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# Arlington Community Learning

Spring 2018 Catalog

Register online at [www.apsva.us/acl](http://www.apsva.us/acl)

Introduction to  
Woodworking pg. 16



Arlington  
Public  
Schools ...*where learning never ends!*



Arlington Community Learning



Arlington Community Learning



@arl\_learning

Check us out online at [www.apsva.us/adulted](http://www.apsva.us/adulted) or call us at (703) 228-7200

## Message from the Superintendent

Dear Lifelong Learners,

Let me be the first to welcome you to our spring 2018 semester. Our course programmers, and teaching and support staff have been busy organizing and preparing for classes that take place during the months of April, May and June.

The spring season and education have a lot in common. Both invoke a time for growth, renewal and discovery. As you flip through the pages of this course catalog, I invite you to register for a class or two that support your lifelong learning. The Arlington Community Program's goal is to provide a wide array of high quality, affordable classes to our community that are conveniently located throughout the county.

We are committed to supporting our community to keep the learning going. If you need tuition assistance, please email Raul at [raul.matos@apsva.us](mailto:raul.matos@apsva.us) for scholarship information.

We appreciate your continued support for community education and look forward to serving you.

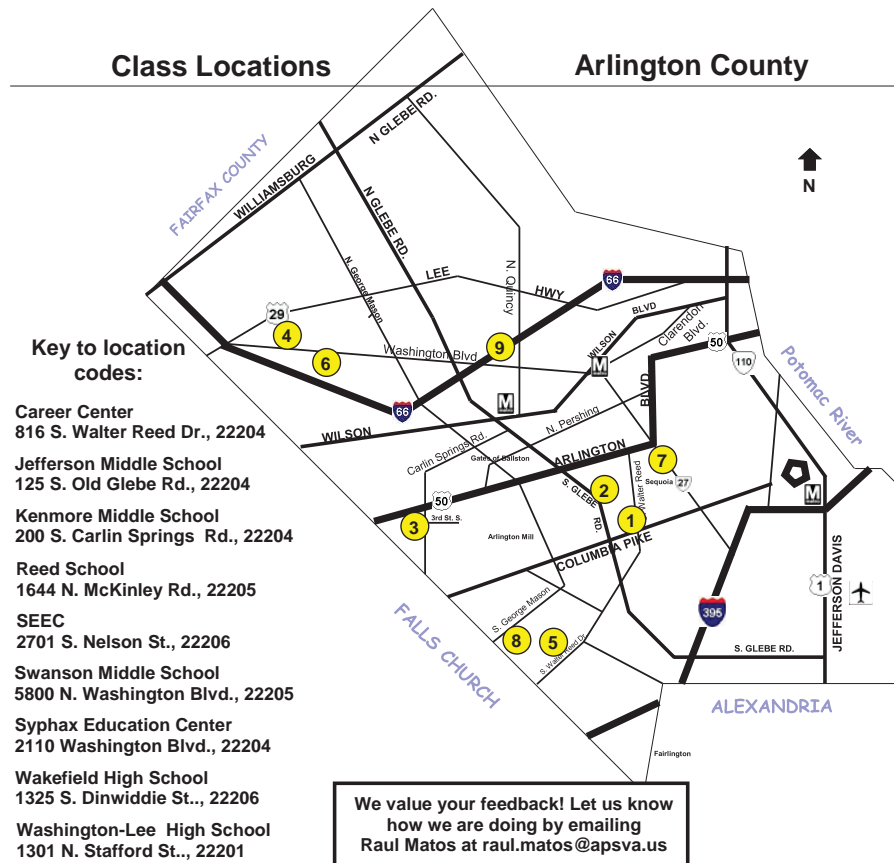
Sincerely,



Patrick K. Murphy, Ed. D.  
Superintendent, Arlington Public Schools

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Arlington Adult Education is now Arlington Community Learning

Choose the right foreign language class for you!

**Beginning I**

This course is for beginner students without any knowledge of the language. Course includes basic elements of grammar, vocabulary, oral skills, listening comprehension, and small amount of reading and writing.

**Beginning II**

Prerequisite: Beginners I or equivalent knowledge. This class is a continuation of Beginners I and is designed for students with some knowledge of the language. Course will focus on elements of grammar, building vocabulary, pronunciation, listening comprehension, and reading and writing.

**Beginning III**

Prerequisite: Beginners II or equivalent knowledge. A continuation of Beginners II. This course is designed to expand grammar and vocabulary. Class focus on developing conversation skills through oral and written exercises on a variety of topics.

**Intermediate I**

Prerequisite: Beginners III or equivalent knowledge. A continuation of Beginners III. This course will continue to expand your vocabulary and improve your grammar skills. More emphasis will be placed on conversation skills through oral and written exercises on a variety of topics.

**Intermediate II**

Prerequisite: Intermediate I or equivalent knowledge. A continuation of Intermediate I. This course is primarily taught in the foreign language with some English. Course will focus on more fluid conversation skills. Reading, writing and oral exercises in the foreign language will be practiced.

**Intermediate III**

Prerequisite: Intermediate II or equivalent knowledge. A continuation of Intermediate II. This course is taught in the foreign language. Course will focus on more fluid conversation skills. Reading, writing and oral presentations in the foreign language will be practiced.

**Conversation**

Designed for fluent speakers. Emphasis will be on oral and reading skills. Translation, some writing, conversation, and vocabulary will be covered. Class will be conducted in the foreign language.

**Foreign Languages**

**French - Beginning I**

Text: French Now Level 1 fifth Edition ISBN 978-1-4380-72791.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL500A Wash. Lee 2230 04/12 Thu 7p Van Duyen 10 - 2 hr  
 FL500B Syphax 475 04/12 Thu 10a Stuart 10 - 2 hr  
 FL500C Syphax 117 04/14 Sat 9a Stuart 10 - 2 hr

**French - Beginning II**

Text: French Now Level 1 fifth Edition ISBN 978-1-4380-72791.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL501A Syphax 115 04/10 Tue 10a Stuart 10 - 2 hr  
 FL501B Wash. Lee 2229 04/12 Thu 7p Staff 10 - 2 hr

**French - Beginning III**

Text: French Verb Tenses ISBN 978-1-4380-0290-3.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL507A Syphax 109 04/07 Sat 11a Stuart 10 - 2 hr  
 FL507B Wash. Lee 2229 04/11 Wed 7p Razatovo 10 - 2 hr

**French - Intermediate I**

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL511 Wash. Lee 2209 04/19 Thu 7p Razatovo 10 - 2 hr

**French Conversational**

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL504A Syphax 150 04/10 Tue 10a Farzaneh 10 - 2 hr  
 FL504B Wash. Lee 2229 04/16 Mon 7p Van Duyen 10 - 2 hr

**Spanish - Beginning I**

Text: Dicho y Hecho 7th Edition. ISBN-10: 0471268860

Arl. Res. \$239 Arl. Sr. \$219 Non-Res \$259  
 FL517A Wash. Lee 2213 04/16 Mon 7p Sarmiento 10 - 2.5 hr  
 FL517B Wash. Lee 2226 04/18 Wed 7p Contreras 10 - 2.5 hr  
 FL517C Syphax 107 04/19 Thu 10a Sarmiento 10 - 2.5 hr

**Spanish - Beginning II**

Text: Dicho y Hecho 7th Edition . ISBN-10: 0471268860

Arl. Res. \$239 Arl. Sr. \$219 Non-Res \$259  
 FL518A Syphax 107 04/11 Wed 10a Sarmiento 10 - 2.5 hr  
 FL518B Wash. Lee 2213 04/11 Wed 7p Sarmiento 10 - 2.5 hr

**Spanish - Beginning III**

Text: Dicho y Hecho 7th edition . ISBN-10: 0471268860

Arl. Res. \$239 Arl. Sr. \$219 Non-Res \$259  
 FL519A Syphax 107 04/10 Tue 10a Santos 10 - 2.5 hr  
 FL519B Wash. Lee 2215 04/11 Wed 7p Manzano 10 - 2.5 hr

**Spanish - Intermediate I**

Dicho y Hecho 7th Edition. ISBN-10: 0471268860

Arl. Res. \$239 Arl. Sr. \$219 Non-Res \$259  
 FL520A Syphax 170 04/03 Tue 10a DeLeon 10 - 2.5 hr  
 FL520B Wash. Lee 2215 04/09 Mon 7p Hernandez 10 - 2.5 hr

**Spanish - Intermediate II**

Text: Dicho y Hecho , 7th Edition. ISBN-10: 0471268860

Arl. Res. \$239 Arl. Sr. \$219 Non-Res \$259  
 FL521A Syphax 113 04/10 Tue 10a Hernandez 10 - 2.5 hr  
 FL521B Wash. Lee 2215 04/10 Tue 7p Manzano 10 - 2.5 hr

**Spanish - Intermediate / Conversation**

Arl. Res. \$239 Arl. Sr. \$219 Non-Res \$259  
 FL523 Syphax 107 04/09 Mon 10a Umaran 10 - 2.5 hr

**Spanish - Grammar Workshop**

Prerequisite: Spanish Beginning I or Beginning II. Polish your Spanish grammar skills this summer with this six-week review class. Students will review the conjugation of verbs, practice basic conversation, build vocabulary and review grammar.

Arl. Res. \$119 Arl. Sr. \$99 Non-Res \$139  
 FL524A Syphax 170 04/17 Tue 1p Santos 6 - 2 hr  
 FL524B Wash. Lee 2211 05/01 Tue 7p Montes 6 - 2 hr



**Latin - Beginning II**

Text: Cambridge Latin Course – Unit 1 ISBN 0521782287. Available for sale \$15 Prerequisite: Latin Beginning I or equivalent.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL607 Syphax 107 04/10 Tue 7p Egbert 10 - 2 hr

**Italian - Beginning I**

Text: Oggi in Italia 7th edition. ISBN 0-618-11220-0.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL544A Syphax 117 04/11 Wed 11a Lubkans 10 - 2 hr  
 FL544B Wash. Lee 2227 04/17 Tue 6:30p Ghiglia 10 - 2 hr

**Italian - Beginning II**

Text: Oggi in Italia 7th edition. ISBN 0-618-11220-0.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL545A Syphax 150 04/10 Tue 11:30a Lubkans 10 - 2 hr  
 FL545B Wash. Lee 2214 04/12 Thu 6:30p Ghiglia 10 - 2 hr

**Italian - Beginning II/III**

Text: Oggi in Italia 7th edition. ISBN 0-618-11220-0.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL548B Syphax 170 04/19 Thu 11:30a Stoss 10 - 2 hr

**Italian - Beginning III**

Text: Oggi in Italia 7th edition.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL546 Wash. Lee 2228 04/11 Wed 6:30p Da Vela 10 - 2 hr

**Italian - Intermediate**

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL547 Wash. Lee 2227 04/02 Mon, Thu 6:30p Bucelli 10 - 2 hr

**Portuguese - Beginning I**

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL581 Syphax 170 04/17 Tue 7p Moghrabi 10 - 2 hr

**Portuguese Conversational**

Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
 FL585 Syphax 475 04/05 Thu 7p Moghrabi 10 - 2 hr



**Brazilian Portuguese for Travelers**

Headed to Brazil? This short yet informative, Brazilian Portuguese class will teach you the basics of this beautiful language and culture by covering basic conversational skills, such as: introductions, greetings, vocabulary, and most common survival phrases. In addition to learning the basics of the language, you will get familiarized with the different cultural aspects of the five regions of the country as well.

Arl. Res. \$149 Arl. Sr. \$129 Non-Res \$169  
 FL586 Syphax 171 05/07 Mon 7p Alston 5 - 2 hr



**German - Beginning I**

Textbook: German Phrases for Dummies by Pauline Christensen; ISBN-13 978-07645-9553-0

Arl. Res. \$179 Arl. Sr. \$159 Non-Res \$199  
 FL531A Wash. Lee 2023 04/12 Thu 7p Lubkans 8 - 2 hr  
 FL531B Syphax 117 04/19 Thu 11a Lubkans 8 - 2 hr

Check us out online at [www.apsva.us/adulted](http://www.apsva.us/adulted) or call us at (703) 228-7200

### German - Beginning II

Textbook: German Phrases for Dummies by Pauline Christensen; ISBN-13 978-07645-9553-0  
Arl. Res. \$179 Arl. Sr. \$159 Non-Res \$199  
FL532 Wash. Lee 2020 04/11 Wed 7p Waters 8 - 2 hr

### German Conversation

Arl. Res. \$179 Arl. Sr. \$159 Non-Res \$199  
FL529 Wash. Lee 2023 04/17 Tue 7p Waters 8 - 2 hr

### Arabic - Beginners I

Text: Al-Kitaab Intro to Arabic Letters and Sounds, ISBN 1-58901-102-3.  
Arl. Res. \$179 Arl. Sr. \$159 Non-Res \$199  
FL538 Wash. Lee 2018 04/09 Mon 7p Melki 8 - 2 hr

### Arabic-Beginning II

Text: Al-Kitaab Intro to Arabic Letters and Sounds, ISBN 1-58901-102-3.  
Arl. Res. \$179 Arl. Sr. \$159 Non-Res \$199  
FL541 Wash. Lee 2018 04/04 Wed 7p Melki 8 - 2 hr

### Chinese Mandarin - Beginning I

Text: Integrated Chinese 3rd Edition, Level 1, part 1 Simplified characters ISBN 9780887276385. Text is optional.  
Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
FL550 Wash. Lee 2017 04/18 Wed 7p Chu 10 - 2 hr

### Chinese Mandarin - Beginning II

Text: Integrated Chinese 3rd Edition, Level 1, part 1 - Simplified characters ISBN 9780887276385. Text is recommended but not required.  
Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
FL551 Wash. Lee 2017 04/16 Mon 7p Chu 10 - 2 hr

### Korean - Beginning I

Arl. Res. \$179 Arl. Sr. \$159 Non-Res \$199  
FL561 Syphax 115 04/17 Tue 7p Song 8 - 2 hr

### Korean - Beginning II

Arl. Res. \$179 Arl. Sr. \$159 Non-Res \$199  
FL567 Syphax 475 04/18 Wed 7p Song 8 - 2 hr

### Korean - Intermediate

Arl. Res. \$179 Arl. Sr. \$159 Non-Res \$199  
FL589 Syphax 107 04/23 Mon 7p Staff 8 - 2 hr

### Russian - Beginning I

Text: Russian: Face to Face – Beginning ISBN 0844243027  
Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
FL570 Wash. Lee 2002 04/17 Tue 7p Scheuchenzuber 10 - 2 hr

### Russian - Beginning II

Text: Russian: Face to Face – Beginning ISBN 0844243027  
Arl. Res. \$219 Arl. Sr. \$199 Non-Res \$239  
FL572 Wash. Lee 1117 04/18 Wed 7p Scheuchenzuber 10 - 2 hr

#### Arlington Community Newsletter

Be the first to know when our new catalog is coming out, when the new semester begins, when new classes are added, special events and discounts.

Sign up by scanning here



or add this url into your browser:  
<https://goo.gl/XXSwR9>

## Computer Classes



### Scam Alert!! - Protect Yourself Online

Learn how to protect yourself, your home and digital devices (such as cell phones, laptops, and tablets) from security threats including digital dangers online. Recent high-profile cyber-attacks have increased concerns about security and privacy. This course will share practical preventive measures to educate and empower you to not fall victim to Frauds and Scams Targeting Seniors, Identity Theft, Smartphone Security, and Privacy. Additionally, what to do if you become a victim of hacking or cyber-attacks will be covered.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res \$49  
BE203 Syphax 115 05/16 Wed 10a Allen 1 - 1.5 hr

### Cybersecurity Foundations

This course introduces the topic of cybersecurity by covering the frameworks and standards used to establish the baseline level of acceptable control to mitigate online threats. We'll look at how to calculate the cyber risk, how we can architect cyber security solutions, and the way in which we manage a cybersecurity incident. We will discuss how to work in secure environment in your home or your company.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res \$69  
BE359 Syphax 115 05/30 Wed 6:30p Allen 1 - 3 hr

### Learn Computers at a SLOW Pace

This is a slow and steady computer class for those who need to learn the basics at a patient pace. Learn how to turn on the computer, use the mouse, and save a file. Discover what you can do on the Internet, from e-mailing photos, finding a job or an old friend, and do so safely. Finally, become comfortable and stress-free while using the computer.

