HEALTH UNIT GOAL
After completing the unit lifeskills objectives, students will demonstrate their ability to access and navigate an aspect of the healthcare system using level appropriate language skills.

NOTE: Be careful to maintain student privacy by using sample health-related scenarios when needed.

HEALTH LIFESKILLS PERFORMANCE OBJECTIVES:
1. Given visuals, identify parts of the body.
2. Identify healthy food and lifestyle choices.
3. Identify parts of a food label (sugar, fat, and sodium).
4. Given visuals of emotions, ask and answer questions about feelings and emotions.
5. Given visuals of people who are sick or injured, ask and answer questions about illness or injury.
6. Respond to common instructions from a nurse or doctor, e.g. lie on your back, roll up your sleeve, open your mouth, and take 2 Tylenol.
7. Complete a simplified medical form.
8. Match visuals from simplified medicine labels with spoken and written instructions.
9. Given visuals of an emergency, simulate a 911 call and request assistance giving name, location, and telephone number.

Culminating Assessment Activities: 100: Going to the Doctor
### REEP ESL Curriculum for Adults

<table>
<thead>
<tr>
<th>LIFESKILLS PERFORMANCE OBJECTIVES</th>
<th>FUNCTIONS &amp; LANGUAGE</th>
<th>DIGITAL LITERACY INTEGRATION</th>
<th>RESOURCES</th>
<th>EXTENSIONS</th>
</tr>
</thead>
</table>
### REEP ESL Curriculum for Adults

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
</table>
| 2. Identify healthy food and lifestyle choices. | Give info/express opinion:  
  I exercise.  
  I don't smoke.  
  This is healthy.  
  This is not healthy.  

  Structures:  
  Simple present; Negatives | **Reepworld Health - Healthy Life and Food** | **REEP Lesson Plan: Health 100 Healthy Food and Lifestyle Choices**  
  *OPD 2, p. 68-71  
  BOPD, p. 64  
  Stand Out 1, 2nd Ed., Unit 6 (Lesson 5) (use visuals, or use entire lesson with high students or mixed classes)  
  Stand Out 2, 2nd Ed., p. 101 (visuals)  
  Future Intro, 1st Ed., p. 96 |
| 3. Identify parts of a food label (sugar, fat, and sodium). | Students take photos of nutrition labels of foods they regularly eat, share on class management tool or using document camera and projector, and identify vocabulary. |   |
### REEP ESL Curriculum for Adults

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Structures: Simple present Questions: wh &amp; yes/no</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## REEP ESL Curriculum for Adults

<table>
<thead>
<tr>
<th>Activity</th>
<th>Instructions</th>
<th>Resources</th>
</tr>
</thead>
<tbody>
<tr>
<td>6. Respond to common instructions from a nurse or doctor, e.g. lie on your back, roll up your sleeve, open your mouth, and take 2 Tylenol.</td>
<td>USA Learns.org &gt; 1st course &gt; Unit 16 Doctors and Medicine Learning Chocolate: Clinic</td>
<td></td>
</tr>
<tr>
<td>7. Complete a simplified medical form.</td>
<td>Sample Language: Patient's name Address Phone number Reepworld Health: Health Problems &gt; Medical Forms Online Simplified Health Forms Online Health Form</td>
<td>LifePrints 1, p. 90 Survival English 1, p. 100 medical form</td>
</tr>
</tbody>
</table>

realia (medicine labels)
### REEP ESL Curriculum for Adults

| 9. Given visuals of an emergency, simulate a 911 call and request assistance giving name, location, and telephone number. | Make request for assistance:
Emergency! Police!
Fire!
Ambulance! Please hurry!
Report info:
My address is...
My phone number is...
Make/respond to requests: clarification:
The spelling is...
I don't speak English…
Structures:
Simple present
Imperatives | **Reepworld Health: Emergencies**
Use class management tool with audio calling to practice making 911 calls, student to teacher and student to student. | **REEP Lesson Plan: Health 100 Emergency Phone Calls**
*OPD 2, p. 116-117*
*LifePrints1, p. 14*
*A New Start, p. 27*
*Access, p. 91*
*Survival English 1, 2nd Ed., p. 98*
*BOPD, p. 74, 75*
*BOPDL, p. 185, 189-191*
*Future Intro, 1st Ed., p. 184-185*
*Arlington Survival Video: 911 Picture Stories, Emergencies* |