Winter 2019 Catalog

Register online at www.apsva.us/acl





Arlington Public



Schools ...where learning never ends!

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Message from the Superintendent

Dear Lifelong Learners,

The use of technology has changed the way we live and is also used to teach for the future and learn from the past. A nice way to break away from the demanding grasp of today's technology is to join other adults in person and enjoy a class together.

Since knowledge is always at our fingertips through the use of various platforms, we have access to complete encyclopedias of knowledge, maps of the world, delicious recipes and hundreds of photos. It is used in everyday appliances, in healthcare, transportation and education, and it can even help us order carryout by simply speaking to our home electronic devices.

And, we know at Arlington Public Schools, that there is always more to learn in our teacher-led classes where you will study new things, discover a skill or talent, meet new people, and possibly making a new friend, all of which are objectives of the Arlington Community Learning Program... where learning never ends. Join us this winter to experience one our classes and to keep the learning going!

1301 N. Stafford St.., 22201

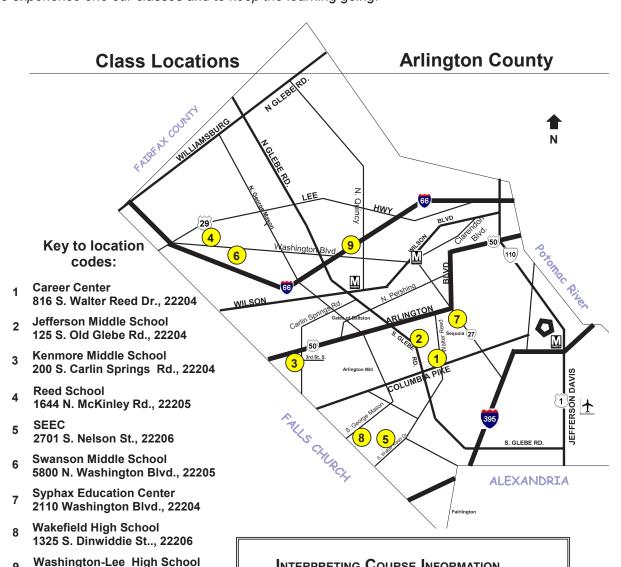


Patrick K. Murphy, Ed. D. Superintendent, Arlington Public Schools

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Interpreting Course Information

Course description

Painting
Beginning through advanced oil and according to the second seco

Arl. Res. \$149 Arl. Sr. \$98 Non-Res. \$197

Course Location Room Starting Day(s) Starting number code number date course held time

supplies (approx. \$54).

FA301 Glebe 11 6/7

Course name

(SAMPLE)

T 1:00p

Resident, Non-Resident,

- 3 hr

McElvany 5

Choose the right foreign language class for you!

Beginning (

This course is for beginner students without any knowledge of the language. Course includes basic elements of grammar, vocabulary, oral skills, listening comprehension, and small amount of reading and writing.

Beginning II

Prerequisite: Beginners I or equivalent knowledge. This class is a continuation of Beginners I and is designed for students with some knowledge of the language. Course will focus on elements of grammar, building vocabulary, pronunciation, listening comprehension, and reading and writing.

Beginning III

Prerequisite: Beginners II or equivalent knowledge. A continuation of Beginners II. This course is designed to expand grammar and vocabulary. Class focus on developing conversation skills through oral and written exercises on a variety of topics.

Prerequisite: Beginners III or equivalent knowledge. A continuation of Beginners III. This course will continue to expand your vocabulary and improve your grammar skills. More emphasis will be placed on conversation skills through oral and written exercises on a variety of topics.

Prerequisite: Intermediate I or equivalent knowledge. A continuation of Intermediate I. This course is primarily taught in the foreign language with some English. Course will focus on more fluid conversation skills. Reading, writing and oral exercises in the foreign language will be practiced.

Prerequisite: Intermediate II or equivalent knowledge. A continuation of Intermediate II. This course is taught in the foreign language. Course will focus on more fluid conversation skills. Reading, writing and oral presentations in the foreign language will be practiced.

Conversation

Designed for fluent speakers. Emphasis will be on oral and reading skills. Translation, some writing, conversation, and vocabulary will be covered. Class will be conducted in the foreign language.

Foreign Languages

French - Beginning I

Text: French Now Level 1 fifth Edition ISBN 978-1-4380-72791. Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL500A Syphax 117 01/10 Thu 10a Rollins FL500B Wash. Lee 2230 01/17 Thu 7p Van Duyn 10 - 2 hr FL500C Syphax 107 01/19 Sat 9a Stuart 10 - 2 hr

French - Beginning II

Text: French Now Level 1 fifth Edition ISBN 978-1-4380-72791. Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 **FL501A** Syphax 150 01/09 Wed 10a Rollins 10 - 2 hr FL501B Wash. Lee 2229 01/10 Thu 7p O'Neil 10 - 2 hr 01/19 Sat 11:15a Stuart 10 - 2 hr **FL501C** Syphax 107

French - Beginning III

Text: French Verb Tenses ISBN 978-1-4380-0290-3. Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL507 Wash. Lee 2222 01/16 Wed 7p Razatovo 10 - 2 hr

French - Intermediate I

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL511 Syphax 150 01/09 Wed 7p Stuart 10 - 2 hr

French - Intermediate II

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL512 Wash. Lee 2222 01/15 Tue 7p Razatovo 10 - 2 hr

French - Conversational

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL504A Wash. Lee 2229 01/14 Mon 7p Van Duyn 10 - 2 hr FL504B Syphax 150 01/22 Tue 10a Farzaneh 10 - 2 hr

Spanish - Beginning I

Text: Dicho y Hecho 7th Edition. ISBN-10: 0471268860 Arl. Res. \$239 Arl. Sr. \$219 Non-Res. \$259 FL517A Syphax 107 01/08 Tue 10a Sarmiento 10 - 2.5 hr FL517B Wash. Lee 2213 01/16 Wed 7p Sarmiento 10 - 2.5 hr FL517C Wash Lee 2226 01/17 Thu 7p Ballester 10 - 2.5 hr

Spanish - Beginning II

Text: Dicho y Hecho 7th Edition . ISBN-10: 0471268860 Arl. Res. \$239 Arl. Sr. \$219 Non-Res. \$259 FL518A Syphax 107 01/14 Mon 10a Sarmiento 10 - 2.5 hr FL518B Wash. Lee 2213 01/22 Tue 7p Contreras 10 - 2.5 hr

Spanish - Beginning III

Text: Dicho y Hecho 7th edition . ISBN-10: 0471268860 Arl. Res. \$239 Arl. Sr. \$219 Non-Res. \$259 FL519 Wash. Lee 2016 01/09 Wed 7p Manzano 10 - 2.5 hr

Spanish - Intermediate I

Dicho y Hecho 7th Edition. ISBN-10: 0471268860 Arl. Res. \$239 Arl. Sr. \$219 Non-Res. \$259 FL520A Wash. Lee 2215 01/15 Tue 7p Manzano 10 - 2.5 hr FL520B Syphax 173 01/16 Wed 10a DeLeon 10 - 2.5 hr

Spanish - Intermediate II/III

Arl. Res. \$239 Arl. Sr. \$219 Non-Res. \$259 FL528 Syphax 113 01/14 Mon 10a Hernandez 10 - 2.5 hr

Spanish - Intermediate/Conversation

Arl. Res. \$239 Arl. Sr. \$219 Non-Res. \$259 FL523A Syphax 170 01/15 Tue 10:45a Umaran 11 - 2.25 hr FL523B Wash. Lee 2209 01/15 Tue 7p Cevallos 10 - 2.5 hr

Spanish - Grammar Workshop Level I

Prerequisite: Spanish Beginning I or Beginning II. To speak a language correctly, it's important to know that grammar. This class is designed specifically with that purpose in mind. Students will review the conjugation of verbs, practice basic conversation, build vocabulary and review grammar skills.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179

FL524A Wash. Lee 2211 01/15 Tue 7p Ballester 6 - 2 hr FL524B Syphax 107 01/16 Wed 1p Cevallos 6 - 2 hr

Spanish - Grammar Workshop - Level 2

Prerequisites: Grammar-Workshop I or Spanish Beginning III or Intermediate level I. Improve your Spanish grammar by reviewing the conjugation of simple and compounds verb tenses in some moods. You will also practice your basic levels of conversation, writing, reading, listening and comprehension with new vocabulary and grammatical patterns.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179

FL525A Wash. Lee 2211 02/26 Tue 7p Ballester 6 - 2 hr FL525B Syphax 107 02/27 Wed 1p Cevallos 6 - 2 hr

German - Beginning I

Textbook: Living Language German, Complete Course, The Basics ISBN 978-1-4000-2411-7 Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 FL531A Wash Lee 2023 01/15 Tue 7p Waters 8 - 2 hr

FL531B Syphax 173 01/23 Wed 11a Lubkans 8 - 2 hr

German - Beginning II

Textbook: Living Language German, Complete Course, The Basics ISBN 978-1-4000-2411-7 Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 FL532 Wash. Lee 2023 01/09 Wed 7p Waters 8 - 2 hr

Arabic - Beginning I

Text: Alif Baa: Intro to Arabic Letters and Sounds, ISBN 13: 978-1589016323. Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL538A Syphax 150 01/16 Wed 1p Haddad 10 - 2 hr FL538B Wash. Lee 2212 01/16 Wed 7p Haddad 10 - 2 hr

Arabic - Beginning II

Text: Al-Kitaab Intro to Arabic Letters and Sounds, ISBN 1-58901-102-3. Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 FL541 Wash. Lee 2203 01/16 Wed 7p Melki 8 - 2 hr

Italian - Beginning I

Text: Oggi in Italia 7th edition. ISBN 0-618-11220-0. Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL544A Wash. Lee 2227 01/16 Wed 7p Della Queva 10 - 2 hr **FL544B** Syphax 150 01/17 Thu 11:30a

Italian - Beginning II

Text: Oggi in Italia 7th edition. ISBN 0-618-11220-0. Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL545A Syphax 170 01/16 Wed 9a Vigliocco-Cockrell 10 - 2 hr FL545B Wash. Lee 2219 01/17 Thu 7p Della Queva 10 - 2 hr

Italian - Beginning III

Text: Oggi in Italia 7th edition. ISBN 0-618-11220-0 Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL546A Wash. Lee 2016 01/15 Tue 7p Della Queva 10 - 2 hr FL546B Syphax 171 01/16 Wed 11:15a Vigliocco-Cockrell 10 - 2 hr

Italian - Intermediate

Text: Oggi in Italia, 7th edition. ISBN 0-618-11220-0. Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL547 Wash. Lee 2227 02/05 Tue 6:30p Bucelli 10 - 2 hr

Chinese Mandarin - Beginning I

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL550 Wash. Lee 2018 01/14 Mon 7p Chu 10 - 2 hr

Chinese Mandarin - Beginning II

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL551 Wash. Lee 2018 01/17 Thu 7p Staff 10 - 2 hr

Japanese - Beginning I

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL555 Wash. Lee 2228 01/31 Thu 7p Takamatsu 10 - 2 hr

Japanese - Beginning II

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL558 Wash. Lee 2228 01/30 Wed 7p Staff 10 - 2 hr

Korean - Beginning I

Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 FL561 Syphax 202 01/22 Tue 7p Song 8 - 2 hr

Russian - Beginning I

Text: Russian: Face to Face - Beginning ISBN 0844243027 Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL570A Syphax 121 01/15 Tue 10a Scheuchenzuber 10 - 2 hr FL570B Syphax 150 01/15 Tue 7p Scheuchenzuber 10 - 2 hr

Russian - Beginning II

Text: Russian: Face to Face - Beginning ISBN 0844243027 Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL572 Syphax 121 01/10 Thu 7p Scheuchenzuber 10 - 2 hr

Russian - Intermediate I

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL574 Syphax 107 01/09 Wed 7p Scheuchenzuber 10 - 2 hr

Portuguese - Beginning I

Text: Ponto De Encontro ISBN: 13:978-0-13-1894051 Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL581 Wash. Lee 2019 01/16 Wed 6:30p Cevallos 10 - 2 hr

Portuguese - Conversational

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL585 Syphax 121 01/17 Thu 7:30p Moghrabi 10 - 2 hr

Ancient Greek

Textbook: Greek: An Intensive Course, 2nd Revised Edition, ISBN-10: 0823216632 Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 FL595 Wash. Lee 2219 02/05 Tue 7p Staff 8 - 2 hr

Latin - Beginning I

Text: Cambridge Latin Course Unit 1 ISBN: 0-521-78228-7 (Buy text NEW through Arlington Community Learning for \$12) Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239

FL606 Career Ctr. 215 01/15 Tue 7p Strang 10 - 2 hr

Latin - Beginning II

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 FL607 Career Ctr. 215 01/17 Thu 7p Strang 10 - 2 hr

Computer Classes

Typing Skills I

Learn beginning keyboarding skills on a personal computer. Emphasis is placed on mastering the keyboard using the touch

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 **BE406** Wash. Lee 2010 01/29 Tue, Thu 7p Stanley 8 - 1.5 hr

Typing Skills II

Learn Computers at a SLOW Pace

This is a slow and steady computer class for those who need to learn the basics at a patient pace. Learn how to turn on the computer, use the mouse, and save a file. Discover what you can do on the Internet, from e-mailing photos, finding a job or an old friend, and do so safely. Finally, become comfortable and stressfree while using the computer.

Arl. Res. \$119 Arl. Sr. \$109 Non-Res. \$129 **BE441A** Syphax 115 01/16 Wed 10:30a Matos 3 - 2 hr **BE441B** Syphax 115 03/13 Wed 7p Matos 3 - 2 hr

Learn Computers at a Slow Pace - Level II

Now that you have covered the basics, let's dig a little deeper. Learn to transfer files from a flash drive to your computer, create a basic Excel spreadsheet, a letter in Microsoft Word and use free online resources to improve your typing skills. Gain the confidence you need to continue putting into practice what you've learned.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 **BE442** Syphax 115 02/19 Tue 10:30a Matos 2 - 2 hr

Scam Alert for Arlington Seniors!! - Protect Yourself Online

Learn how to protect yourself, your home and digital devices (such as cell phones, laptops, and tablets) from security threats including digital dangers online. Recent high-profile cyberattacks have increased concerns about security and privacy. This course will share practical preventive measures to educate and empower you to not fall victim to Frauds and Scams Targeting Seniors, Identity Theft, Smartphone Security, and Privacy. Additionally, what to do if you become a victim of hacking or cyber-attacks will be covered.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 BE203 Syphax 115 02/13 Wed 10a Allen 1 - 1.5 hr

Organizing Your Computer Files & Folders

Learn the basic skills for organizing photos, files and music on your computer and how to use Windows to create folders, display the date and time a file was last saved and sort by name or date. Also learn how to move files around on your computer, delete files, and create shortcuts on your desktop. Naming and searching for files will also be covered.

