

REEP ESL Curriculum for Adults

HEALTH UNIT LIFESKILLS PERFORMANCE OBJECTIVES LEVEL: 350

HEALTH UNIT GOAL

After completing the unit lifeskills objectives, students will demonstrate their ability to access and navigate an aspect of the health care system using level appropriate language skills.

HEALTH LIFESKILLS PERFORMANCE OBJECTIVES (Summary):

1. Make a doctor's appointment and describe symptoms/illnesses.
2. Describe injury and give advice.
3. Describe home remedies, alternative care, and preventative care.
4. Describe healthy habits.
5. Fill out simplified medical forms.
6. Read and explain medicine labels.
7. Given a visit to a pharmacy, ask for advice and clarification about treatments, prescriptions, and non-prescription medicine.

LIFESKILL OBJECTIVES	FUNCTIONS AND SAMPLE LANGUAGE	RESOURCES	INTEGRATION
1. Make a doctor's appointment and describe symptoms/illnesses	Express need: I'd like to make an appointment. Express condition: My daughter has had a fever for.... I'm not feeling very well. My _____ is bothering me.	📄 Health 350 Lesson Plan <i>Stand Out 3 2nd ed.</i> , Unit 5 (Lesson 2) <i>Expressways 2</i> p. 53 <i>Expressways 3 (2nd ed.)</i> p. 100, 108, 109 <i>English for Adult Competency 2</i> pp. 54, 59 <i>Future 3</i> , 1st. ed, pg 188-189, 194-197 <u>Listening-Making Appointment ESL-LAB.</u>	Structures: Present continuous; Present perfect Cross culture: male/female doctor - <i>Picture Stories</i> , Unit 14 Extension: Insurance
2. Describe injury or illness and give advice.	Report Info: condition, chronological My son fell and cut his chin. My wife was cooking and burned her hand.	<i>Stand Out 3 2nd ed.</i> , Unit 5 (Lesson 2) <i>Problem Solving, Unit 5</i> <i>English for Adult Competency 2</i> p. 58 (visuals) <i>Future 3</i> , 1st ed. pg 194-197	Structures: Simple past; Past continuous; Modals; Imperatives; Compound sentences

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LIFESKILL OBJECTIVES	FUNCTIONS AND SAMPLE LANGUAGE	RESOURCES	INTEGRATION
	Give Advice: You should.... Don't move him.		
3. Describe home remedies, alternative care, and preventative care.	Seek and report info: What do you do for a cold in your country? I take...	<i>Our Own Stories</i> p. 19 <i>Expressways 3</i> (2nd) p. 103, 108 Student generated remedies Home remedies	Structures: Wh questions; Simple present Cross culture: home remedies
4. Describe healthy habits.	Seek and report info: What are activities that are good/bad for your health? Exercising is You should ... because...	Student generated habits <i>Stand Out 3 2nd ed.</i> , Unit 5 (lesson 3), p. 99 <i>A Conversation Book</i> (2nd) pp. 98-100 <i>Future 3</i> , 1st ed., pg 146-157 <u>10 Steps to a Safe Kitchen</u> Stress	Structures: Wh questions; Simple present; Complex sentences Cross culture: typical things people in the U.S. do to stay healthy; health problems in the U.S.
5. Fill out simplified medical forms.	Sample Vocabulary: past illnesses diseases diabetes headache allergies	<i>Expressways 2 Workbook</i> p. 54 <i>Expressways 2</i> p. 54 <i>Expressways 3</i> (2nd) p. 102 <i>English for Adult Competency 2</i> p. 60, 61 <i>Ventures 3</i> , 1st, ed., pg 54 <i>Future 3</i> , 1st ed., pg 193, 282	
6. Read & Explain Medicine Labels (prescription and non-prescription)	Give advice/instructions: You should take this with water. Take 2 every 4 hours before eating.	Realia- medicine bottles Brochure "Labels in Large Print" <i>Stand Out 2 2nd ed.</i> , Unit 6 (Lesson 4) <i>English for Adult Competency 2</i> pp. 65,66 <i>Read the Label</i> , guide	Structures: Imperatives; Modals Cross culture: generic drugs, prescription vs. over-the-counter drugs

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LIFESKILL OBJECTIVES	FUNCTIONS AND SAMPLE LANGUAGE	RESOURCES	INTEGRATION
		from The Council on Family Health	
7. Given a visit to a pharmacy, ask for advice and clarification about treatments, prescriptions, and non-prescription medicine.	Request advice and information: Can you recommend something... What should I do if I miss a dose? Are there any side effects? Can I take this if I am pregnant? Describe illnesses, symptoms, injury (see previous objectives)	<i>Expressways 2</i> pp. 52, 56,57 <i>Expressways 3</i> , 2nd ed. (pp. 98,106,110) <i>A Conversation Book</i> (2nd) p.108 Understanding Medicines <u>Safe medication</u> Field trip to pharmacy	Structures: Modals; Yes/no & wh questions Cross culture: Insurance