Arl. Res. \$129 Arl. Sr. \$109 Non-Res \$149  
BE441 Syphax 115 04/12 Thu 10a Matos 3 - 2 hr

### Using Email and Sending Attachments

This class will focus on best practices when sending and receiving emails. How to send attachments, like photos and documents to email and how to open attachments and save them to your computer. Label email as spam, create folders to archive email, email signature and more. You won't want to miss this class.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59  
BE210 Syphax 115 06/04 Mon 10a Matos 1 - 2 hr

### Computer Back-Up Techniques for Home Users

A short course for Windows users to learn to protect from loss of files. In lecture and exercises, we will compare the hardware and software options as well as possibilities in the cloud. Each student will prepare a personal plan for their situation. Prerequisite: comfortable with Windows.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99  
BE521 Syphax 115 05/30 Wed 6:30p Kauffman 1 - 3 hr



### Organizing Your Computer Files & Folders

Learn the basic skills for organizing photos, files and music on your computer and how to use Windows to create folders, display the date and time a file was last saved and sort by name or date. Also learn how to move files around on your computer, delete files, and create shortcuts on your desktop. Naming and searching for files will also be covered.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res \$79  
GI335 Syphax 117 06/13 Wed 1p Matos 2 - 1.5 hr

### Computer Maintenance

Students will learn how to keep their computers running smoothly by learning to use system tools, utility programs, firewalls, and virus protection. They will also learn how to handle a computer crash, decipher error messages, delete files and unwanted programs and keep their computers updated automatically. In addition, computer hardware maintenance will be discussed, along with proper surge protection and wireless network protection.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99  
BE387 Syphax 115 06/01 Fri 1p Livingston 2 - 2 hr

### Selling On eBay

Have a lot of "stuff" in your garage/basement collecting dust? In this "How to sell on eBay" course you will learn how to list items for sale, tend the auction, finalize the sale w/ PayPal. You also learn all the tips and tricks to maximize your online auction experience, all part of this fun eBay class. Prerequisite: Have an item in mind that you would like to sell when you come to class. Learn how to use eBay effectively today!

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99  
BE527 Syphax 115 05/18 Fri 10a Livingston 2 - 2 hr

### Windows 10 - Discover the Improvements!

Windows 10 is Microsoft's latest version for PCs and tablets. There are plenty of changes - a lot of improvements to love, and also a fair number of annoyances. Here's your chance to learn about the differences and how to make the most of your computing environment.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res \$79  
BE533 Syphax 115 05/10 Thu 10a Gutnick 1 - 3 hr

### Keep Your Smartphone Safe and Secure

Today's smartphones are so powerful and useful, many of us store a wide variety of information which we can't afford to lose. Whether you've got an iPhone or Android, this class will help you protect your device and its contents. Topics include effective use of the lock screen, data encryption, locating a missing device, protecting privacy, two-factor authentication, safe network connections, avoiding malware, and data backups.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res \$79  
BE536 Syphax 115 05/15 Tue 10a Gutnick 1 - 3 hr

### Get Smart with Your iPhone (or iPad)

Your iPhone, iPad, or iPod Touch is an incredibly powerful computer in a very small package. It can be tough knowing how to harness all that power. We'll go over the main features and give you tips you might not know for using the devices more effectively. We'll also explore the broad spectrum of add-on applications that enable you to improve your productivity - and have some fun too.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res \$79  
BE537 Syphax 171 04/17 Tue 7p Gutnick 2 - 2 hr

### Get Smart with Your Android Smartphone (or Tablet)

Your Android smartphone or tablet is an incredibly powerful computer in a very small package. It can be tough knowing how to harness all that power. We'll go over the main features and give you tips you might not know for using the devices more effectively. We'll also explore the broad spectrum of add-on applications that enable you to improve your productivity - and have some fun too.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res \$79  
BE453 Syphax 115 04/03 Tue 7p Gutnick 2 - 2 hr

Click on any course listing below to be redirected to our online registration system.

## Arlington Adult Education is now Arlington Community Learning

### Computer Typing Basics

Learn beginning keyboarding skills on a personal computer. Emphasis is placed on mastering the keyboard using the touch system.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res \$179

BE406 Wash. Lee 2224 04/17 Tue, Thu 7p Stanley 8 - 1.5 hr

### Before Creating Your Website

Thinking of creating a website? Through demonstration and lecture you will learn how to create and select a proper domain name, how to host your site, some basic HTML functions and more. We will also discuss design techniques and how to get your site published.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59

BE251 Syphax 115 04/20 Fri 1p Matos 1 - 2 hr

### Build Your Free Website Using Wix.com

Learn to use the many templates and options available through wix.com to create your free website. Use it as a personal website, or for the family, or for business or non-profit use. The options are endless. No programming required.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res \$69

BE355 Syphax 115 05/10 Thu 10a Matos 1 - 2.5 hr

### Craigslist - Two-Hour Crash Course

Craigslist is used for more than you might think. Join us for this 2 hour workshop where you will learn how to shop, sell, look for services, meet people with similar interests and even get rid of junk. Many services are free and some are paid. Register for class, and get the most out of our Craigslist.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59

BE262 Syphax 117 05/09 Wed 7p Hamdad 1 - 2 hr

### Decrease Your Telecom Costs

Want to explore ways to decrease your landline, wireless and cable bills? In this highly informative class, find out about new technologies like Roku, Aereo & Hulu. Find out how to get free HDTV and go wireless to help save you money. Communicate via FaceTime & Google Voice to replace your landline phone.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59

BE230 Syphax 115 04/20 Fri 10a Livingston 1 - 2 hr

### Prezi - Powerful Presentations

Are you still only using PowerPoint for your presentations and slides? Let me introduce you to Prezi. Improve your presentations with new, fresh and engaging slides that are easy and fun to create. Your slides will come alive with seamless transitions and new backgrounds. This is a great skill to have and nice to add to a resume as well.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59

BE266 Syphax 117 05/16 Wed 7p Hamdad 1 - 2.5 hr

### Do More Online!

In this interactive class, learn how to: store medical records and seek health information; learn the pros and cons of shopping on Amazon.com; research family history; and communicate with distant relatives and friends via Skype and Apple's FaceTime. In addition, get acquainted with online banking, Google, YouTube and e-Books.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59

BE369 Syphax 115 05/18 Fri 1p Livingston 1 - 2 hr

### Youtube - Getting Started

Stop simply viewing YouTube and start contributing to it. Students will learn how to create an account, upload videos, add comments to content and create your own YouTube channel. Discussions on how to share your videos and video quality will be included.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59

BE267 Syphax 115 05/23 Wed 7p Hamdad 1 - 2.5 hr

### What Google Can Do for You

Beginning with Google Chrome, Gmail, and Contacts; this overview course give you the basic tools, tips and tricks that help you work smarter, faster, alone and with others, You'll see demonstrations of some of the most popular Google tools including Google Chrome Extensions and Bookmarks, Google Documents, Forms, Spreadsheets and Presentations, Google Calendar, Google Plus, Google Chat, Blogger, advanced searches, video production, photo sharing, and many others still in Beta. You'll also learn how to monitor your Google presence as well as shortcuts to monitoring new Google products and features.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99

BE440 Syphax 105 04/10 Tue 6:30p Dooley 2 - 2.5 hr

### Google, MUCH More Than Search

In this highly interactive class, learn and do better all things that are Google such as Gmail, search tips, organize photos w/ Google photos, creating google docs, creating a personalized/shared calendar, make free phone calls w/ Google voice, print anything/anywhere with cloud print, download books, apps, music & more from the Google play store, utilize google keep to take notes, google translate to over 50 languages and much more.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59

BE366 Syphax 115 04/27 Fri 10a Livingston 1 - 2 hr

### Google Docs/Drive: An Introduction

Come experience the power of Google Docs. We will review Google's version of a spreadsheet, word processor and presentation software, very similar to what Microsoft Office offers. The best thing is that you can access your files from anywhere, work from anywhere and collaborate with anyone. And remember, it's all free with your Google account.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99

BE524 Syphax 115 06/25 Mon 10a Matos 2 - 2 hr

### Interior Design using Google Sketchup

Learn how to use Google Sketchup (a free computer software), to design spaces in your own home. Bring pictures and measurements of the space you would like to design to class, and see your room come to life in a 3D computerized model. We will download furniture, appliances and home fixtures to give you a realistic view of your design. See your design on the computer first, before you start moving furniture around!

Arl. Res. \$129 Arl. Sr. \$109 Non-Res \$149

BE270 Syphax 115 05/01 Tue 7p Martinez 3 - 2 hr

### WordPress - Create Free Professional Looking Websites

WordPress is the most popular free open source Content Management System used by organizations, private businesses and individuals. Through demonstrations and hands-on instructions given by the instructor, students will learn how to design professional looking full-blown websites with a user-friendly interface, blogging abilities and zero coding knowledge.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res \$179

BE396 Syphax 115 06/06 Wed 7p Hamdad 4 - 2 hr

### Wordpress - The Next Level

Now that you understand how WordPress works and are familiar with setting up a basic site, you're ready for the "next level" class. In this hands-on class, we will continue to discuss proper techniques to build and maintain your site, but also cover some trouble-shooting tips. Bring your questions, and apply what you learn the very next day.

Arl. Res. \$129 Arl. Sr. \$109 Non-Res \$149

BE371 Syphax 115 04/04 Wed 7p Hamdad 4 - 2 hr

### My Family: Ancestry Research Online

Discover your family history! Students will be introduced to census, immigration, land, military and other records that will help piece together your family's story. Learn to access these records and other resources through online databases and archival institutions. The class will emphasize original records and online research tools with lots of hands-on research and ideas on how to compile, write and share your family history.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99

BE435 Syphax 115 04/21 Sat 9a Carothers 1 - 4 hr

### Microsoft Word 2013 - The Basics

Prerequisite: Working knowledge of Microsoft Windows. Students will develop skills in the world's most popular word processor. Learn to navigate through the screen, menus and dialogue boxes. Study editing techniques such as copy, move and delete. Understand printing and multiple document manipulation. Increase efficiency by using find, replace and spell check. Exercise document formatting techniques by changing font size, font type, and adding color and bullets.

Arl. Res. \$119 Arl. Sr. \$99 Non-Res \$139

BE469 Career Ctr. 223 06/05 Tue 10a Matos 2 - 2.5 hr

### Mail Merge Using Microsoft Word

Spend 90 minutes in this workshop, and save hours and hours of work personalizing your correspondence. We'll take data from Microsoft Excel, such as dates, names, addresses, email and merge these fields into your written documents. Get more done in the office with mail merge! Prerequisite: Working knowledge of Microsoft Word.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res \$49

BE235 Syphax 115 04/18 Wed 10a Matos 1 - 1.5 hr

### Microsoft Excel at a Slower Pace - Level 1

Become competent in Excel by doing lots of exercises and short lectures. Starting with navigation and entry tips, work up through formatting, formulas, functions and charts. Observe common traps and their solutions. Finish with portfolios of projects. Ideal for re-introduction or for students with current minimal skills. Prerequisite: Comfortable with Windows or Mac.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res \$179

BE424 Syphax 115 04/20 Fri 9a Kauffman 3 - 3 hr

### Microsoft Excel at a Slower Pace - Level 2

Now that we have covered the basics and you can build a budget and use some simple functions, you are ready for sharpen your skills in the level 2 class. We will start with a review and then move slowly into new material, including formatting, graphs, and time saving tips such as splitting cells and replacing text.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res \$179

BE564 Syphax 115 05/18 Fri 9a Kauffman 3 - 3 hr

### Excel Functions: Techniques and Traps Level I

Excel functions can really simplify your work. You'll save time and effort. Learn the techniques and traps from a pro. John Kauffman will walk you through the steps in an easy and effective manner. After taking this class, you will have at your disposal a number of formulas to help you master Excel.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res \$179

BE561 Syphax 108 05/01 Tue 6:30p Kauffman 3 - 3 hr

Check us out online at [www.apsva.us/adulted](http://www.apsva.us/adulted) or call us at (703) 228-7200

**Excel Macros/VBA Level 2**

Automate tasks in Excel. Quickly review level 1 then focus on control flow. Learn efficient ways to use IF and CASE. Practice looping with DO and FOR NEXT in context of cells. Build functions that behave as sisters to the built-in Excel functions. 30% lecture and 70% exercises with particular attention to solving common mistakes. 4 meets of 3 hr. Prerequisites: all material of Level 1, particularly permutations of RANGE(), CELL(), OFFSET().

Art. Res. \$169 Art. Sr. \$149 Non-Res \$189  
BE572 Syphax 201 04/04 Wed 6:30p Kauffman 4 - 3 hr

**Microsoft Excel 2013 Level 2**

Prerequisite: Microsoft Excel Basics or equivalent. Learn handy features of Excel to make your spreadsheets more useful. Use named ranges to make more readable formulas, conditional formatting to highlight critical values, and logical functions to test data. Learn to add comments to your worksheet and use external data.

Art. Res. \$169 Art. Sr. \$149 Non-Res \$189  
BE471 Syphax 117 05/22 Tue 6:30p Kauffman 4 - 3 hr

**Excel Pivot Tables**

Do you stare at rows of data and not know how to make a decision? Unlock the power of pivot tables. Start with several basic tables explained in 30% lecture and 70% exercises. Then learn the implications of caching. Learn to nest fields, filter results and sort. Explore aggregates other than SUM and then drill into your results. Finish with a review that emphasizes common mistakes. Prerequisite: Basic Excel. Materials: none.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79  
BE458 Syphax 108 05/16 Wed 6:30p Kauffman 1 - 3 hr

**Microsoft PowerPoint 2013**

Prerequisite: Working knowledge of Windows. The student will create presentations and slides, work with PowerPoint objects, put text on slides, and add visuals to slides such as graphics, charts, clip art, and shapes. Using PowerPoint special effects tools such as slide transition, timing and sound will be covered.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79  
BE480 Syphax 115 05/21 Mon 10a Matos 1 - 2.5 hr

**SQL Programming**

Introduction to Structured Query Language (SQL) programming includes SQL programming commands and concepts of relational databases. Database objects will be created using SQL statements. In addition, students will learn how SQL relates to other programming application such as HTML and PHP.

Art. Res. \$169 Art. Sr. \$149 Non-Res \$189  
BE451 Syphax 115 04/26 Thu 6:45p Bouhris 5 - 3 hr

**Today's Technology for Baby Boomers - Level I**

Confused about all the technology that society is using? Want to stay connected and learn to utilize the latest in computers, tablets & wireless devices? Want to explore the world and not leave your home? This informative, 2-week course will delve into cell/smart phones/prepaid, social media (Facebook, Linked In, senior match, twitter, etc.). Learn about I-Tunes, IPads & IPods & useful apps to make your life easier & more productive. Learn what a blog is, what Wi-Fi & Bluetooth are & FREE things you can do with Google to connect with your family, friends & community.

Art. Res. \$89 Art. Sr. \$79 Non-Res \$99  
BE390 Syphax 115 04/06 Fri 10a Livingston 2 - 2 hr

**Cloud Computing: How (and Why) to Get Started**

Cloud computing: it's not just hype. Store your files on the Internet - documents, music, photos, spreadsheets, presentations - so you can access them from any computer. Better yet, synchronize your e-mail, calendar, and contacts between your computer and your smartphone or tablet. Save the expense and hassle of application software upgrades, and don't worry about losing work due to system failures. We'll look at free resources that are easy to use. If you can use a Windows PC or a Mac - or a smartphone or tablet - you can work in the cloud.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79  
BE454 Syphax 171 04/30 Mon 10a Gutnick 1 - 3 hr

**Quicken - Finance Software**

Whip your finances into shape with America's most popular personal finance software. Learn to set up your own Quicken file, track your income and expenses, download your transactions, chart the growth of your investments, set up a budget, and generate your own financial statements.

Art. Res. \$129 Art. Sr. \$109 Non-Res \$149  
BE463 Syphax 108 04/10 Tue 7p Bowen 2 - 2.5 hr

**QuickBooks for Small Businesses and Non-Profits**

Learn to keep your firm's or organization's books in shape with America's leading bookkeeping and accounting software. Set up and customize your QuickBooks file; enter receipts and payments; track payables, receivables, donations and pledges; and generate a wide range of financial and budget reports on an overall basis and by program or project.

Art. Res. \$189 Art. Sr. \$169 Non-Res \$209  
BE466 Syphax 108 05/22 Tue 7p Bowen 4 - 2.5 hr

**Adobe Photoshop CS6 Basics**

Prerequisite: Students must be familiar with Windows-based applications and be proficient with the mouse to cut, copy, paste, drag, right-click, etc. This class is intended for those students with little or no experience with Adobe Photoshop. They will become comfortable with the Photoshop interface, using the toolbox and palettes, and working with layers and filters. Photoshop is an industry leader in image enhancements, learn it!

Art. Res. \$129 Art. Sr. \$109 Non-Res \$149  
BE482 Syphax 115 04/16 Mon 7p Matos 3 - 2 hr

**Adobe Photoshop CS6 Level 2**

Students will go beyond the basics in the class and will discover tools and techniques that will give your photos and publications a professional look. Masking, color enhancements, contrast correction and more will be understood. Prerequisite: BE482

Art. Res. \$129 Art. Sr. \$109 Non-Res \$149  
BE483 Syphax 117 05/07 Mon 7p Matos 3 - 2 hr

**Adobe Illustrator - An Introduction**

Prerequisite: Working knowledge on the PC. Using this industry standard professional drawing/illustration program, students will gain an understanding of tools, fills, strokes, creating and editing shapes, text manipulations, palettes, and file formats. To help prepare students for real-world situation, students will be given a final project to complete using their newly acquired skills.