Using Email and Sending Attachments

This class will focus on best practices when sending and receiving emails. How to send attachments, like photos and documents to email and how to open attachments and save them to your computer. Label email as spam, create folders to archive email, email signature & more. You won't want to miss this class. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

BE210 Syphax 115 03/14 Thu 10a Matos 1 - 2 hr

Decrease Your Telecom Costs

Want to explore ways to decrease your landline, wireless and cable bills? In this highly informative class, find out about new technologies like Roku, Aereo & Hulu. Find out how to get free HDTV and go wireless to help save you money. Communicate via FaceTime & Google Voice to replace your landline phone. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

BE230 Syphax 115 01/11 Fri 10a Livingston 1 - 2 hr

Craigslist - Two-Hour Crash Course

Craigslist is used for more than you might think. Join us for this 2 hour workshop where you will learn how to shop, sell, look for services, meet people with similar interests and even get rid of junk. Many services are free and some are paid. Register for class, and get the most out of our Craigslist.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

BE262 Syphax 115 03/18 Mon 7p Hamdad 1 - 2 hr

Prezi - Powerful Presentations

Are you still only using PowerPoint for your presentations and slides? Let me introduce you to Prezi. Improve your presentations with new, fresh and engaging slides that are easy and fun to create. Your slides will come alive with seamless transitions and new backgrounds. This is a great skill to have and nice to add to a resume as well.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

BE266 Syphax 115 02/13 Wed 7p Hamdad 1 - 2.5 hr

Google, MUCH More Than Search

In this highly interactive class, learn and do better all things that are Google such as Gmail, search tips, organize photos w/ Google photos, creating google docs, creating a personalized/ shared calendar, make free phone calls w/ Google voice, print anything/anywhere with cloud print, download books, apps, music & more from the Google play store, utilize google keep to take notes, google translate to over 50 languages & much more. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

BE366 Syphax 115 01/18 Fri 10a Livingston 1 - 2 hr

Google Docs/Drive: An Introduction

Come experience the power of Google Docs. Hands-on class where we will review Google's version of a spreadsheet, word processor and presentation software, very similar to what Microsoft Office offers. The best thing is that you can access your files from anywhere, work from anywhere and collaborate with anyone. And remember, it's all free with your Google account. Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

BE524 Syphax 115 03/04 Mon 10a Matos 2 - 2 hr

Computer Maintenance

Students will learn how to keep their computers running smoothly by learning to use system tools, utility programs, firewalls, and virus protection. They will also learn how to handle a computer crash, decipher error messages, delete files and unwanted programs and keep their computers updated automatically. In addition, computer hardware maintenance will be discussed, along with proper surge protection & wireless network protection. Arl. Res. \$69 — Arl. Sr. \$59 — Non-Res. \$79 — Res. \$70 — Res. \$79 — Res. \$70 —

Today's Technology for Baby Boomers

Confused about all the technology that society is using? Want to stay connected and learn to utilize the latest in computers, tablets & wireless devices? Want to explore the world and not leave your home? This informative, 2-week course will delve into cell/smart phones/prepaid, social media (Facebook, LinkedIn, senior match, twitter, etc.). Learn about I-Tunes, IPads & IPods & useful apps to make your life easier & more productive. Learn what a blog is, what Wi-Fi & Bluetooth are & FREE things you can do with Google to connect with your family, friends & community.

Arl. Res. \$69

Arl. Sr. \$59

Non-Res. \$79

BE390

Syphax 115

02/01 Fri 10a Livingston 2 - 2 hr

YouTube - Getting Started

Stop simply viewing YouTube and start contributing to it.
Students will learn how to create an account, upload videos, add comments to content and create your own YouTube channel.
How to share your videos and video quality will be included.
Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

BE267 Syphax 115 03/25 Mon 7p Hamdad 1 - 2.5 hr

Facebook for Seniors

Facebook has been out for a while, but are you just getting started? Use Facebook to stay in touch with your family and friends. Share photos, inspirational quotes, videos or advice. It's free and easy, and you'll really enjoy catching up with those friends and family you love.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **BE566** Syphax 115 02/20 Wed 10a Matos 1 - 2 hr

Facebook for Business

This highly interactive class description will teach you all you need to know about Facebook. From security and privacy settings to protecting your information to posting and tagging. In addition, we will explore Facebook messenger, marketplace, offers, live and fundraiser.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 BE557 Syphax 115 03/12 Tue 6:30p Dooley 1 - 2.5 hr

Facebook Training and Security

This highly interactive class description will teach you all you need to know about Facebook. From security and privacy settings to protecting your information to posting and tagging. In addition, we will explore Facebook messenger, marketplace, offers, live and fundraiser.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **BE565** Syphax 115 02/15 Fri 1:30p Livingston 1 - 2.5 hr

All Things Social Media

Learn how to reconnect and stay connected with friends, former colleagues, relatives and others with less effort, in less time, without giving up your privacy. Understand blogging through Facebook, Twitter, Linked-In, Google Me, and You Tube. Class will be lecture and demonstration.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **BE526** Syphax 115 03/05 Tue 6:30p Dooley 1 - 2.5 hr

Selling On EBay

Have a lot of "stuff" in your garage/basement collecting dust? In this "How to sell on EBay" course you will learn how to list items for sale, tend the auction, finalize the sale w/ PayPal. You also learn all the tips and tricks to maximize your online auction experience, all part of this fun eBay class. Prerequisite: Have an item in mind that you would like to sell when you come to class. Learn how to use eBay effectively today!

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 BE527 Syphax 115 03/15 Fri 10a Livingston 2 - 2 hr

Windows 10 - Discover the Improvements!

Windows 10 is Microsoft's latest version for PCs and tablets. Every 6-12 months, Microsoft releases a major new edition, with lots of improvements and new features, and also some annoyances. Here's your chance to learn about and try new features, so you can make the most of your computing environment.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 BE533 Syphax 170 02/19 Tue 10a Gutnick 1 - 3 hr

Keep Your Smartphone Safe and Secure

Today's smartphones are such powerful and convenient computers that we store large amounts of personal data we can't afford to lose. Whether you've got an iPhone or Android, this class will help you protect your device and its contents. Topics include effective use of the lock screen, data encryption, locating a missing device, protecting your privacy, two-factor authentication, safe network connections, data backups, and avoiding malware.

Arl. Res. \$59

Arl. Sr. \$49

Non-Res. \$69

BE536

Syphax 170

03/05 Tue 6:30p Gutnick 1 - 2.5 hr

Get Smart with Your iPhone (or iPad)

It's more than just a phone! Your iPhone or iPad puts an incredibly powerful computer in the palm of your hand, but it can be daunting to harness all that power. We'll give you plenty of tips so you can use it more effectively, and we'll highlight add-on programs ("apps") which improve your productivity and maybe even provide some fun.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **BE537** Syphax 170 02/05 Tue 6:30p Gutnick 2 - 2 hr

Get Smart with Your Android Smartphone (or Tablet)

It's more than just a phone! Your Android device puts an incredibly powerful computer in the palm of your hand, but it can be daunting to harness all that power. We'll give you plenty of tips so you can use it more effectively, and we'll highlight add-on programs ("apps") which improve your productivity and maybe even provide some fun.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 **BE453** Syphax 170 01/22 Tue 6:30p Gutnick 2 - 2.5 hr

LinkedIn - Networking Success

Learn how to successfully set-up, navigate and maximize your experience on the world's largest networking site for professionals. Learn strategies and tips on creating your profile, connecting with colleagues, getting the most out of your newsfeed, writing comments and recommendations, finding employment opportunities and networking with others. You won't want to miss this class.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **BE542** Career Ctr. 213 01/29 Tue 6:30p Dooley 1 - 2.5 hr

Cybersecurity Foundations

This course introduces the topic of cybersecurity by covering the frameworks and standards used to establish the baseline level of acceptable control to mitigate online threats. We'll look at how to calculate the cyber risk, how we can architect cyber security solutions, and the way in which we manage a cybersecurity incident. We will discuss how to work in secure environment in your home or your company.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **BE359** Syphax 115 02/27 Wed 10a Allen 1 - 2.5 hr

What Google Can Do For You

Beginning with Google Chrome, Gmail, and Contacts, this overview course give you the basic tools, tips and tricks that help you work smarter, faster, alone and with others, You'll see demonstrations of some of the most popular Google tools including Google Chrome Extensions and Bookmarks, Google Documents, Forms, Spreadsheets and Presentations, Google Calendar, Google Plus, Google Chat, Blogger, advanced searches, video production, photo sharing, and many others still in Beta. You'll also learn how to monitor your Google presence as well as shortcuts to monitoring new Google products and features.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 **BE440** Career Ctr. 213 02/19 Tue 6:30p Dooley 2 - 2 hr

Build Your Free Website Using Wix.com

Learn to use the many templates and options available through wix.com to create your free website. Use it as a personal website, or for the family, or for business or non-profit use. The options are endless. No programming required.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

BE355 Syphax 115 01/21 Mon 10a Matos 1 - 2.5 hr

WordPress - Create Free Professional Looking Websites

WordPress is the most popular free open source Content Management System used by organizations, private businesses and individuals. Through demonstrations and hands-on instructions given by the instructor, students will learn how to design professional looking full-blown websites with a user-friendly interface, blogging abilities and zero coding knowledge. Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179

BE362 Syphax 115 01/16 Wed 7p Hamdad 4 - 2 hr

WordPress - The Next Level

Now that you understand how WordPress works and are familiar with setting up a basic site, you're ready for the "next level" class. In this hands-on class, we will continue to discuss proper techniques to build and maintain your site, but also cover some trouble-shooting tips. Bring your questions, and apply what you learn the very next day.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139 **BE363** Syphax 115 02/20 Wed 7p Hamdad 3 - 2 hr

Animation for Video Games and Film using Maya

Using Maya, the industry standard software for computer gaming, filmmaking and product design, students will be introduced to 3D modeling and animation. Students will create their own 3D realistic-looking model and then will make a short animation to add to their new 3D portfolio. You won't want to miss this class Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179

BE237 Syphax 115 01/23 Wed 4p Blazek 6 - 2 hr

Anybody Can Code!

Computers increasingly pervade nearly every aspect of our lives. With some inkling of how programs make computers work, you can feel empowered instead of intimidated. We'll introduce a few key computer science concepts, painlessly, and guide you through creating your first computer program -- no experience or math skills needed.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **BE214** Syphax 115 03/26 Tue 7p Gutnick 1 - 2 hr

Java Script

C++ Programming - An Introduction

In this beginners course, students will learn the basics of computer programming. C++ is one of the most popular programming languages available. It runs on a variety of platforms, such as Windows, Mac OS and Linux. The concepts taught in this course can be applied to other programming languages. We will cover concepts such as sequential programming, decision making, repetition (iteration) and object oriented programming. Practical applications such as calculating interest rate, calculating gas-mileages, generating menu or recipe list will be covered.

Arl. Res. \$179 Arl. Sr. \$159 Non-Res. \$199 **BE217** Syphax 115 01/28 Mon 7p Staff 6 - 2.5 hr

SQL Programming

Cloud Computer: How (and Why) to Get Started

Cloud computing isn't just hype, but a great tool. Store your files on the Internet - documents, music, spreadsheets, etc. - so you can access them from any computer and easily share them. And synchronize your email, contacts, and calendar between all your devices - computer, phone, tablet. Save the hassle and expense of software upgrades, reduce your system complexity, and don't worry about losing data due to system failures. We'll look at free resources that are easy to use. If you have any device which connects to the Internet, you have all you need to harness the power of the Cloud!

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **BE454** Syphax 115 03/19 Tue 10a Gutnick 1 - 3 hr

Microsoft PowerPoint 2016

Prerequisite: Working knowledge of Windows. The student will create presentations and slides, work with PowerPoint objects, put text on slides, and add visuals to slides such as graphics, charts, clip art, and shapes. Using PowerPoint special effects tools such as slide transition, timing and sound will be covered. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

BE480 Syphax 115 02/12 Tue 10a Matos 1 - 2.5 hr

Microsoft Word 2016 - The Basics

Prerequisite: Working knowledge of Microsoft Windows. Students will develop skills in the world's most popular word processor. Learn to navigate through the screen, menus and dialogue boxes. Study editing techniques such as copy, move and delete. Understand printing and multiple document manipulation. Increase efficiency by using find, replace and spell check. Exercise document formatting techniques by changing font size, font type, and adding color and bullets.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

BE469A Syphax 115 03/13 Wed 10a Matos 2 - 2.5 hr **BE469B** Syphax 108 03/14 Thu 6:30p Matos 2 - 2.5 hr

Using Excel and Word Together

Microsoft Excel 2016 - Level 1

Become competent in Excel by doing lots of exercises and short lectures. Starting with navigation and entry tips, work up through formatting, formulas, functions and charts. Observe common traps and their solutions. Finish with portfolios of projects. Ideal for re-introduction or for students with current minimal skills. Prerequisite: Comfortable with Windows or Mac. Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

BE424A Syphax 115 01/22 Tue 10a Matos 2 - 2.5 hr **BE424B** Syphax 115 02/07 Thu 6:30p Matos 2 - 2.5 hr

Microsoft Excel 2016 - Pivot Tables

Adobe Photoshop CS6 Basics

Prerequisite: Students must be familiar with Windows-based applications and be proficient with the mouse to cut, copy, paste, drag, right-click, etc. This class is intended for those students with little or no experience with Adobe Photoshop. They will become comfortable with the Photoshop interface, using the toolbox and palettes, and working with layers and filters. Photoshop is an industry leader in image enhancements, learn it! Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

BE482 Syphax 115 01/08 Tue 7p Matos 3 - 2 hr

Adobe InDesign - An Introduction

Prerequisite: Working knowledge using a PC. Learn the basics of this professional, industry standard page layout program to produce newsletter, flyers, brochures, catalogs and much more. Learn basic layout skills, typesetting rules, copyfitting techniques, how to place graphics from Photoshop. Students will create a flyer or brochure.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139 **BE513** Syphax 107 03/04 Mon 7p Matos 3 - 2 hr

Adobe Lightroom - A Demonstration

In this 2-hour class, we will demonstrate the amazing capabilities Lightroom has to offer. See how to create a well-specified database where you can tag, score, catalog and edit your photographs. Observe how to make simple edits to photos, such as brightness, contrast and cropping, in RAW format. See other advanced features, such as altering shadows and highlights, correction distortions caused by lenses, noise reduction and sharpening.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **BE494A** Syphax 115 01/14 Mon 7p Cassatt 1 - 2 hr **BE494B** Syphax 115 03/21 Thu 1p Cassatt 1 - 2 hr

Interior Design using Google Sketchup

Learn how to use Google Sketchup (a free computer software), to design spaces in your own home. Bring pictures and measurements of the space you would like to design to class, and see your room come to life in a 3D computerized model. We will download furniture, appliances and home fixtures to give you a realistic view of your design. See your design on the computer first, before you start moving furniture around!

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

BE270 Career Ctr. 205 01/22 Tue 7p Blazek 3-2 hr

Revit - The Basics

Ready to learn the basics of Autodesk Revit Architecture. Whether you're looking to make the transition from other drafting/modeling software, such as AutoCAD or SketchUp, or you're starting from the beginning of architectural design, this interactive course will equip you with the knowledge to successfully navigate the program. You will become familiar with the user interface and get insight into the possibilities that using Revit for your design and construction documents can do for you.

Arl. Res. \$119 Arl. Sr. \$109 Non-Res. \$129

Ari. Res. \$119 Ari. Sr. \$109 Non-Res. \$129 **BE285** Syphax 115 02/28 Thu 7p Wurstle 2 - 2.5 hr

Mac Basics

Are you new to Mac computers? Learn beginning Mac skills such as how to open, resize, move, zoom, and close windows; create, copy, and delete files and folders; use menus, control panels; and execute keyboard commands. You will be introduced to word processing, spreadsheet, and presentation programs. Finally, you will learn how to surf the Internet and email basics. Prerequisite: Basic skills using a computer mouse or trackpad.

