

REEP ESL Curriculum for Adults

UNIT: HEALTH LIFESKILLS PERFORMANCE OBJECTIVES LEVEL: 250

HEALTH UNIT GOAL

After completing the unit lifeskills objectives, students will demonstrate their ability to access and navigate an aspect of the health care system using level appropriate language skills.

HEALTH LIFESKILLS PERFORMANCE OBJECTIVES (Summary):

1. Identify body parts, including basic internal organs.
2. Identify good health habits and alternative treatments or home remedies, as a means of preventative health care.
3. Use telephone books and other resources to locate health providers, including low-cost or free clinics and hospitals.
4. Make and reschedule medical appointments by telephone, describing a problem and giving personal information.
5. Fill out simplified medical forms.
6. Given a doctor's visit: a) describe illnesses/injuries b) describe symptoms and their duration c) follow simple instructions during a health exam.
7. Ask and respond to basic insurance questions in a doctor's office.
8. Given simplified medicine labels: a) read and explain dosages, warnings. b) ask questions about medications.
9. Call 911 for medical or other emergencies, identifying nature of problem, location and personal information.

LIFESKILLS OBJECTIVES	FUNCTIONS AND SAMPLE LANGUAGE	RESOURCES	INTEGRATION
1. Given visuals, identify body parts, including basic internal organs.	Report info: objects This is the brain. These are the kidneys. The stomach is for digestion.	<i>Stand Out 2 (2nd ed.)</i> , Unit 6 (Lesson 2) <i>English for Adult Competency 2</i> , p. 57 <i>Oxford Picture Dictionary</i> 2nd ed., p.104-107 <i>Oxford Picture Dictionary Beginning Workbook</i> , p. 75 <i>Ventures 2 1st ed.</i> pg 44-46, pg.51 Internal organs: ClipArt	Structures: Simple present; Demonstratives

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2. Identify good health habits and alternative treatments or home remedies, as a means of preventative health care.	Report info: habits/ Give advice: I exercise regularly. You should stop eating fatty foods. What can you do about stress?	<i>Stand Out 2 2nd ed.</i> , Unit 6 (Lesson 1) <i>Expressways 1</i> , p. 102-103 <i>Ventures 2 1st ed.</i> , pg 48-51 10 Steps to a Safe Kitchen brochures	Structures: Simple present; Questions Cross cultural: when to see a doctor, value of preventative care.
3. Use telephone books and other resources to locate health providers, including low-cost or free clinics and hospitals.	Seek info: location, phone number Where is the local free clinic? What hours are you open?	Telephone Book Hispanic Yellow Pages brochures Arlington Free Clinic	Structures: Wh-questions
4. Make and reschedule medical appointments by telephone, describing a problem and giving personal information.	Report info: self This is Jose Amaya. Express: condition I have a bad earache. My daughter feels dizzy.	<i>Stand Out 2 2nd ed.</i> , Unit 6 (Lesson 3) <i>Expressways 1</i> , p. 96 <i>Going Places 2</i> , pp. 91-92 <i>Future 2</i> , 1st ed. pg. 128-131	Structures: Simple present; Would like
5. Fill out simplified medical forms.	Sample Vocabulary: childhood diseases, immunizations	<i>English for Adult Competency 2</i> , p. 61	
6. Given a doctor's visit: a) describe illnesses/injuries b) describe symptoms and their duration c) follow simple instructions during a health exam.	Express: condition/chronology I have been sick since last week. I have a headache. My head throbs. My foot tingles. My son hit his head. Respond to instruction: Breathe deeply. Open your mouth. Respond to request: Clarification; Can you repeat that, please?	<i>Oxford Picture Dictionary 2</i> , pp. 110-111 <i>Stand Out 2 2nd ed.</i> , Unit 6 (Lesson 2) <i>English for Adult Competency 2</i> , pp. 54-55 <i>Expressways 1</i> , p. 100-101 <i>Ventures 2 1st ed.</i> , pg 48-51 <i>Future 2 1st ed.</i> pg 126-127 What's the Matter? (ESL-LAB)	Structures: Simple present; Present perfect; Imperatives; Simple past Cross-cultural/Extension: Patients rights and responsibilities (simplified HMO handouts); (click on "Don't Let the Problem Wait too Long")
7. Ask and respond to basic insurance	Seek, report info: I have no insurance.	<i>English ASAP 3</i> , p. 89-90	Structures: Wh-questions;

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questions in a doctor's office.	How much is the copay? Do you have an extra claim form?	simplified brochures	Yes/no questions
8. Given simplified medicine labels: a) read and explain dosages, warnings. b) ask questions about medications.	Give instructions: Eat something when you take the medicine. Seek info: Will this medicine make me tired?	<i>Stand Out 2 2nd ed.</i> , Unit 6 (Lessons 4) <i>Going Places 2</i> , p. 97-98 <i>Oxford Picture Dictionary Workbook</i> , p. 81 <i>Building Real Life English Skills</i> , p. 1-7 <i>Ventures 2 1st ed.</i> , pg 47,54 <i>Future 2 1st ed</i> , pg 132-133 (selected activities) Realia brought in by students and teacher	Structures: Imperatives Future/questions
9. Call 911 for medical or other emergencies, identifying nature of problem, location and personal information.	Report info: There's a fire in my house! There was a shooting in the parking lot five minutes ago.	📖 Health 250 Lesson Plan <i>Stand Out 2 2nd ed.</i> , Unit 6 (Lesson 5) <i>Going Places 2</i> , p. 135-142 <i>Oxford Picture Dictionary 2</i> , pg 116-117 <i>Future 2 1st ed.</i> , pg 206-211 Arlington 911 Video 911 call (ESL-LAB)	Structures: There is/There are Prepositions of place Imperatives; Simple past