Art. Res. \$129 Art. Sr. \$109 Non-Res \$149  
BE505 Syphax 115 06/05 Tue 7p Martinez 3 - 2 hr

**Adobe InDesign - An Introduction**

Prerequisite: Working knowledge using a PC. Learn the basics of this professional, industry standard page layout program to produce newsletter, flyers, brochures, catalogs and much more. Learn basic layout skills, typesetting rules, copyfitting techniques, how to place graphics from Photoshop. Students will create a flyer or brochure.

Art. Res. \$129 Art. Sr. \$109 Non-Res \$149  
BE513 Syphax 115 05/16 Wed 7p Matos 3 - 2 hr

**Adobe Lightroom - A Demonstration**

In this 2-hour class, we will demonstrate the amazing capabilities Lightroom has to offer. See how to create a well-specified database where you can tag, score, catalog and edit your photographs. Observe how to make simple edits to photos, such as brightness, contrast and cropping, in RAW format. See other advanced features, such as altering shadows and highlights, correction distortions caused by lenses, noise reduction and sharpening.

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59  
FA531 Syphax 115 05/21 Mon 7p Cassatt 1 - 2 hr

**Facebook for Seniors**

Facebook has been out for a while, but are you just getting started? Use Facebook to stay in touch with your family and friends. Share photos, inspirational quotes, videos or advice. It's free and easy, and you'll really enjoy catching up with those friends and family you love.

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59  
BE566 Syphax 115 05/24 Thu 10a Matos 1 - 2.5 hr

**Facebook for Business**

Facebook is a great way to find new customers, connect and engage with your current customers and ultimately increase revenue. Learn ways to increase awareness of your product or service, gets "likes" on your page and drive up sales. Boosting posts, advertising, researching demographics and increasing traffic to your business website will all be discussed. Social media is low cost, effective marketing. Don't miss out!

Art. Res. \$59 Art. Sr. \$49 Non-Res \$69  
BE557 Syphax 117 05/08 Tue 6:30p Dooley 1 - 2.5 hr

**LinkedIn - Networking Success**

Learn how to successfully set-up, navigate and maximize your experience on the world's largest networking site for professionals. Learn strategies and tips on creating your profile, connecting with colleagues, getting the most out of your newsfeed, writing comments and recommendations, finding employment opportunities and networking with others. You won't want to miss this class.

Art. Res. \$59 Art. Sr. \$49 Non-Res \$69  
BE542 Career Ctr. 213 04/03 Tue 6:30p Dooley 1 - 2.5 hr

**Social Networking and Social Media**

Learn how to reconnect and stay connected with friends, former colleagues, relatives and others with less effort, in less time, without giving up your privacy. Understand blogging through Facebook, Twitter, Linked-In, Google Me, and You Tube. Class will be lecture and demonstration.

Art. Res. \$59 Art. Sr. \$49 Non-Res \$69  
BE526 Career Ctr. 213 05/01 Tue 6:30p Dooley 1 - 2.5 hr

**Smartphone Photography**

The best camera is the one you have with you. Learn how to take great photos with your smart phone! We'll explore different photography apps and find which are best for uploading to different sites such as Facebook and Instagram. We'll also cover which phones have the best cameras and techniques to get the best picture with the phone you have (iPhone and Android will be covered).

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79  
BE543 Syphax 115 05/07 Mon 10a Gutnick 1 - 3 hr

## Arlington Adult Education is now Arlington Community Learning

### Mac Basics

Prerequisite: Basic skills using a computer mouse or trackpad. Using an iMac computer, learn beginning computer skills such as how to open, resize, move, zoom, and close windows; create, copy, and delete files and folders; use menus, control panels; and execute keyboard commands. You will be introduced to word processing, spreadsheet, and presentation programs. Finally, you will learn how to surf the Internet and email basics.

Art. Res. \$129 Art. Sr. \$109 Non-Res \$149

BE502 Wash. Lee 11/7 04/10 Tue 7p Hirai 3 - 2 hr

### Tune Up Your Mac

Prerequisites: Familiarity using a Mac. Students will be taught how to handle routine maintenance, care, and prevention on their Mac desktop or laptop computer. Exercises will cover updating software, purging internet cache, using Disk Utility, verifying and repairing permissions, and an in-depth discussion of backup strategies. This is not a tech-savvy class; it is a class for anyone with a desire to keep their Mac running smoothly for a long time.

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59

BE512 Wash. Lee 11/17 05/15 Tue 7p Hirai 1 - 2 hr

### How to Use My Mac

Are you new to Mac Computers? Have you been using them for a while but not really sure you know what you're doing? Gain a foundational understanding on how to use your Mac. Learn how to create folders, organize and transfer files, prioritize which programs you use and delete things you don't need. Finally, learn techniques that will make your overall computer experience more enjoyable.

Art. Res. \$89 Art. Sr. \$79 Non-Res \$99

BE221 Career Ctr. 107 06/07 Thu 7p Randolph 2 - 2 hr

### Master your Mac

Prerequisites: Familiarity using a Mac. You know the basics, but do you know what your computer is really capable of? Learn time-saving shortcuts, how to keep your data safe and secure and what to do if something doesn't seem right. Learn tricks from a former Apple dealer that will get you on the road to becoming a power user in no time. Basic hardware repair and upgrade will also be covered, as well as some fun tools from Apple and third parties to make you a more efficient computer user.

Art. Res. \$129 Art. Sr. \$109 Non-Res \$149

BE529 Wash. Lee 11/17 05/29 Tue 7p Hirai 3 - 2 hr

## Cooking Classes

### English Tea Party

Scones, sandwiches and sweets – oh my! There are few more elegant eating occasions than an English Tea Party. In this class, you will learn the history and etiquette of the English tea party tradition - both in the United Kingdom and in the United States. Students will prepare finger sandwiches (curry chicken and cucumber), scones (raisin and lavender), tea cakes (orange and cardamom) and delicious spreads (flavored creams, butters and jam spreads). Bring a container for leftovers.

Art. Res. \$59 Art. Sr. \$49 Non-Res \$69

CN122 Syphax 113 06/09 Sat 10a Akobundu 1 - 3 hr

### Delicious Cookies

Prepare for the holidays with these delicious cookies. They are easy to bake and done at just a little time. These are Raspberry Thumbprint cookies, Red Velvet Sandwich cookies with Cream Cheese filling, Chocolate Crinkles, and Oatmeal Raisin Cookies.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79

CN157 Syphax 113 05/05 Sat 9a Montesa 1 - 4 hr

### Cake Baking I

Learn baking from scratch delicious cakes like the red Velvet Cake, Decadent Chocolate Cake, and Butter Cake, Including frostings. Student participation. Bring container for samples.

Art. Res. \$89 Art. Sr. \$79 Non-Res \$99

CN160 Syphax 113 04/21 Sat 9a Montesa 2 - 3 hr



### Sweet Baklava and Pavlova

Learn these easy-to-do delicious desserts. The baklava is made with phyllo dough, nuts and honey. Pavlova is a dessert of crispy meringue topped with cream and fruits.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79

CN166 Syphax 113 06/02 Sat 9a Montesa 1 - 4 hr

### Quick and Easy Weeknight Meals

Expand your weeknight repertoire with quick and easy dishes. In this hands-on class, students will learn how to combine fresh, healthy ingredients and exciting flavors to create meals the whole family will love. Menu will include; Whole Wheat Pasta with Sardines, Pine Nuts and Parsley, Green Curry Chicken with Zucchini, Poached Eggs in Tomato Sauce with Chickpeas and Feta.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79

CN180A Syphax 113 05/03 Thu 6:30p Desai 1 - 3 hr

CN180B Syphax 113 06/27 Wed 6:30p Hamann 1 - 3 hr



### Pressure Cooking: Fast, Healthy Eating

Already popular in many parts of the world, the pressure cooker is gaining steam in the US thanks to all-in-one cooking devices. Come learn how to use an electric pressure cooker to make an appetizer, main dish, and dessert quickly, giving you more time to spend with your family.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79

CN232 Syphax 113 05/08 Tue 6:30p Vu 1 - 3 hr



### Salads: Creating Great Flavor and Balance

Are you tired of the mixed green salad you make at home? Join us to learn easy, innovative approaches to salad-making - both leafy greens and heartier one meal salads, as well as dressings. To create great flavor, how do you choose the ingredients? How can you balance each part of the salad? This class will make salads using a variety of greens, fresh herbs, roast vegetables, fruit, cheese, nuts, grains and dressings. Wouldn't you like to create a roast wild mushroom salad with taleggio cheese, hazelnuts and sherry vinaigrette? We will eat well.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79

CN236A Syphax 113 04/05 Thu 10a McKean 1 - 3 hr

CN236B Syphax 113 04/19 Thu 6:30p McKean 1 - 3 hr

### French Bistro Menu

Bistros in France gained their popularity by offering a place where families and friends could gather around a table and share and enjoy traditional French cuisine. Join us and learn how to prepare tasty Bistro recipes: Mussels a la Mariniere, Duck Cassoulet, and a classic Lemon Tart. Please bring a container for leftovers.

Art. Res. \$89 Art. Sr. \$79 Non-Res \$99

CN253 Syphax 113 05/12 Sat 9p Vu 1 - 4 hr

### Indian Vegetarian Class

Indian vegetarian cooking is exciting, delicious, and healthy. Enjoy yourself while learning how to prepare dishes featuring vegetables, grains, legumes, and dairy products. Menu will include Spinach with Fresh Indian Cheese (Palak Paneer), Yellow Mung Beans with Cumin, Onion, and Tomato (Moong Dal Tadka), and more!

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79

CN415 Syphax 113 05/09 Wed 6:30p Hamann 1 - 3 hr

### Culinary Intuition: Cooking Without Recipes

Strengthen your culinary intuition and cook without recipes by following some simple guidelines. Key methods and ingredients can be used to improvise untold food possibilities for everyday dishes. Students will understand the traditions and chemistry of food, and will learn to rely on their senses to lead the way - sense of taste, touch, smell, sight, and sound. Doing is the best way to learn... so come peel, chop, stir and taste the goodness. Please bring a container for leftovers!

Art. Res. \$59 Art. Sr. \$49 Non-Res \$69

CN296 Syphax 113 05/31 Thu 6:30p Staff 1 - 3 hr

### Mediterranean Cooking and Diet

Come discover the health benefits of Mediterranean cooking and diet. You will explore cooking from the shores of Greece, Italy, France, Spain, Morocco, and other Mediterranean coastal countries and learn what folks there have known for centuries about fine dining and the true value of foods. Join us and learn how to make dolmas, hummus, tabbouleh, and other Mediterranean delights. Emphasis will be placed on vegetarian and fish dishes. Eat better, live longer.

Art. Res. \$119 Art. Sr. \$109 Non-Res \$139

CN297 Syphax 113 04/07 Sat 9a Vu 2 - 2.5 hr

### Seasoning and Flavoring

By simply seasoning food you can accentuate subtle flavors, evoke a certain time and place or rescue a dish that could be otherwise tasteless. Along with learning the secrets to properly seasoning foods, in the class you'll get insight into new flavor combinations, and how to shop and store herbs and spices. We'll also cover seasoning blends, rubs and marinades as well as condiments, sauces and more and you'll leave with some great recipes to test your new skills, such as the butter beans and chorizo (vegetarian/vegan options available) we will make in class. Please bring containers for leftovers and for your herb and spice blends This class will cover fundamental techniques and may not be appropriate for experienced cooks.

Art. Res. \$59 Art. Sr. \$49 Non-Res \$69

CN298 Syphax 113 04/24 Tue 6:30p Vu 1 - 3 hr



### Stuffed Pepper with Roasted Cauliflower

Learn how to season and prepare ground meat and cheese (optional) to stuff into brightly colored green, yellow and red peppers. Then roast the cauliflower with garlic and parmesan cheese. This makes for a wonderful meal.

Art. Res. \$59 Art. Sr. \$49 Non-Res \$69

CN629 Syphax 113 06/18 Mon 6:30p Mnatsakanova 1 - 2.5 hr

### Indian Grilling and Tandoori Workshop

India's tandoori-style foods and grilled kabobs are famous for their succulent flavors and rich aromas. Chef Edward Hamann will show you how authentic spices, a good marinade and a few easy techniques will have you re-creating authentic tandoori flavors in your own kitchen or on the backyard grill. Menu will include - Gingery Chicken Cream Kebabs (Murgh Malai Kabob), Lamb Boti, and Tandoori-Style Vegetables, as well as a few fresh chutneys and other accompaniments.

Art. Res. \$65 Art. Sr. \$59 Non-Res \$75

CN448 Syphax 113 06/13 Wed 6:30p Hamann 1 - 3 hr



### Indian Cooking Basics

Learn to prepare basic Indian meals using spices and ingredients available at local grocery stores. Dishes include spicy yellow daal, ground turkey kebabs, sumin spiced green beans, yogurt raita and brown rice. Dishes can be easily replicated for a quick weeknight meal.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79

CN413 Syphax 113 05/03 Thu 6:30p Desai 1 - 3 hr

Check us out online at [www.apsva.us/adulted](http://www.apsva.us/adulted) or call us at (703) 228-7200

### Japanese Sushi

Learn to prepare to make authentic Japanese sushi that will make your taste buds sing. Enjoy the various types of sushi including Nigiri and Tamaki. Savor the true taste of tuna and great tasting California rolls.

Art. Res. \$79 Art. Sr. \$69 Non-Res \$89  
CN520 Syphax 113 05/19 Sat 10a Moore 1-3 hr

### Cuisine from Apulia (The "Heel" of Italy)

This region of southern Italy is where land, meet the Mediterranean sea and produces exquisite food. Pasta, meat and seafood all seems more delicious in Apulia. Join us as we make delicious homemade cavatelli (pasta), braciolo (meat dish), taralli and tarantine mussels.

Art. Res. \$109 Art. Sr. \$99 Non-Res \$129  
CN307 Syphax 113 06/19 Tue, Sat 7p De Bernardinis 2-2.5 hr

### Delicious Everyday Italian Meals

Instructor Massimo, is a native Italian ready to teach you how to make delicious authentic dishes commonly enjoyed in Italy. Roasted bell peppers and parsley sauce, gnocchi, walnut gorgonzola cheese sauce and tasty Pizzaiola chicken strips, short crust pasties and more are all on the menu.

Art. Res. \$109 Art. Sr. \$99 Non-Res \$119  
CN573 Syphax 113 04/10 Tue 7p De Bernardinis 2-2.5 hr

### Tour Italy on Your Plate

Let your taste buds tour the different regions Italy as you prepare delicious eggplant, mushroom risotto, cartouche potatoes, spinach, zucchini, onion, ricotta, salmon, Lime salmon scaloppini, hazelnuts and Italian cheeses.

Art. Res. \$109 Art. Sr. \$99 Non-Res \$119  
CN565 Syphax 113 06/07 Thu 7p De Bernardinis 2-2.5 hr

### Couscous with Tabbouleh Salad

Couscous, common in Northern Africa is delicious, especially when topped off with meat and vegetables. After the couscous is done, we'll prepare fresh and oh so tasty tabbouleh salad made with tomatoes, spring onions, parsley and lemon juice and other spices. Enjoy!

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79  
CN632 Syphax 113 04/09 Mon 6:30p Mnatsakanova 1-3 hr

### Beef Fried Rice and Teriyaki Chicken

In this class Chinese fried rice and Japanese Teriyaki come together on one delicious plate. Learn the techniques to fry the rice and then add your spices and protein, for this class we will use beef. Then discover how to prepare and season scrumptious Chicken covered in Teriyaki sauce.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79  
CN634 Syphax 113 06/11 Mon 6:30p Mnatsakanova 1-3 hr

### An Array of Appetizers, Anywhere, Any Time

This is for the home-chef looking to jazz up their hors d'oeuvres offerings by having a few simple ingredients available in the pantry. Learn how to shop and stock your kitchen with fundamental ingredients, then master a duxelle of wild mushrooms, prepare petit crepes with a variety of savory and sweet toppings, caviar potatoes, stuffed pèpidou peppers, mini-crab cakes, cheese puffs, caramelized onion tartlets, Belgian endive spears and more. Bring a humble appetite to sample the food preparations as they are completed.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$99  
CN167 Syphax 113 05/01 Tue 6:30p Staff 1-3 hr

### Spice Up Your Life

Not for the faint of heart or mild of palate, this culinary course will travel around the world preparing flavorful salsas and sauces invariably fiery. Learn to roast vegetables and coax out the caramelization, pair sweet, spicy and savory and come away with a working knowledge of how to prepare and with what to serve these salsas. Recipes will include Mexican salsa rojo and verde, a poblano crema, Jamaican mango habanero, Aruban papaya, Yemeni Schug and a delicate pica pica.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$99  
CN611 Syphax 113 05/10 Thu 6:30p Staff 1-3 hr

### Cooking to Combat Inflammation

Chronic inflammation within the body has been linked to many diseases such as diabetes, heart disease, rheumatoid arthritis, Crohn's disease, and Alzheimer's. Scientific research has identified a host of foods that have the capacity to suppress inflammation. In this 3-part hands-on class, students will learn how chronic inflammation impacts health and wellbeing, and how to create healthy dishes using cooking techniques and ingredients that maximize each dish's healing properties.