Arl. Res. \$119 Arl. Sr. \$109 Non-Res. \$129

BE502A Wash. Lee 1117 01/22 Tue 7p Hirai 3 - 2 hr

BE502B Syphax 170 02/13 Wed 10a Richardson 3 - 2 hr

How to Use My Mac

Are you new to Mac Computers? Have you been using them for a while but not really sure you know what you're doing? Gain a foundational understanding on how to use your Mac. Learn how to create folders, organize and transfer files, prioritize which programs you use and delete things you don't need. Finally, learn techniques that will make your overall computer experience more enjoyable.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **BE221** Career Ctr. 224 03/07 Thu 7p Randolph 2 - 2 hr

Tune Up Your Mac

Prerequisites: Familiarity using a Mac. Students will be taught how to handle routine maintenance, care, and prevention on their Mac desktop or laptop computer. Exercises will cover updating software, purging internet cache, using Disk Utility, verifying and repairing permissions, and an in-depth discussion of backup strategies. This is not a tech-savvy class; it is a class for anyone with a desire to keep their Mac running smoothly for a long time. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 BE512 Wash. Lee 1117 02/12 Tue 7p Hirai 1 - 2 hr

Master your Mac

Prerequisites: Familiarity using a Mac. You know the basics, but do you know what your computer is really capable of? Learn time-saving shortcuts, how to keep your data safe and secure and what to do if something doesn't seem right. Learn tricks from a former Apple dealer that will get you on the road to becoming a power user in no time. Basic hardware repair and upgrade will also be covered, as well as some fun tools from Apple and third parties to make you a more efficient computer user.

Arl. Res. \$119 Arl. Sr. \$109 Non-Res. \$129 BE529 Wash. Lee 1117 03/05 Tue 7p Hirai 3 - 2 hr

Whiting & Communications

Daytime Writers

Join in this morning workshop for writers of every level, working in fiction or nonfiction; memoirs; short stories; travelogues; blogging-whichever prose genre appeals to you. Whether you're already working on something, needing a push to start or merely wanting a sounding board, here's your forum. Writing is done ahead of time, distributed by email and discussed (respectfully) in class.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 **CE100A** Syphax 117 01/09 Wed 10a Haines 6 - 2 hr **CE100B** Syphax 117 02/20 Wed 10a Haines 6 - 2 hr

How to Strike Up a Conversation

Good communication skills are the basis for successful business and personal relationships. Learn techniques for conversation starters, breaking the ice, keeping conversations moving, choosing interesting topics, managing silence, and making a strong and positive first impression. Practice talking your way to business and social success.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **CE124** Syphax 150 03/07 Thu 7p Wurstle 1 - 2 hr

Travel Writing - A One Road and In Your Words

Prerequisite: Basic writing skills. This is a 2-session course in writing accounts of your travels and getting them published. We'll discuss collecting facts as you travel, snapping marketable photos, structuring your article, avoiding stylistic problems, anticipating the needs of editors, and selling what you've produced. Your instructor has published more than 195 travel articles. A 30 min. break for lunch is scheduled. Lunch on your

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139 CE126 Syphax 117 03/09 Sat 9a Haines 2 - 3 hr

American Sign Language I

This course introduces the basics of American Sign Language. Students will focus on the acquisition of both comprehension and production skills. Increased knowledge of the deaf community and the development of cultural awareness, which will improve communication interaction. Basic fingerspelling skills, readiness activities, questions, and conversational etiquette will also be stressed. Required text: A Basic Course in American Sign Language, ISBN 10: 0932666248.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 CE142 Wash. Lee 2001 01/10 Thu 7p Zambrano 8 - 2.5 hr

American Sign Language II

Prerequisite: American Sign Language I or the equivalent. Students will acquire additional vocabulary, grammatical and conversational skills. Student will also continue to learn to relate to everyday life situations experienced by members of the deaf community. Text: Learning American Sign Language 2nd Edition, ISBN: 0-205-27553-2.

Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 CE145 Wash. Lee 2001 01/08 Tue 7p Zambrano 8 - 2.5 hr

Evening Writers

Are you working in fiction or nonfiction, short stories, travelogues or blog posts? Whichever genre appeals to you, you won't want to miss this class. Whether you're already working on something, needing a push to start or merely wanting a sounding board, here's your forum. Writing is done ahead of time, distributed by email and discussed (respectfully) in class.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 CE172 Wash. Lee 2002 02/26 Tue 7p Stevens 6 - 2 hr

Introduction to Creative Writing

How do you start a story, poem or novel? How do you finish something you've started? This class is for you! Learn to take an idea and carry it on: make it believable to a reader by creating interesting characters, realistic dialogue, description, settings, and much more. This is a very informal, nonthreatening class that you will enjoy. Many students have gone on to get published by starting here! Arl. Res. \$139 Arl. Sr. \$119 Non-Res. \$159 CE193 Wash. Lee 2002 01/22 Tue 7p Stevens 5 - 2 hr

How to Succeed as a Freelancer

This class will give you the confidence to become a freelancer and provide you with the basic tools to succeed once you decide to take the plunge. We'll discuss how to write and pitch stories and find well-paying jobs. We'll also get into the nitty gritty of how to brand your business and negotiate for more money. Freelancing 101 is an interactive and open class so come ready to share your goals, questions, fears and enthusiasm! Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119 CE242 Syphax 117 01/30 Wed 7p Bloudoff-Indelicato 4 - 2 hr

Writing Your Own Screenplay

Have you ever seen a movie and thought you could do better? Here's your chance to learn or further develop your screenwriting skills. This class is for those with plenty of ideas but don't know where to begin, for those who started and need help finishing, and everyone in between. We will discuss generating ideas. creating believable characters, using effective storytelling, and organizing it all into a professional screenplay structure. Arl Res \$159 Arl Sr \$139 Non-Res \$179 CE179 Career Ctr. 118 01/30 Wed 7p Johnson 6 - 2 hr

Writing Your Own Screenplay Level 2

Here's the class you've been waiting for. This level two class will teach and encourage you to continue your character and plot development. More importantly, we will share ideas, critique scenarios and improve storytelling techniques. Your instructor will share strategies and classmates will contribute with feedback so you can further develop and organize your screenplay. Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 CE194 Career Ctr. 119 03/20 Wed 7p Johnson 6 - 2 hr

Getting Paid to Talk - An Introduction to **Professional Voice Overs**

Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Space is limited! Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 CE166 Wash. Lee 2002 01/31 Thu 6:30p Staff 1 - 2.5 hr

Know Laughing Matter - Get Started in Standup Comedy

Standup comedy is a solo performance with just a microphone and usually without accessories or music. Every night of the week there are standup comedy shows in our area which welcome comedians of any ability or experience to an "openmike" to share their material on stage. In this 2 hour overview. learn how and where to launch your hobby or even your career as a standup comedian. Hear tips on writing jokes, how to effectively practice and hone your routine, and gain insight on specific venues that best match your style and goals. Note that we will not cover other forms of comedy such as improvisational or sketch; this will only be for standup. Your instructor has performed throughout the DC area for all types of audience. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 CE238 Wash. Lee 2024 03/06 Wed 6:30p Mola 1 - 2 hr

Improv 101: Fundamentals

Put your "yes-and" skills to work and learn to create comedic scenes through long-form improv! This class teaches the basics of improv including guick conversations starters, acting exercises, games, and comedy as we create scenes on the spot! Through the art of improvisation, we'll also tap into some useful skills we can use in our day-to-day life which include, improved reasoning, boosted self-confidence, enhanced listening skills, supported team work, and enriched communication techniques. All of this and more can be achieved through the fun of improv. Join the fun!

Arl. Res. \$199 Arl. Sr. \$179 Non-Res. \$219 CE247 Kenmore 116 02/04 Mon 7p Staff 8 - 2.5 hr

Got Grammar? How to Improve Your Writing in Six Hours!

Are you ever unsure about when to use a comma, semicolon, or colon? Do you know when it's appropriate to use "I" or "me," and "fewer" or "less"? Do you wonder if your emails are grammatically correct? If you answered "yes" to any of these questions, this course is for you! You will learn how to punctuate sentences correctly, use commonly confused words appropriately, and improve your writing with simple tricks and tips. This course is designed for anyone, from recent college graduates to working business professionals.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109 CE187 Syphax 170 02/07 Thu 7p Miller 3 - 2 hr

An Introduction to Short Story Analysis and Writing

Get introduced to the short story genre by exploring and analyzing three different short stories covering a variety of subjects. Additionally, students will begin putting their own short story down on paper. Feedback, critiques and sharing of ideas, format and story plot will be incorporated into the writing experience. Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109 CE216 Wash. Lee 2019 01/29 Tue 7p Ott 3 - 2 hr

Comprehensive Approach to Self-**Publishing Your Book**

Make your dream of self-publishing a book a reality. This comprehensive approach will cover all aspects of getting your book printed. We will cover: the why are you writing a book, costs, time, research, competitors, naysayers, earning potentials, editors, publishers, designers, timing, marketing and much more. Taught by a self-published author, who will offer solutions to challenges faced throughout the entire self-publishing process. Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109 CE221 Syphax 150 01/23 Wed 7p Sullivan 3 - 2 hr

Introduction to Grant Writing

How do you prepare a persuasive grant proposal? This course will introduce you to the fundamentals of grant writing. Using a framework of beginning, middle, and end, you will learn what is needed to put together a complete grant application. Whether you're interested in exploring what grant writing entails or you need a refresher before preparing your next grant application, come and gain new tools to help you with the grant writing process.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 CE236 Syphax 173 02/20 Wed 6:30p Staff 1 - 3 hr



Cooking - for the Busy Professional

Students will learn several techniques for preparing fast and healthy weeknight meals using fresh ingredients. Because this class focuses on techniques, not just recipes, students will learn skills that they can then apply to many recipes. Techniques learned will include cooking en papillote, pan sauces, and sheet pan roasting. Finally, students will learn how to use these techniques to elevate their cooking for a dinner party. Arl. Res. \$109 Arl. Sr. \$89 Non-Res. \$119 CN178 Syphax 113 01/30 Wed 6:30p Hine 2 - 2.5 hr

All About Teas of the World

Learn about where different varieties of tea come from, health benefits of each, and how to prepare them. From basic white, green, oolong, and black teas to herbal varieties, such as mate, rooibos, and herbal infusions, learn everything you could possibly want to know about the history, use, and preparation about them. Learn about how water temperatures can affect taste, such as the level of bitterness, or about special preparations such as matcha powder, or even special blends like green tea lattes. Expand your horizons and discover why tea is one of the most common beverages in the world!

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 CN175 Syphax 113 02/23 Sat 10a Vu 2 - 2.5 hr

Quick and Easy Italian Cuisine

Preparing easy and delicious Italian recipes for family and friends is what food is all about. Students will learn to prepare small fry calzoni, spaghetti with zucchini and mussels. Italian lemon chicken, oven-baked omelette and parmigiana focaccia. We'll top it off with muffin yogurt with chocolate and Apricot Sfogliatina for

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109 CN182A Syphax 113 01/15 Tue 6:30p De Bernardinis 2 - 3 hr **CN182B** Syphax 113 03/07 Thu 10a De Bernardinis 2 - 3 hr

Balanced Meals: Sheet Pan Dinners for **Busy People**

Discover how to make a quick, balanced meal in the oven with just one sheet pan. Great for family cooking or to make a week's worth of food. Learn how to make great meals, with minimal cleanup, prep, and waste.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 CN184 Syphax 113 02/04 Mon 7p Vu 1 - 3 hr

Authentic Italian Ravioli

In this class, we'll begin by making fresh pasta dough then move on to preparing a few seasonal fillings before assembling the ravioli by hand. At the end of the class, you'll taste all the different varieties, and prepare sauces to go along with them.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 CN259A Syphax 113 01/29 Tue 10a De Bernardinis 1 - 3 hr CN259B Syphax 113 02/13 Wed 6:30p De Bernardinis 1 - 3 hr

Cooking with Whole Fish

Roasting is an ideal way to cook a whole fish. Even though a whole fish can be intimidating, roasting one is easy and delicious. This class will walk you through all the steps: how to select the fish, to season it, to carve and serve your roasted fish dinner. We will roast two types of whole fish which are locally available, such as red snapper, sea bass, branzino. We enjoy our roasted fish with baby potatoes and a citrus-avocado salad.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 CN242 Syphax 113 03/14 Thu 6:30p McKean 1 - 3 hr

Winter Vegetable Comfort Food

While we don't think of fresh vegetables in these cold months, the wide range of produce this time of year is an opportunity to create a winter feast. Leeks, root vegetables, like squash, beets, and brassicas like broccoli, cabbage and Brussels sprouts get sweeter with the cold. This hands-on class will walk you through how to make good use of this harvest in several dishes, such as risotto, gratin, salad and more.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 CN246A Syphax 113 01/16 Wed 10a McKean 1 - 3 hr CN246B Syphax 113 01/31 Thu 6:30p McKean 1 - 3 hr

French Bistro Menu

Bistros in France gained their popularity by offering a place where families and friends could gather around a table and share and enjoy traditional French cuisine. Join us and learn how to prepare tasty Bistro recipes: Mussels a la Mariniere. Duck Cassoulet, and a classic Lemon Tart. Please bring a container for leftovers.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 CN253 Syphax 113 03/30 Sat 9a Vu 1-4 hr

Knife Skills Workshop

Bring one or two of your kitchen knives. Learn how to select quality and proper knives, sharpen them and keep them sharp for life. Learn the correct way to slice, dice and cut from an experienced cook.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 CN256 Syphax 113 02/20 Wed 6:30p Hamann 1 - 2 hr

The Gnocchi Workshop

Gnocchi, little Italian pasta dumplings, are comforting and delicious. Learn the techniques needed to prepare these perfectly every time. The class will feature Potato Gnocchi with Bolognese Sauce, Ricotta Gnocchi with Walnut Parsley Pesto, and Butternut Squash or Pumpkin Gnocchi with Sage Butter. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

CN258A Syphax 113 01/24 Thu 6:30p De Bernardinis 1 - 3 hr **CN258B** Syphax 113 02/19 Tue 10a De Bernardinis 1 - 3 hr

Mediterranean Cooking

Spend two evenings this summer discovering the health benefits of Mediterranean cooking and diet. You will explore cooking from the shores of Greece to Tunisia and learn what folks there have known for centuries about fine dining and the true value of foods. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

CN297 Syphax 113 02/25 Mon 6:30p Mnatsakanova 1 - 3 hr

Organic Handmade Pasta and Sauce

This is the real deal! Learn to prepare authentic southern Italian style pasta made with semolina flour. Pasta includes cavatelli and Sardinian gnocchetti. Students will also prepare delicious sauces to accompany them. Never buy pasta from a box again. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

CN303A Syphax 113 02/05 Tue 6:30p De Bernardinis 1 - 3 hr **CN303B** Syphax 113 03/21 Thu 10a De Bernardinis 1 - 3 hr

Handmade Sicilian Pizza Workshop

A culinary walk from Sicily to Lazio through Apulia will reveal the secret to making authentic Sicilian style pizza. Along the way we will also discover Apulian and Roman panzerotti made with authentic ingredients such as focaccia, black olives, sliced potatoes and rosemary. Enjoy pizza, the way it is supposed to be

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 CN317 Syphax 113 02/27 Wed 6:30p De Bernardinis 1 - 3 hr

Gourmet Sauces

The make or break part of any gourmet meal is certainly the sauce. Come learn about, create, and most importantly, demystify the sauce making process. We will discuss the five mother sauces and their off-shoots. We will create 3 delicious mother sauces such as Marinara. Espagnole and Hollandaise. We will end up our class with a nice dinner.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

CN411 Syphax 113 03/04 Mon 6:30p Mnatsakanova 1 - 3 hr

Everyday Indian Vegetarian

Simple Indian vegetarian can be wholesome, flavorful and easy! Using spices and simple techniques, students will learn to create a home-cooked Indian meal fit for any day of the week. Dishes may include a spiced lentil dal, a seasonal vegetable curry and a

