Arlington Community Learning

Winter 2020 Catalog
Register online at www.apsva.us/acl

Start the year off right... sign up for class!

Arlington Public Schools ...where learning never ends!

Follow us on social media  Arlington Community Learning  @arl_learning
Message from the Superintendent

Dear Lifelong Learners,

On behalf of the Arlington Public School family, we wish you a Happy New year! As you set your new year resolutions, we hope that one item on your list includes learning something new. Let 2020 be a year of learning. This course catalog contains over 300 classes and workshops for your personal enrichment and professional development. We live in such a vibrant, brilliant and experienced community. Community education is about neighbors teaching neighbors. Our instructors come from a wide variety of industries and backgrounds. We have authors, programmers, educators and chefs, linguists, trainers, executive coaches, builders, musicians and so much more teaching and facilitating our classes. We are always looking to add new instructors, class ideas and fresh content to our program. If you wish to teach or propose a class, please do so on our website at www.apsva.us/acl or by email Raul Matos at raul.matos@apsva.us.

Sincerely,

Cintia Z. Johnson
Interim Superintendent, Arlington Public Schools

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Key to location codes:
1. Career Center, 816 S. Walter Reed Dr., 22204
2. Jefferson School, 125 S. Old Glebe Rd., 22204
3. Kenmore School, 200 S. Carlin Springs Rd., 22204
4. SEEC, 2701 S. Nelson St., 22206
5. Swanson School, 5800 N. Washington Blvd., 22205
6. Syphax Education Center, 2110 Washington Blvd., 22204
7. Wakefield School, 1325 South Dinwiddie St., 22206
8. Washington-Liberty School, 1301 N. Stafford St., 22201

Arlington County
Choose the right foreign language class for you!

### Beginning 1
This course is for beginner students without any knowledge of the language. Course includes basic elements of grammar, vocabulary, oral skills, listening comprehension, and small amount of reading and writing.

**Required Text:**

### Beginning 2
Prerequisite: Beginners I or equivalent knowledge. This class is a continuation of Beginners I and is designed for students with some knowledge of the language. Course will focus on elements of grammar, building vocabulary, pronunciation, listening comprehension, and reading and writing.

**Required Text:**

### Beginning 3
Prerequisite: Beginners II or equivalent knowledge. A continuation of Beginners II. This course is designed to expand grammar and vocabulary. Class focus on developing conversation skills through oral and written exercises on a variety of topics.

### Intermediate 1
Prerequisite: Beginners III or equivalent knowledge. A continuation of Beginners III. This course will continue to expand your vocabulary and improve your grammar skills. More emphasis will be placed on conversation skills through oral and written exercises on a variety of topics.

**Required Text:**

### Intermediate 2
Prerequisite: Intermediate I or equivalent knowledge. A continuation of Intermediate I. This course is primarily taught in the foreign language with some English. Course will focus on more fluid conversation skills. Reading, writing, and oral exercises in the foreign language will be practiced.

**Required Text:**

### Intermediate 3
Prerequisite: Intermediate II or equivalent knowledge. A continuation of Intermediate II. This course will focus on more fluid conversation skills. Reading, writing, and oral presentations in the foreign language will be practiced.

### Conversation
Designed for fluent speakers. Emphasis will be on oral and reading skills. Translation, some writing, conversation, and vocabulary will be covered. Class will be conducted in the foreign language.

Students are responsible for purchasing their own textbooks. Textbooks are not included in the cost of the tuition. Most books can be purchased online.
### Italian - Beginning 1
Arl. Res. $239  Arl. Sr. $219  Non-Res. $259
FL544A  W-L  2227  01/13 Mon 7p DiMuccio 10-2 hr
FL544B  Syphax 150  01/16 Thu 11:30a DeLaQueva 10-2 hr

### Italian - Beginning 2
Arl. Res. $239  Arl. Sr. $219  Non-Res. $259
FL545A  W-L  2215  01/23 Thu 7p DiMuccio 10-2 hr
FL545B  Syphax 171  01/27 Mon 9a Stoss 10-2 hr

### Italian Grammar Workshop 1
This workshop is designed to cover vocabulary, pronunciation and grammar. Students should have completed Italian Beginning 1 or have the equivalent knowledge of the language.
Arl. Res. $119  Arl. Sr. $109  Non-Res. $129
FL540  Syphax 150  02/27 Thu 1pm Staff 5-2 hr

### Italian Grammar Workshop 2
Here students will continue their study of the Italian language through a focus on grammar and the conjugation of verbs. Vocabulary building and pronunciation will continue to be emphasized. Prerequisite: Italian Beginning 2 or have the equivalent knowledge of the language.
Arl. Res. $119  Arl. Sr. $109  Non-Res. $129
FL591  Syphax 117  02/25 Tue 1pm Staff 5-2 hr

### Italian - Beginning 3
Arl. Res. $179  Arl. Sr. $169  Non-Res. $189
FL546  Syphax 171  01/14 Tue 6p Sibilla 10-2 hr

### Italian - Intermediate
Arl. Res. $170  Arl. Sr. $150  Non-Res. $170
FL547A  Syphax 113  01/15 Wed 10a Sibilla 10-2 hr
FL547B  W-L  2227  01/21 Tue 6:30p Bucelli 10-2 hr

### Portuguese - Beginning 1
Arl. Res. $219  Arl. Sr. $219  Non-Res. $259
FL531A  Syphax 150  01/14 Tue 1p Mattioli 10-2 hr
FL531B  Syphax 150  01/15 Wed 6:30p Mattioli 10-2 hr

