

Revisions from April 14 WCWG Meeting

**Draft Whole Child Matrix - PHYSICAL HEALTH**

**WCWG Draft Definition**

Provide students with health and wellness information, [services](#), practices and opportunities necessary to develop lifelong healthy habits, including opportunities for physical activity and healthy food choices.

Themes	Existing Resources					
	Student	Individual Schools	APS	Arlington County	Partners	Notes
<b>WCWG themes aligned with ASCD Guiding Principles for HEALTHY</b>						
1. APS <del>promotes supports and reinforces</del> the health and well-being of each <del>member of the school community student</del> (1)						
2. APS <del>delivers health education and instruction to engage and inform support and reinforce the health and well-being of each students in by addressing the</del> physical, mental, emotional, and social <del>dimensions of health</del> <a href="#">health and well-being</a> (2)						
3. APS physical education schedule, curriculum, and instruction support and reinforce the health and well-being of each student by addressing lifetime fitness knowledge, attitudes, behaviors, and skills (3)						
4. APS facility and environment <del>promotes support and reinforce</del> the health and well-being of each student (and <b>staff</b> ) member (4).						
5. APS collaborates with parents and the local community to promote the health and well-being of each student (6)						
6. APS supports, promotes, and reinforces healthy eating patterns and food safety in routine (10)						
<b>Other ASCD Guiding Principles for Healthy</b>						
<del>APS addresses the health and well-being of each staff member</del> (5)						
7. APS <del>integrates promotes and engages health and well-being physical activity</del> into the school's ongoing activities, professional development, curriculum, and assessment practices (7)						

8. <a href="#">APS sets realistic goals for student and staff health that are built on accurate data and sound science (8)</a>						
9. APS facilitates student and staff access to health, mental health, and dental services (9)						

[Across all - take out supports, reinforce, use active words like promote](#)