

**Arlington Public Schools  
Family Life Education  
Parent Opt-Out Form**

**SCHOOL** \_\_\_\_\_ **DATE** \_\_\_\_\_

**STUDENT NAME** \_\_\_\_\_ **TEACHER NAME** \_\_\_\_\_

**STUDENTS HOME ADDRESS** \_\_\_\_\_

**PHONE NUMBER** \_\_\_\_\_

**I hereby exercise my option to have my child opt-out of the following objectives. I understand that my child will be given an alternative assignment to be completed independently in place of any objectives from which I opt-out my child. I also understand that the child is expected to comply with school rules and policies while working on the alternative assignment and that a grade will be given for this assignment.**

**DIRECTIONS: Please place your initials on the line next to each objective from which you opt-out your child.**

- \_\_\_\_ 1.1 The student will experience continuing success and positive feelings about self.
- \_\_\_\_ 1.2 The student will experience continuing respect from others.
- \_\_\_\_ 1.3 The student will become aware of the effects of his or her behavior on others and the effects of others' behavior on himself or herself.
- \_\_\_\_ 1.4 The student will develop an understanding of the importance of a family and of different family patterns.
- \_\_\_\_ 1.5 The student will identify family members and their responsibilities in contributing to the successful functioning of the family.
- \_\_\_\_ 1.6 The student will realize that human beings and other mammals have babies and that the babies can be breast-fed.
- \_\_\_\_ 1.7 The student will use correct terminology when talking about body parts and functions.
- \_\_\_\_ 1.8 The student will express his or her feelings of happiness, sadness, and anger to the teacher.
- \_\_\_\_ 1.9 The student will become aware of appropriate behavior to use in dealing with his or her feelings.
- \_\_\_\_ 1.10 The student will experience the logical consequences of his or her behavior.
- \_\_\_\_ 1.11 The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family.
- \_\_\_\_ 1.12 The student will demonstrate strategies for responses to inappropriate approaches from family members, neighbors, strangers, and others.

**PLEASE RETURN THIS FORM TO THE PRINCIPAL BY THE DATE ESTABLISHED BY YOUR SCHOOL**

**PARENT/GUARDIAN SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_