

**Arlington Public Schools
Family Life Education
Parent Opt-Out Form**

SCHOOL _____ DATE _____

STUDENT NAME _____ TEACHER NAME _____

STUDENTS HOME ADDRESS _____

PHONE NUMBER _____

I hereby exercise my option to have my child opt-out of the following objectives. I understand that my child will be given an alternative assignment to be completed independently in place of any objectives from which I opt-out my child. I also understand that the child is expected to comply with school rules and policies while working on the alternative assignment and that a grade will be given for this assignment.

DIRECTIONS: Please place your initials on the line next to each objective from which you opt-out your child.

- ____7.1 The student will identify his or her role and relationships within the family.
- ____7.2 The student will realize that physical affection does not have to be sexual, but it also can be an expression of friendship, of celebration, or of a loving family.
- ____7.3 The student will recognize that sexual behaviors are conscious decisions; that it is important to say "no" to premarital, abusive, and inappropriate sexual relationships; and that appropriate relationships are based on mutual respect, trust, and caring.
- ____7.4 Students will explore safety issues related to the Internet.
- ____7.5 The student will be aware of the consequences of preteen and teenage sexual intercourse.
- ____7.6 The student will list the adverse consequences of a pregnancy in early adolescence, as well as the positive benefits of postponing pregnancy until marriage.
- ____7.7 The student will develop an understanding of and responsibility for family planning.
- ____7.8 The student will explain techniques for preventing and reporting sexual assault and molestation.
- ____7.9 The student will identify the issues associated with friendships.
- ____7.10 The student will realize the role of peers and the peer group during adolescence, and the nature and purpose of dating.
- ____7.11 The student will recognize contributions of various racial and ethnic groups to family life and society.
- ____7.12 The student will increase his or her ability to listen to different points of view and to accept the rights of others to a differing point of view.
- ____7.13 The student will identify causes, symptoms, treatment, prevention, and transmission of sexually transmitted infections, including HIV.

PLEASE RETURN THIS FORM TO THE PRINCIPAL BY THE DATE ESTABLISHED BY YOUR SCHOOL

PARENT/GUARDIAN SIGNATURE _____ DATE _____