Art. Res. \$79 Art. Sr. \$69 Non-Res \$89  
CN585 Syphax 113 06/12 Tue 6:30p Staff 1-3 hr

### Mexican Cooking

Do you think Mexican cooking is only tacos or burritos? Well, think again! Mexican cuisine is rich with flavor and diversity. In this class, students will learn to work with traditional ingredients such as fresh and dried chilies, herbs, and spices, as we create a menu of classic salsas, snacks, and satisfying main dishes.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79  
CN592 Syphax 113 04/11 Wed 6:30p Hamann 1-3 hr

### Spring Cooking from the Farmer's Market

The arrival of asparagus, spring onions, green garlic, young greens, and strawberries reminds us why we love spring. Enjoy exploring new ways to make the best of local produce, and entertain your family and friends. We will create a Spring Vegetable Salad with Farro, Roast Leeks with Burrata cheese, Green Rice Soubise, and Strawberries with Balsamic Vinegar. We will eat well.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79  
CN617A Syphax 113 05/16 Wed 10a McKean 1-3 hr  
CN617B Syphax 113 05/23 Wed 6:30p McKean 1-3 hr

## Arts Classes

### Painting with Paper

Different tools produce different art. This course will teach you to use various papers as your delivery mechanism for color, shape and texture. You will create art by tearing, cutting, layering and gluing ephemera. You will also learn to turn "bleeding tissue paper" into "paint sticks". The resulting art will be a unique expression of your interests and aesthetics. See website for examples.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79  
FA242 Syphax 117 04/10 Tue 7p Young Gerard 2-1 hr

### Sketching DC Landmarks

Draw inspiration from museums, landmarks and gardens. This drawing class is outside of a classroom environment where students meet in various Draw inspiration from artists and original works of art! Observe through drawing. Number of participants is limited depending on gallery locations. Class will meet at various museums throughout the area, the National Gallery, Hirshhorn, Botanical gardens and more.

Art. Res. \$139 Art. Sr. \$119 Non-Res \$159  
FA208 Syphax 170 04/14 Sat 10a Pontes 4-2.5 hr

### Friday Night Drawing Workshop

Come do something different on Friday night with this one-night drawing workshop. We'll discuss the many different drawing tools, such as graphite pencils, charcoal sticks, etc. Try your hand at some of the drawing techniques that your instructor will demonstrate. The lines and shapes will capture your attention and inspire you to continue down your artistic path.

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59  
FA257 Syphax 117 06/01 Fri 7p Hamdad 1-2.5 hr

### Fearless Drawing for Complete Beginners

Bring your sketch pad and pencils to class and begin to draw what you see. Learn basic techniques in light and shadowing, depth perception, scale and symmetry. This will be a fun, relaxing class where you will use your eyes, mind, hand and fingers to create simple works of art. Supply list found on the website.

Art. Res. \$139 Art. Sr. \$119 Non-Res \$159  
FA258 Syphax 117 04/18 Wed 1p Benkert 6-2 hr

### Fearless Drawing for Complete Beginners Continuation

Now is the time to put those new drawing skills to use! This is a continuation of the Daytime Drawing class, were we will further our study of composition and symmetry by using still lifes and drawing from photographs. Let your artistic side have some fun, in this relaxing and supportive class.

Art. Res. \$159 Art. Sr. \$139 Non-Res \$179  
FA259 Syphax 107 04/19 Thu 1p Benkert 6-2 hr

### Classical Drawing

This class is for all levels of students who desire to draw what they see. Students will use graphite, charcoal, and oil pastels to create drawings of still-lives, photos and other props. Students will learn the techniques used by the Old Master to develop their artistic abilities.

Art. Res. \$169 Art. Sr. \$149 Non-Res \$189  
FA311 Wash. Lee 1127 04/16 Mon 7p Hamdad 6-2.5 hr

### Classical Drawing II

This class is for all levels of students who desire to draw what they see. Students will use graphite, charcoal, and oil pastels to create drawings of still-lives, photos and other props. Students will learn the techniques used by the Old Master to develop their artistic abilities.

Art. Res. \$129 Art. Sr. \$109 Non-Res \$149  
FA319 Wash. Lee 1123 06/04 Mon 7p Hamdad 4-2.5 hr

### Medieval to Gothic Architecture and Crusader Castles

Come learn and marvel at the hidden sanctuaries of Byzantine Coptic Churches, Roman Imperial architecture, Gothic flying buttresses as found in the Notre Dame of Paris, stained glass windows and crusader castles. Optional field trip to the Washington National Cathedral.

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59  
Gl665 Syphax 107 04/27 Fri 10a Ruble 1-2 hr

### Art Appreciation

Study the most famous works that hail from the early movements in art history: from prehistoric cave art, Mesopotamia, Egypt, Rome, great classical works from ancient Greece, the glory of Byzantine art and medieval manuscripts of the Catholic Church to the perfection of the Renaissance in DaVinci, Michelangelo and Raphael.

Art. Res. \$89 Art. Sr. \$79 Non-Res \$99  
FA294A Syphax 170 04/05 Thu 7p Ruble 3-2 hr  
FA294B Syphax 170 05/04 Fri 10a Ruble 3-2 hr



Click on any course listing below to be redirected to our online registration system.

## Arlington Adult Education is now Arlington Community Learning

### Painting Like Cezanne, Cassatt and Degas

Have fun while you paint on canvas. The instructor will guide students as they reproduce paintings by the Masters. Each class will escort students through the creation of a composition which will range from landscapes to still life. No experience necessary, each week we will create a different painting in class using acrylics, that can be taken home and hung. Students will be amazed how much fun and easy it is to paint. Bring out your inner Master artist and have fun at the same time. See website for supply list

Arl. Res. \$169 Arl. Sr. \$149 Non-Res \$189  
FA246 Wash. Lee 1123 04/25 Wed 7p Hill 6 - 2.5 hr

### Daytime Painting

Beginning through advanced, oil or pastels. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. Students can work from still life set ups or from photographs. See website for supply list

Arl. Res. \$249 Arl. Sr. \$229 Non-Res \$269  
FA301A Reed 115 06/06 Wed 9:30a Coonce-McElvany 12 - 3 hr  
FA301B Reed 115 06/07 Thu 9:30a Coonce-McElvany 12 - 3 hr

### Pastel or Oil Painting

Beginning through advanced, oil or pastels. Students will pick one of these mediums. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. Teacher will demonstrate in both oil and pastel. Students can work from still life set ups or from photographs.

Arl. Res. \$249 Arl. Sr. \$229 Non-Res \$269  
FA307A Reed 115 06/04 Mon 7p Coonce-McElvany 12 - 2.5 hr  
FA307B Reed 115 06/07 Thu 7p Coonce-McElvany 12 - 2.5 hr

### Painting with Acrylics and Oils

Spend the morning painting in either acrylics or oils. New and experienced students will experiment with a variety of techniques in this project-oriented course. Teacher led instruction with an emphasis on individual interests. Both still-lives and photographs will be used as reference for paintings. Both painting techniques will be explored according to skill.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res \$189  
FA330 Swanson 214 04/19 Thu 4p Corcoran 6 - 2.5 hr

### Creative Watercolor Workshop

Spend your evenings painting watercolors (beginners through advanced) and experiencing the joy of watercolor. More experienced watercolorists will perfect their skills while having a chance to review techniques. Beginners will learn basic techniques and become more confident in completing watercolors. Classes will include making "gelli" prints and using them with watercolor, YUPO and canvasa. We will have fun exploring color mixing, values, glazing, and masking. See website for supply list.

Arl. Res. \$189 Arl. Sr. \$169 Non-Res \$209  
FA305 Wash. Lee 1117 04/12 Thu 7p Hill 7 - 2.5 hr

### One - Day Watercolor Workshop

Spend a day painting with watercolor. All skill levels are welcome. We will teach and review watercolor techniques that will improve your ability to achieve the artistic goals you are striving for. There will be demonstrations and exercises to help reinforce the concepts covered. One-on-one attention will be given to students in this unique "open-studio" style class. Bring your own lunch.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res \$89  
FA415 Syphax 117 05/04 Fri 9a Hill 1 - 6 hr

### Watercolor Painting Techniques for Beginners

Watercolor techniques will be taught in this step-by-step, hand-on approach class. These effective techniques for watercolor painting include, color mixing, brush handling, value control, washes, glazing and masking. Each class, students will discover and practice a new skill.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res \$189  
FA426 Syphax 117 04/23 Mon 9:30a Hill 6 - 2.5 hr

### Creating Mosaics

Make your own unique mosaics. Beginners learn the basic terms and techniques of mosaic art including layout, design, gluing, grouting, and finishing. Students will complete three simple projects on a variety of surfaces that will increase in degree of difficulty. Supply fees are included in the cost of the tuition. Kenmore Middle School, Tech. Ed. lab.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res \$179  
FA324 Kenmore Tech 05/03 Thu 7p Nowak 4 - 2.5 hr

### Creating Mosaics II

This class is designed for students with some basic mosaic experience. Students will build on current skills to create a project large in scope and more focused on design. Students will make a custom designed table or with instructor approval, students can work on their own projects. Call for material information. Kenmore Middle School, Tech. Ed. lab.

Arl. Res. \$179 Arl. Sr. \$159 Non-Res \$199  
FA325 Kenmore Tech 05/31 Thu 7p Nowak 4 - 2.5 hr

### Clay - The Art of Slab Construction: Beginning through Advanced

This class is designed for beginners to more advanced students who enjoy making fine art ceramic pieces using slab construction. The instructor will demonstrate the basic steps in the process as needed, and support students in their quest to find their personal expression in clay through sketches, models, building techniques, and glazing techniques. Create your own beautiful ceramic piece of art. The cost for the course includes the use of basic tools and the firing, but not the materials and supplies used. See website for supply list

Arl. Res. \$189 Arl. Sr. \$169 Non-Res \$209  
FA395 Kenmore 190 04/17 Tue 6:30p Siddique 8 - 2.5 hr

## Floral Design

### Fresh Flower Arrangements

Students will learn how to assemble and arrange lovely floral designs. Topics will include the conditioning and preparation of flowers, composing designs for a variety of containers, proper use of greens and fillers and basic color combinations and shapes. The class will be held at Buckingham Florist, 7035 Columbia Pike., Annandale VA 22203. Material fee of \$75 payable to instructor. Bring sharp hand clipper or scissors to class.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res \$79  
FA354A Buckingham Florist 05/08 Tue 7p Kim 3 - 1.5 hr  
FA354B Buckingham Florist 06/05 Tue 7p Kim 3 - 1.5 hr

### Wedding Floral Arrangements

Learn how to make a bridal cascade, boutonnieres, corsages, and small centerpieces for the reception table. Add a personal touch to this special occasion with custom floral arrangements. The class will be held at Buckingham Florist, 7035 Columbia Pike., Annandale VA 22203. Material fee of \$75 payable to instructor. Bring sharp hand clipper or scissors to class.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res \$49  
FA355 Buckingham Florist 04/10 Tue 7p Kim 1 - 1.5 hr

## Photography Classes

### Create Your First Photobook

It's fun, easy and a great way to capture memories for a lifetime. Students will learn how to create their own photobook, using online templates and websites. Strategies and tips will be covered but books will not be created in class...but you'll know how to create it.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59  
GI240 Syphax 101 05/23 Wed 10a Matos 1 - 2 hr

### Better Photos with Your Digital Point and Shoot

Don't have a big professional camera? No problem. Learn how to improve your photos using your digital point and shoot camera. This class explains the various options and settings available on most cameras and how to use them to your advantage. Learn techniques for using flash, different lighting situations, taking photos at night and much more. Please bring your point and shoot camera to class.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res \$109  
FA280 Syphax 117 04/17 Tue 10a Cassatt 3 - 2 hr

### Saving Your Digital Pictures

Step by step instructions will be given on how to take digital pictures from your camera, email or internet and save them to your computer. Preserve the memories digital pictures provide by learning these easy techniques. Don't risk losing your photos or deleting them by accident. Effective exercises will be conducted in class to ensure that students leave with the confidence needed to secure these memories.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res \$69  
FA260 Syphax 115 04/25 Wed 10a Matos 1 - 3 hr

### Daytime Digital Photography

Designed for photographers at the beginning to intermediate levels. For those just starting out, we will quickly cover the basics of photography to get you out of the "auto" mode. We will then cover elements of composition so that you can elevate your photography from taking snapshots to taking pictures that you will be proud to hang on your walls. We will tailor the class to meet the interests of the students. This will be a hands-on course, with some outside activities. Although you can use any camera, one that is fully adjustable will give you the most flexibility.

Arl. Res. \$119 Arl. Sr. \$99 Non-Res \$139  
FA232 Syphax 171 05/01 Tue 10a Cassatt 6 - 2 hr

### Basic Adobe Photoshop Elements

Learn basic image/photo editing skills including how to streamline image/photo editing processes, enhance, and resize for print and the Web. This class introduces you to filters and layers and print methods. This class will help you enhance photos taken from your digital camera. Also, take some basic design skills back to your office with you and/or add to your resume.

Arl. Res. \$129 Arl. Sr. \$109 Non-Res \$149  
BE337 Syphax 117 05/29 Tue 1p Matos 3 - 2 hr

Click on any course listing below to be redirected to our online registration system.

Check us out online at [www.apsva.us/adulted](http://www.apsva.us/adulted) or call us at (703) 228-7200

### Digital Photography - An Introduction

Class is designed for beginning photographers using digital cameras. Students will better understand their equipment and many of the functions that today's cameras have to offer. Fundamental concepts of photography will be covered, including composition, lighting, motion, and we will also explore the artistic side of digital photography. Projects will be assigned and photo critiques provided.

ArL. Res. \$159 ArL. Sr. \$139 Non-Res \$179  
FA341 Wash. Lee 2002 04/25 Wed 7p Cassatt 6 - 2 hr

### Maximizing Your Digital SLR Camera

This class will make it easy to understand all those features packed into your digital SLR. You'll learn what the functions do, gaining the confidence to move beyond the Auto mode, and how to use them to capture better pictures. We'll also look at lenses, filters and other photo equipment to use with your DSLR. In addition, you'll learn about lighting (artificial and natural) and composition techniques for people, landscapes, architecture and flowers. You'll have the skills to create more compelling images when traveling and in daily life.

ArL. Res. \$109 ArL. Sr. \$89 Non-Res \$129  
FA387 Wash. Lee 2002 04/23 Mon 7p Cassatt 3 - 2 hr

### Black and White Fine Art Film Photography

Learn black and white fine art film photography, how to develop your film and make black and white prints in a darkroom. A working 35 mm film camera is required. Bring it the first night. This is a blended class. All levels of skill, beginner to advanced, are welcome. Courses are tailored to the student's needs. Experienced students bring your old negatives if you have them.

ArL. Res. \$229 ArL. Sr. \$209 Non-Res \$249  
FA345 Career Ctr. 233 05/16 Wed 7p Uravitch 8 - 3 hr

### History of 19th Century Photography

Take an exciting journey back in history as you learn about the "History of 19th Century Photography" beginning in 1826 through 1900. We will examine the photographic processes, learning how the photographs were made along with the cameras, optics and famous inventors and artists who were responsible for one of the greatest inventions of all time. Original photographs from the 1800-1900's will be provided along with a hands on demonstration of the 4X5 camera.

ArL. Res. \$49 ArL. Sr. \$39 Non-Res \$59 hr  
FA457 Syphax 324 04/18 Wed 7p Douglass 1 - 2

## Communication

### Daytime Writers

Join in this morning workshop for writers of every level, working in fiction or nonfiction; memoirs; short stories; travelogues; blogging-whichever prose genre appeals to you. Whether you're already working on something, needing a push to start or merely wanting a sounding board, here's your forum. Writing is done ahead of time, distributed by email and discussed (respectfully) in class.

ArL. Res. \$159 ArL. Sr. \$139 Non-Res \$179  
CE100 Syphax 171 04/11 Wed 10a Haines 6 - 2 hr

### How to Strike Up a Conversation

Good communication skills are the basis for successful business and personal relationships. Learn techniques for conversation starters, breaking the ice, keeping conversations moving, choosing interesting topics, managing silence, and making a strong and positive first impression. Practice talking your way to business and social success.

10 ArL. Res. \$49 ArL. Sr. \$39 Non-Res \$59  
CE124 Wash. Lee 2017 04/24 Tue 7p Roach 1 - 2 hr

### Works in Progress

Class is intended for writers who are currently working on stories, novels, plays and/or poetry. Students will get feedback and suggestions from the instructor and other writers. Class is NOT intended for beginning writers. Basic elements of writing, marketing and the business of publishing will be covered. If you bring an extra copy of your work to class, you will receive written suggestions from the instructor, a published author.

ArL. Res. \$179 ArL. Sr. \$159 Non-Res \$199  
CE119 Career Ctr. 205 04/19 Thu 7p Russell 8 - 2.5 hr

### Introduction to Creative Writing

How do you start a story, poem or novel? How do you finish something you've started? This class is for you! Learn to take an idea and carry it on: make it believable to a reader by creating interesting characters, realistic dialogue, description, settings, and much more. This is a very informal, non-threatening class that you will enjoy. Many students have gone on to get published by starting here!