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

CN412 Syphax 113 02/12 Tue 6:30p Krishnan 1 - 3 hr

Winter Vegetarian Soups and Stews

When it's cold outside, you just want to grab something wholesome and warm. Using seasonal vegetables and simple techniques, students will learn to make three different types of comforting soups and stews that are as healthy as they are tasty! Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

CN422 Syphax 113 01/23 Wed 6:30p Krishnan 1 - 3 hr

One-Pot Vegetarian Meals

What if you could whip together a delicious and healthy meal in just one pot. Using fresh ingredients, and inspiration from cuisines around the world, learn the basics of making hearty vegetarian one-pot meals perfect for the busy professional. Dishes may include southwestern one-skillet quinoa, a Moroccan Chickpea Stew, or a hearty Malaysian vegetable curry. Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 CN425 Syphax 113 03/07 Thu 6:30p Krishnan 1 - 3 hr

International Chicken

Do something new with the chicken you prepare. Learn to make a popular dish in Indonesia called (Ayam Panggan), which is seasoned just right with a little spicy kick. Then we'll cook Irish chicken prepared with mustard, black pepper, tarragon and other spices. We'll finish with Mexican chicken fajitas prepared with onions, green peppers, all on a warm tortilla. Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

CN434 Syphax 113 02/19 Tue 6:30p Mnatsakanova 1 - 3 hr

Japanese Sushi

Learn to prepare to make authentic Japanese sushi that will make your taste buds sing. Enjoy the various types of sushi including Nigiri and Tamaki. Savor the true taste of tuna and great tasting California rolls.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 CN520 Syphax 113 03/18 Mon 10a Moore 1 - 3 hr

Japanese Sushi II

Now that you know how to roll your sushi properly, come and learn new sushi recipes. Fresh Inari sushi, Unagi water eel sushi and delicious Nigiri with the right amount of Kikoman soy sauce and wasabe. Let your taste buds bask in the flavor! Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

CN521 Syphax 113 03/25 Mon 10a Moore 1 - 3 hr

Vietnamese Beef Noodle Soup (Pho)

Nothing beats homemade. Learn how to make pho (pronounced 'fuh'), the best known of all Vietnamese soups. We will prepare the soup with beef stock, ginger, onion, and spices of star anise, coriander, and clove through assembly with rice noodles and fresh garnishments. Students will learn to create a hearty and flavorful meal that warms the soul.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 CN530 Syphax 113 02/09 Sat 9a Vu 1 - 4 hr

Louisiana Creole Jambalaya

Using the right spices and cooking techniques, we will prepare authentic jambalaya by using shrimp, chicken sausage and breast and just the right amount of chicken stock and vegetables. We will accompany our dish with fried plantains.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

CN568 Syphax 113 01/28 Mon 6:30p Mnatsakanova 1 - 3 hr

Central Asian Cuisine

"Palov" also known as "Osh" is a traditional main dish of many Central Asian countries. Deliciously prepared pieces of lamb and beef are combined with seasoned long grain rice, onions and shredded carrots. Typically Palov is accompanied by side dishes of a tomato, onion and cucumber salad and kefir cheese mixed with cilantro called "chakka". Of course no Central Asian meal is complete without a cup of green or black tea. Don't lose the chance to get acquainted with oriental cuisine! Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 CN535 Syphax 113 01/16 Wed 7p Staff 1 - 2.5 hr

Cooking Fundamentals

Learn the terms and techniques that can make your cookbooks user-friendly or help you build the confidence to cook without books. A good class for beginners, but also for any cook interested in the "hows and whys" that make a good cook a better one. We include recipes and techniques on cooking meat and poultry, an introduction to sauces, vegetables, vegetarian cooking and more.

Arl. Res. \$139 Arl. Sr. \$119 Non-Res. \$159 CN570 Syphax 113 03/11 Mon 6:30p Mnatsakanova 3 - 3 hr

Focaccia - Italian Style Bread

Italian focaccia may be served as an appetizer, table bread or snack. It is a flat-oven baked bread. Pinched focaccia, focaccia with rapini, as a sandwich and even chocolate sweet focaccia. Four different recipes for you, from savory to sweet, from Northern Italian all the way down to the South. Don't miss it. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 **CN572A** Syphax 113 02/07 Thu 10a De Bernardinis 1 - 3 hr CN572B Syphax 113 02/26 Tue 6:30p De Bernardinis 1 - 3 hr

Authentic Russian Borscht Soup

This hearty soup is made by combining meat and bone stock with sautéed vegetables, including beetroots, cabbage, carrots, onions, potatoes and tomatoes. Served with sour cream. We will also prepare a traditional salad to accompany the soup...enjoy! Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

CN582 Syphax 113 01/14 Mon 6:30p Mnatsakanova 1 - 3 hr

Cooking to Combat Inflammation

Chronic inflammation has been linked to many diseases such as diabetes, heart disease, rheumatoid arthritis, Crohn's disease, and Alzheimer's. Research has identified a host of foods that have the capacity to suppress inflammation. In this hands-on class, students will learn how chronic inflammation affects your health, and how to create healthy, delicious dishes using cooking techniques and ingredients that can contribute to reducing inflammation.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109 CN585 Syphax 113 02/21 Thu 6:30p McKean 2 - 3 hr

Beef Fried Rice and Teriyaki Chicken

No need for carry-out with this class. Learn to fry the rice and season pieces of tender meat and cook it to perfection. Other seasoning added to the dish will have it taste just right. We will then turn to the chicken with savory teriyaki sauces. By the end of the class, you will sit down to your own culinary delight. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 CN634 Syphax 113 02/11 Mon 6:30p Mnatsakanova 1 - 3 hr

Roast Chicken Dinner - A Primer

Wouldn't you love to make a crisp, golden roast chicken - an ideal dinner on a cool evening? You can take home my primer sheet, and be ready to prepare your own special supper. We will prepare several versions of this classic dish, with a citrus salad and roasted cinnamon apples.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 CN660 Syphax 113 03/20 Wed 10a McKean 1 - 3 hr

Cooking with Passion

Amaze your guests with your new culinary skills. We will make a variety dishes, including sun choke risotto, zucchini lasagna with eggplants sauce, pasta with tuna and peas and more. Students will also prepare appetizers and dessert.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

CN708A Syphax 113 02/15 Fri 10a De Bernardinis 2 - 2.5 hr CN708B Syphax 113 03/05 Tue 6:30p De Bernardinis 2 - 2.5 hr

Men in the Kitchen - Beginner Cooking

Tired of eating the same old stuff? It's time to learn how to cook and stop spending so much money eating out. Learn to whip up simple healthy and flavorful meals. Knowing how to cook will not only benefit you but will also impress others. Learn some simple tricks and recipes that will get you moving in the right direction. Stop being afraid of the kitchen and get cooking. Class focuses on simplicity and success.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 CN710 Syphax 113 02/07 Thu 7p Foley 1 - 2.5 hr

Keto Cooking

Learn the basics of a ketogenic diet and get equipped with the tools you need to make shopping and meal prep a breeze. Remove the intimidation of sticking to a keto diet: whether you're eating at home, or going out to dinner, it is still possible to eat the foods you're craving and stay keto! Join us to learn how to navigate the world of keto cooking!

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

CN720A Syphax 113 01/29 Tue 7p Wurstle 1 - 2.5 hr CN720B Syphax 113 02/28 Thu 10a Wurstle 1 - 2.5 hr CN720C Syphax 113 03/21 Thu 7p Wurstle 1 - 2.5 hr



Daytime Drawing

Bring your sketch pad and pencils to class and begin to draw what you see. Learn basic techniques in light and shadowing, depth perception, scale and symmetry. This will be a fun, relaxing class where you will use your eyes, mind, hand and fingers to create simple works of art. Supply list found on the website. Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 FA258 Syphax 107 02/07 Thu 1p Benkert 6 - 2 hr

Classical Drawing

This class is for all levels of students who desire to draw what they see. Students will use graphite, charcoal, and oil pastels to create drawings of still-lifes, photos and other props. Students will learn the techniques used by the Old Master to develop their artistic abilities.

Arl. Res. \$179 Arl. Sr. \$159 Non-Res. \$199 FA311 Wash Lee 1318 01/28 Mon 7p Hamdad 6 - 2.5 hr

Friday Night Drawing Workshop

FA257 Syphax 254 03/08 Fri 7p Hamdad 1 - 2.5 hr

Come do something different on Friday night with this one-night drawing workshop. We'll discuss the many different drawing tools, such as graphite pencils, charcoal sticks, etc. Try your hand at some of the drawing techniques that your instructor will demonstrate. The lines and shapes will capture your attention and inspire you to continue down your artistic path. Arl. Res. \$59 Arl. Sr. \$49 Non-Res \$69

Art Appreciation

Study the most famous works that hail from the early movements in art history: from prehistoric cave art, Mesopotamia, Egypt, Rome, great classical works from ancient Greece, the glory of Byzantine art and medieval manuscripts of the Catholic Church to the perfection of the Renaissance in DaVinci, Michelangelo and Raphael.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 FA294 Syphax 113 02/25 Mon 10a Ruble 3 - 2 hr

Watercolor Painting Techniques for Beginners

Watercolor techniques will be taught in this step-by-step, handon approach class. These effective techniques for watercolor painting include, color mixing, brush handling, value control, washes, glazing and masking. Each class, students will discover and practice a new skill. See website for supply list. Arl. Res. \$179 Arl. Sr. \$159 Non-Res. \$199 FA426A Syphax 113 01/23 Wed 10:30a Wurstle 6 - 2.5 hr FA426B Wash. Lee 1318 02/12 Tue 6:30p Siddique 6 - 2.5 hr

Watercolor Painting Workshop

Spend your evenings painting watercolors (beginners through advanced) and experiencing the joy of creating your own artwork. More experienced watercolorists will perfect their skills while having a chance to review techniques. Beginners will learn basic techniques and become more confident in completing watercolors. We will have fun exploring color mixing, gouache, transfer techniques, faux textures, and masking. See website for supply list.

Arl. Res. \$199 Arl. Sr. \$179 Non-Res. \$219 FA305 Wash Lee 1123 01/24 Thu 7p Jones 8 - 2.5 hr

Daytime Painting

Beginning through advanced, oil or pastels. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. Students can work from still life set ups or from photographs. New students call 703 228-7200 for supply list.

Arl. Res. \$239 Arl. Sr. \$219 Non-Res. \$259

FA301A Reed Art Rm 01/09 Wed 9:30a Coonce-McElvany 10 - 3 hr FA301B Reed Art Rm 01/10 Thu 9:30a Coonce-McElvany 10 - 3 hr

Pastel or Oil Painting

Beginning through advanced, oil or pastels. Students will pick one of these mediums. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes. still lifes, portraits and figures. Teacher will demonstrate in both oil and pastel. Students can work from still life set ups or from photographs.

Arl. Res. \$239 Arl. Sr. \$219 Non-Res. \$259 FA307A Reed Art Rm 01/07 Mon 7p Coonce-McElvany 10 - 2.5 hr FA307B Reed Art Rm 01/10 Thu 7p Coonce-McElvany 10 - 2.5 hr

Painting with Acrylics and Oils

Spend the morning painting in either acrylics or oils. New and experienced students will experiment with a variety of techniques in this project-oriented course. Teacher led instruction with an emphasis on individual interests. Both still-lifes and photographs will be used as reference for paintings. Both painting techniques will be explored according to skill.

Arl. Res. \$179 Arl. Sr. \$159 Non-Res. \$199 FA330 Swanson 214 02/07 Thu 3p Corcoran 6 - 2.5 hr

Advancing Your Skills With Acrylics

Are you ready to enhance your skills with acrylic painting? Join us for a class to work on intermediate to advanced techniques with acrylics. You will have the option to follow along with a painting(s) as directed by the instructor, or to bring in your own inspiration, or perhaps revisit a work in progress you have at home that needs some guidance. This class will allow you to work at your own pace and focus on introducing you to some new techniques as well as provide you with instruction on any techniques that you may be struggling with or hoping to improve.

Arl. Res. \$179 Arl. Sr. \$159 Non-Res. \$199 FA244 Wash. Lee 1123 01/16 Wed 7p Wurstle 6 - 2.5 hr

Paint Like Monet, Picasso and Van Gogh

Have fun while you paint on canvas. The instructor will guide students as they reproduce paintings by the Masters. Each class will escort students through the creation of a composition which will range from landscapes to still life. No experience necessary, each week we will create a different painting in class using acrylics, that can be taken home and hung. Students will be amazed how much fun and easy it is to paint. Bring out your inner Master artist and have fun at the same time. Arl. Res. \$179 Arl. Sr. \$159 Non-Res. \$199 FA245 Wash. Lee 1123 01/22 Tue 7p Wurstle 6 - 2.5 hr

Creative Collage Workshop

A collage is a form of art that takes already existing elements and puts them together in order to come up with a new whole. Learn techniques for creating a collage made with newspaper clippings, fabric, and pieces of colored or hand-made papers glued to paper. canvas or wood. Students will complete one finished collage piece.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 FA413 Wash. Lee 1117 03/02 Sat 9:30a Staff 1 - 2.5 hr

Introduction to Silk Painting

In this Introductory course students will learn the beginner techniques for creating beautiful expressions of color using the ancient art form of silk painting. Learn how to stretch the silk. apply silk paint and use a resist to draw designs. You will learn how to steam the fabric as well as salt and alcohol techniques for adding texture. Students will complete one finished, painted, silk scarf.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 FA411 Wash. Lee 1117 02/20 Wed 7p Staff 1 - 2.5 hr

Batik (Wax Resist) - Silk Painting

Batik is a traditional art-form which involves using melted wax and dye to create beautiful and intricate patterns on cloth. In this course, students will be introduced to Batik techniques on silk. Students will learn how to heat and apply the wax. Students will learn to use a tjanting, a pen-like tool used in traditional, Indian batik for applying melted wax to fabric in order to draw pictures and patterns. Students will complete one Batik, silk scarf. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 FA412 Wash. Lee 1117 02/27 Wed 7p Staff 1 - 2.5 hr

Painting with Paper

Different tools produce different art. This course will teach you to use various papers as your delivery mechanism for color, shape and texture. You will create art by tearing, cutting, layering and gluing ephemera. You will also learn to turn "bleeding tissue paper" into "paint sticks". The resulting art will be a unique expression of your interests and aesthetics. See website for examples. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 FA242 Syphax 150 02/26 Tue 7p Young Gerard 2 - 2 hr

Clay - The Art of Slab Construction: Beginning through Advanced

This class is designed for beginners to more advanced students who enjoy making fine art ceramic pieces using slab construction. The instructor will demonstrate the basic steps in the process as needed, and support students in their quest to find their personal expression in clay through sketches, models, building techniques, and glazing techniques. Create your own beautiful ceramic piece of art. The cost for the course includes the use of basic tools and the firing, but not the materials and supplies used. Call for supply list.

Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 FA395 Kenmore 190 01/22 Tue 6:30p Norris 8 - 2.5 hr

Mosaics Stepping Stone

Step into spring anytime of the year by learning how to create a custom mosaic stepping stone! In this one-day workshop, students will learn the basics of stepping stone design, cutting and tile placement. Supply fee includes the use of a mold, cement, tiles and supplies. Mosaic stepping stones will add function and beauty to your yard or garden path. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 FA332 Kenmore Tech Ed. 01/15 Tue 7p Nowak 1 - 2.5 hr

Creating Mosaics I

Make your own unique mosaics. Beginners learn the basic terms and techniques of mosaic art including layout, design, gluing, grouting, and finishing. Students will complete three simple projects on a variety of surfaces that will increase in degree of difficulty. Supply fees are included in the cost of the tuition. Kenmore Middle School, Tech. Ed. lab. Arl. Res. \$209 Arl. Sr. \$189 Non-Res. \$229

FA324 Kenmore Tech Ed. 01/22 Tue 7p Nowak 5 - 2.5 hr

Creating Mosaics II

This class is designed for students with some basic mosaic experience. Students will build on current skills to create a project large in scope and more focused on design. Students will make a custom designed table or with instructor approval, students can work on their own projects. Call for material information. Kenmore Middle School, Tech. Ed. lab.

