in degree of difficulty. Supply fees are included in the cost of the tuition. Kenmore Middle School, Tech. Ed. lab.

Arl. Res. \$149 Arl. Sr. \$139 Non-Res. \$159

FA324A Kenmore Tech 9/08 Thu 7p Nowak 4 - 2.5 hr
FA324B Kenmore Tech 10/06 Thu 7p Nowak 4 - 2.5 hr

Creating Mosaics II

This class is designed for students with some basic mosaic experience. Students will build on current skills to create a project large in scope and more focused on design. Students will make a custom designed table or with instructor approval, students can work on their own projects. Call for material information. Kenmore Middle School, Tech. Ed. lab. Arl. Res. \$149 Arl. Sr. \$139 Non-Res. \$169

FA325 Kenmore Tech 11/03 Thu 7p Nowak 4 - 2.5 hr

Watercolor Painting Workshop

This class will help you expand the creative possibilities of transparent and opaque watercolor. Develop your skills, creativity and individual style in a workshop environment thru the inventive use of color, line, value, composition and glazing while being more aware of abstract shapes, contrasts and moods. Painting from still life and photographs is encouraged. Demonstrations, critiques and individual attention are paramount. Some watercolor experience is necessary. See website for supply list. Arl. Res. \$169 Arl. Sr. \$149 Non-Res. \$189

FA305 Wash. Lee 1123 09/29 Thu 7p Hill 8 - 2.5 hr

One-Day Watercolor Workshop

Spend a day painting with watercolor. All skill levels are welcome. We will teach and review watercolor techniques that will improve your ability to acheive the artistic goals you are striving for. There will demonstrations and exercises to help reinforce the concepts convered. One-on-one attention will be given to students in this unique "open-studio" style class. Bring your own lunch.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 FA415 Syphax 117 10/21 Fri 9:30a Staff 1 - 6 hr

Watercolor Painting Techniques for Beginners

Watercolor techniques will be taught in this stepby-step, hand-on approach class. These effective techniques for watercolor painting include, color mixing, brush handling, value control, washes, glazing and masking. Each class, students will discover and practice a new skill.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169 FA426 Syphax 117 09/12 Mon 9:30a Hill 6 - 2.5 hr

Photography Glasses

Basic Adobe Photoshop Elements

Learn basic image/photo editing skills including how to streamline image/photo editing processes, enhance, and resize for print and the Web. This class introduces you to filters and layers and print methods. This class will help you enhance photos taken from your digital camera. Also, take some basic design skills back to your office with you and/or add to your resume.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119 BE337 Syphax 105 09/21 Wed 7:30p Matos 3 - 2 hr

Digital Photography - An Introduction

Class is designed for beginning photographers using digital cameras. Students will better understand their equipment and many of the functions that today's cameras have to offer. Fundamental concepts of photography will be covered, including composition, lighting, motion, and we will also explore the artistic side of digital photography. Projects will be assigned and photo critiques provided.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169 FA341 Wash. Lee 2002 9/28 Wed 7p Cassatt 6 - 2 hr

The Magic of Great Composition

What makes a great photograph? It's composition! It make no difference whether you are a shooting with a professional camera or a cell phone, the image you compose in your "mind's eye" is everything. Join Jake McGuire, one of America's most published photographers to learn the art of great composition. Register for this fun, lively and entertaining adventure with photos from DC to the far corners of the earth. Want to learn how to shoot a great cover photo for a magazine? McGuire's done that, as his images have appeared on the covers of top publications and airline magazines. Learn how, shapes, sizes, proportions, colors and lighting all contribute to a photo's composition. Space is limited, sign up now. Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169 FA430 Syphax 171 09/08 Thu 7p Staff 6 - 2 hr

Maximizing Your Digital SLR Camera

This class will make it easy to understand all those features packed into your digital SLR. You'll learn what the functions do, gaining the confidence to move beyond the Auto mode, and how to use them to capture better pictures. We'll also look at lenses. filters and other photo equipment to use with your DSLR. In addition, you'll learn about lighting (artificial and natural) and composition techniques for people, landscapes, architecture and flowers. You'll have the skills to create more compelling images when traveling and in daily life.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119 FA387A Wash. Lee 2016 09/07 Wed 7p Cassatt 3 - 2 hr FA387B Wash. Lee 2016 11/28 Mon 7p Cassatt 3 - 2 hr

Indoor and Outdoor Portrait Photography

You have a nice camera and now everyone expects you to take portraits like a pro. Don't disappoint them. In this three week course you will learn how to take both indoor and outdoor portraits in both natural and artificial light. In addition to hands on instruction, we will cover equipment, lighting and posing. For this course, an interchangeable lens camera will be best. You should also have a working knowledge of your camera and understand basic concepts of photography, such as aperture, shutter speed, ISO and depth of field. Come prepared for some fun. Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 FA452 Wash. Lee 2016 9/19 Mon 7p Cassatt 3 - 2 hr

Photography "On Location"
We will take photos on Saturday and meet once a week in the evenings to critique the photos taken and to discuss ways on capturing the images you are looking for. This is a great way to put into practice the techniques and strategies you learn from an experienced photographer who will teach you to make them better. You won't want to miss this class. Our first gathering will be in the classroom where you'll learn the best way to use the camera and equipment you have.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169 FA456 Wash. Lee 2002 10/17 Mon 7p Cassatt 7 - 2 hr

Black and White Fine Art Film Photography

Learn black and white fine art film photography, how to develop your film and make black and white prints in a darkroom. A working 35 mm film camera is required. Bring it the first night. This is a blended class. All levels of skill, beginner to advanced, are welcome. Courses are tailored to the student's needs. Experienced students bring your old negatives if you have them.

Arl. Res. \$219 Arl. Sr. \$189 Non-Res. \$249 FA345 Career Ctr. 233 9/14 Wed 7p Uravitch 8 - 3 hr

Holiday Photography

Prerequisite: Must know how to develop black and white film and how to use an enlarger. Making your black and white photos into cards; matting photos and how to take holiday and winter pictures and toning will be covered. Students will provide their own mat board.

Arl. Res. \$89 Arl. Sr. \$69 Non-Res. \$109 FA343 Career Ctr. 233 11/07 Mon 7p Uravitch 4 - 2 hr

Stretching Your Own Canvass

Customize the size of your painting by learning how to stretch your own canvass. Learn to select the proper quality canvass for your painting and save money in the process. Once you have sized the canvass properly, learn to stretch, staple and fold. Once completed, we will dye the canvass and prepare it to be painted on.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 FA248 Kenmore Tech 10/19 Wed 6:30p Staff 1 - 1.5 hr

Picture Framing for Everyone

You don't need fancy equipment or a fat wallet to display artwork attractively. With a few basic skills, simple tools and inexpensive supplies, anyone can frame up pictures they'll be proud of. In this onenight workshop, the instructor will discuss what is needed to make your frame, show various styles and examples and then demonstrate how it's done. Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49

FA393 Kenmore Tech 10/12 Wed 6:30p Staff 1 - 1.5 hr

Professional Matting

If you want it on the wall, you need this class! Whether you're displaying a painting, drawing or photograph, knowing how to properly mat your art work can really make it stand out. This two night workshop will show you what materials to purchase, what colors compliment your art and how to put it all together, while saving a ton of money. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 FA399 Kenmore Tech 10/26 Wed 6:30p Staff 1 - 1.5 hr

Great Works of Art History

Study the most famous works that hail from the great periods in art history: the hunger of the prehistoric cave art, the glory of Byzantine art of the Catholic Church, the perfection of the Renaissance in painters such as Da Vinci and Michelangelo, the feel in Impressionism with Monet and Renoir and the expression of the post Impressionists with Van Gogh. Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

FA394 Interested in this class? Add your name to our list, when we meet our minimum, we will contact you and launch the class. 回線回

Add your name by scanning this code or going to this this site: https://goo.gl/zdNUXE



Floral Design

Floral Arrangements

Students will learn how to assemble and arrange lovely floral designs. Topics will include the conditioning and preparation of flowers, composing designs for a variety of containers, proper use of greens and fillers and basic color combinations and shapes. The class will be held at Buckingham Florist, 301 North Glebe Road., Arlington. Material fee of \$75 payable to instructor. Bring sharp hand clipper or scissors to class.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 FA354A Buckingham 9/06 Tue 7:30p Kim 3 - 1.5 hr FA354B Buckingham 10/11 Tue 7:30p Kim 3 - 1.5 hr

Floral Arrangements - Holidays

Students will learn how to make beautiful assortments of holiday theme arrangements. Something special for a holiday party or elegant decor for your home. Add a personal touch to this festive time of year with custom floral arrangements. The class will be held at Buckingham Florist, 301 North Glebe Road. Arlington. Material fee of \$35 payable to instructor. Bring sharp hand clipper or scissors to class.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 FA355D Buckingham 11/29 Tue 7:30p Kim 1 - 1.5 hr

Computer Classes

Network+ Certification

Many large companies look for their network technicians to have the Network + credential. Begin your journey on this certification with this 50 instructional hour class. We will focus on the theoretical and practical applications of networks and review the information expected on the exam. Email raul.matos@apsva.us with any questions. Arl. Res. \$399 Arl. Sr. \$369 Non-Res. \$429

BE218 Interested in this class? Add your name to our list, when we meet our minimum, we will contact 回数回 you and launch the class.

Add your name by scanning this code or going to this this site: https://goo.gl/zdNUXE

Decrease Your Telecom Costs

Want to explore ways to decrease your landline, wireless and cable bills? In this highly informative class, find out about new technologies like Roku, Aereo & Hulu. Find out how to get free HDTV and go wireless to help save you money. Communicate via FaceTime & Google Voice to replace your landline

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 BE230 Syphax 115 11/04 Fri 10a Livingston 1 - 2 hr

Craigslist - Two-Hour Crash Course

Craigslist is used for more than you might think. Join us for this 2 hour workshop where you will learn how to shop, sell, look for services, meet people with similar interests and even get rid of junk. Many services are free and some are paid. Register for class, and get the most out of our Craigslist. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 BE262 Syphax 115 09/14 Wed 7p Hamdad 1 - 2 hr

Prezi - Powerful Presentations

Are you still only using PowerPoint for your presentations and slides? Let me introduce you to Prezi. Improve your presentations with new, fresh and engaging slides that are easy and fun to create. Your slides will come alive with seamless transitions and new backgrounds. This is a great skill to have and nice to add to a resume as well. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

BE266 Syphax 115 09/27 Tue 7p Hamdad 1 - 2.5 hr

Youtube - Getting Started

Stop simply viewing Youtube and start contributing to it. Students will learn how to create an account, upload videos, add comments to content and create your own YouTube channel. Discussions on how to share your videos and video quality will be included. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

BE267 Syphax 115 10/11 Tue 7p Hamdad 1 - 2.5 hr

Computer Maintenance

Students will learn how to keep their computers running smoothly by learning to use system tools, utility programs, firewalls, and virus protection. They will also learn how to handle a computer crash, decipher error messages, delete files and unwanted programs and keep their computers updated automatically. In addition, computer hardware maintenance will be discussed, along with proper surge protection and wireless network protection. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 BE387 Syphax 115 09/30 Fri 1p Livingston 2 - 2 hr

Today's Technology for Baby Boomers -Level I

Confused about all the technology that society is using? Want to stay connected and learn to utilize the latest in computers, tablets & wireless devices? Want to explore the world and not leave your home? This informative, 4-week course will delve into cell/ smart phones/prepaid, social media (Facebook, Linked In, senior match, twitter, etc.). Learn about I-Tunes, IPads & IPods & useful apps to make your life easier & more productive. Learn what a blog is, what Wi-Fi & Bluetooth are & FREE things you can do with Google to connect with your family, friends &

Arl. Res. \$109 Arl. Sr. \$89 Non-Res. \$129 BE390 Syphax 115 09/16 Fri 10a Livingston 3 - 2 hr

Video Chat: Learn How!

Do you have family far from home? Would you like to see them more often? This class will show students how to video chat with family, friend and even colleagues using applications such as Facebook, Google Hangout or Skype. Demonstrations provided. Bring your tablet, laptop or smartphone to class. Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 BE364 Syphax 115 10/07 Fri 10a Matos 1 - 2 hr

Build Your Free Website Using Wix.com

Learn to use the many templates and options available through wix.com to create your free website. Use it as a personal website, or for the family, or for business or non-profit use. The options are endless. No programming required. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 BE355 Syphax 115 11/15 Tue 10a Matos 1 - 2.5 hr Google, MUCH More Than Search

In this highly interactive class, learn and do better all things that are Google such as Gmail, search tips, organize photos w/ Google photos, creating google docs, creating a personalized/shared calendar, make free phone calls w/ Google voice, print anything/ anywhere with cloud print, download books, apps, music & more from the Google play store, utilize google keep to take notes, google translate to over 50 languages and much more. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

BE366 Syphax 115 10/14 Fri 10a Livingston 1 - 2 hr

My Family: Ancestry Research Online

The Internet is becoming the most powerful tool for genealogy research. Through this demonstration class students will learn techniques that will make research easier, more fun and with better results. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 BE435 Syphax 115 09/17 Sat 9a Carothers 1 - 4 hr

Typing Skills I

Learn beginning keyboarding skills on a personal computer. Emphasis is placed on mastering the keyboard using the touch system. Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169

BE406 Wash. Lee 2224 9/20 T/Th 7p Stanley 8 - 1.5 hr

Typing Skills II

Prerequisite: BE-406 or good keyboarding skills. Continue developing keyboarding speed and accuracy. This course introduces production of business and personal documents.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$169 BE407 Wash. Lee 2224 10/25 T/Th 7p Stanley 8 - 1.5 hr

Learn Computers at a SLOW Pace

This is a slow and steady computer class for those who need to learn the basics at a patient pace. Learn how to turn on the computer, use the mouse, and save a file. Discover what you can do on the Internet, from e-mailing photos, finding a job or an old friend, and do so safely. Finally, become comfortable and stress-free while using the computer.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119

BE441 Syphax 115 09/15 Thu 10:30a Matos 3 - 2 hr

Computers at a Slow Pace - Level II

Now that you have covered the basics, let's dig a little deeper. Learn to transfer files from a flash drive to your computer, create a basic Excel spreadsheet, a letter in Microsoft Word and use free online resources to improve your typing skills. Gain the confidence you need to continue putting into practice what you've learned.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 BE442 Syphax 115 10/06 Thu 10:30a Matos 2 - 2 hr

Get Smart with Your Android Smartphone (or

Your Android smartphone or tablet is an incredibly powerful computer in a very small package. It can be tough knowing how to harness all that power. We'll go over the main features and give you tips you might not know for using the devices more effectively. We'll also explore the broad spectrum of add-on applications that enable you to improve your productivity - and have some fun too.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

BE453 Syphax 115 10/12 Wed 10a Gutnick 1 - 3 hr

Cloud Computing: How (and Why) to Get Started

Cloud computing: it's not just hype. Store your files on the Internet - documents, music, photos, spreadsheets, presentations - so you can access them from any computer. Better yet, synchronize your e-mail, calendar, and contacts between your computer and your smartphone or tablet. Save the expense and hassle of application software upgrades, and don't worry about losing work due to system failures. We'll look at free resources that are easy to use. If you can use a Windows PC or a Mac - or a smartphone or tablet - you can work in the cloud. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

BE454 Syphax 115 11/16 Wed 7p Gutnick 1-3 hr

Excel at a Slower Pace

There is no need to hurry when learning Excel. Be taught by an expert instructor, and go slowly. We will review and use the many tools that Excel has to offer. We will build a budget, and learn to use graphs and we will even cover some basic formulas and functions. The best thing is, you won't get lost.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **BE563** Syphax 115 09/27 Tue 4:30p Matos 3 - 2 hr

Internet Security for Home Users

Learn to protect yourself from internet attacks and scams. Understand and use anti-virus software. Use good practices with email. Develop an eye for spotting tricks by studying common cases. Set up your computer to be appropriate for the family. This class is a combination of lecture and hands-on exercises. No prerequisites, no materials. Laptops welcome.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **BE565** Syphax 115 09/20 Tue 4p Kauffman 1 - 3 hr

Facebook for Seniors

Facebook has been out for a while, but are you just getting started? Use Facebook to stay in touch with your family and friends. Share photos, inspirational quotes, videos or advice. It's free and easy, and you'll really enjoy catching up with those friends and family you love.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **BE566** Syphax 115 09/21 Wed 10a Matos 1 - 2.5 hr

Quicken - Finance Software

Whip your finances into shape with America's most popular personal finance software. Learn to set up your own Quicken file, track your income and expenses, download your transactions, chart the growth of your investments, set up a budget, and generate your own financial statements.

