

REEP ESL Curriculum for Adults

HEALTH UNIT LIFESKILLS PERFORMANCE OBJECTIVES LEVEL: 450

HEALTH UNIT GOAL


After completing the unit lifeskills objectives, students will demonstrate their ability to access and navigate an aspect of the health care system using level appropriate language skills.

HEALTH LIFESKILLS PERFORMANCE OBJECTIVES (Summary):

1. Given a health-related problem, describe an illness/injury.
2. Ask for/give advice about good health habits, nutrition, and home remedies.
3. Complete medical forms, e.g. medical history, hospital admissions, worker's compensation.
4. Identify health related problems and research available info and community services using technology.

LIFESKILLS OBJECTIVES	FUNCTIONS AND SAMPLE LANGUAGE	RESOURCES	INTEGRATION
1. Given a health-related problem, describe an illness/injury.	Report info: self I was working on a construction project when the scaffold fell on me. Report info: others He told me that his leg hurt. Express Condition: I have been feeling pain in my left leg. My leg feels stiff, and my arm hurts. I am feeling faint. I lost my balance when I stood up.	<i>Problem-Solving</i> , p. 77-82 <i>Side by Side book 3, 3rd ed.</i> , p. 40, 61, 71 <i>Grammar In Action 2</i> , p. 170 – 175 <i>ExpressWays 3</i> , p. 133, 136, 188 <i>NorthStar Writing Activity (High Intermediate)</i> , p. 22-23 <i>Kaiser Permanente Healthwise Handbook</i> p. 1-2 <i>Future 4</i> , p. 148-149	Structures: Various verb tenses; Compound and complex sentences; Reported speech Cross Culture: when to see a doctor
2. Ask for/give advice about good health habits, nutrition, and home remedies.	Request advice: Do you think I should Which restaurant would you recommend? Could you tell me . . . Express opinion/give advice: In my opinion, . .	📖 Health 450 Lesson Plan 📖 Health 450 Activity – Alternative Medicine <i>NorthStar Reading & Writing – Basic</i> , p. 119-137	Structures: Questions, Embedded questions; Imperatives Cross Culture: Preventative health care, alternative medicine, attitudes on weight, diets, exercise, drinking, etc.

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	Be sure to follow the instructions.	<p><i>NorthStar Reading & Writing-Intermediate</i>, p. 55 – 66 <i>Navigator 2</i>, p. 81 – 86 <i>NorthStar Listening/Speaking, Basic</i>, p. 95 – 126 and p. 127-142 <i>Contact USA</i>, p. 47 – 60 <i>ExpressWays 3</i>, p. 132, 188 <i>Problem Solving</i>, p. 77-82 <i>Future 4</i>, 1st ed., 160-161 <i>Ventures 4</i>, 1st ed., 48-49 Home remedies Pharmacies and Medicines</p>	
3. Complete Medical forms, e.g. medical history, hospital admissions, worker's compensation.	Sample Vocabulary: depends on what students bring	<p>Medical forms, company brochures describing workman's compensation and sick leave policies Have students bring samples of forms they need to complete. <i>Future 4</i>, 1st ed., pg. 147, 150-151, 275</p>	Cross culture: worker's compensation, sick leave/disability policies
4. Identify health related problems (student generated) and research available info and community services using technology (Web navigation and telephone trees). Problems could relate to specific illnesses and injuries, difficulty accessing health care	Request Information: "Where can I find.....?"	<p>Student generated list. Depending on what students generate, see resources suggested for levels 300 & 350</p> <p> Health 450 Culminating Activity</p> <p><i>Problem Solving</i>, p. 77-82 <i>Kaiser Permanente Healthwise Handbook</i>,</p>	<p>Structures: Questions Cross culture: AIDS myths, talking to children about sex and diseases, domestic abuse and violence.</p> <p>Extension: Identify rights and responsibilities of health care consumers. <i>Kaiser Permanente</i></p>

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services, etc.		p. 8-11 Telephone Blue Pages; Telephone Yellow Pages Brochures (hospitals, HMOs) Telephone Trees Recorded Messages The Arlington Free Clinic Arlington County Hospital (Virginia Hospital Center) Self-help resources:	<i>Healthwise Handbook</i> , p. 15