ArL. Res. \$139 ArL. Sr. \$119 Non-Res \$159  
CE193 Career Ctr. 205 04/24 Tue 7p Russell 5 - 2 hr

### Writing Your Own Screenplay

Have you ever seen a movie and thought you could do better? Here's your chance to learn or further develop your screenwriting skills. This class is for those with plenty of ideas but don't know where to begin, for those who started and need help finishing, and everyone in between. We will discuss generating ideas, creating believable characters, using effective storytelling, and organizing it all into a professional screenplay structure.

ArL. Res. \$159 ArL. Sr. \$139 Non-Res \$179  
CE179 Career Ctr. 118 04/18 Wed 7p Johnson 6 - 2 hr

### Travel Writing - A One Day Short Course

Prerequisite: Basic writing skills. A day-long short course in writing accounts of your travels and getting them published. We'll discuss collecting facts as you travel, snapping marketable photos, structuring your article, avoiding stylistic problems, anticipating the needs of editors, and selling what you've produced. Your instructor has published more than 195 travel articles. A 30 min. break for lunch is scheduled. Lunch on your own.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res \$99  
CE126 Syphax 170 05/12 Sat 9a Haines 1 - 6 hr

### Maximizing Your Assertiveness

This course will examine what assertive communication looks like when it has your unique style and signature. Students will learn practical strategies to help overcome real life challenges. Proven techniques include specific language strategies designed to keep the conversation flowing, determining ways to keep a positive mind-set intact and understanding the roles of beliefs, stress level and boundary-setting. Feel more at ease and have greater success with difficult conversations and situations.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res \$99  
CE127 Wash. Lee 2002 04/12 Thu 7p Sawyer 2 - 2 hr

### Introduction to Creative Writing

How do you start a story, poem or novel? How do you finish something you've started? This class is for you! Learn to take an idea and carry it on: make it believable to a reader by creating interesting characters, realistic dialogue, description, settings, and much more. This is a very informal, non-threatening class that you will enjoy. Many students have gone on to get published by starting here!

ArL. Res. \$139 ArL. Sr. \$119 Non-Res \$159  
CE193 Career Ctr. 205 04/24 Tue 7p Russell 5 - 2 hr

### Got Grammar? How to Improve Your Writing in Six Hours!

Are you ever unsure about when to use a comma, semicolon, or colon? Do you know when it's appropriate to use "I" or "me," and "fewer" or "less"? Do you wonder if your emails are grammatically correct? If you answered "yes" to any of these questions, this course is for you! You will learn how to punctuate sentences correctly, use commonly confused words appropriately, and improve your writing with simple tricks and tips. This course is designed for anyone, from recent college graduates to working business professionals.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res \$99  
CE187 Syphax 477 04/19 Thu 7p Miller 3 - 2 hr

### Speak in Public with Confidence

The key to any good presentation is confidence. This class prepares you to speak with confidence, capitalizing on strengths and learning to manage nervous energy. It provides practice in presenting ideas and information clearly and convincingly. You will deliver brief presentations in class and receive constructive support through the use of video and group feedback. Gain a better understanding of presentation methods, platform skills and preparation.

ArL. Res. \$139 ArL. Sr. \$119 Non-Res \$159  
CE117 Wash. Lee 2219 04/17 Tue 7p Jackson 5 - 2.5 hr

### American Sign Language I

This course introduces the basics of American Sign Language. Students will focus on the acquisition of both comprehension and production skills. Increased knowledge of the deaf community and the development of cultural awareness, which will improve communication interaction. Basic fingerspelling skills, readiness activities, questions, and conversational etiquette will also be stressed. Text: Learning American Sign Language 2nd Edition, ISBN 0-205-27553-2.

ArL. Res. \$199 ArL. Sr. \$179 Non-Res \$219  
CE142 Wash. Lee 2210 04/17 Tue 7p Zambrano 8 - 2.5 hr

### American Sign Language II

Prerequisite: American Sign Language I or the equivalent. Students will acquire additional vocabulary, grammatical and conversational skills. Student will also continue to learn to relate to everyday life situations experienced by members of the deaf community. Text: Learning American Sign Language 2nd Edition, ISBN: 0-205-27553-2.

ArL. Res. \$199 ArL. Sr. \$179 Non-Res \$219  
CE145 Wash. Lee 2210 04/19 Thu 7p Zambrano 8 - 2.5 hr

### Getting Paid to Talk - An Introduction to Professional Voice Overs

Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Space is limited, and registration closes one week prior to class, so register early.

ArL. Res. \$59 ArL. Sr. \$49 Non-Res \$69  
CE166 Wash. Lee 2016 05/01 Tue 6:30p 1 - 2.5 hr

Click on any course listing below to be redirected to our online registration system.

## Arlington Adult Education is now Arlington Community Learning

### General Interest

#### Comprehensive Approach to Self-Publishing Your Book

Make your dream of self-publishing a book a reality. This comprehensive approach will cover all aspects of getting your book printed. We will cover: the why are you writing a book, costs, time, research, competitors, naysayers, earning potentials, editors, publishers, designers, timing, marketing and much more. Taught by a self-published author, who will offer solutions to challenges faced throughout the entire self-publishing process.

ArL Res. \$89 ArL Sr. \$79 Non-Res \$99  
CE221 Syphax 235 05/02 Wed 7p Sullivan 3 - 2 hr

#### Have Something To Say? Put It In Writing!

Many of us have opinions and stories. How do we get them into print? Discover the range of options for sharing your insights, stories and experience through media outlets, often for pay. You'll learn to write letters to the editor, op eds and newspaper articles. And you'll pick up strategies for getting your work printed and sold. Course is taught by a former editorial page editor and newsroom manager for national publications.

ArL Res. \$69 ArL Sr. \$59 Non-Res \$79  
CE223 Wash. Lee 2024 05/01 Tue 7p Stevens 2 - 2.5 hr

#### Fundamentals of Grant Writing

If you want to write a grant that will convince funders to provide funding for your project and you don't know where to start, this class is for you. In this course, you will be introduced to the key components of a grant application. Using the 5 "W's" (Who, What, When, Where, and Why), you will learn how to write a grant proposal that gets results. Whether you're a beginner or experienced grant writer who just needs a refresher on the fundamentals of grant writing, come and discover how easy grant writing can be using this proven technique.

ArL Res. \$89 ArL Sr. \$79 Non-Res \$99  
CE235 Syphax 170 06/06 Wed 7p Staff 2 - 2 hr

#### Know Laughing Matter - Get Started in Standup Comedy

Learn how to effectively capture your ideas, understand the classic terms and tools of joke writing, know what to expect at area venues, and know how to fix common frustrations. Set goals to perform at a venue that matches your style and material, or simply become a discerning member of the audience. Every night of the week there are "open mike" venues in the DC area just waiting for you. Your instructor has performed throughout the DC area.

ArL Res. \$69 ArL Sr. \$59 Non-Res \$79  
CE238 Wash. Lee 2018 04/24 Tue 6:30p Mola 1 - 2 hr

#### Get Acquainted with Shakespeare

Get acquainted with four of Shakespeare's hit plays this summer (Taming of the Shrew, Othello, As You Like It and Richard III). This class will examine in depth the plot, themes, history and source material for one Shakespeare play each week. Each session includes reading selections from the play aloud.

ArL Res. \$99 ArL Sr. \$89 Non-Res \$109  
CE239 Syphax 170 05/01 Tue 1p Stuart 4 - 2 hr

#### Freelance Writing 101

This class will give you the confidence to become a freelancer and provide you with the basic tools to succeed once you decide to take the plunge. We'll discuss how to write and pitch stories and find well-paying jobs. We'll also get into the nitty gritty of how to brand your business and negotiate for more money. Freelancing 101 is an interactive and open class so come ready to share your goals, questions, fears and enthusiasms!

ArL Res. \$99 ArL Sr. \$89 Non-Res \$109  
CE242 Syphax 477 04/11 Wed 7p Bloudoff-Indelicato 4 - 2 hr

#### Make-Up Magic

Makeup can be MAGIC when properly applied. Learn how to prepare your face and properly apply makeup with basic colors and application techniques to enhance your facial assets and minimize other features. Achieve an attractive appearance by creating a desired illusion with makeup. You will go step-by-step to create a natural and professional look as you do a full face makeup application. Before and after photos are taken. Instructor is a Licensed Esthetician and Makeup Artist.

ArL Res. \$49 ArL Sr. \$39 Non-Res \$59  
HE357 Syphax 173 04/28 Sat 10a Thomas 1 - 2.5 hr

#### Pro Makeup Artistry - Part 1

Begin your journey into the exciting world of makeup artistry with our Pro Makeup Artistry Certificate program. We'll cover all the aspects of beginning makeup where you will learn to create flawless makeup looks, color theory, color matching, safe application practices, concealing and correcting as well as contouring and highlighting. By the end of class, you'll learn full-face makeup applications with daytime and nighttime makeup, smoky eye makeup, glamour and fashion makeup. Supply list on website.

ArL Res. \$139 ArL Sr. \$119 Non-Res \$159  
GI110 Syphax 150 04/26 Thu 7p Thomas 6 - 2.5 hr

#### Bridal Makeup Artistry

Taught by the author of DIY Bridal Makeup, you'll learn her special techniques for bridal makeup that she uses as a professional makeup artist. Learn to do bridal makeup starting with color matching, contouring and highlighting, the perfect bridal eye makeup application, lip sculpting, lash enhancements, and maintaining the glow for fresh makeup all day. Learn the secrets to fast and flawless makeup as well as how to work with demanding brides and what to charge for your services. Supply list on website.

ArL Res. \$89 ArL Sr. \$79 Non-Res \$99  
GI112 Syphax 354 06/06 Wed 7p Thomas 3 - 2 hr

#### Haircutting

Learn the latest techniques in haircutting. Learn how to cut hair for men, women, and children. Course will also cover the proper use of scissors, clippers, trimmers, razors, and various haircutting combs. Save your money, learn to cut hair! Not a licensed course. Course taught in the Cosmetology Lab at the Career Center. Students must purchase own mannequin, see website supply list for suggested locations.

ArL Res. \$159 ArL Sr. \$139 Non-Res \$179  
HE358 Career Ctr. 235 04/18 Wed 7p Staff 6 - 2.5 hr

#### Beginner's Guide to Essential Oils

Essential oils, the essence of the plant, have amazing healing properties that work with the body to restore and maintain optimum health. You are invited to explore the benefits of using essential oils to reduce stress, cleanse and detoxify the body, soothe tired, sore muscles, and help your family manage and improve their health.

ArL Res. \$69 ArL Sr. \$59 Non-Res \$79  
GI684 Syphax 135 05/01 Tue 6:30p Vu 1 - 3 hr

#### Vegetable Garden Preparation

It's not too late to prepare your garden this year. Learn ideas on finding the right spot for laying out your garden. We will discuss the combining vegetables with your ornamental landscape and how to manage your soil fertility. Also some ideas you can use to produce fresh food for your table year round.

ArL Res. \$49 ArL Sr. \$39 Non-Res \$59  
GI707 Wash. Lee 1318 04/04 Wed 7p Sullivan 1 - 2 hr



#### Cold Process Soap for Beginners

Discover the fun of making your own homemade soap. You will learn the safety procedure for making cold process soap and make a batch to take home. We will discuss oils, ingredients, supplies, and fragrances, which may include items already in your own kitchen. This is a hands-on class.

ArL Res. \$69 ArL Sr. \$59 Non-Res \$79  
GI685 Syphax 117 05/05 Sat 9a Vu 1 - 4 hr

#### Designing Your Home Landscape

Learn everything you need to know about designing and maintaining a residential landscape. Taught by a professional landscaper, students will learn important aspects of landscape design, such as: sun vs shade, tree location, water drainage and erosion, lawn, esthetics and security. We will also discuss patios, walkways and ground cover. Photo analysis and critique of your yard will be available.

ArL Res. \$69 ArL Sr. \$59 Non-Res \$79  
GI199 Syphax 170 04/18 Wed 7p Sullivan 2 - 2 hr

#### Help the Honeybees!

Come explore what's happening in the honey bee world. Students will learn about how the changing environment affects the honey bees, the research on their disappearance and what you can do to help them survive. Class will also discuss what it takes to be a beekeeper.

ArL Res. \$39 ArL Sr. \$29 Non-Res \$49  
GI790 Career Ctr. 122 04/03 Tue 7p Diehl 1 - 3 hr

#### Introduction to Genealogy

Have you always wanted to find out more about your family, but had no idea where to start? This course will show you the basics of family research. Learn where to find the information, how to organize the research, how-to techniques like land records and how to evaluate your results.

ArL Res. \$119 ArL Sr. \$99 Non-Res \$139  
HE105 Wash. Lee 2017 05/03 Thu 7p Carothers 6 - 2.5 hr

#### Self-Motivation 101

You know yourself better than anyone and sometimes there is no one else to count on - learn the strategies and techniques to "turn the key" to your own motivation. Build confidence, set goals and recognize your worth and contributions. You won't want to miss this workshop.

ArL Res. \$59 ArL Sr. \$49 Non-Res \$69  
ME314 Syphax 170 05/16 Wed 7p Sawyer 1 - 2.5 hr

#### Mindfulness Meditation: The Direct Path from Stress to Happiness

Description: The class taps into the wisdom of the body. Specifically, participants learn (1) to reawaken the senses to enhance the capacity to experience every dimensions of life with heightened sensibility, (2) enlist the nervous systems to fight against sensory motor amnesia, and (3) generate feelings of peace, contentment, gratitude, and greater connection with oneself, with life and others.

ArL Res. \$179 ArL Sr. \$159 Non-Res \$199  
HE200 Syphax 103 04/11 Wed 10a Pham 8 - 2 hr

#### Historical European Martial Arts

The martial arts of medieval Europe were sophisticated systems of combat, in armor and without. Two opponents might engage with spear, sword, sword and buckler, dagger, or even unarmed. This unique workshop will focus on the martial arts system of medieval Europe. In addition to the weaponry and skills of the time, students will learn about the surviving documents from which these techniques are based.

ArL Res. \$59 ArL Sr. \$49 Non-Res \$69  
GI187 Wash. Lee 2010 04/24 Tue 7p Muir 1 - 3 hr

Check us out online at [www.apsva.us/adulted](http://www.apsva.us/adulted) or call us at (703) 228-7200

### Self Defense for Women

Improve your personal safety, protect yourself, enhance your confidence, and retake control -- but without changing to a super hero costume or a martial arts suit. This class is a practical guide to managing your risk against assailants while you're going to and from work, shopping, school, exercising, and errands. You'll get information on avoiding incidents, escaping them if possible, and then taking action if you have to. This is not an exercise or workout class, it is a class on raising your survival rate in the event of an assault or battery.

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79  
GI342 Syphax 150 04/25 Wed 7p Law 2 - 1.5 hr

## First Aid & Health

### First Aid

Learn to provide basic first-aid for medical emergencies such as breathing problems; choking, allergic reactions; heart attack; fainting; diabetes, low blood sugar; stroke; seizure; shock. This is a great class for teens as well, especially those who are babysitters.

Art. Res. \$59 Art. Sr. \$49 Non-Res \$69  
GI361 Syphax 113 04/21 Sat 12:30p Vialpando 1 - 2 hr

### CPR- Cardiopulmonary Resuscitation and AED

Learn vital lifesaving skills, in a fun, very informative environment, hands on training, using cutting edge technology. Participants will meet health/safety standards requirement for a variety of job qualifications. Obtain your American Heart Association Heartsaver™ CPR certification card and gain confidence for acting in a life saving emergency situation for adults, children and infants. Class includes learning to help an adult, child or infant who is choking, and the use and AED, a machine with a computer in it that can shock the heart and help it work properly again, improving your chances of saving a victims life. This is a great class for teens as well, especially those who are babysitters.

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59  
GI362 Syphax 113 04/21 Sat 9a Vialpando 1 - 3 hr

### Basic Life Support (BLS) CPR for Health Care Providers

This course is designed for healthcare professionals who are required to know how to perform CPR and other basic cardiovascular life support skills. It teaches both single-rescuer and team basic life support skills for application in both in-facility and prehospital settings. Students will receive a valid ID American Heart Association Certification required by the workplace or nursing schools.

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59  
GI368 Syphax 113 05/02 Wed 6p Vialpando 1 - 2.5 hr

### Medical Billing & Coding

This billing and coding course offers the skills needed to perform complex coding and billing procedures. The course covers CPT (Introduction, Guidelines, Evaluation, and Management), specialty fields (such as surgery, radiology, and laboratory), ICD-10 (Introduction and Guidelines) and basic claims processes for insurance reimbursements. A mentor is assigned to each student.

Tuition \$1199  
HE8750L Class taught Online  
Register anytime between April 1st and June 30th

## Housing & Real Estate

### 2-Hour Home Buying Workshop

The purchase of a first home or buying again after many years can be daunting in the metropolitan area. Gather with a group of like-minded individuals who want to own and want to know "how." Learn the process, understand the language and create a plan with the guidance of an experienced professional, to make this buying decision your very BEST!