Arl. Res. \$119 Arl. Sr. \$109 Non-Res. \$129

BE463 Syphax 108 10/18 Tue 7p Bowen 3 - 2.5 hr

QuickBooks for Small Businesses and Non-Profits

Learn to keep your firm's or organization's books in shape with America's leading bookkeeping and accounting software. Set up and customize your Quickbooks file; enter receipts and payments; track payables, receivables, donations and pledges; and generate a wide range of financial and budget reports on an overall basis and by program or project.

Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 **BE466** Syphax 108 09/06 Tue 7p Bowen 5 - 2.5 hr

Microsoft SharePoint 2013

SharePoint provides a secure place to store, organize, share, and access information from almost any device. All you need is a web browser! Many large companies and government agencies are using SharePoint and now is the time to learn to use it effectively. Students will learn how to manage files and content effectively using SharePoint sites, lists and library apps.

Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 **BE367** Syphax 115 10/04 Tue 7p Staff 4 - 2 hr

iOS App Development - An Introduction
Learn to build a fully deployable iOS app and put it
on the app store! Be introduced to the latest version
of Xcode, Apple's professional app development
environment. Learn and practice coding in the Swift
language by building several smaller apps. Then
we will build one big app together: a music player
app similar to Apple's music player. Finally, we will
discuss design, platform integration and publishing.
While no coding experience is required, having some

programming experience is suggested.

Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 **BE368** Syphax 108 09/21 Wed 7p Staff 5 - 2.5 hr

Word 2010 MOS Certification Series

Prepare for the Microsoft Office Specialist: Microsoft Office Word 2010 Certification Exam 77-881 and prove your skills using Microsoft Word 2010. You will prepare for the exam by learning how to efficiently navigate the features and functionality of the Word 2010 application to draft and edit documents for a variety of professional purposes and situations. Using a task-oriented approach, you will learn to create the work products required for the MOS certification. Tuition: \$95

BE372 Online

Microsoft Office 2013: Beginning Excel

Excel 2013 allows you to create worksheets and workbooks to manage and manipulate data easily. You can cut, copy, and paste data. You can also navigate within data cells, and worksheets. Not only can you manage the data at this level, you can group, color-code, and organize the worksheets within the workbook.

Tuition: \$95 **BE373** Online

Microsoft Project 2013 Series

Microsoft Project 2013 provides you with a comprehensive set of tools to organize and manage your project from the first through to the last phase. Being able to use Project not only simplifies your work but can also help to reduce errors that might occur when trying to manage so many tasks and deliverables at once.

Tuition: \$95 BE375 Online

PHP Programming - An Introduction

Prerequisite: A basic knowledge of HTML and typing skills. Some programming experience will be helpful. PHP is the most used language to design dynamic web pages. Learn to use PHP's flexible server-side scripting to produce web pages as well as to run from the command-line. Examine PHP data types, functions, database connectivity and their uses with hands-on activities.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149 **BE384** Syphax 115 09/22 Thu 7p Hamdad 4 - 2 hr

Java Script

Prerequisite: Basic understanding of HTML. Students will learn the basics of combining HTML and JavaScript to perform functions, event handling, control structure and Windows. Towards the end of class student will also use Java script to create form validation, animation and cookies.

Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 **BE394** Syphax 108 10/11 Tue 6:45p Boukhris 5 - 3 hr

Wordpress - Create Free Professional Looking Websites

WordPress is the most popular free open source Content Management System used by organizations, private businesses and individuals. Through demonstrations and hands-on instructions given by the instructor, students will learn how to design professional looking full-blown websites with a userfriendly interface, blogging abilities and zero coding knowledge.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149 **BE396** Syphax 115 09/26 Mon 7p Hamdad 4 - 2 hr

HTML Fundamentals

Are you ready to move beyond canned solutions and cookbook approaches to web page creation? Learn the design, development, and programming of web pages. If you are comfortable using a simple windows-based text editor, this is the opportunity to learn the ingredients needed to create your own web pages directly in HTML software language.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169

BE415 Syphax 109 09/06 Tue 6:45p Boukhris 4 - 3 hr

SQL Programming

Introduction to Structured Query Language (SQL) programming includes SQL programming commands and concepts of relational databases. Database objects will be created using SQL statements. In addition, students will learn how SQL relates to other programming application such as HTML and PHP. Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209

BE451 Syphax 115 10/06 Thu 6:45p Boukhris 5 - 3 hr

What Google Can Do for You

Beginning with Google Chrome, Gmail, and Contacts, this overview course give you the basic tools, tips and tricks that help you work smarter, faster, alone and with others, You'll see demonstrations of some of the most popular Google tools including Google Chrome Extensions and Bookmarks, Google Documents, Forms, Spreadsheets and Presentations, Google Calendar, Google Plus, Google Chat, Blogger, advanced searches, video production, photo sharing, and many others still in Beta. You'll also learn how to monitor your Google presence as well as shortcuts to monitoring new Google products and features.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

BE440 Career Ctr. 213 9/13 Tue 6:30p Dooley 2 - 2 hr

Excel Pivot Tables

Do you stare at rows of data and not know how to make a decision? Unlock the power of pivot tables. Start with several basic tables explained in 30% lecture and 70% exercises. Then learn the implications of caching. Learn to nest fields, filter results and sort. Explore aggregates other than SUM and then drill into your results. Finish with a review that emphases common mistakes.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

Ari. Res. \$59 Ari. Sr. \$49 Non-Res. \$69 **BE458** Syphax 115 9/14 Wed 6:30p Kauffman 1 - 3 hr

Microsoft Word 2013 - The Basics

Prerequisite: Working knowledge of Microsoft Windows. Students will develop skills in the world's most popular word processor. Learn to navigate through the screen, menus and dialogue boxes. Study editing techniques such as copy, move and delete. Understand printing and multiple document manipulation. Increase efficiency by using find, replace and spell check. Exercise document formatting techniques by changing font size, font type, and adding color and bullets.

Arl. Res. \$89 Arl. Sr. \$69 Non-Res. \$109

BE469 Career Ctr. 223 9/12 Mon 6:30p Matos 2 - 2 hr

Microsoft PowerPoint 2013

Prerequisite: Working knowledge of Windows. The student will create presentations and slides, work with PowerPoint objects, put text on slides, and add visuals to slides such as graphics, charts, clip art, and shapes. Using PowerPoint special effects tools such as slide transition, timing and sound.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

BE480 Syphax 115 10/13 Thu 6:30p Matos 1 - 3 hr

Adobe Photoshop CS5 Basics

Prerequisite: Students must be familiar with Windows-based applications and be proficient with the mouse to cut, copy, paste, drag, right-click, etc. This class is intended for those students with little or no experience with Adobe Photoshop. They will become comfortable with the Photoshop interface, using the toolbox and palettes, and working with layers and filters. Photoshop is an industry leader in image enhancements, learn it!

Arl. Res. \$119 Arl. Sr. \$99 Non-Res. \$139 **BE482** Syphax 115 10/12 Wed 7:00p Staff 3 - 2 hr

Adobe InDesign CS5 Series

Adobe InDesign is a popular design application used for page layout and desktop publishing. InDesign CS5 includes a streamlined interface that matches the look and feel of Adobe's imaging programs including Photoshop and Illustrator.

Tuition: \$95 **BE559** Online

Visual Basic: Introduction to Programming

Learn programming (or refresh rusty skills) by 30% lecture and 70% hands-on business exercises. We'll cover how to create an interface with the user and write the logic to process the user input. Students practice troubleshooting and debugging while completing several projects. Many concepts apply to MS Office macros. Level 2 adds the concepts of connecting your projects to data sources such as SQL Server and Excel sheets. Prerequisites: comfortable with Windows; Software.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179

BE493 Syphax 135 11/02 Wed 6:30p Kauffman 5 - 2.5 hr

Facebook for Business

Facebook is a great way to find new customers, connect and engage with your current customers and ultimately increase revenue. Learn ways to increase awareness of your product or service, gets "likes" on your page and drive up sales. Boosting posts, advertising, researching demographics and increasing traffic to your business website will all be discussed. Social media is low cost, effective marketing. Don't miss out!

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 **BE557** Career Ctr. 213 10/18 Tue 6:30p Dooley 1 - 2.5 hr

Selling On EBay

Have a lot of "stuff" in your garage/basement collecting dust? In this "How to sell on EBay" course you will learn how to list items for sale, tend the auction, finalize the sale w/ PayPal. You also learn all the tips and tricks to maximize your online auction experience, all part of this fun eBay class. Prerequisite: Have an item in mind that you would like to sell when you come to class. Learn how to use eBay effectively today!

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **BE527** Syphax 115 10/21 Fri 10a Livingston 2 - 2 hr

Windows 10 Preview

If you buy a new PC, it will likely come with Windows 10. And Microsoft is offering free upgrades to Windows 7/8/8.1 users. Regardless of which version of Windows you're using now, you'll see a lot of changes and new features. Here's your chance to learn about the differences and try it out.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

BE533 Syphax 115 10/19 Wed 7p Gutnick 1 - 3 hr

Get Smart with Your iPhone (or iPad)

Your iPhone, iPad, or iPod Touch is an incredibly powerful computer in a very small package. It can be tough knowing how to harness all that power. We'll go over the main features and give you tips you might not know for using the devices more effectively. We'll also explore the broad spectrum of add-on applications that enable you to improve your productivity - and have some fun too. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

BE537 Wash. Lee 2010 11/09 Wed 7p Gutnick 1 - 3 hr

LinkedIn - Networking Success

Learn how to successfully set-up, navigate and maximize your experience on the world's largest networking site for professionals. Learn strategies and tips on creating your profile, connecting with colleagues, getting the most out of your newsfeed, writing comments and recommendations, finding employment opportunities and networking with others. You won't want to miss this class.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

BE542 Career Ctr. 213 9/27 Tue 6:30p Dooley 1 - 2.5 hr

Smartphone Photography

It has been said that the best camera is the one that's with you. With today's mobile devices, you always have one. Learn how to use these cameras more effectively and how to upload your pictures to cloud storage and share them. Bring your iPhone, iPad, iPod Touch, Android phone, or Android tablet (as long as it has a rear-facing camera) to class.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

BE543 Wash. Lee 2018 9/28 Wed 7p Gutnick 1 - 3 hr

Social Networking and Social Media

Learn how to reconnect and stay connected with friends, former colleagues, relatives and others with less effort, in less time, without giving up your privacy. Understand blogging through Facebook, Twitter, Linked-In, Google Me, and You Tube. Class will be lecture and demonstration.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **BE526** Career Ctr. 213 10/04 Tue 6:30p Dooley 1 - 2.5 hr

Mac Basics

Prerequisite: Basic skills using a computer mouse or trackpad. Using an iMac computer, learn beginning computer skills such as how to open, resize, move, zoom, and close windows; create, copy, and delete files and folders; use menus, control panels; and execute keyboard commands. You will be introduced to word processing, spreadsheet, and presentation programs. Finally, you will learn how to surf the Internet and email basics.

Arl. Res. \$119 Arl. Sr. \$99 Non-Res. \$129 **BE502** Wash. Lee 1117 09/13 Tue 7p Hirai 3 - 2 hr

Tune Up Your Mac

Prerequisites: Familiarity using a Mac. Students will be taught how to handle routine maintenance, care, and prevention on their Mac desktop or laptop computer. Exercises will cover updating software, purging internet cache, using Disk Utility, verifying and repairing permissions, and an in-depth discussion of backup strategies. This is not a techsavvy class; it is a class for anyone with a desire to keep their Mac running smoothly for a long time. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

Master your Mac

Prerequisites: Familiarity using a Mac. You know the basics, but do you know what your computer is really capable of? Learn time-saving shortcuts, how to keep your data safe and secure and what to do if something doesn't seem right. Basic hardware repair and upgrade will also be covered, as well as some fun tools from Apple and third parties to make you a more efficient computer user.