Arl. Res. \$229 Arl. Sr. \$209 Non-Res. \$249 FA325 Kenmore Tech Ed. 02/26 Tue 7p Nowak 5 - 2.5 hr

Video & Photography

Introduction to Filmmaking

By the end of this class, you will have the skills necessary to shoot your own short film. Equipment, storyboard, lighting, sound and editing will be discussed. This is a hands-on course which will also include learning Adobe Premiere to edit your work. Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 FA422 Syphax 150 03/06 Wed 7p Blazek 6 - 2 hr

Create A Promotional Video

Using your smartphone, learn how to create a promotional video for your small business, non-profit organization, for work or just for the fun of it. Using Adobe After Effects, learn to edit and crop your video, add a title page, overlay music and even a spoken narration. Once you're all done, save it to a flash drive or upload it to YouTube.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119 FA424 Syphax 201 02/21 Thu 7p Blazek 3-2 hr

Saving Your Digital Pictures

Step by step instructions will be given on how to take digital pictures from your camera, email or internet and save them to your computer. Preserve the memories digital pictures provide by learning these easy techniques. Don't risk losing your photos or deleting them by accident. Effective exercises will be conducted in class to ensure that students leave with the confidence needed to secure these memories. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 FA260 Syphax 115 03/05 Tue 10a Matos 1 - 3 hr

Smartphone Photography

"The best camera is the one you have with you." Since many people always have their smartphone or tablet with them, they always have a good camera at their disposal. We'll start with some photography basics, and then look at techniques and apps that can help you create great pictures, and we'll show you how to share them, whether by uploading to Facebook or Instagram or simply sharing via email or text message. (Both iPhone and Android are covered.)

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 FA298 Syphax 115 02/26 Tue 6:30p Gutnick 1 - 3 hr

Create Your First Photobook

It's fun, easy and a great way to capture memories for a lifetime. Students will learn how to create their own photobook, using online templates and websites. Strategies and tips will be covered but books will not be created in class...but you'll know how to create it

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 FA418 Syphax 115 03/12 Tue 10a Matos 1 - 2 hr

History of 19th Century Photography

Take an exciting journey back in history as you learn about the "History of 19th Century Photography" beginning in 1826 through 1900. We will examine the photographic processes, learning how the photographs were made along with the cameras, optics and famous inventors and artists who were responsible for one of the greatest inventions of all time. Original photographs from the 1800-1900's will be provided along with a hands on demonstration of the 4X5 camera. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

FA457 Syphax 150 02/21 Thu 7p Douglass 1 - 2 hr

Digital Photography - An Introduction

Class is designed for beginning photographers using digital cameras. Students will better understand their equipment and many of the functions that today's cameras have to offer. Fundamental concepts of photography will be covered, including composition, lighting, motion, and we will also explore the artistic side of digital photography. Projects will be assigned and photo critiques provided.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 FA341 Wash. Lee 2012 02/06 Wed 7p Cassatt 6 - 2 hr

Daytime Digital Photography

Designed for photographers at the beginning to intermediate levels. For those just starting out, we will quickly cover the basics of photography to get you out of the "auto" mode. We will then cover elements of composition so that you can elevate your photography from taking snapshots to taking pictures that you will be proud to hang on your walls. We will tailor the class to meet the interests of the students. This will be a hands-on course, with some outside activities. Although you can use any camera, one that is fully adjustable will give you the most flexibility. Arl. Res. \$119 Arl. Sr. \$99 Non-Res. \$129 FA232 Syphax 170 02/26 Tue 10a Cassatt 4 - 2 hr

Maximizing Your Digital SLR Camera

This class will make it easy to understand all those features packed into your digital SLR. You'll learn what the functions do. gaining the confidence to move beyond the Auto mode, and how to use them to capture better pictures. We'll also look at lenses. filters and other photo equipment to use with your DSLR. In addition, you'll learn about lighting (artificial and natural) and composition techniques for people, landscapes, architecture and flowers. You'll have the skills to create more compelling images when traveling and in daily life.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119 FA387A Wash. Lee 2002 01/30 Wed 7p Cassatt 3 - 2 hr FA387B Wash. Lee 2002 03/20 Wed 7p Cassatt 3 - 2 hr

Floral Design

Fresh Flower Arrangements

Students will learn how to assemble and arrange lovely floral designs. Topics will include the conditioning and preparation of flowers, composing designs for a variety of containers, proper use of greens and fillers and basic color combinations and shapes. The class will be held at Buckingham Florist, 7035 Columbia Pike., Annandale VA 22203. Material fee of \$75 payable to instructor. Bring sharp hand clipper or scissors to class.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res \$79 FA354A Buckingham Florist 01/15 Tue 7:30p Kim 3 - 1.5 hr FA354B Buckingham Florist 02/19 Tue 7:30p Kim 3 - 1.5 hr

Wedding Floral Arrangements

Learn how to make a bridal cascade, boutonnieres, corsages, and small centerpieces for the reception table. Add a personal touch to this special occasion with custom floral arrangements. The class will be held at Buckingham Florist, 7035 Columbia Pike., Annandale VA 22203. Material fee of \$75 payable to instructor. Bring sharp hand clipper or scissors to class. Arl. Res. \$29 Arl. Sr. \$19 Non-Res. \$39 FA355 Buckingham Florist 03/11 Mon 7:30p Kim 1 - 1.5 hr

Ceneral Interest

Do- IT -Yourself (DIY) Estate Sale

Are you responsible for liquidating the belongings of a family member or estate? Are you downsizing and/or relocating to a smaller space, but have a house full of stuff? Learn what valuables to keep, sell, or donate. We will also discuss how to sort items and determine what's valuable and what's not? Should you hire a professional estate sale company or do it yourself? Get your questions answered and avoid the stress. Learn the basics and logistics of conducting an estate sale, appraising your items, organizing inventory, advertising, & getting the best price. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 GI166 Syphax 170 03/06 Wed 10p Staff 1 - 2.5 hr

The Weekend Junkie: Shopping at Estate Sales, Garage Sales & Flea Markets

Are you a Weekend Junkie that enjoys hunting for antiques and collectibles? Learn how to spot chips, cracks, tears, and other mishaps and discern the junk from the treasures. Discover identifying markings and distinguishing features that show authenticity. Learn how to peruse a room so you don't waste time on fakes, but head straight to the valuables. This handson interactive course will give you the skills needed to be a knowledgeable Weekend Junkie - one who comes home with real antiques, real treasures, and maybe that special diamond in the rough. It is optional to bring one item to class for discussion. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 GI171 Syphax 254 02/06 Wed 6:30p Staff 1 - 2.5 hr

Make-Up Magic

Makeup can be MAGIC when properly applied. Learn how to prepare your face and properly apply makeup with basic colors and application techniques to enhance your facial assets and minimize other features. Achieve an attractive appearance by creating a desired illusion with makeup. You will go step-by-step to create a natural and professional look as you do a full face makeup application. Before and after photos are taken. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 GI113A Syphax 117 01/05 Sat 10a Hooker 1 - 2.5 hr

GI113B Syphax 170 03/09 Sat 10a Hooker 1 - 2.5 hr

Makeup Artistry - Part 1

Here's your chance to learn the techniques and practices the pros use to create that "flawless look" for you and your clients. Learn about different makeup looks, color theory and matching, proper application practices, concealing and correcting blemishes as well as contouring and highlighting facial features. Apply make up the right way for daytime and nighttime occasions. Supply list found on website.

Arl. Res. \$179 Arl. Sr. \$159 Non-Res. \$199 GI110 Syphax 173 01/10 Thu 7p Hooker 6 - 2.5 hr

Makeup Artistry - Part 2

In part two, we'll cover all phases of advanced makeup where you'll learn the secrets to advanced makeup techniques used by the pros. Advanced color correcting and concealing; eyelash enhancements, false lash application, advanced contouring and highlighting, brow shaping, eveliner techniques, and lip corrections will all be covered. Also become experienced with HD fashion and photo makeup for TV and film, stage, fantasy makeup and celebrity makeup. Learn to build your pro makeup kit and the business of makeup artistry to assist you in your new career. Prerequisite: Makeup Artistry - Part 1. Arl. Res. \$179 Arl. Sr. \$159 Non-Res. \$199

GI111 Syphax 173 02/21 Thu 7p Hooker 6 - 2.5 hr

Bridal Makeup Artistry

Taught by the author of DIY Bridal Makeup, you'll learn her special techniques for bridal makeup that she uses as a professional makeup artist. Learn to do bridal makeup starting with color matching, contouring and highlighting, the perfect bridal eye makeup application, lip sculpting, lash enhancements, and maintaining the glow for fresh makeup all day. Learn the secrets to fast and flawless makeup as well as how to work with demanding brides and what to charge for your services. Supply list found on website.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109 GI112 Syphax 254 03/05 Tue 7p Hooker 3 - 2 hr

Haircutting

Learn the latest techniques in haircutting. Learn how to cut hair for men, women, and children. Course will also cover the proper use of scissors, clippers, trimmers, razors, and various haircutting combs. Save your money, learn to cut hair! Not a licensed course. Course taught in the Cosmetology Lab at the Career Center. Students must purchase own mannequin, see website supply list for suggested locations.

Arl. Res. \$179 Arl. Sr. \$159 Non-Res. \$199 HE358 Career Ctr. 235 02/20 Wed 7p Peake 6 - 2.5 hr

Fantasy Football - How to Play!

New to Fantasy Football? Join the fun by learning the strategy, lingo, positions, league variations, scoring/rules, players to target, how to draft, and so much more. This class is taught by an experienced, fantasy football champion! Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

GI380 Syphax 235 01/29 Tue 6:30p Foley 1 - 2.5 hr

Bicycle Maintenance & Repair

Looking to purchase a bicycle but don't know where to start? This class/demonstration will help you decide which type bicycle will suit your needs. Choosing the correct type and size bike will make cycling more safe and fun. We will also go over clothing, helmets, shoes and safety equipment. We will decide which equipment and tools are priorities, and which can wait to be purchased later.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49 GI812 Career Ctr. 119 03/13 Wed 7p Staff 1 - 2 hr

Historical European Martial Arts

The martial arts of medieval Europe were sophisticated systems of combat, in armor and without. Two opponents might engage with spear, sword, sword and buckler, dagger, or even unarmed. This unique workshop will focus on the martial arts system of medieval Europe. In addition to the weaponry and skills of the time, students will learn about the surviving documents from which these techniques are based.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 GI187 Wash. Lee 2010 02/20 Wed 7p Muir 1 - 2 hr

Medieval to Gothic Architecture and **Crusader Castles**

Come learn and marvel at the hidden sanctuaries of Byzantine Coptic Churches, Roman Imperial architecture, Gothic flying buttresses as found in the Notre Dame of Paris, stained glass windows and crusader castles. Optional field trip to the Washington National Cathedral.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 Gl665 Syphax 170 03/27 Wed 10a Ruble 1 - 2 hr

Self Defense for Women

Improve your personal safety, protect yourself, enhance your confidence, and retake control -- but without changing to a super hero costume or a martial arts suit. This class is a practical guide to managing your risk against assailants while you're going to and from work, shopping, school, exercising, and errands. You'll get information on avoiding incidents, escaping them if possible, and then taking action if you have to. This is not an exercise or workout class, it is a class on raising your survival rate in the event of an assault or battery.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 GI342 Syphax 256 02/27 Wed 7p Law 2 - 1.5 hr

Career & Business

Stand Out!: Developing Impressive Job Interview Skills

Create and master answers to difficult interview questions. Prepare for phone, video, in-person and panel interviews with both verbal and non-verbal techniques. Whether you are just starting your career, re-entering the workforce or looking to advance in your career this course will empower you with the skills to land that next job.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 GI260 Career Ctr. 103 02/05 Tue 6:30p Stewart 2 - 2.5 hr

Matching You and a Career

Before starting that job search, discover how your values, interests and skills can point you in the right direction. With the quidance of your instructor, a professional career coach, learn to match your unique abilities to positions, titles and jobs that fit you best.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 Gl262 Career Ctr. 114 01/29 Tue 6:30p Stewart 1 - 2.5 hr



Do you feel stuck in your current job? Haven't found a job that makes you feel fulfilled? Discover more ways and better places to look. This 2.5-hour workshop will thoroughly cover the best results to online job searches, career fairs, networking, & other strategies to find that perfect job.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

Gl266 Career Ctr. 112 01/15 Tue 7p Stewart 1 - 2.5 hr

Professional Oral and Written Communication for the Workplace

Students will gain a complete understanding of the professional communication requirements essential in today's workforce. You'll gain skills in professional communication and will apply those skills to real life scenarios. Students will be challenged to think in terms of business management, customer satisfaction. manager and team communication and conflict and problem resolution. Students will complete the course with a broad view of business requirements and the contribution they will make to both their professional growth and business success. Arl. Res. \$119 Arl. Sr. \$99 Non-Res. \$139 GI442 Wash. Lee 2017 02/21 Thu 7p Ott 6 - 2 hr

Resume Writing Tips You Need in Today's **Competitive Job Market**

Build an effective and marketable resume, one that can be easily read and understood by employers. Learn how to format, design and write a resume to showcase your experience, skills and education. Students will learn how to apply both their experience and career goals into a marketable resume that highlights their strongest assets.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 GI444 Wash. Lee 1127 03/05 Tue 7p Ott 2 - 2 hr

The Secret to Successful Cover Letter Writing

Learn the tips and techniques for a successful cover letter. Instruction includes formatting, paragraph structure, job announcement analysis and business writing. Learn how to prepare a cover letter for each job that they apply for and how to integrate their relevant skills and experience into the body of the cover letter.

Arl Res \$69 Arl. Sr. \$59 Non-Res. \$79 GI441 Wash. Lee 2224 01/31 Thu 7p Ott 2 - 2 hr

Applying for a Federal Job

Thousands of people will retire from the federal government this year, and the United States government will need qualified people to fill those positions. Learn to decode the federal job websites, and create an application that best highlights your qualifications and unique abilities.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 GI838 Syphax 225 02/20 Wed 6:30p Law 1 - 2.5 hr

So, You Want to Become a Real Estate Agent!

Learn the ins and outs and the pros and cons of this exciting part-time or full-time career. Learn what it takes to prepare for and pass the Virginia real estate exam and obtain your license. We will discuss how agents are compensated, how to work with your broker, what technologies are available, and the time and effort you can expect to put into the job. Leave with the answers you need to decide if this is a career for you. Arl. Res. \$29 Arl. Sr. \$19 Non-Res. \$39

GI847 Syphax 170 01/05 Sat 7p Bentz 1 - 1.5 hr

Tax Strategies for the One-Person Business & Small Corporations

One-person businesses and small corporations frequently pay too much in taxes and do not know it! Explore the tax laws, unknown to you and/or your tax return preparer, which favor the smallest of businesses, such as sole proprietorships, LLCs, S Corporations and C Corporations. Save your money. Taught by a CPA with a masters degree in taxation.

