

**Arlington Public Schools
Family Life Education
Parent Opt-Out Form**

SCHOOL _____ DATE _____

STUDENT NAME _____ TEACHER NAME _____

STUDENTS HOME ADDRESS _____

PHONE NUMBER _____

I hereby exercise my option to have my child opt-out of the following objectives. I understand that my child will be given an alternative assignment to be completed independently in place of any objectives from which I opt-out my child. I also understand that the child is expected to comply with school rules and policies while working on the alternative assignment and that a grade will be given for this assignment.

DIRECTIONS: Please place your initials on the line next to each objective from which you opt-out your child.

- ____ 3.1 The student will demonstrate a sense of belonging in group work and play.
- ____ 3.2 The student will express what he or she likes about himself or herself to continue developing a positive self-image.
- ____ 3.3 The student will become aware of the changes occurring in family life that affect daily living and produce strong feelings.
- ____ 3.4 The student will give examples of healthy coping strategies for dealing with the feelings produced by changes in the family.
- ____ 3.5 The student will identify and use correct terms for external body parts associated with reproduction and elimination.
- ____ 3.6 The student will recognize that while all human beings grow and develop in a given sequence, rates and patterns vary with individuals.
- ____ 3.7 The student will become aware that both a male and a female are necessary to have a baby.
- ____ 3.8 The student will comprehend that the baby grows inside the mother's body for nine months and then is born.
- ____ 3.9 The student will describe the types of behavior that enable him or her to gain friends or to lose friends.
- ____ 3.10 The student will demonstrate to others how to respond appropriately to good touches and how to handle inappropriate approaches from relatives, neighbors, strangers, and others.
- ____ 3.11 The student will be conscious of how commercials use our emotions to make us want products.

PLEASE RETURN THIS FORM TO THE PRINCIPAL BY THE DATE ESTABLISHED BY YOUR SCHOOL

PARENT/GUARDIAN SIGNATURE _____ DATE _____