Art. Res. \$69 Art. Sr. \$59 Non-Res \$79  
GI161A Wash. Lee 2001 05/01 Tue 7p Murphy 1 - 2 hr

### FLIP That Home: Strategies for Real Estate Purchase and Resale

This four-week course includes: basic strategies, what mistakes to avoid, financing options, legal ramifications, ethical/ moral obligations, and flipping versus investing - all relative to today's market.

Art. Res. \$109 Art. Sr. \$89 Non-Res \$129  
GI163 Syphax 150 05/02 Wed 7p Bentz 4 - 2 hr

### Virginia Real Estate License

This 60-hour program satisfies all educational requirements for obtaining a salesperson's real estate license in the Commonwealth of Virginia. Real Estate Principles provides a thorough overview of the theoretical and practical aspects of real estate transactions. It surveys the latest real estate laws, regulations, and business practices nationwide, presenting the material in a clear and organized fashion.

Tuition: \$259  
GI164A Syphax 358 04/23 Mon - Sat 5p Bentz 12 - 5 hr  
GI164B Syphax 170 05/08 Tue & Thu 5p Bentz 12 - 5 hr

### The Home Renovation Rollercoaster

This course will provide structure, guidelines and increase the understanding of all aspects of the home renovation planning and process from the beginning (time and money) to the end (final walk-through). Home renovation projects may be as limited as installing new windows or upgrading a kitchen/bathroom or more intricate as fully refinishing basements and/or adding space/rooms

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59  
GI168 Syphax 101 06/06 Wed 7p Staff 1 - 2.5 hr

### Landlording

Are you a landlord or are you considering renting out your home or purchasing an investment property? This class will help you understand your rights and responsibilities as a residential landlord in Virginia. Determine whether your rental(s) are exempt from the Virginia Residential Landlord Tenant Act and learn the essentials on how to avoid landlord/tenant problems from the onset. The class will also discuss collections and the eviction process.

Art. Res. \$59 Art. Sr. \$49 Non-Res \$69  
GI640 Wash. Lee 2002 05/03 Thu 6:30p Mothershead 1 - 2.5 hr

### Aging in Place - Keep Your Home in Retirement

Learn strategies to help you or your loved ones keep control over their financial circumstances, maintain their independence, and safely and comfortably remain in their present home. We will also discuss tax assistance opportunities, rental income possibilities and limitations and simple home modifications that will make home living more comfortable and safe.

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59  
GI136 Syphax 101 04/25 Wed 1p Rio 1 - 2 hr

### Downsizing, Upsizing, Relocating Your Home

As we get older, important decisions regarding our home or real estate properties need to be made. Do I need this much space? Do I need more space for visiting friends and family? Do I sell the vacation home or rent it out? Do I move to a cheaper area? In this workshop we will discuss these questions and more and provide proven strategies to come up with the best solutions.

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59  
GI137 Syphax 107 05/02 Wed 1p Rio 1 - 2 hr

### Independent Living, Assisted Living & Continuing Care Retirement Communities

Learn about the various kinds of independent and assisted living options which can help retirees maximize their independence as they progress through retirement. We will discuss age restricted communities, various group and assisted living communities, and continuing care retirement facilities, potential legal and financial pitfalls, and techniques for maximizing value while utilizing these options.

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59  
GI138 Syphax 101 04/18 Wed 1p Rio 1 - 2 hr

### Investing in Real Estate

What do I need to know to invest in real estate in today's market? When and where should I invest? How do I read the real estate markets? How do I determine a good investment? What are the factors that drive the market? Evaluate Net Operating Income (NOI) and CAP Rates. Come with questions, leave with confidence. Learn from a leader. Learn to succeed and grow wealth.

Art. Res. \$49 Art. Sr. \$39 Non-Res \$59  
GI648 Syphax 171 04/18 Wed 7p Bentz 1 - 2 hr

## Career Connection

### Commercial Driver's License (CDL) Permit

Are you ready for a career change? Are you looking for a job that's in high demand? Prepare yourself to receive your Commercial Driver's License (CDL) by first completing the requirements you need to obtain your permit. Taught by an experienced CDL permit teacher, you will study, review, take practice tests and prepare yourself the CDL Permit exam. Many businesses in the area are hiring individuals with these credentials, start your new career path by registering today! Some scholarships are available.

Art. Res. \$229 Art. Sr. \$209 Non-Res \$249  
GI830 Syphax 475 04/11 Wed 3:30p Griffin 8 - 2 hr

### Applying for a Federal Job

Thousands of people will retire from the federal government this year, and the United States government will need qualified people to fill those positions. Learn to decode the federal job websites, and create an application that best highlights your qualifications and unique abilities.

Art. Res. \$59 Art. Sr. \$49 Non-Res \$69  
GI838 Syphax 150 04/04 Wed 6:30p Law 1 - 2.5 hr

### So You Want to be a Real Estate Agent

Learn the ins and outs and the pros and cons of this exciting part-time or full-time career. Learn what it takes to prepare for and pass the Virginia real estate exam and obtain your license. We will discuss how agents are compensated, how to work with your broker, what technologies are available, and the time and effort you can expect to put into the job. Leave with the answers you need to decide if this is a career for you.

Art. Res. \$39 Art. Sr. \$29 Non-Res \$49  
GI847 Syphax 109 06/20 Wed 7p Bentz 1 - 1.5 hr

## Arlington Adult Education is now Arlington Community Learning

### Become a Washington D.C. Tour Guide

Love showing your out-of-town friends and family the beautiful sites in Washington, DC and surrounding areas? Discover some of the "Must See, Should See and See If You Have Time" sites in our area. Learn who's hiring and who to contact from an experienced insider or learn how to be in business for yourself and market your own tours! This class is also great for those who simply wish impress friends and family who are visiting.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res \$69  
ME187 Syphax 150 04/17 Tue 6:30p Longnecker 1 - 3 hr

## Personal Finance

### ABC's of Investing

This is a primer course in investing. Review stocks, bonds and short term investments, what they can do for you and how to buy and sell them. You will learn where to find and how to read financial information to monitor your investments. Cover the nuances of choosing stocks for growth or income; call features on bonds; whether to choose taxable or tax free bonds; how the exchanges work; and how to or if to use a professional. Discuss how to invest assets in retirement accounts. There will be a discussion of investment "packages" and how to analyze them.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99  
GI937 Wash. Lee 2012 04/17 Tue 7p Kehoe 3 - 2 hr

### Your Money: Financial Challenges in Retirement and How to Meet Them Head-On

The prospect of retirement can be a welcome though somewhat nerve-racking change in your lifestyle. To help you understand the adjustments you will need to make, we will discuss the unique financial challenges faced in preparing for retirement and solutions to help you take charge of your financial future and avoid those pitfalls.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res \$109  
GI734 Wash. Lee 2018 05/03 Thu 7p Davidson 3 - 2.5 hr

### The Informed Consumer

Be informed and know your rights as a consumer. Learn and benefit from key aspects of consumer credit protection laws. Many of these laws are either unknown to the public, or completely misunderstood. Late payment mistakes, errors on credit score, unauthorized charges and more will be discussed. Many consumer protection laws remain real and enforceable, but obscure.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99  
GI145 Wash. Lee 1123 05/08 Tue 7p Staff 3 - 2 hr

### Organize Your Estate Information, Assets & Documents

Learn how and be motivated to: identify, locate, and record all your personal and business estate information, assets, and documents. Emphasis will be on how to complete the job in a systematized manner. Having one's estate in administrative order makes estate planning easier and more efficient for you, your family and heirs. Determine how much you are really worth. Minimize the potential for sibling discord. Pay fewer fees and taxes. Have less bureaucracy and expedite settlement and receipt of monies due. Receive supporting handouts. Help yourself, your family, loved ones, and executor/executrix while you still can!!

Arl. Res. \$59 Arl. Sr. \$49 Non-Res \$69  
GI742 Syphax 105 04/14 Sat 10a Zalfa 1 - 2.5 hr

### Get That Will Written!

It's never too early to get your "last will and testament" written. If you don't have a will, you're taking your chances at protecting your spouse, your kids, and your hard-earned finances. The financial security of your family is simply too important to put off. Learn what should be written in your will, the typical costs associated with writing a will, and what other considerations, resources and alternatives are available to you. In this two hour class, get the information you need to make informed decisions. Materials provided.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59  
GI320 Syphax 173 04/17 Tue 7p Mothershead 1 - 2 hr

### Pre-Retirement Guide for Federal Employees

If you are a Federal employee, this class is for you! Get the information you need to make fully informed decisions about your retirement from Federal service. Session 1 will cover your retirement, social security & survivor benefits. The focus of session 2 will be your health and life insurance benefits along with an introduction to your Thrift Savings Plan. The class will conclude by focusing on the TSP and financial planning considerations now and in retirement.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res \$109  
GI791 Wash. Lee 2017 05/08 Tue 7p Davidson 3 - 2.5 hr

### Financial Planning for Women

Financial planning is a very personal and important activity, but it is often subjected to a one-size-fits-all approach. By contrast, this course will take an unbiased approach to exploring the pertinent issues that women face as they plan for the future by providing educational content that focuses on issues such as goal setting, risk tolerance, asset allocation, tax efficiency and retirement income.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99  
GI774 Wash. Lee 2019 05/03 Thu 7p Brownell 3 - 2 hr

### How to Use a Financial Planner

What is the difference between a financial advisor and a financial planner? How do you know what is right for you? What questions to ask? How much does it cost? CFP, CLU, CHFC, CIMA, what do they all mean? Class will discuss the financial planning industry and how to determine what is right for your situation.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res \$49  
GI938 Wash. Lee 2012 05/08 Tue 7p Kehoe 1 - 1.5 hr

### Are Your Mutual Funds Making the Grade?

This is an opportunity to receive a detailed analysis of the mutual funds that you own. Navigate through a mutual fund analysis report. If you choose, the instructor will provide the report on mutual funds that you hold so you can apply the information directly to your portfolio. Learn how your funds have performed over the short-term and long-term; how your funds compare against both the appropriate market index and against its peers; and how to evaluate the funds risk profile against the benchmarks and your own risk tolerance. Instructor is a Certified Financial Planner with twenty years of experience in Portfolio Management and Performance Analysis. It is not required to use your own mutual funds, but if you choose this option, the instructor will need your fund names prior to class.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59  
GI911 Wash. Lee 2012 06/05 Tue 7p Kehoe 1 - 2 hr

### Common Estate Planning Mistakes and How to Avoid Them

An estate plan that works, melds counseling-based estate planning to meet changing client objectives and a shifting legal environment. Mistakes, such as not updating after three years your current plan, unfunded living trusts, pre-2001 marital trusts, poor choice of substitute decision-makers, lack of or inadequate disability planning, failure to plan for the payment of long-term care, and (mis)use of joint tenancy with adult children, will be examined so you can avoid these pitfalls. Also addressed are the hidden traps in beneficiary designations of retirement plans, insurance and annuities.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59  
GI920 Syphax 324 04/26 Thu 7p Mothershead 1 - 2 hr

### Personal Budgeting

Whether you are saving for a down payment on a house, college tuition, retirement, or you just want to understand your own personal finances, the fundamental building block to managing your money is with a budget. In this class you will learn how to how to plan, create and manage your own budget. We will explore how to live on a budget, cut down expenses, pay-off debt, and save for the future.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59  
GI934 Syphax 135 05/09 Wed 7p Staff 1 - 2 hr

## Textile Arts

### Sewing I

Sewing class is designed for beginners. There will be an introduction to the sewing machine, sewing terms, fabrics, patterns, pressing technique, and notions. First class project will prepare you for Sewing II. Bring thread and scissors to first class. Supply list distributed at first class.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res \$179  
HE600A Syphax 117 04/19 Thu 7p Hunter 6 - 2.5 hr  
HE600B Syphax 117 04/19 Thu 1p Hunter 6 - 2.5 hr

### Sewing II

Continue to advance your sewing skills in this class, and make a garment. Project and supply list distributed at first class.

Arl. Res. \$129 Arl. Sr. \$109 Non-Res \$149  
HE601 Syphax 117 05/31 Thu 7p Hunter 4 - 2.5 hr

### Knitting - The Basics

Curious about Knitting? Come learn the basics of knitting - casting on, knit, purl, and binding off. Students will learn to read a pattern and will begin working on a simple but attractive scarf. Supply list found on the website.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99  
HE611 Syphax 170 04/04 Wed 10a Hunter 4 - 2 hr

### Knitting - Beyond the Basics

Prerequisite: Knitting-The Basics or proficient in casting on, knitting, purling and binding off. Build on the foundation of knitting and purling by learning to change colors, increasing and decreasing, make a hat with circular knitting needles and new stitch patterns. Supply list found on the website.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99  
HE613 Syphax 103 04/07 Sat 7p Azimi 4 - 2 hr

Check us out online at [www.apsva.us/adulted](http://www.apsva.us/adulted) or call us at (703) 228-7200

### Quilting Workshop

Have you put quilting projects on hold and can't seem to find the time to complete them or need a refresher on specific techniques? Or do you just want to start something new? Then join in the fun with this workshop designed to allow you to make progress on the quilting project of your choice. Bring your project and quilting/ sewing Supply list found on the website.

Arl. Res. \$129 Arl. Sr. \$109 Non-Res \$149

HE612 Syphax 171 05/02 Wed 7p Hunter 4 - 2.5 hr

## Parenting Classes

### Temper Tantrums as Learning Opportunities

Temper tantrums are the sign that your toddler or preschool child is beginning to develop important social skills. By understanding the root causes, you'll address the heat of the tantrum in a manner that promotes your child's skills and improves your nurturing parent-child relationship.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

PA101 Wash. Lee 2016 04/10 Tue 7p Bermudez 2 - 2 hr

### Hitting, Scratching, Biting, Yelling and More

We hear that "all kids outgrow the hitting stage" but when and how? Learn about developmental stages when aggressive behavior is common, and how you can teach your children the necessary social-emotional skills to replace the unsafe behaviors, while keeping them safe.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

PA102 Wash. Lee 2016 05/01 Tue 7p Bermudez 2 - 2 hr

### The Shy and Clingy Child

Naturally shy children are not inclined to socialize, in spite of our expectations that they should make friends. The more we push them to socialize - the more they cling to us. We can hold their hands gently, understand their temperaments, make social situations appealing to them, help them practice, and watch them bloom.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

PA103 Wash. Lee 2016 05/22 Tue 7p Bermudez 2 - 2 hr

### Potty Training Your Child

Is it time to start potty training or shift gears? Popular one-size-fits-all approaches may not fit with your child. Tailor your own unique approach to align with your child's temperament, signs of readiness, and the circumstances of your family. Get creative and have fun with what otherwise can be a frustrating experience - for both of you!

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

PA104 Wash. Lee 2016 06/12 Tue 7p Bermudez 2 - 2 hr

## Small Business

### Branding Your Business

To sell business, you need a plan, a great product or service, and an identity that distinguishes you from your competitors: you need a brand. This hands on, fun class explores how logos and all elements of branding are developed to advertise your business to your targeted audience. You will be guided through the process that is necessary to develop an identity and how to apply it to your advertising and promotion.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99

ME120 Syphax 117 04/30 Mon 7p Sawyer 2 - 2 hr

### Money, Money, Money! - Finance Your Business

This class discusses the different options for financing a business. The main option discussed is a debt-free option that suggests ways to run a business without borrowing money. Discussion will include funding opportunities for both for-profit and non-profit ideas. In addition, students will explore ways to generate passive income for their business to help increase revenue at times when they may not be able to work or to supplement revenue gaps.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59

G196A Syphax 105 05/16 Wed 6:30p Sawyer 1 - 2 hr

### Tax Strategies for the One-Person Business & Small Corporations

One-person businesses and small corporations frequently pay too much in taxes and do not know it! Explore the tax laws, unknown to you and/or your tax return preparer, which favor the smallest of businesses, such as sole proprietorships, LLCs, S Corporations and C Corporations. Save your money. Taught by a CPA with a masters degree in taxation.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99

G198 Wash. Lee 1127 04/19 Thu 6:30p Inglese 2 - 3 hr

### Small Business Start-Up

Creating your own part-time or full -time business enterprise can be an exciting and rewarding adventure. This seminar will review the entrepreneurial and administrative skills needed for success. Options for legal structuring a business will be reviewed, such as sole proprietorship, partnership, LLC, and incorporation. Tools and strategies for efficient daily management will be discussed, along with a review of marketing, finances, expansion, and other crucial elements to a successful startup. Learn how to successfully start your own business enterprise.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99

ME300 Syphax 107 04/19 Thu 7p Bromley 2 - 2.5 hr

### Develop and Prepare a Successful Business and Marketing Plan

We will detail how to write your vision, creating a business and marketing development plan that you can easily update as you build your company. This is a perfect class for someone who wants to clarify their business, achieve financial goals, and learn how to identify their target audience to attract customers. The instructor has over 15 years, business plan writing experience.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res \$69

ME309 Syphax 109 05/03 Thu 7p Bromley 1 - 2.5 hr

### Marketing, Branding and Getting the Right Clients!

This class is designed to explore the various types of marketing and advertising options - this includes social media, online and print ads, networking, referrals, and web presence. This class also examines how to effectively brand your company and make sure your first impression is a good impression. In addition, students will examine the elements of a marketing plan and identify their target market.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59

G196B Syphax 105 05/02 Wed 6:30p Sawyer 1 - 2 hr

Follow us on Facebook at  
[Arlington Community Learning](#)  
and snatch up some deals on classes.