Arl. Res. \$119 Arl. Sr. \$109 Non-Res. \$129

ME185 Wash. Lee 1117 01/09 Wed 6:30p Inglese 2 - 3 hr

Become a Washington D.C. Tour Guide

Love showing your out-of-town friends and family the beautiful sites in Washington, DC and surrounding areas? Learn practical and professional guiding skills from a Certified Tour Guide; whether doing walking tours, tours of museums, or guiding on a moving vehicle. Discover some of the "Must See, Should See and See If You Have Time" sites in our area. Learn who's hiring and who to contact from an experienced insider or learn how to be in business for yourself and market your own tours! This class is also great for those who simply wish impress friends and family who are visiting.

Arl. Sr. \$89 Non-Res. \$109 Arl. Res. \$99 ME188 Syphax 115 02/21 Thu 7p Longnecker 3 - 2 hr

Small Business Start-Up

Creating your own part-time or full -time business enterprise can be an exciting and rewarding adventure. This seminar will review the entrepreneurial and administrative skills needed for success. Options for legal structuring a business will be reviewed, such as sole proprietorship, partnership, LLC, and incorporation. Tools and strategies for efficient daily management will be discussed, along with a review of marketing, finances, expansion, and other crucial elements to a successful startup. Learn how to successfully start vour own business enterprise.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 ME300 Syphax 170 01/17 Thu 7p Bromley 2 - 2.5 hr

Self-Motivation 101

You know yourself better than anyone and sometimes there is no one else to count on. Learn the strategies and techniques to "turn the key" to your own motivation. Build confidence, set goals and recognize your worth and contributions. Don't miss this workshop. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 ME314 Syphax 202 01/30 Wed 7p Sawyer 1 - 2.5 hr

How to Start Your Nonprofit Organization

Creating a nonprofit from the ground up is a rewarding experience but requires dedication and hard work. This course walks you through the process from planning to realization and everything in between. Broken into three parts: legal requirements, strategic planning and fundraising; this course gives you a road map to start a nonprofit successfully.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 ME330 Syphax 150 02/20 Wed 7p Staff 2 - 2 hr

Real Estate & Finance

Landlording

Are you a landlord or are you considering renting out your home or purchasing an investment property? This class will help you understand your rights and responsibilities as a residential landlord in Virginia. Determine whether your rental(s) are exempt from the Virginia Residential Landlord Tenant Act and learn the essentials on how to avoid landlord/tenant problems from the onset. The class will also discuss collections and the eviction process. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 GI640 Wash. Lee 1117 03/07 Thu 7p Mothershead 1 - 2 hr

Investing in Real Estate

What do I need to know to invest in real estate in today's market? When and where should I invest? How do I read the real estate markets? How do I determine a good investment? What are the factors that drive the market? Evaluate Net Operating Income (NOI) and CAP Rates. Come with guestions, leave with confidence. Learn from a leader. Learn to succeed and grow

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 GI648 Syphax 235 02/05 Tue 7p Bentz 1 - 2 hr

FLIP That Home: Strategies for Real Estate **Purchase and Resale**

This two-session course includes: basic strategies, what mistakes to avoid, financing options, legal ramifications, ethical/ moral obligations, & flipping versus investing - relative to today's market. Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 GI163 Syphax 173 01/22 Tue 7p Bentz 2 - 2 hr

Virginia Real Estate License

This 60-hour program satisfies all educational requirements for obtaining a salesperson's real estate license in the Commonwealth of Virginia. Real Estate Principles provides a thorough overview of the theoretical and practical aspects of real estate transactions. It surveys the latest real estate laws, regulations, and business practices nationwide, presenting the material in a clear and organized fashion.

Arl. Res. \$259 Arl. Sr. \$239 Non-Res. \$279 **GI164A** Syphax 117 01/12 Sat 8:30a Bentz 10 - 6 hr GI164B Syphax 235 01/14 Mon/Wed/Fri 6p Bentz 20 - 3 hr

Estate Planning Basics

An estate plan that works, melds counseling-based estate planning to meet changing client objectives and a shifting legal environment. How to establish a plan and keep it current, understand living trusts, wills, substitute decision-makers, disability planning, long-term care, and (mis)use of joint tenancy with adult children, will be examined so you can plan properly. Also addressed are the hidden traps in beneficiary designations of retirement plans, insurance and annuities. Arl Res \$49 Arl Sr \$39 Non-Res \$59

GI320 Syphax 235 01/22 Tue 7p Mothershead 1 - 2 hr

Your Money: Financial Challenges in Retirement & How to Meet Them Head-On

The prospect of retirement can be a welcome though somewhat nerve-racking change in your lifestyle. To help you understand the adjustments you will need to make, we will discuss the unique financial challenges faced in preparing for retirement and solutions to help you take charge of your financial future and avoid those pitfalls.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119 GI734 Wash. Lee 2017 01/22 Tue 7p Davidson 3 - 2.5 hr

Organize Your Estate Information, Assets & **Documents**

Learn how and be motivated to: identify, locate, and record all your personal and business estate information, assets, and documents. Emphasis will be on how to complete the job in a systematized manner. Having one's estate in administrative order makes estate planning easier and more efficient for you, your family and heirs. Determine how much you are really worth. Minimize the potential for sibling discord. Pay fewer fees and taxes. Have less bureaucracy and expedite settlement and receipt of monies due. Receive supporting handouts. Help yourself, your family, loved ones, and executor/executrix while you still can!! Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69 GI742 Syphax 170 01/19 Sat 10a Zalfa 1 - 2.5 hr

Financial Strategies for a Successful Retirement

Learn to maximize income and seek more from investments, social security and retirement plans. The registration fee includes a colorful, in-depth seminar workbook and entitles each student to an optional one-on-one consultation after the conclusion of the seminar.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119 GI780 Wash. Lee 2020 02/13 Wed 7p Kurtz 3 - 2.5 hr

Savvy Social Security Planning: What Baby Boomers Need to Know to Maximize Retirement Income

Pre-Retirement Guide for Federal Employees

If you are a Federal employee, this class is for you! Get the information you need to make fully informed decisions about your retirement from Federal service. Session 1 will cover your retirement, social security & survivor benefits. The focus of session 2 will be your health and life insurance benefits along with an introduction to your Thrift Savings Plan. The class will conclude by focusing on the TSP and financial planning considerations now and in retirement.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119 **GI791** Wash. Lee 2016 02/21 Thu 7p Davidson 3 - 2.5 hr

Are Your Mutual Funds Making the Grade?

Ready to Retire: Exploring the Non-Financial Aspects of Retirement

Getting Ready to Retire: 10,000 Americans retire every day. Will you be ready? Geared to people anticipating retirement within 1-3 years, class focuses on important non-financial aspects of retirement, through group discussion and practical exercises designed to anticipate challenges and plan for a happy and fulfilling retirement. Class also explores retirement expenses and financial opportunities, and provides a step-by-step guide to forming your own retirement decision group to assist in retirement readiness.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 **Gl921** Syphax 150 03/09 Sat 9a Dessingue 1 - 4 hr

Personal Budgeting

ABC's of Investing

This is a primer course in investing. Review stocks, bonds and short term investments, what they can do for you and how to buy and sell them. You will learn where to find and how to read financial information to monitor your investments. Cover the nuances of choosing stocks for growth or income; call features on bonds; whether to choose taxable or tax free bonds; how the exchanges work; and how to or if to use a professional. Discuss how to invest assets in retirement accounts. There will be a discussion of investment "packages" and how to analyze them. Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119

Gl937 Wash. Lee 2012 01/08 Tue 7p Kehoe 3 - 2 hr

How to Use a Financial Planner

What is the difference between a financial advisor and a financial planner? How do you know what is right for you? What questions to ask? How much does it cost? CFP, CLU, CHFC, CIMA, what do they all mean? Class will discuss the financial planning industry and how to determine what is right for your situation.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49

GI938 Wash. Lee 2012 03/05 Tue 7p Kehoe 1 - 1.5 hr

Exchange Traded Funds: What Are They and Do They Belong in You Portfolio?

Exchange Traded Funds can fill a unique role in your portfolio. That said you need to understand just how they work and the differences among the dizzying variety of ETFs now available. Understand what an ETF is and what are the pros and cons. We will also cover how to evaluate an ETF, cost advantages, tradeoffs and they invest.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **GI948** Wash. Lee 2012 02/26 Tue 7p Kehoe 1 - 2 hr

Mind, Body & Health

Mindfulness Meditation - Unlock the Power of Your Mind

Become equipped with the tools and techniques to assist in releasing stress and anxiety in order to appreciate the "here and now" and be truly present in life. Through mindfulness exercises and guided meditations, you will learn the skills to unlock hidden power to clear your mind and find spaces of calm and tranquility in any circumstance.

Arl. Rés. \$159 Arl. Sr. \$129 Non-Res. \$179 **HE201** Syphax 171 02/21 Thu 7p Howard 7 - 2 hr

Meditation to Reduce Stress and Anxiety

Minimalism: Discover New Approaches to Mindful Living

In this 2 hour workshop, you will be introduced to strategies and techniques that will help you reduce the "stuff" in your life and embrace a new sense of freedom. "Stuff" will be defined in class and can mean much more than physical things, it can also include "baggage" that you carry with you. More "stuff" does not bring happiness, but maybe just the opposite does. Come find out!

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 **HE209** Syphax 150 02/07 Thu 7p Staff 1 - 2 hr

First Aid

Learn to provide basic first-aid for medical emergencies such as breathing problems; choking, allergic reactions; heart attack; fainting; diabetes, low blood sugar; stroke; seizure; shock. This is a great class for teens as well, especially those who are babysitters.

Tuition \$69

Gl361 Syphax 117 03/02 Sat 12:30p 1 - 2.5 hr

Heartsaver CPR & AED Certification

Learn vital lifesaving skills, in a fun, very informative environment, hands on training, using cutting edge technology. Participants will meet health/safety standards requirement for a variety of job qualifications. Obtain your American Heart Association Heartsaver" CPR certification card and gain confidence for acting in a life saving emergency situation for adults, children and infants. Class includes learning to help an adult, child or infant who is chocking, and the use and AED, a machine with a computer in it that can shock the heart and help it work properly again, improving your chances of saving a victims life. This is a great class for teens as well, especially those who are babysitters.

Tuition \$109

Gl362 Syphax 117 03/02 Sat 9a 1 - 2 hr

Medical Billing & Coding

This billing and coding course offers the skills needed to perform complex coding and billing procedures. The course covers CPT (Introduction, Guidelines, Evaluation, and Management), specialty fields (such as surgery, radiology, and laboratory), ICD-9 (Introduction and Guidelines), an ICD-10 intro, and basic claims processes for insurance reimbursements. Tuition \$1199

HE875OL Online – Registration can take place any time after 01/07



Guitar - Beginning I

This class is designed for students who have no experience playing the guitar. Beyond learning basic music theory, students will learn chords, strumming patterns, finger placement, and several scales. Students are required to bring their own guitar (acoustic or electric) to class. Assignments / handouts will be provided.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 **MU100A** Career Ctr. 105 01/09 Wed 6:30p Delos Reyes 8 - 1.5 hr

MU100B Syphax 171 01/18 Fri 11:45a Siekkinen 8 - 1.5 hr MU100C Career Ctr. 105 02/07 Thu 7p Delos Reyes 8 - 1.5 hr

Guitar - Beginning II

Prerequisite: Guitar Beginning I or equivalent experience. This class will continue to assist students learn chords, strumming patterns, finger placement, and several scales. Students are required to bring their own guitar.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 **MU101** Syphax 173 01/09 Wed 7p Ray 8 - 1.5 hr

13

Guitar - Beginning II/III

Prerequisite: Guitar Beginning II or equivalent experience. This class is to assist students with their strumming techniques, chords and scales and will be introduced to basic improvisation skills. Bring your own guitar, tuner and metronome. Handouts provided. Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 MU102 Syphax 171 01/18 Fri 10a Siekkinen 8 - 1.5 hr

Guitar - Beginning III

This class is a continuation of Guitar Beginning II and will focus on accuracy, speed and finger placement along with further developing strumming skills. Handouts provided. Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179

MU105 Career Ctr. 105 01/15 Tue 7p Delos Reyes 8 - 1.5 hr

Guitar - Intermediate I

This class is a continuation of Guitar Beginning III and will focus on accuracy, speed and finger placement along with further developing strumming skills. Handouts provided. Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 MU106 Career Ctr. 105 03/12 Tue 7p Delos Reves 8 - 1.5 hr

Piano - Beginning I

Learn how to play piano. Class is for students with no piano playing experience. We will cover basic chords, rhythms, musical terms and the use of the metronome. Book Alfred All-in-One Level 1 ISBN 10:0-88284-818-6

Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 MU110A Syphax 113 01/25 Fri 10a McGuire 8 - 2 hr MU110B Syphax 170 01/28 Mon 7p Ruble 8 - 2 hr MU110C Syphax 107 02/05 Tue 7p Ruble 8 - 2 hr

Piano Beginning II

Prerequisite: Piano Beginning I or equivalent knowledge. Students will continue their study of the piano by becoming more proficient with chords and musical scales. More emphasis will be placed on reading music, rhythm and putting the notes together to create

Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 MU111A Syphax 170 01/16 Wed 7p Ruble 8-2 hr MU111B Syphax 113 01/28 Mon 1p Ruble 8 - 2 hr

Piano Beginning III

Prerequisite: Piano Beginning II or permission from the instructor. Students will continue their study of the piano and become more proficient with chords. Emphasis will be placed on repertoire

Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 MU125 Syphax 113 01/17 Thu 7p Ruble 8 - 2 hr

Piano - Intermediate

This class is a continuation of level III and will focus on playing, accuracy, tempo, voicing and repertoire building. Please come to the first class prepared to share with the class. Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209

MU121A Syphax 113 01/10 Thu 10a Jones 8 - 2 hr MU121B Syphax 113 03/07 Thu 10a Jones 8 - 2 hr

Ukulele - Beginning I

What has a sound that makes you smile when you hear it, is small and fun play? The Ukulele of course. You'll learn the important skill of strumming and finger placement, playing chords and tempo. Do something different with your time, learn to play the Ukulele. Bring your own Ukulele to class. (Sorry, no baritone ukuleles.)

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 MU129A Syphax 171 01/17 Thu 11:45a Siekkinen 8 - 1.5 hr MU129B Syphax 171 01/19 Sat 10a Siekkinen 8 - 1.5 hr

Ukulele - Beginning II

Now that you got the basics down, start building on your skills in the level II class. We will continue to focus on strumming, chords and tempo. We will have you strumming basic songs in no time. A great way to start your Saturday morning.

Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 MU130A Syphax 171 01/15 Tue 6:30p Siekkinen 8 - 1.5 hr MU130B Syphax 171 01/17 Thu 10a Siekkinen 8 - 1.5 hr

Ukulele - Intermediate

Continue building on what you've learned. Finger placement, speed and accuracy will be emphasized. In this class you'll begin to really enjoy the sounds coming from your Ukulele. Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 MU134 Syphax 171 01/19 Sat 11:45a Siekkinen 8 - 1.5 hr

Trumpet - Beginning I

Have you always wanted to learn to play the trumpet? Well here's your chance! This class is designed from complete beginners. Breathing and blowing techniques and exercises, finger placement, and basic music theory will be covered in class. Bring your own or rented instrument to class. Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 MU144 Kenmore 116 02/06 Wed 7p Staff 8 - 1.5 hr

Violin for Beginners

No experience at all? Students will start from zero and work through basic posture, bow technique, music reading and finger placement. Learn how to play easy tunes. Build your skills and confidence and get ready to take it to the next level. Students are required to have their own instrument.

