



FAMILY LIFE EDUCATION

Dear Parents/Guardians,

The Arlington School Board recognizes the sensitive nature of some content in the Family Life Education program. The program is not intended to conflict with family values and behavioral norms. Although the Family Life Education Program is designed to assist and support parents as they educate their children, some parents may choose to have their children opt out from instruction in certain objectives. Parents wanting to opt their child out of any Family Life Education instruction should obtain the opt-out form:

- From the APS website at www.apsva.us/familylifeeducation;
- At their school;
- By contacting the Health and Physical Education Office at 703-228-6167.

In the event that a parent opts their child out of a specific objective, an alternative assignment will be given. A parent informational meeting will be held at each school. At this meeting, parents will have an opportunity to learn about the materials and how they can support instruction at home.

Arlington Public Schools provides an age-appropriate, comprehensive (K-10) Family Life Education program that will instruct your child to meet these goals:

- Relate to self and others in a healthy and self-fulfilling manner;
- Form and maintain strong ties with family and community;
- Develop self-esteem, self-confidence, and responsibility;
- Understand the importance of abstaining from sexual activity until marriage;
- Develop into responsible, productive and well-adjusted adults.

Family Life Education program information including opt out forms can be accessed online at: www.apsva.us/familylifeeducation.

If you want copies of the materials mailed to you, please contact your child's school or the Health and Physical Education Office at 703-228-6167. If you have any questions, you can contact your child's teacher or principal, or please call me at 703-228-6167 or email me at deborah.defranco@apsva.us.

Sincerely,

Deborah DeFranco
Supervisor, Health, Physical Education and Athletics