Arl. Res. \$119 Arl. Sr. \$109 Non-Res. \$129 **BE529** Wash. Lee 1117 11/08 Tue 7p Hirai 3 - 2 hr

Communication

Daytime Writers

Join in this morning workshop for writers of every level, working in fiction or nonfiction; memoirs; short stories; travelogues; blogging-whichever prose genre appeals to you. Whether you're already working on something, needing a push to start or merely wanting a sounding board, here's your forum. Writing is done ahead of time, distributed by email and discussed (respectfully) in class.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169 **CE100** Syphax 113 09/21 Wed 10a Haines 6 - 2 hr

Write Right Now

Forget about editing. Forget about writer's block. Forget about your audience. Forget everything and just write. This class, led by writer and editor Jason Rodriguez, is primarily aimed at fiction writers who are constantly staring at blank pieces of paper. We will focus on finding inspiration, using writing prompts, and writing right now, editing later. Don't bring anything in with you except for a pen and some paper; we'll do all of the writing in class.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

CE102 Wash. Lee 2024 10/06 Thu 7p Rodriguez 4 - 2 hr

A Writer's Workshop

This workshop is for every level of writer -- beginning to advanced -- and every type of writing, both fiction and nonfiction, novels, stories, essays, articles, poetry, children's books, suspense/ mysteries, romances, political, etc. The workshop is led by a published writer, and participants are encouraged to Bring their work in order to get feedback in an atmosphere of support and encouragement.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179

CE116 Wash. Lee 2024 9/14 Wed 7p Rodriguez 8 - 2 hr

Introduction to Creative Writing

How do you start a story, poem or novel? How do you finish something you've started? This class is for you! Learn to take an idea and carry it on: make it believable to a reader by creating interesting characters, realistic dialogue, description, settings, and much more. This is a very informal, non-threatening class that you will enjoy. Many students have gone on to get published by starting here! Questions? Email instructor at jrustle1@aol.com. Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169 CE193 Career Ctr. 205 9/20 Tue 7p Russell 5 - 2.5 hr

Works in Progress

Class is intended for writers who are currently working on stories, novels, plays and/or poetry. Students will get feedback and suggestions from the instructor and other writers. Class is NOT for beginning writers who have not yet put pen to paper. Basic elements of writing, marketing and the business of publishing will be covered. If you bring an extra copy of your work to class, you will receive written suggestions from the instructor, a published author. Questions?

Email instructor at jrustle1@aol.com.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res. \$189

CE119 Career Ctr. 205 09/15 Thu 7p Russell 8 - 2.5 hr

Business Writing

Prerequisite: Grammar Basics or other grammar instruction. Enhance your business writing (and/or science and technical writing) with this advanced-level course. Designed for those who already write in the professional workplace, this course will teach you how to improve sentence structure, word choice, and overall organization to make your writing clearer, more accurate, easier to read, and more effective. Optional but recommended text: The Elements of Style, by Strunk & White (softback).

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179

CE122 Wash. Lee 2023 09/22 Thu 7p Miller 6 - 2 hr

The Art of Small Talk

Good communication skills are the basis for successful business and personal relationships. Learn techniques for conversation starters, breaking the ice, keeping conversations moving, choosing interesting topics, managing silence, and making a strong and positive first impression. Practice talking your way to business and social success.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

CE124 Wash. Lee 2226 09/08 Thu 7p Roach 1 - 2 hr

Travel Writing - A One Day Short Course

Prerequisite: Basic writing skills. A day-long short course in writing accounts of your travels and getting them published. We'll discuss collecting facts as you travel, snapping marketable photos, structuring your article, avoiding stylistic problems, anticipating the needs of editors, and selling what you've produced. Your instructor has published more than 195 travel articles. A 30 min. break for lunch is scheduled. Lunch on your own.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 **CE126** Syphax 150 10/22 Sat 9a Haines 1 - 6 hr

Maximizing Your Assertiveness

This course will examine what assertive communication looks like when it has your unique style and signature. Students will learn practical strategies to help overcome real life challenges. Proven techniques include specific language strategies designed to keep the conversation flowing, determining ways to keep a positive mind-set intact and understanding the roles of beliefs, stress level and boundary-setting. Feel more at ease and have greater success with difficult conversations and situations.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **CE127** Wash. Lee 2001 09/15 Thu 7p Sawyer 2 - 2 hr

Grammar Basics - Level I

Are you ever unsure about when to use a comma, semicolon, or colon? Do you know when it's appropriate to use "I" or "me," and "fewer" or "less"? Do you wonder if your emails are grammatically correct? If you answered "yes" to any of these questions, this course is for you! You will learn how to punctuate sentences correctly, use commonly confused words appropriately, and improve your writing with simple tricks and tips. This course is designed for anyone, from recent college graduates to working business professionals.

Arl. Res. \$89 Arl. Sr. \$69 Non-Res. \$99

Arl. Res. \$89 Arl. Sr. \$69 Non-Res. \$99 **CE187** Syphax 170 09/14 Wed 7p Miller 3 - 2 hr

Grammar Basics - Level II

Grammar Basics Level II continues the study of parts of speech and verb usage with greater emphasis on sentence and paragraph construction. Students will write documents that will prepare them for basic workplace communication and formal correspondence.

Arl. Res. \$89 Arl. Sr. \$69 Non-Res. \$99 **CE129** Wash. Lee 2023 11/02 Wed 7p Miller 3 - 2 hr

Acting Workshop for Beginners

For anyone who's ever dreamed of being an actor, this practical workshop exploring the fundamentals is for you. Aimed at those with no, or very little experience, it will provide guidance and insight from a professional stage actor/director, and will convince you that acting can be as fun as it looks.

Arl. Res. \$129 Arl. Sr. \$109 Non-Res. \$149

CE139 Kenmore Chorus 09/15 Thu 7p Staff 6 - 2.5 hr

American Sign Language I

This course introduces the basics of American Sign Language. Students will focus on the acquisition of both comprehension and production skills. Increased knowledge of the deaf community and the development of cultural awareness, which will improve communication interaction. Basic fingerspelling skills, readiness activities, questions, and conversational etiquette will also be stressed. Text: Learning American Sign Language 2nd Edition, ISBN 0-205-27553-2.

Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 **CE142** Wash. Lee 2001 9/13 Tue 7p Zambrano 8 - 2.5 hr

American Sign Language II

Prerequisite: American Sign Language I or the equivalent. Students will acquire additional vocabulary, grammatical and conversational skills. Student will also continue to learn to relate to everyday life situations experienced by members of the deaf community. Text: Learning American Sign Language 2nd Edition, ISBN: 0-205-27553-2. Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 CE145 Wash. Lee 2013 9/15 Thu 7p Zambrano 8 - 2.5 hr

Public Speaking with Confidence

The key to any good presentation is confidence. This class prepares you to speak with confidence, capitalizing on strengths and learning to manage nervous energy. It provides practice in presenting ideas and information clearly and convincingly. You will deliver brief presentations in class and receive constructive support through the use of video and group feedback. Gain a better understanding of presentation methods, platform skills and preparation techniques.

Arl. Res. \$129 Arl. Sr. \$109 Non-Res. \$149 **CE117** Wash. Lee 2213 9/27 Tue 7p Jackson 4 - 2.5 hr

Write On the Money: Sell Freelance Articles and Photos

In a single session learn to collect cash from wanderings and work, whether from your nonfiction articles, photographs, or moving images. Your instructor has published in print, online, and digital media, and distilled that experience to the most practical and practicable. Tap top tips to make or mind money, keep it funny and out of court, with hard-knocks insight on hidden and lucrative markets for freelance writers and photographers.

Arl. Res. \$39 Arl. Sr. \$59 Non-Res. \$49

CE144 Syphax 170 09/12 Mon 6:30p Mola 1 - 3 hr

Memoir Writing Your Life Stories

Explore personal and first-person nonfiction writing. Find and tell the stories of your life through class exercises, readings, writing assignments, and discussion. This workshop can include essays, memoirs, articles, reviews, and opinion. You may bring work in progress or start new work. We will discuss how to get ideas, techniques for improving writing, and marketing and publishing. Some personal writing experience is helpful but not necessary.

Questions? Email instructor at jrustle1@aol.com.

Arl. Res. \$119 Arl. Sr. \$109 Non-Res. \$129

CE155 Culpepper R2 9/21 Wed 2p Russell 6 - 2 hr

Getting Paid to Talk - An Introduction to Professional Voice Overs

Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Space is limited, and registration closes one week prior to class, so register early. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

How To Publish Your eBook

We live in a wonderful age, one where writers can put their book on the market with a little bit of formatting and the click of a button. It seems pretty easy, but when publishing your eBook you are taking on the roles of the writer, the editor, the designer, the publisher, the publicist, and the marketer. The rewards could be great! 8% royalties magically transform to 70%! But the risk, of course, is that no one ever sees your book, and all of your hard work amounts to nothing but a little bit of vanity. Writer and editor Jason Rodriguez will spend a day taking you through the process, hopefully helping you tip the scales from obscurity to success.

CE166 Wash. Lee 2013 9/20 Tue 6:30p Staff 1 - 2.5 hr

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **CE181** Wash. Lee 2024 9/29 Thu 7p Rodriguez 1 - 2.5 hr

Fundamentals of Grant Writing

If you want to write a grant that will convince funders to provide funding for your project and you don't know where to start, this class is for you. In this course, you will be introduced to the key components of a grant application. Using the 5 "W"s (Who, What, When, Where, and Why), you will learn how to write a grant proposal that gets results. Whether you're a beginner or experienced grant writer who just needs a refresher on the fundamentals of grant writing, come and discover how easy grant writing can be using this proven technique.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

CE235 Interested in this class? Add your name to our list, when we meet our minimum, we will contact you and launch the class.

Add your name by scanning this code or going to this this site: https://goo.gl/zdNUXE

Home & Finance

^r 2-Hour Home Buying Workshop

The purchase of a first home or buying again after many years can be daunting in the metropolitan area. Gather with a group of like-minded individuals who want to own and want to know "how." Learn the process, understand the language and create a plan with the guidance of an experienced professional, to make this buying decision your very BEST!

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

GI616A Career Ctr. 205 09/20 Tue 7p Murphy 1 - 2 hr **GI616B** Career Ctr. 205 10/22 Sat 9a Murphy 1 - 2 hr

Landlording

Are you a landlord or are you considering renting out your home or purchasing an investment property? This class will help you understand your rights and responsibilities as a residential landlord in Virginia. Determine whether your rental(s) are exempt from the Virginia Residential Landlord Tenant Act and learn the essentials on how to avoid landlord/tenant problems from the onset. The class will also discuss collections and the eviction process.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **Gl640** Wash. Lee 2012 9/29 Thu 6:30p Shannon 1 - 2.5 hr

Investing in Real Estate

What do I need to know to invest in real estate in today's market? When and where should I invest? How do I read the real estate markets? How do I determine a good investment? What are the factors that drive the market? Evaluate Net Operating Income (NOI) and CAP Rates. Come with questions, leave with confidence. Learn from a leader. Learn to succeed and grow wealth.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **Gl648** Syphax 103 09/14 Wed 7p Riggs 1 - 2 hr

Organizing Small Living Spaces

Just because you live in a small home without much storage doesn't mean you can't have an organized home! Learn how setting your organizing goals can help you both de-clutter and determine the best organizing products for your home. Taught by a Professional Organizer.

Arl. Res. \$29 Arl. Sr. \$19 Non-Res. \$39 Gl652 Wash. Lee 2024 10/11 Tue 7p Hancock 1 - 1.5 hr

Interior Design - The Beginnings

Is it time to spruce up the place? Do you want some new and fresh interior designer ideas? Then, this is the class for you. As an introductory class, you will learn techniques that you can apply to every room. Ideas and strategies to make the most out of the space you have. Paint colors, carpets, rugs, drapery and more will be discussed.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **GI679** Syphax 103 10/14 Fri 10a Staff 2 - 2 hr

All About Hoarding

This course is for people who would like to know more about hoarding: possible causes, types and treatments. This is not therapy. Students will be able to define hoarding, identify possible causes, identify types of hoarding, learn overview of overcoming hoarding and learn about what professional and self-help is available.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 **GI154** Syphax 117 10/06 Thu 6:30p Staff 1 - 2 hr

FLIP That Home: Strategies for Real Estate Purchase and Resale

This four-week course includes: basic strategies, what mistakes to avoid, financing options, legal ramifications, ethical/ moral obligations, and flipping versus investing - all relative to today's market.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

GI163 Syphax 101 10/05 Wed 7p Bentz 4 - 2 hr

Difficult Conversations with Aging Parents

This dynamic class targets family members facing difficult discussions about tough aging issues - e.g. living arrangements, driving, financial management, personal hygiene, and health care. Learn communication tips that use constructive approaches to sensitive issues and lead to more beneficial sibling and inter-generational conversations that achieve solutions.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **GI341** Syphax 117 09/21 Wed 7p Staff 1 - 2.5 hr

How to Get and Stay Organized

Being organized seems like an elusive condition that only a few people master. In this workshop, learn how to think of organization as a skill, what steps you need to take to learn and master the organization processes, and how to stay organized. These steps can be used to organize any space, your time, and your papers. Learn these important skills, and start your new organized life today!

Arl. Res. \$29 Arl. Sr. \$19 Non-Res. \$39

Ari. Res. \$29 Ari. Sr. \$19 Non-Res. \$39 Gl676 Wash. Lee 2024 10/04 Tue 7p Hancock 1 - 1.5 hr

The Art of Home Entertaining

Entertaining is a conscious production of sound, decor, aroma and food, which comes together in a presentation to our friends and guests. Learn to apply the simple principles and methods for preparing food; the presentation of the meal, our tablescape and our physical environment. Leave class with a comprehensive checklist which will prepare your next gathering to be a smashing success.

Arl Res \$39 Arl Sr \$29 Non-Res \$49

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 **GI782** Syphax 135 09/27 Tue 7p Wallace 1 - 1.5 hr

Organize Your Estate Information, Assets & Documents

Learn how and be motivated to: identify, locate, and record all your personal and business estate information, assets, and documents. Emphasis will be on how to complete the job in a systematized manner. Having one's estate in administrative order makes estate planning easier and more efficient for you, your family and heirs. Determine how much you are really worth. Minimize the potential for sibling discord. Pay fewer fees and taxes. Have less bureaucracy and expedite settlement and receipt of monies due. Receive supporting handouts. Help yourself, your family, loved ones, and executor/executrix while you still can!!

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

GI742 Syphax 135 10/15 Sat 10a Zalfa 1 - 2.5 hr

Financial Strategies for a Successful Retirement

Learn to maximize income and seek more from investments, social security and retirement plans. The registration fee includes a colorful, in-depth seminar workbook and entitles each student to an optional one-on-one consultation after the conclusion of the seminar.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119 **GI780** Wash. Lee 2019 10/05 Wed 7p Kurtz 3 - 2.5 hr

Savvy Social Security Planning: What Baby Boomers Need to Know to Maximize Retirement Income

This workshop will cover: 5 factors to consider when deciding when to apply for benefits; when it makes sense to delay benefits -- and when it does not; why you should always check your earnings record for accuracy; how to estimate your benefits; how to coordinate benefits with your spouse; how to minimize taxes on Social Security benefits; how to coordinate Social Security with your other sources of retirement income.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 GI785 Wash. Lee 2012 09/28 Wed 7p Kurtz 1 - 2 hr

Are Your Mutual Funds Making the Grade?

