HEALTH UNIT GOAL
After completing the unit lifeskills objectives, students will demonstrate their ability to access and navigate an aspect of the healthcare system using level appropriate language skills.

NOTE: Be careful to maintain student privacy by using sample health-related scenarios when needed.

HEALTH LIFESKILLS PERFORMANCE OBJECTIVES:
1. Given visuals, identify parts of the body.
2. Identify healthy food and lifestyle choices.
3. Identify parts of a food label (sugar, fat, and sodium).
4. Given visuals of emotions, ask and answer questions about feelings and emotions.
5. Make a doctor’s appointment by phone.
6. Given visuals of common illnesses and injuries, a) ask and answer questions about illness or injury, b) inquire about someone’s health, c) ask for and give advice.
7. Respond to common instructions from a nurse or doctor, e.g. lie on your back, roll up your sleeve, open your mouth, and take 2 Tylenol.
8. Complete a simplified medical form.
9. Match visuals from simplified medicine labels with spoken and written instructions.
10. Given visuals of an emergency situation, simulate a 911 call and request assistance, giving name, location, and telephone number.

Culminating Assessment Activities: 150: Giving Advice
<table>
<thead>
<tr>
<th>LIFESKILLS PERFORMANCE OBJECTIVES</th>
<th>FUNCTIONS &amp; LANGUAGE</th>
<th>DIGITAL LITERACY INTEGRATION</th>
<th>RESOURCES</th>
<th>EXTENSIONS</th>
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<tbody>
<tr>
<td>2. Identify healthy food and lifestyle choices.</td>
<td></td>
<td>Reepworld Health - Healthy Life and Food</td>
<td>REEP Lesson Plan: Health 150 Identify health food and lifestyle choices.</td>
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<tr>
<td>3. Identify parts of a food label (sugar, fat, and sodium).</td>
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<td>Students take photos of nutrition labels of foods they regularly eat, share on class management</td>
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## REEP ESL Curriculum for Adults

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<tbody>
<tr>
<td>5. Make a doctor’s appointment by phone</td>
<td>Report info: This is... I have a headache. Express needs: I'd like to make an appointment. I need to see the doctor. Structures: simple present</td>
<td>Use class management tool with audio calling to practice making a doctor’s appointment, student to teacher and student to student. See REEP Video Smartphones in Adult ESL Instruction: Internet Calling</td>
<td>Take Charge 2, p. 90 Expressways 1, p. 96 Going Places 1, p. 131-132 Ventures 1, 1st Ed., p. 49-58 Cross-culture: When to see a doctor; Where: clinics, emergency room, private doctor Arlington Free Clinic</td>
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<tr>
<td>REEP ESL Curriculum for Adults</td>
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<tr>
<td><strong>7. Respond to common instructions from a nurse or doctor, e.g. lie on your back, roll up your sleeve, open your mouth, and take 2 Tylenol.</strong></td>
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<tr>
<td><strong>Make/respond to request for clarification:</strong> Please repeat. Please show me. Respond to instructions: Roll up your sleeve. Open your mouth. <strong>Structures:</strong> Imperatives</td>
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<tr>
<td><strong>Software:</strong> New Oxford Picture Dictionary <strong>Audio:</strong> Jazz Chants (Ouch! That hurts)</td>
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<tr>
<td><strong>USA Learns.org &gt; 1st course &gt; Unit 16 Doctors and Medicine</strong></td>
<td><strong>OPD 2, p. 114</strong> <strong>Expressways 1, p. 100-101</strong> <strong>Going Places 1, p. 133-134</strong></td>
<td><strong>Cross culture:</strong> When to see a doctor, types of doctors</td>
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<tr>
<td><strong>8. Complete a simplified medical form.</strong></td>
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<tr>
<td><strong>Sample Vocabulary:</strong> weight height diabetes allergies <strong>Structures:</strong> Simple Present, Wh-questions; Yes/no questions</td>
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<tr>
<td><strong>Reepworld Health: Health Problems &gt; Medical Forms</strong></td>
<td><strong>Online Simplified Health Forms</strong></td>
<td><strong>Basic Grammar in Action, p. 195</strong> <strong>Take Charge 2, p. 94</strong> <strong>Ventures 1, 1st Ed., p. 54</strong> simplified health forms</td>
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</tr>
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### REEP ESL Curriculum for Adults

<table>
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<tr>
<th>Task</th>
<th>Instructions</th>
<th>Resources</th>
<th>Cross culture: When (not) to use emergency systems, such as 911. Extension: Navigate an Emergency Room, <strong>Stand Out 1, Unit 6 (Lesson 6)</strong></th>
</tr>
</thead>
</table>
| 9. Match visuals from simplified medicine labels with spoken and written instructions. | Instruct someone to do something:  
You must...  
You must not...  
Take 1 tsp. 2x a day.  
Structures: Must/must not; Imperatives | **Reepworld Health: Medicine**  
**LaRue Medical Literacy Exercises and Quiz**  
**Stand Out 1 2nd Ed., Unit 6 (Lesson 3)**  
**Expressways 1, p. 104-105**  
**Basic Grammar in Action, p. 192**  
**Going Places 1, p. 140**  
**Ventures 1, 1st Ed., p. 47 Ventures 1 Workbook, 1st Ed., p. 40**  
**Future Intro, 1st Ed., 186-187**  
**Pharmacy Drop Off Online Scenario**  
**REEP Lesson Plan: Health 150 Emergency Phone Calls**  
**OPD 2, p. 116, 117**  
**Stand Out 1, 2nd Ed., Unit 6 (Lesson 4), p. 118, 119**  
**Expressways 1, p. 106**  
**Going Places 1, p. 115-116**  
**Future Intro, 1st Ed., p. 184-185**  
Arlington Survival videos: 911 |**REEP Lesson Plan: Health 150 Emergency Phone Calls**  
**OPD 2, p. 116, 117**  
**Stand Out 1, 2nd Ed., Unit 6 (Lesson 4), p. 118, 119**  
**Expressways 1, p. 106**  
**Going Places 1, p. 115-116**  
**Future Intro, 1st Ed., p. 184-185**  
Arlington Survival videos: 911 |
| 10. Given visuals of an emergency situation, simulate a 911 call and request assistance, giving name, location, and telephone number. | Report info:  
My name is...........  
My address is...........  
My baby is choking.  
A man is unconscious.  
My brother is bleeding.  
I fell down the stairs.  
Structures: Simple present, Present continuous, Simple past | **Reepworld Health: Emergencies**  
**Emergencies Online Quiz**  
**REEP Lesson Plan: Health 150 Emergency Phone Calls**  
**OPD 2, p. 116, 117**  
**Stand Out 1, 2nd Ed., Unit 6 (Lesson 4), p. 118, 119**  
**Expressways 1, p. 106**  
**Going Places 1, p. 115-116**  
**Future Intro, 1st Ed., p. 184-185**  
Arlington Survival videos: 911 | **REEP Lesson Plan: Health 150 Emergency Phone Calls**  
**OPD 2, p. 116, 117**  
**Stand Out 1, 2nd Ed., Unit 6 (Lesson 4), p. 118, 119**  
**Expressways 1, p. 106**  
**Going Places 1, p. 115-116**  
**Future Intro, 1st Ed., p. 184-185**  
Arlington Survival videos: 911 |