### How to Start Your Nonprofit Organization

Creating a nonprofit from the ground up is a rewarding experience but requires dedication and hard work. This course walks you through the process from planning to realization and everything in between. Broken into three parts: legal requirements, strategic planning and fundraising; this course gives you a road map to start a nonprofit successfully.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res \$99

ME330 Wash. Lee 2020 05/17 Thu 7p Roach 2 - 2.5 hr

### Secrets of Successful Consulting

Take the mystery out of developing a successful consulting practice. Learn techniques that locate and attract clients who will pay for the real value of your services. Determine how to price your services and obtain qualified referrals. Topics include targeting your customers, networking for results, obtaining free publicity, and more.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res \$69

ME350 Wash. Lee 2024 06/05 Tue 6:30p Sawyer 1 - 3 hr

## Music Classes

### Guitar - Beginning I

This class is designed for students who have no experience playing the guitar. Beyond learning basic music theory, students will learn chords, strumming patterns, finger placement, and several scales. Students are required to bring their own guitar (acoustic or electric) to class. Assignments / handouts will be provided.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res \$179

MU100A Career Ctr. 107 04/10 Tue 6:30p Wallace 8 - 1.5 hr

MU100B Syphax 171 04/17 Tue 8:15p Siekkinen 8 - 1.5 hr

MU100C Syphax 171 04/19 Thu 11:45a Siekkinen 8 - 1.5 hr

### Guitar - Beginning II

Prerequisite: Guitar Beginning I or equivalent experience. This class will continue to assist students learn chords, strumming patterns, finger placement, and several scales. Students are required to bring their own guitar.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res \$179

MU101A Syphax 171 04/12 Thu 6:30p Ray 8 - 1.5 hr

### Guitar - Beginning II/III

Prerequisite: Guitar Beginning II or equivalent experience. This class is to assist students with their strumming techniques, chords and scales and will be introduced to basic improvisation skills. Bring your own guitar, tuner and metronome. Handouts provided.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res \$179

MU102 Syphax 171 04/20 Fri 10a Siekkinen 8 - 1.5 hr

### Piano for Beginners I

Learn how to play piano. Class is for students with no piano playing experience. We will cover basic chords, rhythms, musical terms and the use of the metronome. Book Alfred All-in-One Level 1 ISBN 10:0-88284-818-6

Arl. Res. \$169 Arl. Sr. \$149 Non-Res \$189

MU110A Syphax 117 04/19 Thu 7p Ruble 8 - 2 hr

MU110B Syphax 113 04/20 Fri 10p McGuire 8 - 2 hr

MU110C Syphax 117 05/08 Tue 7p Ruble 8 - 2 hr

MU110D Syphax 117 05/08 Tue 1p Ruble 8 - 2 hr

### Piano for Beginners Level II

Prerequisite: Piano for Beginners or equivalent knowledge. Students will continue their study of the piano by becoming more proficient with chords and musical scales. More emphasis will be placed on reading music, rhythm and putting the notes together to create music.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res \$189

MU111A Syphax 113 04/18 Wed 1p McGuire 8 - 2 hr

MU111B Syphax 113 05/02 Wed 7p Ruble 8 - 2 hr

Click on any course listing below to be redirected to our online registration system.

## Arlington Adult Education is now Arlington Community Learning

### Piano for Beginners Level III

Prerequisite: Piano for Beginners or permission from the instructor. Students will continue their study of the piano and become more proficient with chords. Emphasis will be placed on repertoire building.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res \$189  
**MU125A** Syphax 150 04/04 Wed 10a Ruble 8 - 2 hr  
**MU125B** Syphax 113 04/12 Thu 7p Ruble 8 - 2 hr

### Piano Intermediate level

This class is a continuation of level III and will focus on playing, accuracy, tempo, voicing and repertoire building. Come to the first class prepared to share with the class.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res \$189  
**MU121** Syphax 113 04/12 Thu 10a Jones 8 - 2 hr

### Ukulele - Beginning I

What has a sound that makes you smile when you hear it, is small and fun play? The Ukulele of course. You'll learn the important skill of strumming and finger placement, playing chords and tempo. Do something different with your time, learn to play the Ukulele. Bring your own Ukulele to class. (Sorry, no baritone ukuleles.)

Arl. Res. \$169 Arl. Sr. \$149 Non-Res \$189  
**MU129A** Syphax 171 04/17 Tue 6:30p Siekkinen 8 - 1.5 hr  
**MU129B** Syphax 171 04/20 Fri 11:45a Siekkinen 8 - 1.5 hr  
**MU129C** Syphax 171 04/21 Sat 10a Siekkinen 8 - 1.5 hr

### Ukulele - Beginning II

Now that you got the basics down, start building on your skills in the level II class. We will continue to focus on strumming, chords and tempo. We will have you strumming basic songs in no time. A great way to start your Saturday morning.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res \$189  
**MU131** Syphax 171 04/19 Thu 10a Siekkinen 8 - 1.5 hr

### Ukulele - Intermediate

Continue building on what you've learned. Finger placement, speed and accuracy will be emphasized. In this class you'll begin to really enjoy the sounds coming from your Ukulele.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res \$189  
**MU134** Syphax 171 04/21 Sat 11:45a Siekkinen 8 - 1.5 hr

### Violin for Beginners

No experience at all? Students will start from zero and work through basic posture, bow technique, music reading and finger placement. Learn how to play easy tunes. Build your skills and confidence and get ready to take it to the next level. Students are required to have their own instrument.

Arl. Res. \$169 Arl. Sr. \$149 Non-Res \$189  
**MU146** Kenmore Chorus 04/09 Mon 7p Staff 8 - 2 hr

### Harmonica - The Instrument You Take with You

The harmonica is played more with feeling than sheet music. Learn to properly position the harmonica for the best results as we practice playing notes on an inhale and exhale using the middle register. Learn the tongue block and pucker techniques to play music. Learn the instrument that you can pull out of your pocket and play what you feel.

Arl. Res. \$129 Arl. Sr. \$109 Non-Res \$149  
**MU149** Kenmore Chorus Rm 05/01 Tue 6:45p Wallace 6 - 1.5 hr

### Harmonica - A Continuation

Now that you have the basics down, let's continue developing your musical abilities on the harmonica. We will focus on accuracy and tempo and further develop the proper range and notes on your instrument.

Arl. Res. \$129 Arl. Sr. \$109 Non-Res \$149  
**MU151** Kenmore Chorus Rm 05/01 Tue 5p Wallace 6 - 1.5 hr

### Arlington Concert Band

The Arlington Concert Band is a wind and percussion ensemble for adult musicians. This group is seeking musicians with intermediate to advanced playing skills, or players who have studied previously and want to return to their musical past and focus on performing in an ensemble. Arlington Concert Band aims to be an ensemble that will not only provide a local opportunity for musicians, but will serve as a promoter of music, music education and community. Openings exist for most positions - please call to inquire about open seats, contact Raul Matos at 703-228-7217. Annual Membership Fee per School Year only \$39. (Bring your own instrument)

HB Woodlawn Band Rm 04/03 Tue 7p 10 - 2 hr

MU-200A - Flute	MU-200H - Bassoon
MU-200B - Clarinet	MU-200I - French Horn
MU-200C - Oboe	MU-200J - Trumpet
MU-200D - Bass Clarinet	MU-200K - Trombone
MU-200E - Baritone Saxophone	MU-200L - Euphonium
MU-200F - Tenor Saxophone	MU-200M - Tuba
MU-200G - Alto Saxophone	MU-200N - Percussion

### Arlington Concert Orchestra

The Arlington Concert Orchestra is seeking musicians with intermediate to advanced musical skills, and all those who used to play an orchestral instrument and are looking to get back into a performance ensemble. This is a wonderful opportunity to play in a high caliber, volunteer orchestra! High quality performances, education, and fun are at the heart what we do.

Registration fee \$39 per semester. (Bring instrument)

Kenmore Band Rm 04/09 Mon 7p 10-2 hr

MU-208I - Bass	MU-208A - Violin	MU-208F - French Horn
MU-208J - Flute	MU-208B - Cello	MU-208G - Tuba
MU-208K - Clarinet	MU-208C - Harp	MU-208H - Viola
MU-208L - Percussion	MU-208D - Oboe	MU-208N - Trumpet
MU-208M - Trombone	MU-208E - Bassoon	MU-208O - Piano

### Opera Masterpieces

See and hear famous and familiar recording of operas which may include La Traviata, La Boheme, Madama Butterfly, Don Giovanni, The Marriage of Figaro, The Valkyrie, and Tristan and Isolde. Before each presentation, learn about the composer, the setting, the cast and a synopsis of the opera. Following each video presentation the class will discuss the music, the opera singers singing and acting, costumes, scenery, props and lighting.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res \$69  
**MU157B** Syphax 101 05/31 Thu 10a Soranno 2 - 2 hr

### Opera Divas, Female Opera Superstars

Through lectures and recordings explore the world of Opera Divas; the most famous and familiar female opera singers. Presentations will feature such Opera Divas as Renee Fleming, Maria Callas, Joan Sutherland, Cecilia Bartoli, Renata Tebaldi, and many others. The operas we will student may include, La Traviata, Rigoletto, Aida, La Boheme, Tosca, Cosi Fan Tutte and others. Before presenting the recording of the Opera Diva singing an aria, the teacher will discuss characteristics of the singing voice, vocal technique, the roles performed by the singer and a synopsis of the opera/scene.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res \$69  
**MU158** Syphax 171 06/14 Thu 10a Soranno 2 - 2 hr

### Mozart! Magical, Maddening, Magnificent

An irascible, scatological, petulant, arrogant, outrageously precocious boy genius who was the toast of Europe and went on to create the most perfect, breathtakingly beautiful music ever heard. And then die young, poor and mysteriously. The only composer to truly master both opera and orchestral genres, discover why Mozart's seemingly simple music intimidates even the greatest pianists, and is held to be the most exquisite, deeply moving music ever written.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59  
**MU167** Syphax 117 04/10 Tue 10a Munford 1 - 2 hr

### BEETHOVEN! The Greatest of Them All

He shocked the world and triggered the War of the Romantics. A classicist, a revolutionary, a boor, a genius, a social climber who created music (sometimes while totally deaf) that still astonishes. Furious at Napoleon, besotted by his nephew, tortured by inner demons, explore the masterpieces and meet the giant who broke-and rewrote-the rules and changed music forever.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59  
**MU168A** Syphax 101 04/05 Thu 7p Munford 1 - 2 hr  
**MU168B** Syphax 101 04/05 Thu 10a Munford 1 - 2 hr

### Discover Classical Music: The Unboring Story

Four fun, fast-moving courses open the door to the amazing world of Bach, Beethoven, Brahms, Stravinsky and more. We'll reveal a world, and provide a roadmap, for exploring a lifetime of unparalleled listening pleasure. No technical or musical knowledge required - just an open heart and ears, and a willingness to be swept away by the most exciting, beautiful and fascinating music every created. For beginners and seasoned listeners alike. One word of caution: Once you enter - you'll never go back!

Arl. Res. \$119 Arl. Sr. \$99 Non-Res \$139  
**MU170A** Syphax 103 05/03 Thu 7p Munford 4 - 2 hr  
**MU170B** Syphax 103 05/31 Thu 10a Munford 4 - 2 hr

### The Timeless Music of J.S. Bach

Ignored and forgotten in the generation after his death, the staggering power, beauty and craftsmanship of Bach's music was eventually rediscovered and ultimately revered as the gold standard of musical perfection. Incredibly prolific with over 1,000 works (and 20 children!), exploring the life, music and genius of Bach - performer, teacher, composer, (and jailbird!) - can be a lifetime adventure. Come begin the journey with a two hour introduction to the driving rhythms, soaring melodies and dazzling musical puzzles that are guaranteed to astonish and delight any music fan. Bach is the one great composer nobody doesn't love. Come hear-and learn-why.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59  
**MU171** Syphax 113 04/20 Fri 10a Munford 1 - 2 hr

### Music of the Middle Ages and Renaissance: Of Kings, Castles and Cathedrals

Enjoy a delightful 2 hour journey through the exotic world of "Early Music" from the Medieval times of Richard the Lionheart to the High Renaissance of Michelangelo. And learn how the language of music was born, developed and refined through six centuries of some of the strangest and most breathtaking music you've never heard - from sackbuts & krumphorns to pavaues & passacaglias to risque motets to high masses.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res \$59  
**MU181A** Syphax 101 05/24 Thu 10a Munford 1 - 2 hr

Check us out online at [www.apsva.us/adulted](http://www.apsva.us/adulted) or call us at (703) 228-7200

#### Voice Lessons for Adults - Level I

This Voice Lesson class is designed for students who want to improve and develop their singing talents. This class is for beginners and for those who have not experienced singing lessons or techniques before. Learn singing basics which will include methods of warm up, breath control, clear singing pronunciation of lyrics, scales, and terminology. Students will practice singing songs throughout the course.

ArL. Res. \$159 ArL. Sr. \$139 Non-Res \$179

MU201A Syphax 117 04/03 Tue 1p Stuart 6 - 2 hr

MU201B Career Ctr. 229 04/16 Mon 6:30p Jugdersuren 6 - 2 hr

#### Voice Lessons for Adults - Level II

This class is a continuation of Voice Lessons for Adult level I. Students will continue to develop breath control, singing pronunciation of lyrics, scales, and terminology. Students will practice singing songs throughout the course.

ArL. Res. \$159 ArL. Sr. \$139 Non-Res \$179

MU204 Career Ctr. 229 05/28 Mon 6:30p Jugdersuren 6 - 2 hr

#### Music Theory - Basic Composition - And Introduction

Learn the lines and spaces of both the bass and treble clefs, notes and rests values, intervals and much more.

Book Alfred's Essentials of Music Theory ISBN 0-88284-894-1

ArL. Res. \$129 ArL. Sr. \$109 Non-Res \$149

MU220 Syphax 117 04/20 Fri 1p McGuire 8 - 2.5 hr

*SAT Prep*

#### SAT Prep - Language Arts

Reading comprehension is a big part in passing the SAT exam. Discover test taking techniques, reading strategies and become familiar with what the examiners are looking for. Grammar, sentence structure, poetry and improved word choice will all be covered.

ArL. Res. \$119 ArL. Sr. \$99 Non-Res \$139

TP101A Wash. Lee 2212 04/11 Wed 7p Miller 4 - 2 hr

#### SAT Prep - Math

The math portion of the SAT can be intimidating. We will review the most common math questions on the exam. We will look over solving equations, data and graph interpretations and explore some practice tests and strengthen any weaknesses. Build your confidence to conquer the math portion of the exam.

ArL. Res. \$119 ArL. Sr. \$99 Non-Res \$139

TP101B Wash. Lee 2212 05/09 Wed 7p El-Hakim 4 - 2 hr

*Auto & Industry*

#### Automotive Repair Procedures

This course will be based on the automobile problems and needs of the students. Hands-on shop work on owner's vehicles will guide the weekly lesson. Basic repairs will be limited to shop time, space, and equipment. Diagnostic information will be supplied, as available, to assist the student in correcting problems. The purchase of some necessary basic hand tools and materials will be identified. Course is taught in the Auto Technology Lab.

ArL. Res. \$229 ArL. Sr. \$209 Non-Res \$249

TI100 Career Ctr. Auto Shop 04/17 Tue 6:30p Little 8 - 3 hr

#### Automotive Repair Procedures-Advanced

The curriculum of the course will be based on the automobile problems and needs of the students. Hands-on shop work on owner's vehicles will guide the weekly lesson. Basic repairs will be limited to shop time, space, and equipment. Course offers more advanced diagnostics. Course is taught in the Auto Technology Lab.

ArL. Res. \$229 ArL. Sr. \$209 Non-Res \$249

TI103 Career Ctr. Auto Shop 04/18 Wed 6:30p Winchell 8 - 3 hr

#### Car Maintenance Workshop

Class is designed for students who have limited to no knowledge of car maintenance. Students will learn how to perform simple maintenance on their car, such as changing the oil, topping off fluids and checking tire pressure. Students will also learn how to change a flat tire and what to do when the car overheats. This is a hands-on class.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res \$99

TI106 Career Ctr. Auto Shop 06/12 Tue 6:30p Winchell 3 - 2.5 hr

#### Introduction to Architectural Drawing using Google Sketchup

Learn the basics to architectural design in Google Sketchup (a free software developed by Google). Our class project will be to design a one-story house, which will include interior and exterior doors, windows, exterior and interior walls, floors, roof and structural foundation. The 3D capability in Google Sketchup will give you a realistic view of your final design.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res \$99

TI230 Career Ctr. 213 04/10 Tue 7p Martinez 3 - 2 hr

#### Introduction to Woodworking & Cabinetmaking

Course begins with a six-week orientation focusing on wood types and uses, wood joinery, cabinetry design, and proper, safe use of tools and equipment. For the remaining classes, students have full use of modern woodworking equipment, tools, and shop to construct individual furnishings. Student supplies lumber and materials for personal projects. Some storage is available. Course is taught in the Wood Shop.