This is an opportunity to receive a detailed analysis of the mutual funds that you own. Navigate through a mutual fund analysis report. If you choose, the instructor will provide the report on mutual funds that you hold so you can apply the information directly to your portfolio. Learn how your funds have performed over the short-term and long- term; how your funds compare against both the appropriate market index and against its peers; and how to evaluate the funds risk profile against the benchmarks and your own risk tolerance. Instructor is a Certified Financial Planner with twenty years of experience in Portfolio Management and Performance Analysis. It is not required to use your own mutual funds, but if you choose this option, the instructor will need your fund names prior to class.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **Gl911** Wash. Lee 2012 11/15 Tue 7p Kehoe 1 - 2 hr

Personal Budgeting

Whether you are saving for a down payment on a house, college tuition, retirement, or you just want to understand your own personal finances, the fundamental building block to managing your money is with a budget. In this class you will learn how to how to plan, create and manage your own budget. We will explore how to live on a budget, cut down expenses, pay-off debt, and save for the future.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

GI934 Syphax 103 10/05 Wed 7p Ward, Sr. 1 - 2 hr

ABC's of Investing

This is a primer course in investing. Review stocks, bonds and short term investments, what they can do for you and how to buy and sell them. You will learn where to find and how to read financial information to monitor your investments. Cover the nuances of choosing stocks for growth or income; call features on bonds; whether to choose taxable or tax free bonds; how the exchanges work; and how to or if to use a professional. Discuss how to invest assets in retirement accounts. There will be a discussion of investment "packages" and how to analyze them.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

G1937 Wash. Lee 2012 10/11 Tue 7p Kehoe 3 - 2 hr

How to Use a Financial Planner

What is the difference between a financial advisor and a financial planner? How do you know what is right for you? What questions to ask? How much does it cost? CFP, CLU, CHFC, CIMA, what do they all mean? Class will discuss the financial planning industry and how to determine what is right for your situation

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 **GI938** Wash. Lee 2012 9/13 Tue 7p Kehoe 1 - 1.5 hr

Get That Will Written!

It's never too early to get your "last will and testament" written. If you don't have a will, you're taking your chances at protecting your spouse, your kids, and your hard-earned finances. The financial security of your family is simply too important to put off. Learn what should be written in your will, the typical costs associated with writing a will, and what other considerations, resources and alternatives are available to you. In this two hour class, get the information you need to make informed decisions. Materials provided.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **Gl320** Syphax 107 10/22 Sat 10a Staff 1 - 2 hr

Youth Enrichment

LEGO Films and Stop Action!

Make your LEGOs come to life! Bring in your favorite action figures or LEGOs and create a short film with your friends. Whether you want to recreate a scene from Star Wars or design a world of your own, this class brings your dreams to the screen. Students will need to bring in LEGOs or action figures from home, but all other equipment provided. Student created films will be available on a password protected website to share with friends and family. Students will work in pairs or teams for most of the program. Geared towards 5th to 8th grades.

Tuition: \$199

BE240Y Syphax 117 09/28 Wed 4p Staff 7 - 2 hr

Make Your First Video Game!

If you love playing video games, this is the camp for you! Make your first video game in this one-of-a-kind class that shows you the keys to designing your first 2D game. Conceptualization, play experience, challenge levels, graphics, sounds, and simple coding are just some of the concepts that we'll explore. No prior experience necessary, just a desire to have fun. Student created games will be available on a password protected Black Rocket website to share with friends and family. Games are only compatible on PC computers. Mac versions can be created after the program for \$15.00 conversion fee. Students will work in teams for most of the program. 5th to 8th graders.

Tuition: \$199

BE244Y Syphax 107 10/04 Tue 4p Staff 7 - 2 hr

Minecraft Designers

If you love the game Minecraft, but always wanted to design your own characters and buildings for your games this class is for you! Learn the basics of creating 3D models using a new software to design your very own objects, create skins for characters, and import them into your favorite Minecraft games. To access their project at home, students must own a PC/MAC version of Minecraft. Tablet, phone, and game console version of Minecraft are not compatible. Parent email address is required to use 3D modeling software. Students will work in teams for most of the program. Geared towards 5th to 8th graders.

Tuition: \$199

BE245Y Syphax 107 10/12 Wed 4p Hamdad 7 - 2 hr

SAT Test Preparation

This class is for high school students. Learn tools and techniques to reach the highest possible score on the SAT test. Reinforce and reorganize skills you've learned in school as to apply them to the test. Learn to visualize perspectives and concepts which may differ from your own. Course includes vocabulary-building, sentence-completion, and critical reading; math prep includes learning to recognize recurring themes in different types of problems. Half-price for those needing preparation in one subject area. Study material provided.

Tuition: \$169

TP101Y Wash. Lee 2212 10/05 Wed 7p Miller 8 - 2 hr

Typing Skills for Children

Learn beginning keyboarding skills on a personal computer. Emphasis is placed on mastering the keyboard using the touch system.

Tuition: \$99

BE406Y Syphax 105 10/11 Tue 4p Joseph 4-1 hr

Guitar - Beginning I for Teens

This class is designed for students who have no experience playing the guitar. Beyond learning basic music theory, students will learn chords, strumming patterns, finger placement, and several scales. Students are required to bring their own guitar (acoustic or electric) to class. Assignments / handouts will be provided. Students in 7th grade through 12th grade

Tuition: \$129

MU100Y Syphax 171 09/29 Tue 5p Sales 8-1 hr

Piano for Tweens & Teens I

Finally learn how to play the piano. Class is designed for students who have no experience playing the piano. Students will learn basic chords, placement, musical scales and terms. Students will play music each class. Music kit will be provided. Limited enrollment. Designed for grades 6th through 10th. Tuition: \$119

MU110Y Syphax 107 09/20 Tue 5p Ruble 6 - 1.5 hr

General Interest

Growing Herbs in Containers

A practical course for the home gardener who must garden in containers (e.g., apartment or townhouse dwellers), as well as those who enjoy the aesthetics and practicality of a containerized herb garden by the kitchen door. This class covers selection of containers, growing medium, and plants; techniques of transplanting; maintenance of containerized herbs; and growing herbs indoors through the winter.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49

GI710 Wash. Lee 1318 09/15 Thu 7p Jacobsen 1 - 2 hr

Help the Honeybees!

Come explore what's happening in the honey bee world. Students will learn about how the changing environment affects the honey bees, the research on their disappearance and what you can do to help them survive. Class will also discuss what it takes to be a beekeeper.

Arl. Res. \$29 Arl. Sr. \$19 Non-Res. \$39

GI790 Career Ctr. 122 10/11 Tue 7p Diehl 1 - 3 hr

Create Your First Photobook

It's fun, easy and a great way to capture memories for a lifetime. Students will learn how to create their own photobook, using online templates and websites. Strategies and tips will be covered but books will not be created in class...but you'll know how to create it. Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49

Gl240 Syphax 115 10/13 Thu 10a Matos 1 - 2 hr

How to Beat Procrastination

We all face deadlines and things we should have accomplished earlier, but at times we can't seem to keep up. Understand how procrastination differs from prioritization and learn strategies on how to meet your deadlines and goals, while avoiding the stress. This class is a must for working professionals, parents, students, or anyone who feels the pressure of deadlines and would like to get things done on time or even a little earlier.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 Gl245 Syphax 117 10/27 Thu 7p Bromley 2 - 1.5 hr

Organizing Your Computer Files & Folders

Learn the basic skills for organizing photos, files and music on your computer and how to use Windows to create folders, display the date and time a file was last saved and sort by name or date. Also learn how to move files around on your computer, delete files, and create shortcuts on your desktop. Naming and searching for files will also be covered. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

Gl335 Syphax 115 09/22 Thu 10a Matos 2 - 1.5 hr

GRE Math Test Preparation

Now that you've finished your bachelor degree and taken some time off, isn't time to get back to school? This course will remind you of key test taking concepts that will help you achieve a higher score on the GRE. Course includes analytical writing topics, math skills and test taking strategies. Text: TBD Tuition: \$95

TP115 Online

Self Defense for Women

Improve your personal safety, protect yourself, enhance your confidence, and retake control -- but without changing to a super hero costume or a martial arts suit. This class is a practical guide to managing your risk against assailants while you're going to and from work, shopping, school, exercising, and errands. You'll get information on avoiding incidents, escaping them if possible, and then taking action if you have to. This is not an exercise or workout class, it is a class on raising your survival rate in the event of an assault or battery. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

GI342 Syphax 150 09/28 Wed 7p Law 2-1.5 hr

Fighting the Civil War: Weapons, Tactics &

At the beginning of the civil war the majority of the African American population was enslaved and most forbidden to enlist in the United States Army. But by mid-way through the war this had changed with the creation of the "United States Colored Troops". Learn how African-American soldiers and civilians played a decisive impact on the outcome of the war. This class summarizes their vital role and discusses the local history of the USCT regiments raised in Arlington and the District.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 GI672 Wash. Lee 2210 09/22 Thu 7p Schaffner 2 - 2 hr

How African-Americans Impacted the

At the beginning of the civil war the majority of the African American population was enslaved and most forbidden to enlist in the United States Army. But by mid-way through the war this had changed with the creation of the "United States Colored Troops". Learn how African-American soldiers and civilians played a decisive impact on the outcome of the war. This class summarizes their vital role and discusses the local history of the USCT regiments raised in Arlington and the District.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 GI635 Wash. Lee 2210 10/06 Thu 7p Schaffner 2 - 2 hr

Treat Yourself

Beginner's Guide to Essential Oils

Learn how to safely and effectively use essential oils to support your physical and mental well-being in this short class. We will cover how to properly blend and dilute oils and the various applications of oil blends. You will walk away with various resources and a vial of your very own unique-to-you essential oil blend. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 GI684 Syphax 135 11/19 Sat 10a Vu 1 - 2 hr

Soap Making for Beginners

Discover the fun of making your own homemade soap. You will learn the safety procedure for making cold process soap and also the ease of creating 'melt and pour' and liquid soaps as well. We will discuss oils, ingredients, supplies, and fragrances, which may include items already in your own kitchen. This is a hands-on class.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 GI685 Syphax 117 10/11 Tue 7p Vu 3-2 hr

Bath and Body Basics: DIY Lip Balms and Body Bars - (Perfect Gift Idea)

Learn the basics of bath and body products with two major group ingredients, waxes and oils. You will leave the class with the knowledge of proper wax and oil ratios for making lip balms, lotion bars, scrub bars, and bath melts. Make your own products that are uniquely you, from choosing your own wax and oil types to colors and flavors/scents.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 GI687 Syphax 103 12/14 Wed 7p Vu 1 - 2.5 hr

Advance Bath and Body Products: DIY Body Butter and Lotions

Discover the ease of making your own lotions and body butters. Your skin is your body's largest organ, so it's worth knowing what ingredients you are putting on it. With a few ingredients and a little time, you can make rich, creamy body butters and light, moisturizing lotions. Leave this class with your own body butter and lotion and recipes to make it at home.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 GI689 Syphax 135 12/15 Thu 7p Vu 1-2 hr

Introduction to Genealogy

Have you always wanted to find out more about your family, but had no idea where to start? This course will show you the basics of family research. Learn where to find the information, how to organize the research, how-to techniques like land records and how to evaluate your results.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$169 HE105 Wash. Lee 2017 9/22 Thu 7p Carothers 6 - 2 hr

Mindfulness Meditation: The Direct Path from Stress to Happiness

Students will learn to apply basic hallmarks of mindfulness to reduce stress and cultivate harmony and joy in their lives. Mindfulness is not just a form of Eastern meditation but a way of life that has brought peace of mind and happiness to millions in Asia and throughout the world. Learn to use the power within yourself to reduce harmful anxiety and find balance and pleasure in life. Meditation, lecture, discussion, and skill practices will all be incorporated into class. Arl. Res. \$169 Arl. Sr. \$149 Non-Res. \$199

HE220 Syphax 171 10/12 Wed 7p Pham 8-2 hr

The Importance of Knowing Your Face Shape

Accessories are the way to put your own personal signature on the clothes you wear. Come learn from the "Doctor of Dress" how to visually lengthen your face using accessories; how to visually shorten your face with necklines and jewelry; what hairstyle works best for your face shape; what shape eyeglasses are the most flattering and much more about enhancing your face shape using accessories.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

HE354 Interested in this class? Add your name to our list, when we meet our minimum, we will contact you and launch the class.

Add your name by scanning this code or going to this this site: https://goo.gl/zdNUXE

Make-Up Magic

Make-up can be MAGIC when properly applied. Learn how to prepare your face and properly apply make-up with basic colors and application techniques to enhance your facial assets and minimize other features. Achieve an attractive appearance by creating a desired illusion with make-up. You will go step-bystep to create a natural and professional look & you will do full face make-up. For demonstration purposes, you will be using Mary Kay products. Before and after photos are taken. Instructor is a Licensed Esthetician and Make-up Artist. Material fee of \$2.50 is payable to the instructor.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 HE357A Syphax 171 09/17 Sat 10a Holmes 1 - 2.5 hr HE357B Syphax 171 10/15 Sat 10a Holmes 1 - 2.5 hr

Me, Myself & I: Personal Development for Women

What makes some women more successful than others? A deep understanding of themselves, their skills and goals! This class is designed to help women understand the value of good self-image and management, strong interpersonal skills and the art of goal-setting and negotiation in their personal and professional development journey. Participants will also learn the keys to effective and honest selfpromotion in career navigation.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 HE382 Syphax 105 10/05 Wed 7p Sawyer 2 - 2.5 hr

Business & Career

Small Business Start-Up

Creating your own part-time or full -time business enterprise can be an exciting and rewarding adventure. This seminar will review the entrepreneurial and administrative skills needed for success. Options for legal structuring a business will be reviewed, such as sole proprietorship, partnership, LLC, and incorporation. Tools and strategies for efficient daily management will be discussed, along with a review of marketing, finances, expansion, and other crucial elements to a successful startup. Learn how to successfully start your own business enterprise.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 **ME300** Wash. Lee 2013 9/29 Thu 7p Bromley 2 - 2.5 hr

Develop and Prepare a Successful Business and Marketing Plan

We will detail how to create a business and marketing development plan that you can easily update as you build your company. This is a perfect class for someone who wants to clarify their business, achieve financial goals, and learn how to identify their target audience to attract customers.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **ME309** Syphax 109 09/15 Thu 6:30p Staff 1 - 3 hr

Self-Motivation 101

You know yourself better than anyone and sometimes there is no one else to count on. Learn the strategies and techniques to "turn the key" to your own motivation. Build confidence, set goals and recognize your worth and contributions. You won't want to miss this workshop.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

ME314 Interested in this class? Add your name to our list, when we meet our minimum, we will contact you and launch the class.

