



APS Whole Child Working Group

Meeting #8 Agenda – DRAFT

Thursday, May 26, 2016, 6:30 to 8:30 PM

Education Center Room 101 A/B, 1426 N. Quincy St., Arlington, VA 22207

Web site <http://www.apsva.us/wholechild>

Meeting Objective

Identifying and prioritizing the working group's recommendations for the School Board.

1. Welcome and introductions

Chair Heather Sauve welcomed the group and shared a couple of notices.

- The VA Board of Education provided a Draft Profile of a Graduate schematic which aligns closely with our Whole Child framework.
- The Arlington Partnership for Children, Youth and Families will hold a Community Conversation on "Schools, School Resource Officers, and You." Details about the June 8 event are provided in English and Spanish on www.apsva.us/wholechild

More than 20 people participated including: Mark, Laura, Linda, Robert, Sharon, Sam, Meredith, Frank, County Board liaison Katie Cristol, Kelly A., Teri, Alicia, Youssef, Rachel, Brenda, Pam, Debbie, Janneth, Joan, Rene, Devanshi, and a quick visit by School Board chair Emma Violand-Sanchez.

2. Transition/focusing activity - Mark Jones

Mark introduced the group to a couple of internet resources including

- www.gonoodle.com
Go Noodle is a known resource of activities to get kids moving. In the past it was primarily a resource for elementary students. Recently it has focused on activities to engage middle and high school students. We then did a short activity that focused us on "being thankful"
- www.calm.com
Calm.com is a simple mindfulness meditation app. It provides a variety of focusing activities that can be used with groups or at your desk to help you get yourself ready. We then did an activity that helped us focus and prepare for the conversation.

3. Notes about the work on the report

- **Focus areas**
- **Ongoing feedback from group**
- **Final edits**

Heather shared that we continue to work on the report. Lisa asked that feedback wrap up by 8:00 a.m. on 5/27/16. The report will go to an editor on 5/27 and the next draft will be sent to the group for a final review as soon as it becomes available.

Heather noted some changes:

- Focus area

- wording was adjusted, APS is responsible as stated in each objective, and the student perspective is used throughout the themes
- Arts is not called out, similar to all other offerings. Instead it is expected because it is part of our curriculum.
- Monitoring was pulled out and moved into the recommendations under the principles that apply to all recommendations.
- The group had a lively discussion about the recommendations. There was some suggestion the advisory committee will be key in monitoring and adjusting as the framework is implemented.

4. Heather's Presentation to the School Board

Heather shared an early draft of her powerpoint for the June 9 school board presentation. There was a lively discussion about the presentation. Suggestions include:

- We found that a lot of this work is already happening
- Talk to Arlington taxpayers, sell the importance of this work, why we did this and include examples
- Build in 2005 adoption of Assets and this is the next step
- The framework will be a communication tools
- We looked at lots of models including ASCD which is a national model.

Emma stopped by to thank the committee for its work.

5. Adjourn

Heather thanked the group for their work and the group thanked Heather and staff for their support.