

# Outdoor Lab 5th Grade Overnight Menu

**Water is available at all meals**

## **DAY 1 LUNCH**

- Students provide their own bag lunches.
- The following are available for students who forget to bring a lunch:
  - Peanut Butter and Jelly Sandwiches
  - Apple slices
  - Potato Chips (Lay's, Utz, or Cape Cod Brand) – not processed with peanuts

## **DAY 1 SNACK**

- Apple slices
- Nabisco Chocolate Chip Cookies

## **DAY 1 DINNER**

- Award Cuisine Meat Lasagna
- Award Cuisine Vegetable Lasagna
- New York The Original Texas Toast Garlic Loaf
- Green Salad (lettuce, tomatoes, cucumbers, and carrots)
- Assorted Salad Dressings
- Hood Vanilla Ice Cream
- Hershey's Chocolate Syrup

## **DAY 1 EVENING SNACK (potential)**

- Lifesavers Mints (Wint-o-Green flavor)
- Hot Apple Cider
- Possibly – Nabisco Honey Maid Graham Cracker, Nabisco Chocolate Chip Cookie, or Popcorn

## **DAY 2 BREAKFAST**

- Baker's Select Hot Cocoa Mix
- Clown Large White Marshmallows
- Doughnuts made with biscuit dough (Pillsbury Buttermilk, Pillsbury Grands Juniors Buttermilk, Giant Brand, or Pantry Essentials Safeway Brand) fried in Canola Oil. Doughnuts are plain or coated with cinnamon sugar or confectioner's sugar.
- General Mills Cheerios cereal
- Kellogg's Raisin Bran cereal
- Kellogg's Rice Krispies cereal
- Milk
- Greg Pack Orange Juice from frozen concentrate

**(Day 2 con't)**

## **DAY 2 LUNCH**

- Perdue Turkey Franks
- Vegetarian Hot Dogs (Lightlife Tofu Pups Veggie Protein Links, Lightlife Smart Dogs Veggie Protein Links, or Yves Veggie Cuisine The Good Dog)
- Ottenberg's Bakers Hot Dog Buns
- Hunt's Tomato Ketchup
- Yellow Mustard (Giant Brand or Signature Kitchens Safeway Brand)
- Potato Chips (Lay's, Utz, or Cape Cod Brand) – not processed with peanuts
- Apple slices
- Hershey's Plain Milk Chocolate Bars
- Nabisco Honey Maid Graham Crackers
- Clown Large White Marshmallows
- Grower's pride Lemonade from frozen concentrate