

# REEP ESL Curriculum for Adults

## UNIT: HEALTH LIFESKILLS PERFORMANCE OBJECTIVES LEVEL: 200

### HEALTH UNIT GOAL


After completing the unit lifeskills objectives, students will demonstrate their ability to access and navigate an aspect of the health care system using level appropriate language skills.

### HEALTH LIFESKILLS PERFORMANCE OBJECTIVES (Summary):


1. Identify illnesses and injuries and suggest remedies.
2. Inquire about low/no cost health care and testing.
3. Make medical appointment (doctor, dentist) by phone.
4. Ask and respond to questions and describe symptoms at the doctor's office.
5. Fill out simplified medical forms, including immunization record.
6. Report an emergency -- Call 911.
7. Identify quantity and frequency of prescription or non-prescription labels.
8. Identify healthy habits.

LIFESKILL OBJECTIVES	FUNCTIONS AND SAMPLE LANGUAGE	RESOURCES	INTEGRATION
1. Given pictures of internal organs and parts of the body, identify illnesses and injuries and suggest remedies	Express condition: I have the flu. She has a headache. I cut my hand. Request/Give Advice: What does (should) she take? She should take Tylenol. Go to the doctor.	<i>Oxford Picture Dictionary, 2nd Ed., (OPD 2) p. 104-107</i> <i>Stand Out 2, 2nd Ed., Unit 6 (Lesson 2)</i> <i>Lifelines 2, p. 81-84</i> <i>Going Places 2 p.91-96</i> <i>A Conversation Book 1, p. 125</i> <i>Survival English 1, 2nd Ed., p. 90-95, 114</i> <i>Ventures 2, 1st Ed., p. 44-46, 51</i> <i>Ventures 2 Workbook, 1st Ed., p. 40-43</i>  Tapes: <i>Moving On, p.56-61</i> <i>Ready? Listen! p. 74-76</i>	Structures: Simple present; Past; Should; wh questions; Imperative Cross-cultural extension: What people do when they get sick
2. Given simplified resources, Inquire about low/no cost health care and testing, including	Seek/report info: location: Does Arlington have any low cost clinics? Where can I get	<i>Collaborations Beg 2 p. 76-77</i> Arlington Mini-Directory local phone books	Structures: Questions-wh- yes/no; Can Cross-culture: Cost of health care, Required immunizations and

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immunizations for children, AIDS testing, TB testing.	immunizations for my child? You can go to Clarendon Education Center.	local agency brochures (Arlington Free clinic, Fenwick Center, Health Department) <a href="#">Arlington Free Clinic</a>  <a href="#">Community Services and Resources</a>	testing
3. Make medical appointment (doctor, dentist) by phone, describing problem and giving personal information. For the culminating assessment tasks, students will write their own dialogs.	Report info about self/others: This is Mai Nguyen. Express condition: My daughter is sick. She has a terrible headache. Express need: I need to make an appointment. It is urgent.	<i>Stand Out 2, 2nd Ed.</i> , Unit 6 (Lesson 3) <i>Picture Stories</i> p. 22 <i>Expressways Foundations</i> p. 52 <i>Survival Eng. 1, 2nd Ed.</i> , p. 96-97 <i>Future 2, 1st Ed.</i> , p. 128-127	Structures: Simple present; Possessive adjectives Cross-culture: when to see a doctor, places for medical help; clinic; private doctor
4. Ask and respond to questions and describe symptoms at the doctor's office.	Ask questions: When will the test results be back? What should I do? What is my temperature? Express condition: I feel hot and cold. My throat hurts. I have a sharp pain in my stomach. The pain is getting worse.	<i>Stand Out 2 2nd Ed.</i> , Unit 6 (Lesson 2) <i>Take Charge 1</i> p.104 <i>Survival English 2, 2nd Ed.</i> , p. 76, 84 <i>Ventures 2, 1st Ed.</i> , 48-51 <i>Future 2, 1st Ed.</i> , p. 126-127	Structures: Simple present; Present progressive; Wh questions Cross-culture tip: Doctor visits are usually very short. Write your questions before the visit. Take notes at the visit.
5. Fill out simplified medical forms, including immunization record	Asking for clarification: What does 'chronic' mean? Sample vocabulary: Patient Insurance Policy number Immunization	 <b>Health 200 Lesson Plan</b>  <i>Get Ready, Go, Home Free!</i> p. 31  <i>Expressways Foundations A</i> p. 53 <i>Lifeskills 2</i> , p. 74	
6. Report an emergency -- Call 911. Describe problem, request assistance and	Report information: I need to report an accident. My son fell down the	<i>Stand Out 2 2nd Ed.</i> , Unit 6 (Lesson 5) <i>Survival English 1, 2nd Ed.</i> , p. 98	Structures: Simple past need + infinitive Cross-culture: information expected

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give personal identification information.	stairs. Answer questions: What is your address? What happened? Sample Language: car accident, heart attack, choking, breaking in, robbery	<i>More Picture Stories</i> p.1-6 <i>English ASAP Bk 1</i> p. 89,96 <i>Ventures 2, 1st Ed.</i> , p. 52-53 <i>Future 2, 1st Ed.</i> , p. 206-211  Arlington 911 Video	by 911 operators, when to call, when not to call
7. Given simplified labels, identify quantity and frequency on prescription or non-prescription labels.	Report info: Take 2 pills a day. Ask questions: How many do I take? How often do I take it?	<i>Stand Out 2 2nd Ed.</i> , Unit 6 (Lessons 4) <i>Going Places 2</i> p.87-98 <i>Ventures 2, 1st Ed.</i> , p. 47, 54 <i>Ventures 2 Workbook, 1st Ed.</i> , p. 41 <i>Future 2, 1st Ed.</i> , p. 132-133  Realia brought in by students and teacher. Teacher made labels.	Structures: Command form for instructions; Wh-questions  Tip: check medicines before leaving pharmacy.
8. Identify healthy habits.	Give advice: Eat/drink less/more... Don't smoke. You should lose weight.	 <b>Health 200 Lesson Plan</b>  <i>Stand Out 2, 2nd Ed.</i> , Unit 6 (Lesson 1) <i>Ventures 2, 1st Ed.</i> , p. 48-51  Student-generated habits.  <a href="#">10 Steps to a Safe Kitchen</a>	Structures: Imperatives; Should Cross-culture: eating habits, exercise, etc.