Add your name by scanning this code or

Add your name by scanning this code or going to this this site: https://goo.gl/zdNUXE

How to Start Your Nonprofit Organization

Creating a nonprofit from the ground up is a rewarding experience but requires dedication and hard work. This course walks you through the process from planning to realization and everything in between. Broken into three parts: legal requirements, strategic planning and fundraising; this course gives you a road map to start a nonprofit successfully. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 ME330 Wash. Lee 2024 09/13 Tue 7p Roach 2 - 2.5 hr

Customer Service Series

This series is designed to help users create and maintain good customer services. Concepts covered include defining company-wide customer service and standards, strategies for effective communication, and effective problem resolution. The series also provides an overview of creating a customer service department that useful tools for providing excellent customer service.

Tuition: \$95 **GI801** Online

Food Manager Certification

Using the ServSafe® curriculum, students will be taught by a certified instructor in the areas of food safety, hygiene, preventing cross-contamination, food preparation, food safety regulations and more. Students will prepare themselves for the exam in order to become certified. Textbook and exam cost is not included.

Tuition: \$149

HE458 Syphax 170 9/21 Wed 7p Brooks 5 - 2 hr

Negotiating Series

This series presents strategies for negotiating in business and daily situations. It covers techniques for developing a negotiation plan, evaluating the opposition, and taking advantage of body language, props, timing, questions, and correspondence. It presents strategies for gaining control in negotiation situations, and effective methods of getting past obstacles and closing a negotiation. Several everyday negotiation scenarios are explored, with tips for effective negotiation techniques to apply to these situations.

Tuition: \$95 **GI804** Online

Budgeting Essentials Series

A budget is a financial blueprint for planning an organization's activities and controlling its performance over a designated period of time. It helps allocate an organization's resources as it pursues its financial goals. Organizational budgeting refers to activities that focus on the creation of organizational and departmental budgets, their allocation, and their use in monitoring an organization's activities. Departmental heads, managers, and professionals throughout an organization deal with budgets one way or other in their day-to-day operations, and familiarity with an organization's key budgeting activities is expected at every level.

Tuition: \$95

GI808 Online 08/30 Tue 12n 110 - 0 hr

Essential Skills for Administrative Support Professionals Series

When it comes to a typical day at the office for an administrative professional, each day's planned agenda can change on a whim. Whether it be unexpected meeting requests to juggle, a last-minute announcement the boss needs to communicate, or a sudden request from the boss that shifts priorities, the tasks performed in a typical day are varied and ever-changing. But regardless of how much the agenda changes from day to day, there are standard tasks that every administrative professional will perform regularly.

Tuition: \$95

GI823 Online 08/30 Tue 12n 110 - 0 hr

Applying for a Federal Job

Thousands of people will retire from the federal government this year, and the United States government will need qualified people to fill those positions. Learn to decode the federal job websites, and create an application that best highlights your qualifications and unique abilities.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

Gl838 Syphax 135 09/21 Wed 6:30p Law 1-3 hr

So, You Want to Become a Real Estate Agent!

Learn the ins and outs and the pros and cons of this exciting part-time or full-time career. Learn what it takes to prepare for and pass the Virginia real estate exam and obtain your license. We will discuss how agents are compensated, how to work with your broker, what technologies are available, and the time and effort you can expect to put into the job. Leave with the answers you need to decide if this is a career for you.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 GI847 Wash. Lee 2013 09/28 Wed 7p Bentz 1 - 1.5 hr

Cosmetology-Licensed Course

Course is designed for those wishing to meet the Virginia requirements for certification in beauty culture and complete the requirements for the State Cosmetology Examination. Course taught to teach necessary skills and build upon existing abilities. This is an ongoing class, where students sit for the board exam upon completion of required objectives. \$235 per student.

Textbook and supplies required, approx. cost \$353.

 TI409A
 Career Ctr.
 235
 09/12
 M/W
 7p
 Peake
 5 - 6 hr

 TI409B
 Career Ctr.
 235
 09/13
 T/Th
 7p
 Peake
 5 - 6 hr

 TI409C
 Career Ctr.
 235
 10/24
 M/W
 7p
 Peake
 5 - 6 hr

 TI409D
 Career Ctr.
 235
 10/25
 T/Th
 7p
 Peake
 5 - 6 hr

Barber Training

Discover this rewarding occupation that is mainly designed to cut, dress, groom, style and shave men's and boys' hair. Professional instructors will teach you the techniques and skills necessary to succeed. This class is designed for those looking to start a career as a barber, or for those who simply wish to learn this skill.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res. \$189 **TI413** Career Ctr. 235 10/25 T/Th 7p Fisher 8 - 3 hr

Pharmacy Technician Program

This course will give you the knowledge needed for a career as a Certified Pharmacy Technician in hospitals, retail drug stores, long term care pharmacies, and many more settings. The topics that will be included are pharmacy and medical terminology, pharmaceutical dosage forms, drug compounding, IV admixtures, pharmacy law, pharmacertical calculations, interpreting prescriptions and orders, and the Top 200 drugs. After completing the Pharmacy Technician Programs you will be prepared to take the Pharmacy Technician Certification Board Examination (PTCB) and on your way to a rewarding career with many options. Bring calculator to class. The cost of the exam in NOT included. To request an application, call 703-228-7200.

Tuition: \$999

GI845 Interested in this class? Add your name to our list, when we meet our minimum, we will contact

you and launch the class.

Add your name by scanning this code or going to this this site: https://goo.gl/zdNUXE

Medication Aide

Medication Aides are important members of the health care team. They distribute medications to patients and are responsible in ensuring proper administration, strict medical regimens, accurate documentation, and monitoring for adverse reactions. This 68-hour Medication Administration training program is designed to train an unlicensed personnel (ex. CNA, PCA, or HHA) to perform safe medication administration working in assisted living facilities. This program will qualify the individual to sit for the State Registered Medication Aide Exam. The program consists of 68 hours of both classroom learning and clinical experience. Verification of NA, CNA, PCA, or HHA completion as well as valid CPR certification required.

Interested in this class? Add your name to our list, when we meet our minimum, we will contact you and launch the class.

Add your name by scanning this code or going to this this site: https://goo.gl/zdNUXE

Caregiving at Home - Basic Care: Hygiene, **Nutrition and Fluid Intake**

This evening's class will turn our attention to the hygiene, nutrition needs and fluid intake of the senior. While this course is primarily for the nonprofessional caregiver, portions of the course may be very useful to professionals providing care for family and needs Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 HE887 Career Ctr. EMT 10/12 Wed 6:30p 1 - 2.5 hr

First Aid

Learn to provide basic first-aid for medical emergencies such as breathing problems; choking, allergic reactions; heart attack; fainting; diabetes, low blood sugar; stroke; seizure; shock. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

Gl361 Syphax 103 9/17 Sat 12:30p Vialpando 1 - 2.5 hr

CPR- Cardiopulmonary Resuscitation, AED

Learn vital lifesaving skills, in a fun, very informative environment, hands on training, using cutting edge technology. Participants will meet health/safety standards requirement for a variety of job qualifications. Obtain your American Heart Association Heartsaver« CPR certification card and gain confidence for acting in a life saving emergency situation for adults, children and infants. Class includes learning to help an adult, child or infant who is chocking, and the use and AED, a machine with a computer in it that can shock the heart and help it work properly again, improving your chances of saving a victims life.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 GI362 Syphax 171 09/17 Sat 9a Vialpando 1 - 3 hr

CPR Resucitación Cardiopulmonar

Aprenda habilidades vitales para salvar vidas en un ambiente divertido, informativo, y práctico, usando lo último en tecnología. Los participantes cumplirán con los requisitos de salud y seguridad para cualificaciones de empleo. Obtenga su tarjeta de certificación de "CPR Heartsaver" del American Heart Association y gane la confianza para actuar en una situación de emergencia para salvar vidas para adultos, niños y bebés. Clase incluye como usar el AED, una máquina que funcione para mejorar las posibilidades de salvar la vida.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

GI365 Syphax 101 09/24 Sat 9p Vialpando 1 - 3 hr

Medical Billing & Coding

This billing and coding course offers the skills needed to perform complex coding and billing procedures. The course covers CPT (Introduction, Guidelines, Evaluation, and Management), specialty fields (such as surgery, radiology, and laboratory) ICD-9 (Introduction and Guidelines), an ICD-10 intro, and basic claims processes for insurance reimbursements.

Arl. Res. \$1199 HE875OL Online

Nurse Aide Training

With an increasing number of people needing specialized health care services and an aging population, job opportunities as a nurse aide continue to grow. Course is designed to provide students with skills needed to earn certification as a Certified Nurse Aide and Home Health

Aide. The certification will equip students to work in nursing homes, hospitals, and home health settings. This 15-week course combines practical experience in a local nursing home with classroom instruction. Classroom instruction is held at the Arlington Career Center on Tuesday and Thursday evenings from 6:00-9:00 p.m. Practical experience is held at a local nursing home over several weekends. Tuition of \$999 includes textbook and fees for one state certification exam. Begins in the Spring 2016. To request an application, call (703)228-7200. A pre-entrance test is required and will be offered during the months of August and September 2016.

Arl. Res. \$999

HE900 Career Ctr. 09/13 T/Th 6:30p 30 classes - 3 hr

Coolding Classes

Tutto Lasagna!

Learn the secrets of making delicious, fresh homemade lasagna. Lasagna with tomato and pesto sauce, eggplant parmesan lasagna and more will be prepared in class. Bolognese, spinach, ricotta and other fresh ingredients will accompany the different

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

HE134A Syphax 113 9/13 T 10a De Bernardinis 2 - 3 hr HE134B Syphax 113 11/07 M 7p De Bernardinis 2 - 3 hr

Pasta a la Carbonara

Learn to make delicious carbonara spaghetti, made with fresh Pancetta. We will add a few, simple ingredients for extraordinary dishes. Bruschetta caprese, carbonara spaghetti, Marsala scaloppini and sandy potatoes. Come hungry! Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 HE136 Syphax 113 10/25 Tue 7p De Bernardinis 1 - 3 hr

Cuisine from Apulia (The "Heel" of Italy)

This region of southern Italy is where land, meet the Mediterranean sea and produces exquisite food. Pasta, meat and seafood all seams more delicious in Apulia. Join us as we make delicious homemade cavatelli (pasta), braciole (meat dish), taralli and tarantine mussels.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 HE137A Syphax 113 10/13 Th 10a De Bernardinis 1 - 2.5 hr HE137B Syphax 113 10/20 Th 7p De Bernardinis 1 - 2.5 hr

Chinese Wonton

Learn to make this popular dish from southern China by using ground chicken, spring onions or cilantro, then seasoned with common Chinese condiments such as soy sauce, oyster sauce and sesame oil. We will prepare the wonton in two ways, in broth and pan fried. Enjoy this hands-on experience from beginning

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 HE149 Syphax 113 12/06 Tue 7p Staff 1 - 2.5 hr

Basic French Macarons

Master the beautiful, delicious French Macaron in this class. Learn about the different methods of making macarons then dive into making your own. We will use the Italian meringue method in this class along with the perfect chocolate ganache, and Swiss meringue buttercream to make your own little meringue cookies.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 HE164 Syphax 113 09/24 Sat 10a Vu 1 - 3 hr

New Orleans BBQ Shrimp

We will prepare delicious New Orleans BBQ Shrimp, accompanied by collars greens and seasoned rice. Learn how to proper clean, season and cook the shrimp to perfection. This is a dish that you can enjoy all year long.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 HE176 Syphax 113-Kitchen 09/15 Thu 6:30p Mnatsakanova 1 - 2.5 hr

An Introduction to African Cooking

There is a growing interest on the bold and bright flavors from across the African continent. Come experience - through music and food a journey through regional African cooking. Learn how to prepare an array of appetizers, entrees and desserts from West, East and Southern Africa. Arl. Res. \$139 Arl. Sr. \$119 Non-Res. \$159

HE190 Syphax 113 10/04 Tue 6:30p Staff 3-3 hr

Cooking to Combat Inflammation

Chronic inflammation within the body has been linked to many diseases such as diabetes, heart disease, rheumatoid arthritis, Crohn's disease, and Alzheimer's. Scientific research has identified a host of foods that have the capacity to suppress inflammation. In this 3-part hands-on class, students will learn how chronic inflammation impacts health and wellbeing, and how to create healthy dishes using cooking techniques and ingredients that maximize each dish's healing properties. Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119 HE192 Syphax 113 12/01 Thu 7p Staff 3-2 hr

The Green Kitchen/The New Vegetarian

Alice Water's vision that a civil society is one that cooks and eats together, and that it all starts with respect for local, organic ingredients, has changed the way we think about food. In this class you will learn how to master some simple techniques from a green kitchen with recipes such as Roasted Eggplant soup, Warm French Lentil Salad, Provencal Potato gratin with olives and lemon thyme, Green Salad with Garlic Vinaigrette and Pear-Apple Crisp.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 HE225 Syphax 113-Kitchen 9/26 Mon 7p Cofre 1 - 2 hr

Russian Beef Stroganoff

Instructor Mnatsakanova, will teach you to prepare authentic beef Stroganoff with Olivier salad made with vegetables, egg, diced potatoes, carrots and other ingredients. Also learn to prepare mushroom Julienne, a Russian favorite sometimes eaten as an appetizer or side dish.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **HE257** Syphax 113 9/08 Th 6:30p Mnatsakanova 1 - 3 hr

A Mediterranean Journey

Join us in this journey through the Mediterranean learning about the ancient cuisines of Spain, Southern France, Italy, Greece, Morocco, Turkey. We will learn how to cook with seasonal ingredients to make Vegetarian dishes, such as gazpacho, eggplant custard, potato gratin with nicoise olives, braised white beans with fennel, vegetable couscous, and

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$129 **HE278** Syphax 113 09/12 Mon 7p Cofre 2 - 2.5 hr

Cooking Fundamentals

Whether you are just starting out in the kitchen or looking to brush up on your technical skills, this class will covers the basics for success in the kitchen. From choosing the right ingredients to proper knife technique, each session will create a delicious meal with recipes and tips to use at home. Class 1: Stock, Soups and Salads; Class 2: Classic & Everyday Sauces; Class 3: Meat and Poultry.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$129

HE294A Syphax 113 10/27 Th 7p Mnatsakanova 3 - 3 hr

HE294B Syphax 113 12/01 Th 7p Mnatsakanova 3 - 3 hr

Fresh Pasta Workshop

Learn how to prepare pasta made from scratch, including fresh fettucine and pappardelle, along with sauces to accompany them. After this class, you won't want to buy pre-packaged pasta again.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$119 **HE310** Syphax 113 11/09 Wed 6:30p Hamann 1 - 3 hr

🎬 Tasteful Aging: Eat Smart, Live Strong

As we get older, our bodies change and so do our nutritional needs. Preparing meals with nutritional superfoods is a delicious and effective way to help us meet our nutritional goals. In this 3-part hands-on cooking class students will learn how to select and store these foods to maximize their nutritional power, and use them to create healthy meals – delicious from the first bite to the last.