ArL. Res. \$229 ArL. Sr. \$209 Non-Res \$249

TI302 Career Ctr. Wood Shop 04/17 Tue 7p Redda 10 - 3 hr

#### Advanced Woodworking and Cabinetmaking

Prerequisite: Prior participation in Introduction to Woodworking and Cabinetmaking (TI-302) is mandatory. This course allows students continued use of the fully equipped shop to construct items of personal interest and improve their woodworking skills. Emphasis is on advanced techniques such as veneering, millwork, lathe turning, and joinery. Student supplies lumber and materials for personal projects. Some storage is available. Taught in Wood Shop.

ArL. Res. \$229 ArL. Sr. \$209 Non-Res \$249

TI303 Career Ctr. Wood Shop 04/19 Thu 7p Redda 10 - 3 hr

#### Furniture Repair and Refinishing

Hands-on course. Each student works on one or more projects of their own choosing. Learn to recognize different qualities of furniture. For each project, learn how to identify what needs to be done, create a plan, select the right materials, and then, working together, either restore, conserve, or refinish the piece. Course includes basic furniture repairs, fixing damaged finish, coloring for authenticity, and reapplying finish. Bring one or more projects to the first class! Students will work on multiple projects. As materials vary for each project, instructor will provide supply lists at the first class. Course taught in the Wood Shop.

ArL. Res. \$159 ArL. Sr. \$139 Non-Res \$179

TI305 Career Ctr. Wood Shop 04/18 Wed 7p Staff 8 - 2.5 hr

#### Plumbing

Study supply, drain, waste, and vent piping fabricated with copper, plastic, and iron/steel. Course covers the installation of new and remodeled systems as well as maintenance of existing systems. Class is taught in the Wood Shop. Text: Step by Step Guide Book for Home Plumbing.

ArL. Res. \$189 ArL. Sr. \$169 Non-Res \$209

TI309 SEEC 04/05 Thu, Mon 6:30p Daly 6 - 3 hr

#### Drywall

Learn how to hang, finish, and repair drywall. Proper tools, materials, and techniques will be stressed. Course is taught at SEEC. Text: Step by Step Room Finishing

ArL. Res. \$189 ArL. Sr. \$169 Non-Res \$209

TI310 SEEC 05/17 Thu, Mon 6:30p Daly 6 - 3 hr

#### Ceramic Tile

Learn the basics of proper tool usage, material selection and layout techniques in order to produce quality floor, wall and countertop jobs using ceramic tile. text: Hometime: How to Ceramic Tile ISBN 1890257052.

ArL. Res. \$189 ArL. Sr. \$169 Non-Res \$209

TI316 SEEC 06/11 Mon, Thu 6:30p Daly 6 - 3 hr

#### Electrical Wiring for the Homeowner

Course will cover tools, materials, and techniques necessary for the homeowner to maintain, repair, and/or modify the existing electrical service in a typical residential electrical installation. Practical hands-on application of electrical theory and NEC requirements will be utilized. Class is taught in the Wood Shop. Text: Step by Step Home Wiring.

ArL. Res. \$199 ArL. Sr. \$179 Non-Res \$219

TI321 SEEC 04/26 Thu, Mon 6:30p Daly 6 - 3 hr

#### Hardwood Flooring - Installation and Maintenance

You can do this. Installing your own hardwood flooring can be done once you understand the tools, materials and techniques involved. Learn from an experienced woodworker the "tricks to the trade" and gain the confidence to do the job. Through instruction, flooring samples, start-to-finish layout procedures and tips on avoiding mistakes, you can gain the knowledge necessary to lay your own floors. Other topics covered in the class will include, sanding, staining and maintenance.

ArL. Res. \$49 ArL. Sr. \$39 Non-Res \$59

TI329 Career Ctr. 112 05/16 Wed 7p Jackson 1 - 2.5 hr

#### Understanding Your Home: How to Spot, Correct & Avoid Defects & Keep Everything Running

Anyone who wants to buy or sell or maintain a home can benefit from this class. Dozens of money-saving tips on how to identify structural, mechanical and cosmetic defects in both older and new homes will be presented. The course will provide a basic understanding of how everything in your house works, when to repair or replace and how to go about finding reliable services. Students will also review construction materials, trade practices and environmental issues, including indoor air pollutants such as mold, radon and allergens.

ArL. Res. \$49 ArL. Sr. \$39 Non-Res \$59

TI332 Career Ctr. 112 05/10 Thu 7p Jackson 1 - 2.5 hr

#### Kitchen and Bath Remodel - Design Concepts & Execution

Learn the new concepts, codes, design trends and execution of a successful Kitchen and Bathroom Remodel Project. Look at special layout, code implications, stylish materials & fixtures. Special attention to "Aging-in-place" design.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res \$99

TI358 Career Ctr. 107 05/02 Wed 7p Carter 2 - 2.5 hr



## Arlington Adult Education is now Arlington Community Learning

### GED® (High School Equivalency Certificate)

The General Educational Development (GED) Program is designed for persons who were once enrolled in school, but who, for various reasons, did not complete the requirements for high school graduation.

#### ENGLISH GED PREPARATION OPTIONS

Classes help develop or refresh the skills necessary for successful completion of the GED test. Students are encouraged to take the GED test when their progress indicates their readiness.

New GED students are required to take an English and Math assessment to assure proper course placement. Assessment takes 3 hours. See placement assessment dates below:

\* Thurs. 3/8 at 5 p.m.      \* Mon. 3/12 at 12:30 p.m.      \* Tues. 3/13 at 9:00 a.m.  
\* Mon. 3/19 at 12:30 p.m.      \* Tues. 4/10 at 9 a.m.      \* Thurs. 4/19 at 5 p.m.  
\* Tues. 4/24 at 9 a.m.

Call 703-228-7220 to schedule your placement assessment.

#### GED Preparation Classes Level 4

Monday, Wednesday and Friday. A combination of traditional teacher led classes and individualized instruction is included. Course will cover all four subjects of the GED test.

14-week Mornings 9am - 11:30am Cost \$169

GE-015A Syphax Ctr. 108 5/7 - 8/15 Joseph Mon./Wed./Fri.

8-week Evenings 6pm - 8:30pm Cost \$99

GE-015B Syphax Ctr. 108 5/7 - 7/2 Van Buren Mon./Wed.

#### GED Preparation Class Level 3

8-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills.

Cost: \$99

GE-014 Wakefield A-331 4/24 - 6/14 TBA Tues./Thurs.

#### GED Preparation Class Level 2

8-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills.

Cost: \$99

GE-013 Wakefield A-335 4/24 - 6/14 Brundidge Tues./Thurs.

#### Basic Math Class

8-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on basic Math skills.

Cost: \$99

GE-012 Wakefield A-339 4/24 - 6/14 Jones Tues./Thurs.

#### Skill Builder Class

14-week program meeting Saturday mornings from 10:00 a.m. to 12:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on Language Arts and basic Math skills.

Cost: \$69

GE-023 Syphax Ctr. 108 5/5 - 8/11 Johnson Sat.

#### GED EN ESPAÑOL - CURSO PREPARATORIO Y DE REPASO

Se ofrecen clases de repaso de las materias abajo indicadas, las que ayudarán a desarrollar la preparación necesaria para pasar el examen del GED, y obtener el Certificado de Equivalencia de Educación Secundaria otorgado por el Estado de Virginia.

#### Requisitos:

Haber completado la mayoría de los estudios secundarios o demostrar el conocimiento básicos de lectura, escritura y matemáticas.

#### Materias de Estudio:

Matemáticas (aritmética, algebra, geometría), lectura y redacción y estudios sociales.

#### Lugares y Horario:

##### Kenmore Middle School

200 S. Carlin Springs Road Arlington, Va. 22204

Sala #290, Lunes y miércoles de 7:00 p.m. a 9:00 p.m. Las clases empiezan el 30 de abril y terminan el 25 de julio (12 semanas, no hay clases cuando hay un feriado). Matrícula: \$129 Código: GE-003 Sparks/Downs

The 2014 version of the GED® test is given on the computer. To receive their GED® test credential, test-takers need to reach a minimum score of 145 on each subject.

*GED Graduation June 8, 2018*

*Washington Lee High School*



### ENCORE LEARNING

Offering daytime non-credit college-level courses, clubs & special events for those 50+ in the metropolitan area

[www.encorelearning.net](http://www.encorelearning.net)



### Want to see what's available, Spring 2018?

Courses are posted online at

[www.apsva.us/parentacademy](http://www.apsva.us/parentacademy)

If you have questions or ideas, call the APS Department of School & Community Relations at 703-228-6005.

# English as a Second Language (ESL)



## REEP

Arlington Education and Employment Program  
**English Classes for Adult Learners**  
 Syphax Education Center, 2110 Washington Blvd. #106  
 Arlington, Virginia 22204

[www.apsva.us/reep](http://www.apsva.us/reep)

[reep@apsva.us](mailto:reep@apsva.us)

### Intensive English Classes

Beginning, intermediate, and advanced levels of intensive English instruction, taught by trained and experienced ESL professionals, are offered in 12-week sessions at the following locations:

#### Syphax Education Center

2110 Washington Blvd., Room 106  
 Classes begin in January, March, July, and September:

Monday-Friday 9:00 a.m.-12:00 p.m.  
 Monday-Thursday 6:45 p.m.-9:00 p.m.

\$285.00 morning/\$200 evening for Arlington residents and employees. Scholarships are available.\*\*

#### Arlington Mill Community Center

909 South Dinwiddie Street, Room 403  
 Classes begin in February, May, August, and November:

Monday-Thursday 4:15 p.m. - 6:30 p.m.  
 Monday-Thursday 6:45 p.m. - 9:00 p.m.

\$200.00 for Arlington residents and employees.  
 Scholarships are available.\*\*

Note: Some classes will be held at Wakefield High School

### Conversation Classes Intermediate & Advanced Levels

#### Syphax Education Center

2110 Washington Blvd., Room 106  
 Eleven week classes, taught by trained and experienced ESL professionals, begin April and October:

Tuesday and Thursday 1:00 p.m.-3:00 p.m.  
 \$125.00\*\* for Arlington residents and employees.  
 No scholarships available.

### BEGINNING ENGLISH CLASSES IN COMMUNITY CENTERS

Free non-intensive, **beginning-level** classes taught by trained volunteers at:

**Arlington Mill**, 909 S. Dinwiddie St.  
**Gates of Ballston**, 4108 N. 4th St.

Call (703) 228-4200 for current class schedule.  
 No placement test required. AM and PM classes offered.

### Volunteers Needed

See <https://www.apsva.us/reep/volunteering> for position descriptions and contact information.

### **NEW** INTENSIVE ENGLISH AND WORK CERTIFICATE PROGRAMS



Northstar Digital Literacy Certification  
 ■ Computer Skills Certification ■



ServSafe® Certification  
 ■ Food Manager Certificate ■

- For Intermediate and Advanced English students
- 12-week course
- Classes will be held at Syphax education Center
- Certification classes meet 1 day per week in combination with Intensive English classes. See schedule above.
- Call for more information



**(703) 228-4200**

\*\*Tuition is higher for students who do not live or work in Arlington, is subject to change, and includes a \$35.00 non-refundable testing and registration fee.\*\*\*

Some scholarships for intensive classes are available to Arlington residents through a lottery for qualified applicants. Scholarship recipients pay \$35.

Payment by money order or credit card. No checks or cash.  
 Registration must be in person. No telephone or mail-in registrations can be accepted for these programs.

# Arlington Adult Education is now Arlington Community Learning

## Things You Should Know

**REGISTRATION:** Please register early to avoid disappointment. Tuition may be paid by check (returned checks are subject to a fee), money order, or credit card. We accept Visa, MasterCard and Discover Card. Make checks payable to: Arlington Public Schools. Registration is complete once payment is received. Cash payments are not accepted. **You will not receive confirmation**, unless you register online, in which you will receive an email confirmation. You must register before attending class. Instructor may not receive payment.

All Arlington residents 62 years or older receive a discount on tuition when registering for class.

**REFUND POLICY:** You will receive a full refund if class is canceled by ACL. Refund requests received before the first class are subject to a 10% service charge (minimum \$10.00). Refund/transfers before the second class (of a multiple session course) are subject to a 10% service charge, plus a prorated fee for each class held before receipt of request whether or not the participant attended. No refund/transfers after second class. No refund for single night class if you were unable to attend. No refund on material fee if student cancels 48 hours prior to class.

**WEATHER RELATED CLOSINGS:** Arlington Community Learning classes are canceled whenever Arlington Public Schools close for inclement weather. Closings are announced on the Arlington Public Schools' website at [www.apsva.us](http://www.apsva.us) and local radio and TV stations.

You can also call the weather hotline at 866-322-4277. When an announcement is made that there is a morning school delay (not closing), **all Arlington Community Learning classes will take place as regularly scheduled.** If class is canceled, classes that meet once are rescheduled for the next week, when possible. Classes that meet more than once will meet at the next scheduled session and students will receive make-up information in class.

**TEXTBOOKS:** Textbooks are becoming more expensive. We encourage students to purchase books online at discount book sites or bookstores. Many books may be purchased from Barnes and Noble in Clarendon. Some may be found used online. The Arlington Community Learning Program now sells a limited number of foreign language books. Prices may vary.

**ATTENTION:** Arlington Public Schools prohibits discrimination on the basis of race, religion, gender, sexual orientation, national origin, age, disability, pregnancy or marital status. This policy provides equal access to courses and programs, counseling services, physical education and athletics, vocational education, instructional materials and extra-curricular activities. Report violations of this policy to the Assistant Superintendent for Administrative Services, 703-228-6008, or the Assistant Superintendent for Personnel, 703-228-6110.

**OFFICE HOURS:**  
**Monday through Friday:**  
9:00 a.m. - 5:00 p.m.

**HOLIDAYS AND CLOSINGS:**  
No classes will be held on:  
Memorial Day: May 28th

### Parking at Syphax Education Center

Parking at the Syphax Education Center is located in the parking garage, adjacent to the building. There is also street metered parking which is discounted during that day and free after 6pm, also free on the weekends. For evening classes, exit the parking garage on the lower level. Bicycle racks are available. Staff and student parking located at B1 and B2.

\*\*\* The Arlington Community Learning provides partial scholarships to Arlington residents who qualify, call for more information. \*\*\*

### Arlington Community Newsletter

Be the first to know when our new catalog is coming out, when the new semester begins, when new classes are added, community concerts, special events and discounts.

Sign up by scanning here






or add this url into your browser:  
<https://goo.gl/XXSwR9>

<p>Register Online</p>  <p><a href="http://www.apsva.us/adulted">www.apsva.us/adulted</a></p>	<p>FAX it in!</p>  <p>703-228-8049</p>	<p>Mail it in!</p>  <p>2110 Washington Blvd. #106 Arlington, VA 22204</p>	<p>Call it in!</p>  <p>703-228-7200</p>	<p>Walk it in!</p>  <p>Same as our Mailing address</p>
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## Class Registration Form

Please fill out completely. Registration is complete upon processing of this form. Indicate second student on separate form. If mailing, make check/money order payable to Arlington Public Schools. Cut and mail with tuition to Adult Education Program, 2110 Washington Blvd. #106, Arlington, VA 22204. Or fax to (703) 228-8049.

Confirmation will be sent, only upon request. Report to class unless otherwise advised.

Last Name			First			Middle			Male <input type="checkbox"/>	Senior 62+ <input type="checkbox"/>	
									Female <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	
Local Address (street, city, state & zip)										Daytime Telephone	
Email:										Evening Telephone	
Credit Card Information <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover										Donation to JGMS (see website for details)	
CC # _____ Exp. Date _____ Security Code _____										\$	
Cardholder/Check Name (if other than student) _____										Total Charged	
										\$	
M	T	W	Th	F	S	Time	Date	Course #	Name of Course	School	\$
Registration Card Arlington Adult Education Program <a href="http://www.apsva.us/adulted">www.apsva.us/adulted</a>						Tuition Paid _____ <input type="checkbox"/> Charge			Internal Use:		
Date Paid _____ <input type="checkbox"/> Check									  		

Arlington Public Schools  
Career, Technical, and Adult Education  
2110 Washington Blvd.  
Arlington, Virginia 22204

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or Current Resident

# Arlington Community Learning

*...where learning never ends!*

Welcome to the Spring Term

We have over 200 classes  
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Finance Computers Music  
Cooking Foreign Languages... and much more

Interested in  
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website

We have  
plenty of  
opportunities



Register online at [www.apsva.us/adulted](http://www.apsva.us/adulted)

Tel: 703-228-7200



Sign up for our e-Newsletter and be the  
first to know about upcoming catalogs,  
new classes, discounts, concerts & more!



Arlington  
Public  
Schools