

Arlington Public Schools supports the implementation of a comprehensive school health model that promotes the healthy development of students and supports the Whole Child. Healthy eating and healthy physical activity are critically important to the well-being of all students and promotes academic success.

The Assistant Superintendent of Student Services and Special Education will be responsible to ensure that each school/program is in compliance with the wellness policy. Officials at each school/program will have the responsibility to ensure compliance with the policy.

The school division will adhere to federal and state regulations and district-developed goals for nutrition promotion and education, physical activity and education, and other school-based activities that promote student wellness as described in the 25-3 Policy Implementation Plan (PIP).

- Local Educational Agencies (LEA) are required to review and consider evidence-based strategies in determining these goals.
- Standards and nutrition guidelines for all food and beverages sold to students on the school/program site during the school day are consistent with federal regulations for school meal nutrition standards and the Smart Snacks in the school nutrition standards.

The School Board will engage members of the school community and the general public to develop, assess, review and/or revise the APS Wellness Policy and PIP.

- The School Health Advisory Board (SHAB) will assess and review the Wellness Policy and PIP to make recommendations to the School Board and serve as a vehicle for engaging the public.

Every three years, the School Board will review a division-wide assessment of Wellness Policy compliance and progress. This includes assessment of the Wellness Policy itself in relation to model policies and others from around the nation.

Triennial progress reports will be provided to the public and will include a description of each school's compliance with the policy and progress in meeting Wellness Policy goals.

Schools and Programs will announce wellness-related programming and events to the public on a regular and consistent basis.

### References

VDOE Superintendent's memo #114-17  
Section 204 of the Reauthorization Act (P.L. 108-265)  
Virginia Action for Healthy Kids  
APS Vending Machine Standards  
APS School Board Policy 40-3 Food Services-Meals  
APS School Board Policy 10-6.4 School Board Organizations  
APS School Board Policy 40-1.19 Use of Facilities  
U.S. Dietary Guidelines for Americans