



APS Whole Child Working Group

Meeting #4 Notes

Thursday, March 31, 2016, 6:30 to 8:30 PM

Education Center Room 101 A/B, 1426 N. Quincy St., Arlington, VA 22207

Web site <http://www.apsva.us/wholechild>

Meeting Objective

- Use existing work to begin to refine the definition and identifying what exists potential gaps

Prepare for the meeting

- Review the March 10 meeting notes and charts. *Meeting notes are accessible from the top right corner of the Whole Child web page www.apsva.us/wholechild*
- Be ready to speak to your programs area of specialties

Agenda

1. Welcome and introductions

Chair, Heather Suave welcomed the group and everyone introduced themselves.

More than 30 individuals participated, including: Hareth, Nadine, Rachel, Rosa, Beth, Cathy, Joe, Tim, Debbie, Dana, Kim (for Sharon), Youssef, Steve, Lourdes (for Bob), Laura, Frank, Mark, Lisa L., Amy, Pam, Kelly M., Joan, Paul (for Devanshi), Meredith, Linda, Terron, Sam, Janneth, Tito,

2. Transition/focusing activity

Joe Chodkiewicz, Director of the Employee Assistance Program (EAP) led a focusing activity that he often uses with staff that is designed to help individuals deal with stress. He introduced the activity by saying that the majority of stress (maybe 90%?) is self-induced.

3. Refining the definitions – 20 minute rotations on the topics agreed upon a meeting #3 on March 10

- Learning Knowledge and Skills (*Cognitive-Academics Curriculum*)
- Physical Health & Activity
- Family & Community Engagement (*Community & Family Engagement*)
- Social & Emotional Well Being (*Social/Emotional Health*)
- Culture, Climate and Physical Space (*Physical & Emotional Environment*)

A pair of facilitators was assigned to each table to lead the discussion on each of the topics. Small groups rotated among the tables five tables and

- provided feedback on the proposed definitions, most of which existed in existing sources,
- Identified services that are existing
- Identified opportunities/gaps in services

Information gathered through the brainstorming activity will be compiled by staff and available for meeting #5.