# Benefits Enrollment and Change Form for Active Employees (please print) See Page 2 for Instructions and Important Information

١.	Employee Last Name:			Employee First N					- <u>                                    </u>	Arlington
	Employee #		er:							Schools
	Date of Hire:	Work Location:		(E	ffective Date	of Coverage: (	internal use or	nly)		)
2.	Life Event: (only select one) Attach supporting documer	ntation to justify all Life Event	ts. Coverage elections and c	hanges are only allo	owed if request	ed within allowed	d timeframe (u	sually 31-day	s) per the li	st of Life Events.
	Marriage Death of Sp	pouse or Child Spou	endent Gains Eligibility Status se/Dependent Gains other Cover se/Dependent Loses other Cover	· ×		Open Enrollr Rehired Return from	nent Unpaid Leave of	Absence .	Other (list	t event below)
3.	Medical	l Coverage	Dental Coverag	e (with Delta Dent	al) Vis	ion Coverage (	with VSP)	Volunta	ry Disabil	lity Buy-Up**
	REQUEST  Enroll  Change  Cancel  Waive  SELECT ONE PL  Kaiser Permane  HMO  Cigna Open Acc  LOW Option  Cigna Open Acc  HIGH Option	Employee Only  Employee + Spouse  Employee + Child(re	Enroll Change Cancel	ECT ONE COVERAGE Employee Only Employee + Spouse Employee + Child(ren) Family	REQUEST	Employe  Employe  Employe  Employe	ee Only	REQUEST Enroll Cance Waive	i Ret (VRS not	nployees enrolled n the Virginia irement System i) Hybrid Plan are t eligible for the sability Buy-Up coverage.
	Flexible Spending Accounts, a	ilso known as FSAs, are funde		le Spending Acc		va.us/benefits to	learn more ab	out the IRS ru	les that gov	vern FSA plans.
	Plan Year:		Dependent Care FSA For eligible day care expenses for entitle child (ren) and qualifying adult dependent.							
	by you and Plan Year:	i your qualifying dependents.	· cı	nild(ren) and qualifyin	<b>enses</b> for qualifyi g adult dependent	ts. Your enrollm	arking FSA ent, cancellation following receip			e effective the pay
	Plan Year:	health care expenses incurred by your qualifying dependents.  REQUEST ) Enroll ) Change \$ ) Cancel Plan Year Election Amount ) Waive	· cı	REQUEST Enroll Change \$_ Cancel	nenses for qualifying adult dependent gradult dependent an Year Election Amount	ts. Your enrollm	ent, cancellation	t of your enroll R ount num	change will be ment or chan EQUEST Enroll \$ Change EI	e effective the pay
<b>.</b> .	Plan Year: Your effective date of coverage through December 31st.  Maximum Annual Election: \$2,700 (2019 limit)  Spouse / Dependent Inform If you are enrolling your elig	REQUEST    Enroll   Change \$   Cancel	Plan Year: Your effective date of coverage through December 31st.  Maximum Annual Election: \$5,000 (2019 limit)	REQUEST Enroll Change \$_ Cancel Waive	in Year Election Amount full name, date	Your enrollment period  REQUEST  Enroll  Change  Cancel  Waive	ent, cancellation following receip \$ Monthly Election Am \$265 maxin (2019 lim	t of your enroll  Ount ount num it)  mber. If cove	change will be ment or chan EQUEST Enroll \$ Change El Cancel \$ Waive	Monthly ection Amount (2019 limit)
	Plan Year: Your effective date of coverage through December 31st.  Maximum Annual Election: \$2,700 (2019 limit)  Spouse / Dependent Inform If you are enrolling your elig	REQUEST    Enroll   Change \$   Cancel   Plan Year Election   Amount   Waive   Mation: (please print)   Egible family members for ben marriage certificate. If covering	Plan Year: Your effective date of coverage through December 31st.  Maximum Annual Election: \$5,000 (2019 limit)	REQUEST Enroll Change \$_ Cancel Waive	in Year Election Amount full name, date	Your enrollment period  REQUEST  Enroll  Change  Cancel  Waive	ent, cancellation following receip \$ Monthly Election Am \$265 maxin (2019 lim	t of your enroll  Ount ount num it)  mber. If cove	change will be ment or chan EQUEST Enroll \$ Change El Cancel \$ Waive	Monthly ection Amount (2019 limit)
	Plan Year: Your effective date of coverage through December 31st.  Maximum Annual Election: \$2,700 (2019 limit)  Spouse / Dependent Inform If you are enrolling your elign to provide a copy of your manual Dependent's	REQUEST    Enroll   Change \$   Cancel   Plan Year Election   Amount   Waive   Mation: (please print)   Egible family members for ben marriage certificate. If covering	Plan Year: Your effective date of coverage through December 31 <sup>st</sup> .  Maximum Annual Election: \$5,000 (2019 limit)  Pefits, you will need to provide a dependent child, you will	REQUEST Enroll Change \$_ Cancel Waive  de the dependent's I need to provide a	in Year Election Amount  full name, date copy of your ch	Your enrollment period  REQUEST  Enroll  Change  Cancel  Waive  of birth, and Socild's birth certification  Dependent's	sent, cancellation following receip \$  Monthly Election Am \$265 maxin (2019 lim ial Security nuate, or proof or Medical	ount num it) mber. If cove f adoption or	change will be ment or chan EQUEST Enroll \$ Change El Cancel \$ Waive   ring a spous legal guard Vision	Monthly ection Amount 265 maximum (2019 limit) se, you will need ianship.
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	Plan Year: Your effective date of coverage through December 31st.  Maximum Annual Election: \$2,700 (2019 limit)  Spouse / Dependent Inform If you are enrolling your elign to provide a copy of your management's Social Security Number	REQUEST    Enroll   Change \$   Cancel Plan Year Election Amount   Waive   Maive   Maive	Plan Year: Your effective date of coverage through December 31st.  Maximum Annual Election: \$5,000 (2019 limit)  refits, you will need to provide a dependent child, you will me (Last, First, MI)	REQUEST Enroll Change \$_ Cancel Waive  de the dependent's Relationship	in Year Election Amount  full name, date copy of your ch Gender (M/F)	Your enrollment period  REQUEST  Enroll  Change  Cancel  Waive  of birth, and Socild's birth certificate  Dependent's  Date of Birth	sent, cancellation following receip \$  Monthly Election Am \$265 maxin (2019 lim lial Security nuate, or proof of Medical (Yes / No)	ount num lit) mber. If cove f adoption or Dental (Yes / No)	change will be ment or chan EQUEST Enroll \$ Change El Cancel \$ Waive   ring a spous legal guard Vision	Monthly ection Amount 265 maximum (2019 limit) se, you will need ianship.
<b>.</b>	Plan Year: Your effective date of coverage through December 31st.  Maximum Annual Election: \$2,700 (2019 limit)  Spouse / Dependent Inform If you are enrolling your elign to provide a copy of your manual Dependent's	REQUEST    Enroll   Change \$   Cancel Plan Year Election Amount   Waive   Maive   Maive	Plan Year: Your effective date of coverage through December 31st.  Maximum Annual Election: \$5,000 (2019 limit)  Defits, you will need to provide a dependent child, you will me (Last, First, MI)  Ons from my earnings of	REQUEST Enroll Change \$_ Cancel Waive  de the dependent's I need to provide a Relationship	in Year Election Amount  full name, date copy of your ch Gender (M/F)  ontributions f	Your enrollment period  REQUEST  Enroll  Change  Cancel  Waive  of birth, and Socild's birth certificate  Dependent's  Date of Birth	sent, cancellation following receip  \$	mber. If cove f adoption or Dental (Yes / No)	change will be ment or chan EQUEST Enroll \$ Change El Cancel \$ Waive  ring a spous legal guard Vision (Yes / No)  TIP  www.apsv	Monthly dection Amount 265 maximum (2019 limit) se, you will need ianship.  Add / Drop