Arl. Res. \$189 Arl. Sr. \$169 Non-Res. \$209 MU146 Syphax 107 01/24 Thu 1p McGuire 8 - 2 hr

Arlington Flute Choir

This class is for all levels of amateur adult flutists. The auxiliary flutes such as piccolo, alto flute and bass flute are also welcome. The focus will be on reading and rehearsing mainstream flute choir repertoire consisting of original compositions and arrangements of classical, jazz and pop styles. Performance opportunities will include community concert series, charitable gala events and flute choir festivals. Please bring your flutes. music stands and pencils to rehearsals.

Arl. Res. \$89 Arl. Sr. \$69 Non-Res. \$109

MU153 Kenmore 0 01/23 Wed 7p Johnson Rajan 10 - 2 hr

A History of American Popular Music

Since the birth of our country, Americans have always made music. Over the decades, American musical styles have spread across the globe. This course examines popular song structures and how advances in materials, methods and technology shaped the music. Come with us as we discover every era of American popular music from Benjamin Franklin to John Philip Sousa to Louis Armstrong to Elvis to Justin Timberlake.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 MU080A Syphax 150 02/25 Mon 6:30p Levine 3 - 2.5 hr

MU080B Syphax 170 03/14 Thu 10a Levine 3 - 2.5 hr

Opera Masterpieces

See and hear famous and familiar recording of operas which may include La Traviata, La Boheme, Madama Butterfly, Don Giovanni, The Marriage Of Figaro, The Valkyrie, and Tristan and Isolde. Before each presentation, learn about the composer, the setting, the cast and a synopsis of the opera. Following each video presentation the class will discuss the music, the opera singers singing and acting, costumes, scenery, props and lighting.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 MU157 Syphax 170 01/24 Thu 10:30a Soranno 2 - 2 hr



Look, listen & learn about the greatest Literature, Art, Music and Poetry of all time.

The Arlington Community Learning program is proud to promote the humanities. Enlighten your mind with our new L.A.M.P. series of classes.

Art Appreciation p. 9 Gothic Architecture p. 11 Opera Appreciation p. 14 Music Theory p. 15 History of Photography p. 10 History of the Symphony p. 15 History of American Music p. 14

Opera Divas, Female Opera Superstars

Through lectures and recordings explore the world of Opera Divas; the most famous and familiar female opera singers. Presentations will feature such Opera Divas as Renee Fleming, Maria Callas, Joan Sutherland, Cecilia Bartoli, Renata Tebaldi, and many others. The operas we will student may include, La Traviata, Rigoletto, Aida, La Boheme, Tosca, Cosi Fan Tutte and others. Before presenting the recording of the Opera Diva singing an aria, the teacher will discuss characteristics of the singing voice, vocal technique, the roles performed by the singer and a synopsis of the opera/scene.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 MU158 Syphax 115 02/21 Thu 10:30a Soranno 2 - 2 hr

The History of Rock & Roll: Eyewitness to the Revolution, 1957-1967

In the decade from Jail House Rock to Sgt. Pepper, rock and roll skyrocketed from derision to dominating music and impacting everything from race to sex to politics. Come relive that wild ride with a foot soldier of the revolution who had a #1 hit rock record in 1967, and close encounters with Ricky Nelson, Zappa, Hendrix, The Who, Credence, the Doors and more. Informed by his Graduate studies in musicology at the University of Chicago, get an insiders view, from the back rooms of the Whisky to the front seat at Monterey Pop, of how and why rock and roll changed music, culture and the world.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 MU169A Syphax 202 01/23 Wed 7p Munford 1 - 2 hr MU169B Syphax 113 01/28 Mon 10a Munford 1 - 2 hr

The Best Operas by Puccini

Giacomo Puccini, one of the greatest opera composers, the Titan of Opera, from the late 19th Century to the early 1920's, he composed twelve operas, many of which are still performed in opera houses and other venues throughout the world today. We will discuss various characteristics and elements of the best operas: La Boheme, Madama Butterfly, Tosca and Turandot. You will see and hear clips of opera performances on DVDs. Before viewing an opera DVD, you will learn about the composer, setting, cast and a synopsis of the opera. Following each video presentation, we will discuss the music, orchestra and the opera singers' vocal techniques, acting and staging.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 MU175 Syphax 171 03/14 Thu 10:30a Soranno 2 - 2 hr



The History of the Symphony

This 4-session course tells the story of the magisterial centerpiece of classical music, the symphony. Developed, refined and expanded over two centuries, virtually every major composer felt the need to meet its challenge...and change its course. From its modest beginnings with early Haydn and Mozart through the heroic powerhouses of Beethoven to the overwhelming titans of Mahler and Bruckner to the passionate works of Tchaikovsky and the cool elegance of Sibelius, you'll learn and hear how and why the themes, techniques, forms and logic of the symphony truly form the beating heart of classical music.

Arl. Res. \$119 Arl. Sr. \$99 Non-Res. \$139 MU179A Syphax 173 02/12 Tue 10a Munford 4 - 2 hr MU179B Syphax 171 03/07 Thu 7p Munford 4-2 hr

Music of the Middle Ages & Renaissance: Of Kings, Castles and Cathedrals

Enjoy a delightful 2 hour journey through the exotic world of "Early Music" from the Medieval times of Richard the Lionheart to the High Renaissance of Michelangelo. And learn how the language of music was born, developed and refined through six centuries of some of the strangest and most breathtaking music you've never heard - from sackbuts & krummhorns to pavanes & passacaglias to risqué motets to high masses. Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

MU181A Syphax 171 01/17 Thu 7p Munford 1 - 2 hr MU181B Syphax 170 03/15 Fri 10a Munford 1 - 2 hr

Voice Lessons for Adults - Level I

This Voice Lesson class is designed for students who want to improve and develop their singing talents. This class is for beginners and for those who have not experienced singing lessons or techniques before. Learn singing basics which will include methods of warm up, breath control, clear singing pronunciation of lyrics, scales, and terminology. Students will practice singing songs throughout the course. Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179

MU201A Career Ctr. 229 01/23 Wed 6:30p Jugdersuren 6 - 2 hr **MU201B** Syphax 107 02/08 Fri 1p Stuart

Voice Lessons for Adults - Level II

This class is a continuation of Voice Lessons for Adult level I. Students will continue to develop breath control, singing pronunciation of lyrics, scales, and terminology. Students will practice singing songs throughout the course. Arl. Res. \$159 Arl. Sr. \$139 Non-Res. \$179 MU204 Career Ctr. 229 03/11 Mon 6:30p Jugdersuren 6 - 2 hr

Music Theory & Basic Composition

Learn the lines and spaces of both the bass and treble clefs. notes and rests values, intervals and much more. Book Alfred's Essentials of Music Theory ISBN 0-88284-894-1 Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 MU220 Syphax 107 01/25 Fri 1p McGuire 6 - 2 hr

Arlington Community Chorus

If you love to sing, we would love to have you! Come join the Arlington Community Chorus and embrace the power of music. The ACC welcomes all singers who have sung in a choir, either in high school, college or even at church. If you haven't sung in a formal group before but would still like to join, call us and we will put you in contact with the conductor who can provide you with ways you can participate. We will perform a wide variety of choral literature, while at the same time having fun and enjoying the experience of singing. Concerts are programed throughout the school year. Tuition: \$130

Wash. Lee Choral 01/29 Tue 7pm 15 - 2hr

> MU150C - Tenor MU150A - Soprano MU150D - Bass MU150B - Alto

Arlington Concert Band

The Arlington Concert Band is a wind and percussion ensemble for adult musicians. This group is seeking musicians with intermediate to advanced playing skills, or players who have studied previously and want to return to their musical past and focus on performing in an ensemble. Arlington Concert Band aims to be an ensemble that will not only provide a local opportunity for musicians, but will serve as a promoter of music, music education and community. Openings exist for most positions - please call to inquire about open seats, contact Raul Matos at 703-228-7217. Annual Membership Fee per School Year only \$39. (Bring your own instrument)

HB Woodlawn Band Rm 01/08 Tue 7p 10 - 2 hr

MU200A - Flute MU200H - Bassoon MU200B - Clarinet MU200I - French Horn MU200C - Oboe MU200J - Trumpet MU200D - Bass Clarinet MU200K - Trombone MU200E - Baritone Saxophone MU200L - Euphonium MU200F - Tenor Saxophone MU200M - Tuba MU200G - Alto Saxophone MU200N - Percussion

Arlington Concert Orchestra

The Arlington Concert Orchestra is seeking musicians with intermediate to advanced musical skills, and all those who used to play an orchestral instrument and are looking to get back into a performance ensemble. This is a wonderful opportunity to play in a high caliber, volunteer orchestra! High quality performances, education, and fun are at the heart what we do.

Registration fee \$39 per semester. (Bring instrument) Kenmore Band Rm 01/14 Mon 7p 10-2 hr

MU208F - French Horn MU208K - Clarinet MU208A - Violin MU208B - Cello MU2081 - Percussion MU208G - Tuba MU208M - Trombone MU208C - Harp MU208H - Viola MU208N - Trumpet MU208D - Oboe MU208I - Bass MU208E - Bassoon MU208J - Flute MU2080 - Piano



Sewing I

Sewing class is designed for beginners. There will be an introduction to the sewing machine, sewing terms, fabrics, patterns, pressing technique, and notions. First class project will prepare you for Sewing II. Bring thread and scissors to first class. Supply list distributed at first class.

Arl. Res. \$179 Arl. Sr. \$159 Non-Res. \$199 **HE600A** Syphax 117 01/10 Thu 6:30p Hunter 6 - 2.5 hr **HE600B** Syphax 117 01/16 Wed 12:30p Hunter 6 - 2 hr

Sewing II

Continue to advance your sewing skills in this class, and make a a garment. Project and supply list distributed at first class. Arl. Res. \$129 Arl. Sr. \$109 Non-Res. \$149 HE601 Syphax 117 02/21 Thu 7p Hunter 4 - 2.5 hr

Knitting - The Basics

Curious about Knitting? Come learn the basics of knitting casting on, knit, purl, and binding off. Students will learn to read a pattern and will begin working on a simple but attractive scarf. Supply list found on the website.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 HE611A Syphax 170 01/26 Sat 10a Azimi 4 - 2 hr HE611B Syphax 170 01/30 Wed 7p Hunter 4 - 2 hr

Knitting - Beyond the Basics

Prerequisite: Knitting - the Basics or proficient in casting on, knitting, purling and binding off. We will focus on new knitting stitches and techniques. You will learn how to identify and fix beginner knitting mistakes and knit a project of your own choice. Supply list found on website.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89 HE613 Syphax 170 02/27 Wed 7p Hunter 4 - 2 hr

Knit Toys for Any Skill Level

Learn to knit a toy for the little one(s) in your life. It is very satisfying to watch a product you created with your own hands come to life with a little imagination. From choices such as a simple ball or basket to advanced stuffed animals or a reversible toy, you can learn how to make a toy and advance your knitting skills. You must be able to do knit and purl stitches. Increases and decreases as well as knitting with circular knitting needles will be covered in course. Supplies will be provided. Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

HE630 Syphax 173 03/09 Sat 10a Vu 3 - 2 hr



Create a beautiful, customizable, no-sew DIY braided rug using just old t-shirts! This class will teach you everything you need to know to get started and then finish your project at home. See website for supply list.

Materials: 15+ t-shirts, fabric scissors / rotary cutter Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59 HE693 Syphax 117 02/02 Sat 10a Ott 1 - 2 hr



Temper Tantrums as Learning **Opportunities**

Temper tantrums are the sign that your toddler or preschool child is beginning to develop important social skills. By understanding the root causes, you'll address the heat of the tantrum in a manner that promotes your child's skills and improves your nurturing parent-child relationship.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 PA101 Syphax 170 03/07 Thu 12:30p Bermudez 2 - 2 hr

Potty Training: The Right Fit for Your Child

Is it time to start potty training or shift gears? Popular one-sizefits-all approaches may not fit with your child. Tailor your own unique approach to align with your child's temperament, signs of readiness, and the circumstances of your family. Get creative and have fun with what otherwise can be a frustrating experience... for both of you!

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 PA104 Syphax 170 01/31 Thu 12:30p Bermudez 2 - 2 hr

SAT Test Prep

SAT Prep - Language Arts

Learn the tools and techniques to reach the highest available score on the SAT test. Learn to visualize perspectives and concepts which may differ from your own. Course includes vocabulary building, sentence completion and critical reading. Arl. Res. \$119 Arl. Sr. \$99 Non-Res. \$139 TP101A Wash Lee 2212 02/05 Tue 7p Miller 4 - 2 hr

SAT - Prep - Math

Learn the tools and techniques to reach the highest available score on the SAT test. Learn to visualize perspectives and concepts which may differ from your own. Course includes reviewing the math skills necessary to be successful on the

Arl. Res. \$119 Arl. Sr. \$99 Non-Res. \$139 TP101B Wash. Lee 2212 02/07 Thu 7p El-Hakim 4 - 2 hr

Automotive Care

Automotive Repair Procedures

This course will be based on the automobile problems and needs of the students. Hands-on shop work on owner's vehicles will guide the weekly lesson. Basic repairs will be limited to shop time, space, and equipment. Diagnostic information will be supplied, as available, to assist the student in correcting problems. The purchase of some necessary basic hand tools and materials will be identified. Course is taught in the Auto Technology Lab.

Arl. Res. \$239 Arl. Sr. \$219 Non-Res. \$259 TI100 Career Ctr. Auto Shop 01/15 Tue 6:30p Herrera 8 - 3 hr

Automotive Repair Procedures-Advanced

The curriculum of the course will be based on the automobile problems and needs of the students. Hands-on shop work on owner's vehicles will guide the weekly lesson. Basic repairs will be limited to shop time, space, and equipment. Course offers more advanced diagnostics. Course is taught in the Auto Technology Lab.

Arl. Res. \$239 Arl. Sr. \$219 Non-Res. \$259 TI103 Career Ctr. Auto Shop 01/09 Wed 6:30p Winchell 8 - 3 hr

Car Maintenance Workshop

Class is designed for students who have limited to no knowledge of car maintenance. Students will learn how to perform simple maintenance on their car, such as changing the oil, topping off fluids and checking tire pressure. Students will also learn how to change a flat tire and what to do when the car overheats. This is a hands-on class.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119

TI106 Career Ctr. Auto Shop 03/12 Tue 6:30p Winchell 3 - 2.5 hr

Designing a Purposeful Garden Space

Have you always wanted a fire pit, dining or lounge area in your garden but just don't know where to begin? Join us to design a beautiful and purposeful outdoor space in your landscape. We'll combine basic design principles with practical information about using and sourcing materials such as stone, plants, lighting, and more to create a workable plan that you can install- just in time

Arl Res \$89 Arl. Sr. \$79 Non-Res. \$99 TI364 Syphax 202 03/07 Thu 6:30p Staff 2 - 2.5 hr

Designing Your Home Landscape

Learn everything you need to know about designing and maintaining a residential landscape. Taught by a professional landscaper, students will learn important aspects of landscape design, such as: sun vs shade, tree location, water drainage and erosion, lawn, esthetics and security. We will also discuss patios, walkways and ground cover. Photo analysis and critique of your yard will be available.

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79 GI199 Syphax 235 02/20 Wed 7p Sullivan 2 - 2 hr

Introduction to Architectural Drawing using Google Sketchup Make

Learn the basics to architectural design in Google Sketchup (a free software developed by Google). Our class project will be to design a one-story house, which will include interior and exterior doors, windows, exterior and interior walls, floors, roof and structural foundation. The 3D capability in Google Sketchup will give you a realistic view of your final design.

Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119 TI230 Career Ctr. 205 02/13 Wed 7p Blazek 3 - 2 hr

Introduction to Woodworking & Cabinetmaking

Course begins with a six-week orientation focusing on wood types and uses, wood joinery, cabinetry design, and proper, safe use of tools and equipment. For the remaining classes, students have full use of modern woodworking equipment, tools, and shop to construct individual furnishings. Student supplies lumber and materials for personal projects. Some storage is available. Course is taught in the Wood Shop.

Arl. Res. \$229 Arl. Sr. \$209 Non-Res. \$249 TI302 Career Ctr. Wood Shop 01/08 Tue 7p Redda 12 - 3 hr

Advanced Woodworking and Cabinetmaking

Prerequisite: Prior participation in Introduction to Woodworking and Cabinetmaking (TI-302) is mandatory. This course allows students continued use of the fully equipped shop to construct items of personal interest and improve their woodworking skills. Emphasis is on advanced techniques such as veneering, millwork, lathe turning, and joinery. Student supplies lumber and materials for personal projects. Some storage is available. Taught in Wood Shop.

Arl. Res. \$229 Arl. Sr. \$209 Non-Res. \$249 TI303 Career Ctr. Wood Shop 01/10 Thu 7p Redda 12 - 3 hr

Furniture Repair and Refinishing

Hands-on course. Each student works on one or more projects of their own choosing. Learn to recognize different qualities of furniture. For each project, learn how to identify what needs to be done, create a plan, select the right materials, and then, working together, either restore, conserve, or refinish the piece. Course includes basic furniture repairs, fixing damaged finish, coloring for authenticity, and reapplying finish. Bring one or more projects to the first class! Students will work on multiple projects. As materials vary for each project, instructor will provide supply lists at the first class. Course taught in the Wood Shop. Arl. Res. \$219 Arl. Sr. \$199 Non-Res. \$239 TI305 Career Ctr. Wood Shop 01/30 Wed 7p Jackson 8 - 2.5 hr

Plumbing

Study supply, drain, waste, and vent piping fabricated with copper, plastic, and iron/steel. Course covers the installation of new and remodeled systems as well as maintenance of existing systems. Class is taught in the Wood Shop. Text: Step by Step Guide Book for Home Plumbing.

Arl. Res. \$239 Arl. Sr. \$219 Non-Res. \$259 TI309 SEEC Shop 01/03 Thu, Mon 6:30p Daly 6 - 3 hr

Drywall

Learn how to hang, finish, and repair drywall. Proper tools, materials, and techniques will be stressed. Course is taught at SEEC. Text: Step by Step Room Finishing Arl. Res. \$209 Arl. Sr. \$189 Non-Res. \$229 TI310 SEEC Shop 02/28 Thu, Mon 6:30p Daly 6 - 3 hr

Ceramic Tile

Learn the basics of proper tool usage, material selection and layout techniques in order to produce quality floor, wall and countertop jobs using ceramic tile. text: Hometime: How to Ceramic Tile ISBN 1890257052.

Arl. Res. \$209 Arl. Sr. \$189 Non-Res. \$229 TI316 SEEC Shop 03/25 Mon, Thu 6:30p Daly 6 - 3 hr

Electrical Wiring for the Homeowner

Course will cover tools, materials, and techniques necessary for the homeowner to maintain, repair, and/or modify the existing electrical service in a typical residential electrical installation. Practical hands-on application of electrical theory and NEC requirements will be utilized. Class is taught in the Wood Shop. Text: Step by Step Home Wiring.

Arl. Res. \$209 Arl. Sr. \$189 Non-Res. \$229 TI321 SEEC Shop 01/31 Thu, Mon 6:30p Daly 6 - 3 hr

Carpentry - Exteriors

This course is a follow-up to TI 312 Frame Carpentry, and covers in detail how to enclose residential structures in an energy efficient shell which complies with the 2012 International Energy Efficiency Code (IECC). Topics will include: siding, roofing, drainage control, vapor and air barriers, roof ventilation, and insulation. Lab exercises on mock-up structures will be incorporated into the course.

Arl. Res. \$219 Arl. Sr. \$189 Non-Res. \$259 TI327 SEEC Shop 01/15 Tue 6:30p Daly 6 - 3 hr

Hardwood Flooring - Installation and

You can do this! Installing your own hardwood flooring can be done once you understand the tools, materials and techniques involved. Learn from an experienced woodworker the "tricks to the trade" and gain the confidence to do the job. Through instruction, flooring samples, start-to-finish layout procedures and tips on avoiding mistakes, you can gain the knowledge necessary to lay your own floors. Other topics covered in the class will include, sanding, staining and maintenance. Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

TI329 Career Ctr. 112 01/16 Wed 7p Jackson 1 - 2.5 hr

Understanding Your Home: How to Spot, Correct & Avoid Defects & Keep **Everything Running**

Anyone who wants to buy or sell or maintain a home can benefit from this class. Dozens of money-saving tips on how to identify structural, mechanical and cosmetic defects in both older and new homes will be presented. The course will provide a basic understanding of how everything in your house works, when to repair or replace and how to go about finding reliable services. Students will also review construction materials, trade practices and environmental issues, including indoor air pollutants such as mold, radon and allergens.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res \$69 TI332 Career Ctr. 112 02/05 Tue 7p Jackson 1 - 2.5 hr

GED_®(High School Equivalency Certificate)

The General Educational Development (GED) Program is designed for persons who were once enrolled in school, but who, for various reasons, did not complete the requirements for high school graduation.

ENGLISH GED PREPARATION OPTIONS

Classes help develop or refresh the skills necessary for successful completion of the GED test. Students are encouraged to take the GED test when their progress indicates their readiness.

New GED students are required to take an English and Math assessment to assure proper course placement. Assessment takes 3 hours. See placement assessment dates below:

Call 703-228-7220 to schedule your placement assessment.

GED Preparation Classes Level 4

Monday, Wednesday and Friday. A combination of traditional teacher led classes and individualized instruction is included. Course will cover all four subjects of the GED test

14-week Mornings 9am - 11:30am Cost \$129

GE-015A Syphax Ctr. 108 1/7 - 4/26 Joseph Mon./Wed./Fri.

16-week Evenings 6:30pm - 9:00pm Cost \$109

GE-015B Syphax Ctr. 108 1/23 - 5/15 Van Buren Mon./Wed.

GED Preparation Class Level 3

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills.

GE-014 Wakefield A-331 1/8 - 4/30 Gonzalez Tue./Thu.

GED Preparation Class Level 2

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills.

Cost: \$89

GE-013 Wakefield A-335 1/8 - 4/30 Brundidge Tue./Thu.

Basic Math Class

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on basic Math skills.

Cost: \$89

GE-012 Wakefield A-339 1/8 - 4/30 Jones Tue./Thu.

Skill Builder Class

14-week program meeting Saturday mornings from 10:00 a.m. to 12:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on Language Arts and basic Math skills.

Cost: \$69

GE-023 Syphax Ctr. 108 1/12 - 4/27 Johnson Sat.

GED EN ESPAÑOL - CURSO PREPARATORIO Y DE REPASO

Se ofrecen clases de repaso de las materias abajo indicadas, las que ayudarán a desarrollar la preparación necesaria para pasar el examen del GED, y obtener el Certificado de Equivalencia de Educación Secundaria otorgado por el Estado de Virginia.

Requisitos:

Haber completado la mayoría de los estudios secundarios o demostrar el conocimiento basicos de lectura, escritura y matematicas.

Materias de Estudio:

Matemáticas (aritmética, algebra, geometría), lectura y redacción y estudios sociales.

Lugares y Horario:

Kenmore Middle School

200 S. Carlin Springs Road Arlington, Va. 22204 Sala #290, Lunes y miércoles de 7:00 p.m. a 9:00 p.m. Las clases empiezan el 14 de enero y terminan el 22 de abril (10 semanas, no hay clases cuando hay un feriado). Matricula: \$129 Codigo: GE-003 Sparks/Downs

The 2014 version of the GED® test is given on the computer. To receive their GED® test credential, test-takers need to reach a score of 145 on each subject.

GED Graduation Date Friday, June 14, 2019 - 7:00pm Washington-Lee H.S.



ENCORE LEARNING

Offering daytime non-credit college-level courses, clubs & special events for those 50+ in the metropolitan area

www.encorelearning.net



Want to see what's available, Winter 2019?

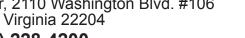
Courses are posted online at www.apsva.us/parentacademy If you have questions or ideas, call the APS Department of School & Community Relations at 703-228-6005.

English Classes for Adult Learners



REEP

Arlington Education and Employment Program Syphax Education Center, 2110 Washington Blvd. #106 Arlington, Virginia 22204



(703) 228-4200





reep@apsva.us

Intensive English Classes

Beginning, intermediate, and advanced levels of intensive English instruction, taught by trained and experienced ESL professionals, are offered in 12-week sessions at the following locations:

Syphax Education Center

2110 Washington Blvd., Room 106 Classes begin in January, March, July, and October:

Monday-Friday 9:00 a.m.-12:00 p.m. Monday-Thursday 6:45 p.m.-9:00 p.m.

\$285.00 morning/\$200 evening for Arlington residents and employees. Scholarships are available.*7

Arlington Mill Community Center

909 South Dinwiddie Street, Room 403 Classes begin in February, May, August, and November:

Monday-Thursday 4:15 p.m. - 6:30 p.m. Monday-Thursday 6:45 p.m. - 9:00 p.m.

\$200.00 for Arlington residents and employees. Scholarships are available.**

Note: Some classes will be held at Wakefield H.S.

Intensive English + ServSafe

12-week course for intermediate and advanced English students. Students meet one day per week for ServSafe study in combination with intensive ESL classes. Call for more information and scheduling.

Syphax Education Center

2110 Washington Blvd., Room 106 Classes begin in January, March, July, and October



Volunteers Needed

See https://www.apsva.us/reep/volunteering for position descriptions and contact information.

Conversation Classes Intermediate & Advanced Levels

Eleven week classes, taught by trained and experienced ESL professionals, begin January, April, July, and October:

Tuesday and Thursday 1:00 p.m.-3:00 p.m. \$125.00** for Arlington residents and employees. No scholarships available.

Syphax Education Center 2110 Washington Blvd., Room 106

TOEFL Preparation

11-week course for advanced level ESL students. Focus is on improvement in the four key skill areas tested on the iBT. Class meets one day per week on Saturdays from 9:00 a.m.-1:00 p.m.

Syphax Education Center 2110 Washington Blvd., Room 106 Classes begin in January



English and Workplace Computer Skills

Intermediate and advanced level ESL students will receive language instruction and gain confidence using computers in English in the workplace. Microsoft Office Specialist (MOS) prep and job coaching are included.

Syphax Education Center 2110 Washington Blvd., Room 106

Classes begin in January

BEGINNING ENGLISH CLASSES IN **COMMUNITY CENTERS**

Free non-intensive, beginning-level classes taught by trained volunteers at:

Arlington Mill, 909 S. Dinwiddie St. Gates of Ballston, 4108 N. 4th St.

Call (703) 228-4200 for current class schedule. No placement test required. AM and PM classes offered.

Tuition is higher for students who do not live or work in Arlington, is subject to change, and includes a \$35.00 non-refundable testing and registration fee.*

Some scholarships for intensive classes are available to Arlington residents through a lottery for qualified applicants. Scholarship recipients pay \$35.

Things You Should Know

REGISTRATION: Please register early to avoid disappointment. Tuition may be paid by check (returned checks are subject to a fee), money order, or credit card. We accept Visa, MasterCard and Discover Card. Make checks payable to: Arlington Public Schools. Registration is complete once payment is received. Cash payments are not accepted. You will not receive confirmation, unless you register online, in which you will receive an email confirmation. You must register before attending class. Instructor may not receive payment.

All Arlington resident Adult Education students 62 years or older receive a discount on tuition.

REFUND POLICY: You will receive a full refund if class is canceled by Adult Education. Refund requests received before the first class are subject to a 10% service charge (minimum \$10.00). Refund/transfers before the second class (of a multiple session course) are subject to a 10% service charge, plus a prorated fee for each class held before receipt of request whether or not the participant attended. No refund/transfers after second class. No refund for single night class if you were unable to attend. No refund on material fee if student cancels 48 hours prior to class.

WEATHER RELATED CLOSINGS:

Adult Education classes are canceled whenever Arlington Public Schools close for inclement weather. Closings are announced on the Arlington Public Schools' website at www.apsva.us and local radio and TV stations.

You can also call the weather hotline at 866-322-4277. When an announcement is made that there is a morning school delay (not closing), all Arlington Adult Education classes will take place as regularly scheduled. If class is canceled, classes that meet once are rescheduled for the next week, when possible. Classes that meet more than once will meet at the next scheduled session and students will receive makeup information in class.

Parking at Syphax Education Center

Parking at the Syphax Education Center is located in the parking garage, adjacent to the building. There is also street metered parking which is discounted during that day and free after 6pm, also free on the weekends. For evening classes, exit the parking garage on the lower level. Bicycle racks are available. Staff and student parking located at B1 and B2.

TEXTBOOKS: Textbooks are becoming more expensive. We encourage students to purchase books online at discount book sites or bookstores. Many books may be purchased from Barnes and Noble in Clarendon. Some may be found used online. The Adult Education Program now sells a limited number of foreign language books. Prices may vary.

ATTENTION: Arlington Public Schools prohibits discrimination on the basis of race, religion, gender, sexual orientation, national origin, age, disability, pregnancy or marital status. This policy provides equal access to courses and programs, counseling services, physical education and athletics, vocational education, instructional materials and extra-curricular activities. Report violations of this policy to the Assistant Superintendent for Administrative Services, 703-228-6008, or the Assistant Superintendent for Personnel, 703-228-6110.

*** The Arlington Community Learning provides partial scholarships to Arlington residents who qualify, call for more information. ***

OFFICE HOURS: Monday through Friday: 9:00 a.m. - 5:00 p.m.

HOLIDAYS AND CLOSINGS:

No classes will be held on:

Martin Luther King Jr. Day: January 21 President's Day: February 18

Arlington Community Newsletter

Be the first to know when our new catalog is coming out, when the new semester begins, when new classes are added, community concerts, special events and discounts.

Sign up by scanning here



or add this url into your browser:

https://goo.gl/eGp1VK



Please fill out completely. Registration is complete upon processing of this form. Indicate second student on separate form. If mailing, make check/money order payable to Arlington Public Schools. Cut and mail with tuition to Adult Education Program, 2110 Washington Blvd. #106, Arlington, VA 22204. Or fax to (703) 228-8049.

Confirmation will be sent, only upon request. Report to class unless otherwise advised.

Last Name							F	First	Middle	Middle			Senior	_		
Local Address (street, city, state & zip)													Daytim	Daytime Telephone		
Email:													Evenin	Evening Telephone		
Credit Card Information													Donatio (se	Donation to JGMS (see website for details)		
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Clace Registration Form

Arlington Public Schools Career, Technical, and Adult Education 2110 Washington Blvd. Arlington, Virginia 22204 Non-Profit Org. U.S. Postage PAID Laurel, MD Permit No. 1376

ECRWSS

Postal Customer or Current Resident

Arlington Community Learning

...where learning never ends!



Creating Mosaics p. 10

Interested in teaching a class?

We are looking for teachers for:
Pottery Wheel Ceramics,
Accounting Basics, Quickbooks and
Quicken classes, Enrichment classes for
kids, Harmonica Lessons, and many more
topics listed on our website.

Register online at www.apsva.us/acl Tel: 703-228-7200



Sign up for our e-Newsletter and be the first to know about upcoming catalogs, new classes, discounts, concerts & more!