Arl. Res. \$139 Arl. Sr. \$119 Non-Res. \$159 **HE311** Syphax 113-Kitchen 11/01 Tue Staff 3 - 2.5 hr

One Pot Meals

All in one pot recipe ideas for great weeknight meals. Menu will include Smoked Haddock Chowder, Golden Lentil Stew, and Three Cheese Skillet Lasagna.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 **HE313** Syphax 113 12/14 Wed 6:30p Hamann 1 - 3 hr

Glorious Greens

Leafy greens, like kale, Swiss chard, collards, spinach, and mustard greens, are some of the healthiest and tastiest things you can cook. In this class, you will learn how to buy, prepare, store, and cook with a variety of leafy greens.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **HE315** Syphax 113 09/14 Wed 6:30p Hamann 1 - 3 hr

Breads for Beginners

Students will learn the essentials of making delicious yeast bread at home -from mixing, kneading, and proofing, through shaping and baking. By the end of class, students will have made focaccia, sandwich bread, and more. Enjoy tips for choosing the best flour and making the most of your home oven.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **HE317** Syphax 113 11/16 Wed 6:30p Hamann 1 - 3 hr

Quick and Easy Weeknight Meals

Expand your weeknight repertoire with quick and easy dishes. In this hands-on class, students will learn how to combine fresh, healthy ingredients and exciting flavors to create meals the whole family will love. Menu will include; Whole Wheat Pasta with Sardines, Pine Nuts and Parsley, Green Curry Chicken with Zucchini, Poached Eggs in Tomato Sauce with Chickpeas and Feta.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **HE387** Syphax 113 11/30 Wed 6:30p Hamann 1 - 3 hr

Cook, Eat and Speak Italian (New Menu)

It is well known that food is one of the great pleasures of life in Italy. In this unique cooking class taught in basic Italian (with English support), we will prepare a variety of Italian dishes including eggplant rolls, turnip greens and spaghetti, marinated zucchini, potato gnocchi and baked mussels. Desserts such as biscotti, lemon ricotta and pineapple tiramisu will be prepared as well.

Arl. Res. \$119 Arl. Sr. \$109 Non-Res. \$139 **HE428A** Syphax 113 9/22 Th 7p De Bernardinis 3 - 2.5 hr **HE428B** Syphax 113 10/17 M 10a De Bernardinis 3 - 2.5 hr

Knife Skills Workshop

Bring one or two of your kitchen knives. Learn how to select quality and proper knives, sharpen them and keep them sharp for life. Learn the correct way to slice, dice and cut from an experienced cook.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **HE519** Syphax 113 10/19 Wed 6:30p Hamann 1 - 2 hr

International Chicken

Do something new with the chicken you prepare. Learn to make a popular dish in Indonesia call (Ayam Panggang) which is seasoned just right with a little spicy kick. Then we'll cook Irish chicken prepared with mustard, black pepper, tarragon and other spices, with grilled potatoes and onions. We'll finish with Mexican chicken fajitas prepared with onions, green peppers, cilantro all on a warm tortilla.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **HE434** Syphax 113 10/13 Th 6:30p Mnatsakanova 1 - 3 hr

Authentic Thai Cooking

Students will prepare authentic Thai dishes using traditional cooking techniques and avoiding the shortcuts. We will prepare delicious basil chicken (Pad Kra Prao), followed by lemon grass soup (Tom Yum). Also on the menu will be Thailand's famous sticky rice and larb. We won't forget the Thai custard for dessert. Register, your taste buds will thank you. Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119

Mexican Cooking

Mexican cuisine is rich with flavor and diversity. In this class, students will learn to work with traditional ingredients such as fresh and dried chilies, herbs, and spices, as we create a menu of classic salsas, snacks, and satisfying main dishes.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

HE592 Syphax 113 09/21 Wed 6:30p Hamann 1 - 3 hr

Pad Thai Delight

Pad Thai is one of Thailand's most famous dishes. Spend an evening learning how to prepare this unique and tasty dish. Noodles, bean sprouts, peanuts and more make the recipe for success. We will finish class by preparing SomTum (papaya salad) and learn different variations that can be substituted into the Pad Thai recipe.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **HE499** Syphax 113 9/27 Tue 6:30p Premudomkit 1 - 3 hr

Japanese Sushi

Learn to prepare to make authentic Japanese sushi that will make your taste buds sing. Enjoy the various types of sushi including Nigiri and Tamaki. Savor the true taste of tuna and great tasting California rolls.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 **HE513** Syphax 113 10/03 Mon 6:30p Moore 1 - 2.5 hr

Vietnamese Beef Noodle Soup (Pho)

Nothing beats homemade. Learn how to make pho (pronounced 'fuh'), the best known of all Vietnamese soups. We will prepare the soup with beef stock, ginger, onion, and spices of star anise, coriander, and clove) through assembly with rice noodles and fresh garnishments. Students will learn to create a hearty and flavorful meal that warms the soul.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$109 **HE515** Syphax 113 11/19 Sat 9:30a Staff 1 - 3.5 hr

Indian Home Cooking

Indian cooking is known for its sophisticated and subtle use of many spices. Come learn about the basic principles, cooking techniques, and ingredients of Indian home cooking while preparing tasty vegetarian and non-vegetarian dishes. Menu will include Chicken Stewed in Fragrant Onion-Tomato Sauce (Murgh Masala), Cauliflower and Potatoes with Ginger (Aloo Gobhi), and more!

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

HE520 Syphax 113 09/28 Wed 6:30p Hamann 1 - 3 hr

Indian Vegetarian Classics

Indian vegetarian cooking is exciting, delicious, and healthy. Enjoy yourself while learning how to prepare dishes featuring vegetables, grains, legumes, and dairy products. Menu will include Spinach with Fresh Indian Cheese (Palak Paneer), Yellow Mung Beans with Cumin, Onion, and Tomato (Moong Dal Tadka), and more!

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **HE522** Syphax 113 10/05 Wed 6:30p Hamann 1 - 3 hr

South Indian Vegetarian

South India is known for inventive vegetarian cuisine that is light, fresh and spicy – featuring rice, legumes, fresh vegetables, coconut and special spice blends. Menu will feature Rice and Lentil Crepes with Spicy Potato Filling (Masala Dosa), Split Pigeon Pea and Vegetable Stew (Sambar), and Fresh Coconut Chutney (Thengai Chatni).

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **HE410** Syphax 113 10/12 Wed 6:30p Hamann 1 - 3

Moroccan Feast

Discover the rich flavors, aromas and colors of Moroccan cuisine. Students will learn to prepare traditional steamed couscous, Chicken Tagine with Preserved Lemon and Olives, Spiced Carrot Salad and more.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **HE660** Syphax 107 10/26 Wed 6:30p Hamann 1 - 3 hr

Afghan Cuisine

Influenced by Persia, India and Mongolia, Afghanistan has its own unique cuisine that is more popular than ever. Explore Afghan flavors, featuring a menu of delicious favorites such as Spice-Fragrant Lamb Stew with Spinach (Korma Sabzee), Aromatic Basmati Rice (Challow), and Eggplant with Tomato Sauce and Minted Yogurt (Borani Bonjon). Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 HE661 Syphax 113 10/26 Wed 6:30p Hamann 1 - 3 hr

Fall Cooking from the Farmer's Market

Come join us in making the best of early fall produce from the Farmer's Market. We will prepare salads. one with roasted beets and burrata and another with pear and fennel, as well as delicious spicy pasta with seared broccoli and cauliflower, and an Italian plum tart. You can follow in Alice Waters' footsteps, as we prepare and enjoy eating together the incredible bounty from the Farmer's Market.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 HE675 Syphax 113 09/13 Tue 6:30p McKean 1 - 2.5 hr

Warm Winter Soups

What could be more satisfying on a chilly day than a bowl of hot soup? Students will learn to prepare a variety of comforting soups featuring fresh seasonal ingredients such as Tuscan Bean Soup with Prosciutto, Spicy Roasted Butternut Squash & more. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 HE687 Syphax 113 12/07 Wed 6:30p Hamann 1 - 3 hr

Delicious Vegetarian

In this class, you will learn how to make dishes with produce and grains that result in delicious meals without meat. Menu will include Smoky Bulgur Chili with Beans and Vegetables, Spaghetti with Caramelized Zucchini and Fresh Mint, and Red Curry with Pan-Fried Tofu with Butternut Squash Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

HE688 Syphax 113 11/02 Wed 6:30p Hamann 1 - 3 hr

Cake Baking I

Learn baking from scratch delicious cakes like the red Velvet Cake, Decadent Chocolate Cake, and Butter Cake, Including frostings. Student participation. Bring container for samples. Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$109 HE550 Syphax 113 09/10 Sat 9a Montesa 2 - 2 hr

Cupcakes I

Cupcakes are easy to prepare and can be served at parties, as a snack, at potlucks, and can even be arranged as a wedding cake. Four cupcakes will be baked from scratch (Red Velvet, Chocolate, Blueberry, and Yellow Cupcakes). Students will top the cupcakes with different frostings and decorations. Will demonstrate how to make beautiful toppings. Bring container for samples. Instructor will email students for decorating tools to bring.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$60

HE380 Syphax 113 10/01 Sat 9a Montesa 1 - 4 hr

Buche de Noel

Buche de Noel or Christmas Yule Log is a traditional French Christmas cake, frosted to resemble the bark of a tree. It is decorated with meringue mushrooms, sugar holly leaves and berries for a festive look. It is a dessert to to served and enjoyed during the

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 HE557 Syphax 113 12/03 Sat 9a Montesa 1 - 3 hr

TextIIe Arts

Sewing I

Sewing class is designed for beginners. There will be an introduction to the sewing machine, sewing terms, fabrics, patterns, pressing technique, and notions. First class project will prepare you for Sewing II. Bring thread and scissors to first class. Supply list distributed at first class.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 HE600 Jefferson 114 09/08 Thu 7p Hunter 6 - 2.5 hr

Continue to advance your sewing skills in this class, and make a garment. Project and supply list distributed at first class.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 HE601 Jefferson 114 10/20 Thu 7p Hunter 4 - 2.5 hr

Knitting - The Basics

Curious about Knitting? Come learn the basics of knitting - casting on, knit, purl, and binding off. Students will learn to read a pattern and will begin working on a simple but attractive scarf. See our website for supply list.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 HE611 Syphax 173 10/29 Sat 10a Azimi 4-2 hr

Knitting - Beyond the Basics

Prerequisite: Knitting-The Basics or proficient in casting on, knitting, purling and binding off. Build on the foundation of knitting and purling by learning to change colors, increasing and decreasing, make a hat with circular knitting needles and new stitch patterns. See website for supply list. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 HE613 Syphax 107 10/01 Sat 10a Azimi 4 - 2 hr

Crocheting - The Beginnings

Students will learn the basics of crocheting, including all basic crochet stitches, beginning and ending a project, as well as how to read a pattern. Students will produce a variety of small beginner projects that will cover all basic crochet skills, including a cowl, a toy, a hat, and a granny square.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

HE609 Interested in this class? Add your name to our list, when we meet our minimum, we will contact 回線回 you and launch the class.

Add your name by scanning this code or going to this this site: https://goo.gl/zdNUXE

Jewelry Making - Basics

Learn the basics for jewelry making. We will cover techniques such as stringing, knotting and wire wrapping. During class you will make a strung bracelet, a silk knotted bracelet, a wire wrapped bracelet. Students will also make matching sets of earrings. A material fee of \$25 must be paid to the instructor on the first night of class.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109 HE330 Jefferson Art 09/15 Thu 7p Joy 3 - 2.5 hr

Jewelry Making - Beyond the Basics

This is a continuation of basic jewelry making. You will expand your skills and learn additional techniques as you make a crystal wrapped cuff, a double strand necklace and a cha-cha-cha bracelet.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109 HE331 Jefferson Art 10/06 Thu 7p Joy 3 - 2.5 hr

Jewelry Making -The Next Level

Prerequisite: Jewelry Making-Beyond the Basics or previous experience. Building on the techniques discussed and practiced in previous classes, students can be more creative in making new designs and forms of jewelry to fit their own creative style. A material fee of \$30 must be paid to the instructor on the first night of class. Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109 HE335 Jefferson Art 11/03 Thu 7p Joy 3 - 2.5 hr

Music Classes

Guitar - Beginning I

This class is designed for students who have no experience playing the guitar. Beyond learning basic music theory, students will learn chords, strumming patterns, finger placement, and several scales. Students are required to bring their own guitar (acoustic or electric) to class. Assignments / handouts will be provided.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$179

MU100A Syphax 171 09/13 Tue 6:30p Sales 8 - 1.5 hr MU100B Syphax 171 09/30 Fri 10a Siekkinen 8 - 1.5 hr MU100C Syphax 171 10/13 Thu 6:30p Ray 8 - 1.5 hr

Guitar - Beginning II

Prerequisite: Guitar Beginning I or equivalent experience. This class is continue to assist students learn chords, strumming patterns, finger placement, and several scales. Students are required to bring their own guitar.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$179 MU101 Syphax 171 09/29 Tue 6:30p Sales 8 - 1.5 hr

Bass Guitar - Beginning I

Geared toward people with no prior experience with the bass, this class will cover the basics of finger placement, playing techniques, scales, bass line patters and music theory. The class will offer opportunities to play along with songs and with other people. Students required to bring their own bass guitar (electric or acoustic). Handouts provided. Arl. Res. \$139 Arl. Sr. \$119 Non-Res. \$159 MU106 Syphax 171 10/12 Wed 7p Brown 8 - 1.5 hr

Piano for Retirees I

Do you now have the time and desire to learn piano and famous pieces by maestros Bach, Handel, Beethoven, and more? A course has been designed for those who now have the time. Join us as we learn notes, scales, music theory and wonderful classical pieces. The music will be included.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$179 MU109 Syphax 113 09/15 Thu 1p Oh 8-2 hr

Piano for Beginners I

Finally learn how to play the piano. Class is designed for students who have no experience playing the piano. Students will learn basic chords, rhythms, musical terms and how to use the metronome. Limited enrollment.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$179

MU110A Syphax 105 09/08 Thu 7p Ruble 8 - 2 hr **MU110B** Syphax 113 09/12 Mon 10a Oh 8 - 2 hr MU110C Syphax 105 10/04 Tue 7p Ruble 8-2 hr

Piano for Beginners Level II

Prerequisite: Piano for Beginners or equivalent knowledge. Students will continue their study of the piano by becoming more proficient with chords and musical scales. More emphasis will be placed on reading music, rhythm and putting the notes together to create music.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$179 **MU111** Syphax 107 09/14 Wed 7p Ruble 8 - 2 hr

Piano Intermediate level

Prerequisite: Piano for Beginners Level III or permission from the instructor. This class is a continuation of level III and will focus on accuracy, tempo and repertoire building. Strengthen your ability to play with both hands.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$179 **MU121A** Syphax 113 08/25 Thu 10a Oh 8 - 2 hr **MU121B** Syphax 113 10/20 Thu 10a Oh 8 - 2 hr

Ukulele - Beginning I

What has a sound that makes you smile when you hear it, is small and fun play? The Ukulele of course. You'll learn the important skill of strumming and finger placement, playing chords and tempo. Do something different on Saturday mornings, learn to play the Ukulele. Bring your own Ukulele to class. (Sorry, no baritone ukuleles.)