APS Human Resources Department ◆ 2110 Washington Blvd., Arlington, VA 22204 ◆ Fax: 703-841-2138 ◆ E-Mail: benefits@apsva.us

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coverage information.

# **APS Benefits Enrollment and Change Form**

### **Instructions and Important Reminders:**

Complete the "APS Benefits Enrollment and Change Form" indicating your coverage elections and/or waivers and return your completed form to the Human Resources Department. (see contact information at bottom of form)

#### Electing Medical, Dental, Vision, Voluntary Disability Buy-Up (if eligible), Health Care FSA, and Dependent Care FSA

**NEW Employee**: Coverage will begin the on the 1st day of the month following 30-days of employment. You have 31-days from your first day of employment to elect coverage.

**NEWLY-Eligible Employee**: Coverage will begin on the 1st day of the month following the effective date of your new, benefits-eligible position. You have 31-days from your new, benefits-eligible position to elect coverage.

**Electing Parking FSA and Transit FSA** You can enroll or change your Parking and Transit FSA elections at any time during the year. Elections are effective the pay period following your election or change request.

Waiving Coverage If you decide not to enroll in coverage, you must complete the "APS Benefits Enrollment and Change Form." Select the "Waive" boxes and return your completed form to Human Resources.

#### **Electing Coverage for Eligible Dependents:**

## Your eligible dependents can also participate in the plans in which you are enrolled:

**Your lawful spouse:** your spouse is eligible to participate in the plan if he or she is an individual who is recognized as your husband or wife under the laws of the state where you live. (Common-law spouses are not eligible.)

If covering a spouse, you will need to provide a copy of your marriage certificate.

**Your child(ren):** including your biological child, legally-adopted child (or child placed for adoption), stepchild, foster child, child for whom you are the legal guardian and child you are required to cover under the terms of a qualified medical child support order, to age 26.

If covering a dependent child, you will need to provide a copy of your child's birth certificate, or proof of adoption or legal guardianship.

If you are enrolling your eligible family members for benefits, you will need to provide your dependent's full name, date of birth, gender, and Social Security number.