

# OVER-THE-COUNTER MEDICATIONS

## Outdoor Lab Summer Camp

### OVER-THE-COUNTER (OTC) MEDICATIONS:

The Outdoor Lab Camp will have available the OTC medications listed below. If you want your child to be able to receive one or more of these medications, please have your physician sign the "Authorization for Medication Release and Indemnification Form" included in this packet, indicating that the items listed below may be given **on an as-needed basis**, and then attach this list to the signed form. You may cross out any medications you do NOT want your child to receive.

- A+D Ointment (topical, for chafing/heat rash)
- Aloe Vera gel (topical, for sunburn relief)
- \*\*Acetaminophen (Tylenol) (tablets or chewable, for minor pain relief)
- Benzocaine (Orajel). Topical for toothache pain.
- \*\*Bismuth Subsalicylate (Pepto-Bismol) liquid (for upset stomach/diarrhea)
- Calamine/Caladryl lotion (topical, for itch relief)
- \*\*Diphenhydramine HCl (Benadryl) (chewable or liquid, as antihistamine for allergies)
- \*\*Ibuprofen (Advil/Motrin) (chewable or liquid, for minor pain and inflammation)
- Lidocaine spray (for minor burn relief)
- Sting-Eze – Benzocaine (topical, for insect sting relief)

\*\* Whenever one of the oral (\*) OTC medications is administered to your child, you will be notified beforehand or at the earliest practical time afterward. The oral medications will be given in dosages appropriate for weight, as per the manufacturer's recommendation.

I acknowledge receipt of this information concerning administration of over-the-counter medications.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Camper's Name \_\_\_\_\_ Camper's Weight \_\_\_\_\_

**Any known medication allergies?** List them. \_\_\_\_\_