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$179

MU129A Syphax 171 09/14 Wed 10a Siekkinen 8 - 2 hr

MU129B Syphax 171 09/17 Sat 10a Siekkinen 8 - 2 hr

Violin - Refresher Workshop

Did you play the violin back in high school, or maybe even in college? Are you ready to pick it back up again and start playing? This workshop is designed for you. We will practice scales, some sight reading and play some well known music and get you back in musical shape.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res. \$179 **MU147** Kenmore Chorus 10/06 Thu Staff 8 - 2 hr

Opera Masterpieces

See and hear famous and familiar recording of operas which may include La Traviata, La Boheme, Madama Butterfly, Don Giovanni, The Marriage Of Figaro, The Valkyrie, and Tristan and Isolde. Before each presentation, learn about the composer, the setting, the cast and a synopsis of the opera. Following each video presentation the class will discuss the music, the opera singers singing and acting, costumes, scenery, props and lighting.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

MU157 Syphax 101 11/10 Thu 7p Soranno 2 - 2 hr

Opera Divas. Female Opera Superstars

Through lectures and recordings explore the world of Opera Divas; the most famous and familiar female opera singers. Presentations will feature such Opera Divas as Renee Fleming, Maria Callas, Joan Sutherland, Cecilia Bartoli, Renata Tebaldi, and many others. The operas we will student may include, La Traviata, Rigoletto, Aida, La Boheme, Tosca, Cosi Fan Tutte and others. Before presenting the recording of the Opera Diva singing an aria, the teacher will discuss characteristics of the singing voice, vocal technique, the roles performed by the singer and a synopsis of the opera/scene.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

MU158 Syphax 101 10/27 Thu 7p Soranno 2-2 hr

Arlington Concert Band

The Arlington Concert Band is a wind and percussion ensemble for adult musicians. This group is seeking musicians with intermediate to advanced playing skills, or players who have studied previously and want to return to their musical past and focus on performing in an ensemble. Arlington Concert Band aims to be an ensemble that will not only provide a local opportunity for musicians, but will serve as a promoter of music, music education and community. Openings exist for most positions - please call to inquire about open seats, contact Raul Matos at 703-228-7217. Annual Membership Fee per School Year only \$39. (Bring your own instrument)

HB Woodlawn Band Rm 9/13 T 7p 10 - 2 hr

MU-200A - Flute MU-200B - Clarinet MU-200C - Oboe MU-200D - Bass Clarinet	MU-200H - Bassoon MU-200I - French Horn MU- 200J - Trumpet MU-200K - Trombone
MU-200E - Baritone Saxophone	MU-200L - Euphonium
MU-200F - Tenor Saxophone	MU-200M - Tuba
MU-200G - Alto Saxophone	MU-200N - Percussion

Arlington Concert Orchestra

The Arlington Concert Orchestra is seeking musicians with intermediate to advanced musical skills, and all those who used to play an orchestral instrument and are looking to get back into a performance ensemble. This is a wonderful opportunity to play in a high caliber, volunteer orchestra! High quality performances, education, and fun are at the heart what we do. Registration fee \$39 per semester. (Bring instrument) Kenmore Band Rm 9/12 Mon 7p 10-2 hr

 MU-208I - Bass
 MU-208A - Violin
 MU-208F - French Horn

 MU-208J - Flute
 MU-208B - Cello
 MU-208G - Tuba

 MU-208K - Clarinet
 MU-208C - Harp
 MU-208H - Viola

 MU-208L - Percussion
 MU-208D - Oboe
 MU-208N - Trumpet

 MU-208M - Trombone
 MU-208E - Bassoon
 MU-208O - Piano

Arlington Flute Choir

This class is for all levels of amateur adult flutists. The auxiliary flutes such as piccolo, alto flute and bass flute are also welcome. The focus will be on reading and rehearsing mainstream flute choir repertoire consisting of original compositions and arrangements of classical, jazz and pop styles. Performance opportunities will include community concert series, charitable gala events and flute choir festivals. Please bring your flutes, music stands and pencils to rehearsals. Tuition \$69

MU153 Kenmore Chorus 9/14 Wed 7p Johnson 10 - 2 hr

Arlington Community Chorus

If you love to sing, we would love to have you! Come join the Arlington Community Chorus and embrace the power of music. The ACC welcomes all singers who have sung in a choir, either in high school, college or even at church. If you haven't sung in a formal group before but would still like to join, call us and we will put you in contact with the conductor who can provide you with ways you can participate. We will perform a wide variety of choral literature, while at the same time having fun and enjoying the experience of singing. Concerts are programed throughout the school year. Tuition: \$79

MU-150A - Soprano MU-150C - Tenor MU-150B - Alto MU-150D - Bass

Wash. Lee Choral Rm. 9/20 T Klontz/Loisha 7pm 10 - 2hr

Opera History and Appreciation

We will cover the historical period of opera, from its birth in the late 16th century to the present day. Opera composers and compositions are highlighted throughout the class and will be future the most important operas regularly performed throughout the world today. Students will see and hear samples of opera and will then engage in class discussions.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

MU160 Syphax 101 09/08 Thu 7p Soranno 3 - 2 hr

BEETHOVEN! The Greatest of Them All

He shocked the world and triggered the War of the Romantics. A classicist, a revolutionary, a boor, a genius, a social climber who created music (sometimes while totally deaf) that still astonishes. Furious at Napoleon, besotted by his nephew, tortured by inner demons, explore the masterpieces and meet the giant who broke-and rewrote-the rules and changed music forever.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 **MU168A** Syphax 101 10/25 Tue 10a Munford 1 - 2 hr **MU168B** Syphax 101 10/27 Thu 7p Munford 1 - 2 hr

The History of Rock & Roll: Eyewitness to the Revolution, 1957-1967

In the decade from Jail House Rock to Sgt. Pepper, rock and roll skyrocketed from derision to dominating music and impacting everything from race to sex to politics. Come relive that wild ride with a foot soldier of the revolution who had a #1 hit rock record in 1967, and close encounters with Ricky Nelson, Zappa, Hendrix, The Who, Credence, the Doors and more. Informed by his Graduate studies in musicology at the University of Chicago, get an insiders view, from the back rooms of the Whisky to the front seat at Monterey Pop, of how and why rock and roll changed music, culture and the world.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49

MU169 Syphax 117 09/20 Tue 7p Munford 2 - 1 hr

Discover and Explore the Enchanting World of Classical Music

Four fun, fast-moving courses open the door to the amazing world of Bach, Beethoven, Brahms, Stravinsky and more. We'll reveal a world, and provide a roadmap, for exploring a lifetime of unparalleled listening pleasure. No technical or musical knowledge required - just an open heart and ears, and a willingness to be swept away by the most exciting, beautiful and fascinating music every created. For beginners and seasoned listeners alike. One word of caution: Once you enter you'll never go back!

Arl. Res. \$119 Arl. Sr. \$99 Non-Res. \$139

MU170A Syphax 117 09/20 Tue 10a Munford 4 - 2 hr

MU170B Syphax 101 09/22 Thu 7p Munford 4 - 2 hr

Music of the Middle Ages and Renaissance: Of Kings, Castles & Cathedrals Enjoy a delightful 2 hour journey through the exotic

Enjoy a delightful 2 hour journey through the exotic world of "Early Music" from the Medieval times of Richard the Lionheart to the High Renaissance of Michelangelo. And learn how the language of music was born, developed and refined through six centuries of some of the strangest and most breathtaking music you've never heard - from sackbuts & krummhorns to pavanes & passacaglias to risque motets to high masses.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 **MU181** Syphax 171 10/05 Wed 7p Munford 1 - 2 hr

Voice Lessons for Adults - Level I

This Voice Lesson class is designed for students who want to improve and develop their singing talents. This class is for beginners and for those who have not experienced singing

lessons or techniques before. Learn singing basics which will include methods of warm up, breath control, clear singing pronunciation of lyrics, scales, and terminology. Students will practice singing songs throughout the course.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 **MU201** Career Ctr. 229 9/12 Mon 7p Jugdersuren 6 - 2 hr

Voice Lessons for Adults - Level II

This class is a continuation of Voice Lessons for Adult level I. Students will continue to develop breath control, singing pronunciation of lyrics, scales, and terminology. Students will practice singing songs throughout the course.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 **MU204** Career Ctr. 229 10/31 Mon 7p Jugdersuren 6 - 2 hr

Technology & Industry

Automotive Repair Procedures

This course will be based on the automobile problems and needs of the students. Hands-on shop work on owner's vehicles will guide the weekly lesson. Basic repairs will be limited to shop time, space, and equipment. Diagnostic information will be supplied, as available, to assist the student in correcting problems. The purchase of some necessary basic hand tools and materials will be identified. Course is taught in the Auto Technology Lah

Arl. Res. \$229 Arl. Sr. \$209 Non-Res. \$259 **TI100** Career Ctr. Auto Lab 09/13 Tue 7p Little 8 - 3 hr

Automotive Repair Procedures-Advanced

The curriculum of the course will be based on the automobile problems and needs of the students. Hands-on shop work on owner's vehicles will guide the weekly lesson. Basic repairs will be limited to shop time, space, and equipment. Course offers more advanced diagnostics. Course is taught in the Auto Technology Lab.

Arl. Res. \$229 Arl. Sr. \$209 Non-Res. \$259 **TI103** Career Ctr. Auto Lab 9/14 Wed 7p Winchell 8 - 3 hr

Car Maintenance Workshop

Class is designed for students who have limited to no knowledge of car maintenance. Students will learn how to perform simple maintenance on their car, such as changing the oil, topping off fluids and checking tire pressure. Students will also learn how to change a flat tire and what to do when the car overheats. This is a hands-on class.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 **TI106** Career Ctr. Auto 11/09 Wed 6:30p Winchell 3 - 2.5 hr

Get to Know Your Electrical Breaker Box

This class is perfect for new homeowners, do-it yourselfers and for anyone who wants to understand the electrical breaker box in your home. This 1 hour workshop will explain electrical circuits, different amp breakers, why breakers trip, wire gauge and potential hazards to look for.

Arl. Res. \$29 Arl. Sr. \$19 Non-Res. \$39 TI125 Career Ctr. 107 10/12 Wed 5p Daly 1 - 1 hr

Introduction to Woodworking & Cabinetmaking

Course begins with a six-week orientation focusing on wood types and uses, wood joinery, cabinetry design, and proper, safe use of tools and equipment. For the remaining classes, students have full use of modern woodworking equipment, tools, and shop to construct individual furnishings. Student supplies lumber and materials for personal projects. Some storage is available. Course is taught in the Wood Shop.

Arl. Res. \$239 Arl. Sr. \$209 Non-Res. \$269 **TI302** Career Ctr. Wood 09/06 Tue 7p Redda 12 - 3 hr

Advanced Woodworking and Cabinetmaking

Prerequisite: Prior participation in Introduction to Woodworking and Cabinetmaking (TI-302) is mandatory. This course allows students continued use of the fully equipped shop to construct items of personal interest and improve their woodworking skills. Emphasis is on advanced techniques such as veneering, millwork, lathe turning, and joinery. Student supplies lumber and materials for personal projects. Some storage is available. Taught in Wood Shop.

Arl. Res. \$239 Arl. Sr. \$209 Non-Res. \$269

TI303 Career Ctr. Wood 09/08 Thu 7p Redda 12 - 3 hr

Furniture Repair and Refinishing

Hands-on course. Each student works on one or more projects of their own choosing. Learn to recognize different qualities of Hands-on course. Each student works on one or more projects of their own choosing. Learn to recognize different qualities of furniture. For each project, learn how to identify what needs to be done, create a plan, select the right materials, and then, working together, either restore, conserve, or refinish the piece. Course includes basic furniture repairs, fixing damaged finish, coloring for authenticity, and reapplying finish. Bring one or more projects to the first class! Students will work on multiple projects. As materials vary for each project, instructor will provide supply lists at the first class. Course taught in the Wood Shop.

Arl. Res. \$189 Arl. Sr. \$179 Non-Res. \$199 **TI305** Career Ctr. Wood 09/21 Wed 7p Diehl 8 - 2.5 hr

Plumbing

Study supply, drain, waste, and vent piping fabricated with copper, plastic, and iron/steel. Course covers the installation of new and remodeled systems as well as maintenance of existing systems. Class is taught in the Wood Shop. Text: Step by Step Guide Book for Home Plumbing.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 TI309 Career Ctr. Shop 09/07 W/M 6:30p Daly 6 - 3 hr

Drywal

Learn how to hang, finish, and repair drywall. Proper tools, materials, and techniques will be stressed. Course is taught at SEEC. Text: Step by Step Room Finishing

Arl. Res. \$209 Arl. Sr. \$189 Non-Res. \$229 **TI310** SEEC SEEC 11/02 W/M 6:30p Daly 6 - 3 hr

Ceramic Tile

Learn the basics of proper tool usage, material selection and layout techniques in order to produce quality floor, wall and countertop jobs using ceramic tile. text: Hometime: How to Ceramic Tile ISBN 1890257052.

