

OUTDOOR LAB SUGGESTED STUDENT EQUIPMENT LIST FOR OVERNIGHTS

DON'T FORGET A BAG LUNCH FOR THE FIRST DAY!

WEAR:

- ♣ Tennis Shoes or Comfortable Walking Shoes (boots in the winter)
- ♣ Socks
- ♣ Long Pants
- ♣ Comfortable Shirt (may well get dirty)
- ♣ Jacket appropriate to the season
- ♣ Hat, Gloves, and Boots (warmer attire for cold weather)

BRING:

- ♣ Sleeping Bag (a thin ensolite pad is provided)
- ♣ Flashlight
- ♣ Water Bottle
- ♣ Extra Long-sleeved Shirt
- ♣ Extra Pair of Pants
- ♣ Extra Pair of Comfortable Shoes (for hiking)
- ♣ Extra Pair of Socks
- ♣ Night Clothing
- ♣ Toothbrush
- ♣ Toothpaste

OPTIONAL:

- ♣ Camera
- ♣ Shorts
- ♣ Small Pillow
- ♣ Small Hand Towel
- ♣ Sun Screen
- ♣ Hat
- ♣ Insect Repellent
- ♣ Rain Gear

DO NOT BRING:

- ♣ Money (There is nothing to buy!)
- ♣ Food, **except for bag lunch for the first day**; three meals (dinner/breakfast/lunch) and snacks are provided
- ♣ **Electronics:** Cell phones, Nintendo DS players, iPods, etc.
- ♣ Any items of value

PACKING TIPS!!

- ♣ For this type of trip, duffel bags work much better than suitcases
- ♣ It is a good idea to label each piece of clothing and to bring plastic grocery bags or large Ziploc bags for storing wet items