

**Arlington Public Schools  
Family Life Education  
Parent Opt-Out Form**

SCHOOL \_\_\_\_\_ DATE \_\_\_\_\_

STUDENT NAME \_\_\_\_\_ TEACHER NAME \_\_\_\_\_

STUDENTS HOME ADDRESS \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

**I hereby exercise my option to have my child opt-out of the following objectives. I understand that my child will be given an alternative assignment to be completed independently in place of any objectives from which I opt-out my child. I also understand that the child is expected to comply with school rules and policies while working on the alternative assignment and that a grade will be given for this assignment.**

**DIRECTIONS: Please place your initials on the line next to each objective from which you opt-out your child.**

- \_\_\_\_ 6.1 The student will understand personal hygiene practices and the physical changes that occur during puberty.
- \_\_\_\_ 6.2 The student will explain the effects of growth on development, attitudes and interests.
- \_\_\_\_ 6.3 The student will continue to identify physical and emotional changes that occur during puberty and their effects on growth and development.
- \_\_\_\_ 6.4 The student will recall basic facts about sexually transmitted infections.
- \_\_\_\_ 6.5 The student will be able to describe the etiology, effects, and transmission of HIV.
- \_\_\_\_ 6.6 The student will summarize the process of human reproduction and the benefits of postponing premarital sexual activity.
- \_\_\_\_ 6.7 The student will describe personal characteristics that can contribute to happiness for self and others.
- \_\_\_\_ 6.8 The student will demonstrate increased understanding of child abuse and neglect, including emotional and sexual abuse.
- \_\_\_\_ 6.9 The student will become aware of community healthcare and safety agencies and their functions.
- \_\_\_\_ 6.10 The student will explain the effects of substance use and abuse on the individual, family, school, and society.
- \_\_\_\_ 6.11 The student will evaluate the messages from mass media related to sexuality and gender stereotyping.
- \_\_\_\_ 6.12 Students will explain laws protecting children from inappropriate and abusive behavior of others, including human trafficking.
- \_\_\_\_ 6.13 The student will apply decision-making skills in problem-solving and in determining the possible outcomes of his or her decisions.

**PLEASE RETURN THIS FORM TO THE PRINCIPAL BY THE DATE ESTABLISHED BY YOUR SCHOOL**

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_