Arl. Res. \$209 Arl. Sr. \$189 Non-Res. \$229 **TI316** SEEC SEEC 11/28 M/W 6:30p Daly 6 - 3 hr

Electrical Wiring for the Homeowner

Course will cover tools, materials, and techniques necessary for the homeowner to maintain, repair, and/ or modify the existing electrical service in a typical residential electrical installation. Practical hands-on application of electrical theory and NEC requirements will be utilized. Class is taught in the Wood Shop. Text: Step by Step Home Wiring.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 TI321 Career Ctr. Lab 10/12 W/M 6:30p Daly 6 - 3 hr

Hardwood Flooring - Installation and Maintenance

You can do this. Installing your own hardwood flooring can be done once you understand the tools, materials and techniques involved. Learn from an experienced installer the "tricks to the trade" and gain the confidence to do the job. Through instruction demonstrations and hands-on exercises, a partial hardwood floor will be assembled. Other topics covered in the class will include, sanding, staining and maintenance.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **TI329** Career Ctr. 112 09/07 Wed 7p Jackson 1 - 2.5 hr

Understanding Your Home: How to Spot, Correct & Avoid Defects & Keep Everything Running

Anyone who wants to buy or sell or maintain a home can benefit from this class. Dozens of moneysaving tips on how to identify structural, mechanical and cosmetic defects in both older and new homes will be presented. The course will provide a basic understanding of how everything in your house works, when to repair or replace and how to go about finding reliable services. Students will also review construction materials, trade practices and environmental issues, including indoor air pollutants such as mold, radon and allergens.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **TI332** Career Ctr. 112 09/14 Wed 7p Jackson 1 - 2.5 hr

Repair that Water Pipe Leak

Drip, drip, drip. An ignored water leak can cause mold, water damage, wood rot and is a big waste of money. Learn how to repair water pipes that are leaking in the shower, bathroom sink or under the kitchen sink in this 1-night workshop

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **TI345** Career Ctr. Shop 10/06 Thu 7p Daly 1 - 2 hr

Designing your Dream Home (or Addition/Renovation)

Architect covers issues of design including the identification of space needs and functionality, site planning, and building concepts and gives an overview of technical topics such as energy efficiency, cost control, building codes, and construction. Students will be introduced to sources for dream home plans and methods of project delivery.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 TI357 Career Ctr. 107 09/29 Thu 7p Carter 3 - 2.5 hr

How to Select a Designer, Architect & Contractor for Your Next Construction Project

How do you select a Designer/Architect & Contractor to build a deck, remodel a bathroom, or perform other home renovation projects? This class is a must before you begin that selection process..

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

TI359 Career Ctr. 107 11/03 Thu 7p Carter 1 - 2 hr

GED (High School Equivalency Certificate)

The General Educational Development (GED) Program is designed for persons who were once enrolled in school, but who, for various reasons, did not complete the requirements for high school graduation.

ENGLISH GED PREPARATION OPTIONS

Classes help develop or refresh the skills necessary for successful completion of the GED test. Students are encouraged to take the GED test when their progress indicates their readiness.

New GED students are required to take an English and Math assessment to assure proper course placement. Assessment takes 3 hours. See placement assessment dates below:

* Tues. 7/19 at 9 a.m. * Thurs. 8/11 at 5 p.m.

* Thurs. 7/28 at 5 p.m. * Tues. 8/23 at 5 p.m.

* Tues. 8/2 at 5 p.m. * Thurs. 8/25 at 5 p.m.

Call 703-228-7220 to schedule your placement assessment.

GED Preparation Classes Level 4

Monday, Wednesday and Friday. A combination of traditional teacher led classes and individualized instruction is included. Course will cover all four subjects of the GED test.

14-week Mornings 9am - 11:30am Cost \$129

GE-015A Syphax Ctr. 108 9/7 - 12/21 Bentz Mon./Wed./Fri.

14-week Evenings 6pm - 8:30pm Cost \$129

GE-015B Syphax Ctr. 108 9/7 - 12/21 Wallace Mon./Wed./Fri.

GED Preparation Class Level 3

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills. Cost: \$89

GE-014 Wakefield A-331 9/6 - 12/13 Bentz Tue./Thurs.

GED Preparation Class Level 2

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills. Cost: \$89

GE-013 Wakefield A-335 9/6 - 12/13 Irvine Tues./Thurs.

Basic Math Class

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on basic Math skills.

Cost: \$89

GE-012 Wakefield A-339 9/6 - 12/13 TBA Tues./Thurs.

Skill Builder Class

14-week program meeting Saturday mornings from 10:00 a.m. to 12:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on Language Arts and basic Math skills.

GE-023 Syphax Ctr. 108 9/10 - 12/12 Johnson Sat.

GED EN ESPAÑOL - CURSO PREPARATORIO Y DE

Se ofrecen clases de repaso de las materias abajo indicadas, las que ayudarán a desarrollar la preparación necesaria para pasar el examen del GED, y obtener el Certificado de Equivalencia de Educación Secundaria otorgado por el Estado de Virginia.

Requisitos:

Haber completado la mayoría de los estudios secundarios o demostrar el conocimiento basicos de lectura, escritura y matematicas.

Materias de Estudio:

Matemáticas (aritmética, algebra, geometría), lectura y redacción y estudios

Lugares y Horario:

Kenmore Middle School

200 S. Carlin Springs Road Arlington, Va. 22204 Sala #290, Lunes y miércoles de 7:00 p.m. a 9:00 p.m. Las clases empiezan el 12 de septiembre y terminan el 7 de diciembre (12 semanas, no hay clases cuando hay un feriado). Matricula: \$129 Codigo: GE-003 deLeón/Downs

Kenmore Middle School (Solamente Matematica)

Sala #290, Jueves de 7:00 p.m. a 9:00 p.m. Las clases empiezan el 22 de septiembre y terminan el 1 de diciembre (10 semanas, no hay clases cuando hay un feriado). Esta clase se va enfocar en la matematica.

Matricula: \$69 Codigo: GE-010 Downs

The 2014 version of the GED® test is given on the computer. To receive their GED® test credential, test-takers need to reach a score of 145 on each subject.



ENCORE LEARNING

Offering daytime non-credit college-level courses, clubs & special events for those 50+ in the metropolitan area

www.encorelearning.net



Want to see what's available, Fall 2016?

Courses are posted online at www.apsva.us/parentacademy If you have questions or ideas, call the APS Department of School & Community Relations at 703-228-6005.

English as a Second Language (ESL)



REEP

Arlington Education and Employment Program
English Classes for Adult Learners
Syphax Education Center, 2110 Washington Blvd. #106
Arlington, Virginia 22204

www.apsva.us/reep

reep@apsva.us

Intensive English Classes

Beginning, intermediate, and advanced levels of intensive English instruction, taught by trained and experienced ESL professionals, are offered in 12-week sessions at the following locations:

Syphax Education Center

2110 Washington Blvd., Room 106 Classes begin in January, March, July, and September:

Monday-Friday 9:00 a.m.-12:00 p.m. Monday-Thursday 6:45 p.m.-9:00 p.m.

\$285.00 morning/\$200 evening for Arlington residents and employees. Scholarships are available.**

Arlington Mill Community Center

909 South Dinwiddie Street, Room 403 Classes begin in February, May, August, and November:

Monday-Thursday 4:15 p.m. - 6:30 p.m. Monday-Thursday 6:45 p.m. - 9:00 p.m.

\$200.00 for Arlington residents and employees. Scholarships are available.**

Note: Some classes will be held at Thomas Jefferson Middle School.

A placement test is required for intensive and conversation classes.

Call (703) 228-4200 for testing dates and locations.

Experienced ESL Teachers Needed

Teach adults in a nationally recognized program.

Part-time morning, evening and Saturday positions available. BA/BS in ESL or related field and experience teaching adults. Some benefits. For more information, see our website at http:// www.apsva.us/reep Forward resumes & cover letter to reep.jobs@apsva.us

Receipt will be acknowledged.

Conversation Classes Intermediate & Advanced Levels

Syphax Education Center

2110 Washington Blvd., Room 106 Eleven week classes, taught by trained and experienced ESL professionals, begin January, April, July, and October:

Tuesday and Thursday 1:00 p.m.-3:00 p.m. \$125.00** for Arlington residents and employees. No scholarships available.

BEGINNING ENGLISH CLASSES IN COMMUNITY CENTERS

Free non-intensive, **beginning-level** classes taught by trained volunteers at:

Arlington Mill, 909 S. Dinwiddie St. Gates of Ballston, 4108 N. 4th St. Harvey Hall, 850 S. Greenbrier St.

Call (703) 228-4200 for current class schedule. No placement test required. AM and PM classes offered.

Volunteers Needed

Volunteers are needed in all areas of the REEP program: assisting classroom teachers, conducting literacy pull-outs, assisting in the computer lab, teaching English at community outreach centers, assisting with program outreach, substituting for outreach center teachers, assisting with special projects and providing support to office staff.

Call (703) 228-7231 or email the Volunteer Coordinator: sara.fry@apsva.us

REEP's 40th Anniversary Cookbook, a collection of 47 recipes and reflections from 26 countries is available for \$5. Add \$3 for shipping/handling. To have shipped, send a check payable to REEP. To purchase in person, stop by our office.

REEP Program 2110 Washington Boulevard, Room 106 Arlington, VA 22204.



(703) 228-4200

Tuition is higher for students who do not live or work in Arlington, is subject to change, and includes a \$35.00 non-refundable testing and registration fee.*

Some scholarships for intensive classes are available to Arlington residents through a lottery for qualified applicants. Scholarship recipients pay \$35.

Things You Should Know

REGISTRATION: Please register early to avoid disappointment. Tuition may be paid by check (returned checks are subject to a fee), money order, or credit card. We accept Visa, MasterCard and Discover Card. Make checks payable to: Arlington Public Schools. Registration is complete once payment is received. Cash payments are not accepted. You will not receive confirmation, unless you register online, in which you will receive an email confirmation. You must register before attending class. Instructor may not receive payment.

All Arlington resident Adult Education students 62 years or older receive a discount on tuition.

REFUND POLICY: You will receive a full refund if class is canceled by Adult Education. Refund requests received before the first class are subject to a 10% service charge (minimum \$5.00). Refund/transfers before the second class (of a multiple session course) are subject to a 10% service charge, plus a prorated fee for each class held before receipt of request whether or not the participant attended. No refund/transfers after second class. No refund for single night class if you were unable to attend. No refund on material fee if student cancels 48 hours prior to class.

WEATHER RELATED CLOSINGS:

Adult Education classes are canceled whenever Arlington Public Schools close for inclement weather. Closings are announced on the Arlington Public Schools' website at www.apsva.us and local radio and TV stations.

You can also call the weather hotline at 866-322-4277. When an announcement is made that there is a morning school delay (not closing), all Arlington Adult Education classes will take place as regularly scheduled. If class is canceled, classes that meet once are rescheduled for the next week, when possible. Classes that meet more than once will meet at the next scheduled session and students will receive makeup information in class.

Parking at Syphax Education Center

Parking at the Syphax Education Center is located in the parking garage, adjacent to the building. There is also street metered parking which is discounted during that day and free after 6pm, also free on the weekends. For evening classes, exit the parking garage on the lower level. Bicycle racks are available. Staff and

student parking located at B1 and B2.

TEXTBOOKS: Textbooks are becoming more expensive. We encourage students to purchase books online at discount book sites or bookstores. Many books may be purchased from Barnes and Noble in Clarendon. Some may be found used online. The Adult Education Program now sells a limited number of foreign language books. Prices may vary.

ATTENTION: Arlington Public Schools prohibits discrimination on the basis of race, religion, gender, sexual orientation, national origin, age, disability, pregnancy or marital status. This policy provides equal access to courses and programs, counseling services, physical education and athletics, vocational education, instructional materials and extra-curricular activities. Report violations of this policy to the Assistant Superintendent for Administrative Services, 703-228-6008, or the Assistant Superintendent for Personnel, 703-228-6110.

OFFICE HOURS: Monday through Friday: 9:00 a.m. - 5:00 p.m.

HOLIDAYS AND CLOSINGS:

No classes will be held on:

Labor Day: September 5th Columbus Day: October 10th Veteran's Day: November 11th Thanksgiving: November 24, 25 & 26 Winter Break: Dec. 23 - Jan. 1, 2017

No classes at the middle schools on Middle School Back to School Night on Tuesday, September 20th

No classes at the high schools on **High School Back to School Night** on Wednesday, September 21st.

*** The Arlington Community Learning provides partial scholarships to Arlington residents who qualify, call for more information. ***



Please fill out completely. Registration is complete upon processing of this form. Indicate second student on separate form. If mailing, make check/money order payable to Arlington Public Schools. Cut and mail with tuition to Adult Education Program, 2110 Washington Blvd. #106, Arlington, VA 22204. Or fax to (703) 228-8049.

Confirmation will be sent, only upon request. Report to class unless otherwise advised.

								Class	Registration Form
Last Name			I	First	Middle Male ☐ Senior 62+ Female ☐ Yes ☐ No ☐				
Loca	al A	ddr	ess	s (s	tree	et, city,	state &	zip)	Daytime Telephone
Em	Email:							Evening Telephone	
Credit Card Wistarmation									MasterCard Discover Donation to JGMS (see website for details)
Card	dhc	ldei	r/Ch	nec	k N	lame (i	f other t	han student <u>)</u>	Exp. Date Security Code Total Charged \$
\exists	Τ	W	Th	F	S	Time	Date	Course #	Name of Course School \$
#			\dashv						
Registration Card Arlington Adult Education Program www.apsva.us/adulted				d	Tuition Date F		Charge Internal Use: Check MasterCard DISC_VER:		

Arlington Public Schools Career, Technical, and Adult Education 2110 Washington Blvd. Arlington, Virginia 22204

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ECRWSS

Postal Customer or Current Resident

We are looking for teachers

Can you teach any of the following classes?

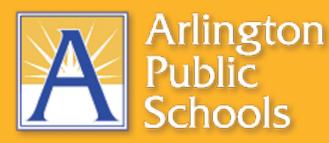
Adobe InDesign Applications on the Mac Italian language Remodeling Your Home Voice Lessons Art classes Enrichment classes for kids If you have other ideas, propose those too!



Register online at www.apsva.us/adulted



See our website for newly added classes, scholarships and employment opportunities.



Tel: 703-228-7200