### Portuguese - Conversational
Arl. Res. $239  Arl. Sr. $219  Non-Res. $259
FL565  Syphax 173  01/23 Thu 7p Moghniabi 10-2 hr

### German - Beginning 1
Arl. Res. $189  Arl. Sr. $169  Non-Res. $209
FL531A  W-L  2023  01/22 Wed 7p Waters 8-2 hr
FL531B  Syphax 173  01/22 Wed 10a Lubians 8-2 hr

### German Conversation
Arl. Res. $189  Arl. Sr. $169  Non-Res. $209
FL542  W-L  2023  01/21 Thu 7p Waters 8-2 hr

### American Sign Language 1
Learn the basics of American Sign Language. Students will focus on the acquisition of both comprehension and production skills. Increased knowledge of the deaf community and the development of cultural awareness, which will improve communication interaction. Basic fingerspelling skills, readiness activities, questions, and conversational etiquette will also be stressed. Required text: A Basic Course in American Sign Language, ISBN 10: 9322666248.
Arl. Res. $219  Arl. Sr. $199  Non-Res. $239
FL450  W-L  2001  01/09 Thu 7p Zambrano 8-2.5 hr

### American Sign Language 2
Prerequisite: American Sign Language I or the equivalent. Students will acquire additional vocabulary, grammatical and conversational skills. Students will also continue to learn to relate to everyday life situations experienced by members of the deaf community. Text: Learning American Sign Language 2nd Edition, ISBN: 0-205-27553-2.
Arl. Res. $139  Arl. Sr. $129  Non-Res. $149
FL451  W-L  2001  01/21 Thu 7p Zambrano 4-2.5 hr

### Russian - Beginning 1
Required Text: Russian: Face to Face - Beginning ISBN 0844243027
Arl. Res. $239  Arl. Sr. $219  Non-Res. $259
FL570  Syphax 225  01/22 Wed 6:30p Vassakova 10-2 hr

### Russian - Beginning 2
Required Text: Russian: Face to Face - Beginning ISBN 0844243027
Arl. Res. $239  Arl. Sr. $219  Non-Res. $259
FL572  Syphax 150  01/13 Mon 7p Scheuchenzuber 10-2 hr

### Russian - Intermediate
Arl. Res. $219  Arl. Sr. $219  Non-Res. $219
FL575  Syphax 107  01/15 Wed 7p Scheuchenzuber 10-2 hr

### Russian - Conversation
Arl. Res. $189  Arl. Sr. $169  Non-Res. $209
FL590  W-L  2013 02/12 Wed 7p Staff 8-2 hr

### Ancient Greek
Go back in time and learn to introduce yourself as Plato or Aristotle would have. This introductory ancient Greek language class will introduce you to letters and the proper pronunciation of words and simple phrases. Don’t let the title of the book fool you, this is a basic course. Required text: Greek: An Intensive Course. ISBN-13: 978-0823218655
Arl. Res. $189  Arl. Sr. $189  Non-Res. $189
FL595  W-L  2227  01/23 Thu 7p Owens 8-2 hr

### Latin - Beginning 1
The goal of this class is for students to gain a basic understanding of the Latin language. Our focus is reading comprehension using simplified Latin texts. We will cover vocabulary, grammar, morphology, and syntax, as well as common spoken phrases. No previous experience with Latin is necessary. Required text: Wheelock’s Latin 7th edition. ISBN-13: 978-0061997228
Arl. Res. $189  Arl. Sr. $189  Non-Res. $189
FL606  W-L  2016 01/21 Thu 7p Owens 8-2 hr

### Computer Classes
**Learn Computers at a SLOW Pace**
This is a slow and steady computer class for those who need to learn the basics at a patient pace. Learn how to turn on the computer, use the mouse, and save a file. Discover what you can do on the Internet, from e-mailing photos, finding a job or an old friend, and do so safely. Finally, become comfortable and stress-free while using the computer.
Arl. Res. $119  Arl. Sr. $109  Non-Res. $129
BE441A  Syphax 115  01/29 Wed 10:30a Matos 3-2 hr
Learn Computers at a Slow Pace - Level 2
Now that you have covered the basics, let's dig a little deeper. Learn to transfer files from a flash drive to your computer, create a basic Excel spreadsheet, a letter in Microsoft Word and use free online resources to improve your typing skills. Gain the confidence you need to continue putting into practice what you've learned.
Arl. Res. $79 Arl. Sr. $69 Non-Res. $89
BE442 Syphax 115 02/18 Tue 1p Matos 2 - 2.5 hr

Organizing Your Computer Files & Folders
Learn the basic skills for organizing photos, files and music on your computer and how to use Windows to create folders, display the date and time a file was last saved and sort by name or date. Also learn how to move files around on your computer, delete files, and create shortcuts on your desktop. Naming and searching for files will also be covered.
Arl. Res. $59 Arl. Sr. $49 Non-Res. $69
BE209 Syphax 115 02/12 Wed 1p Matos 2 - 1.5 hr

Decrease Your Telecom Costs
Want to explore ways to decrease your landline, wireless and cable bills? In this highly informative class, find out about new technologies like Roku, Aereo & Hulu. Find out how to get free HDTV and go wireless to help save you money. Communicate via FaceTime & Google Voice to replace your landline phone.
Arl. Res. $49 Arl. Sr. $39 Non-Res. $59
BE230 Syphax 115 01/10 Fri 10a Livingston 1 - 2 hr

Google, MUCH More Than Search
In this highly interactive class, learn and do better all things that are Google such as Gmail, search tips, organize photos w/ Google photos, creating google docs, creating a personalized/shared calendar, make free phone calls w/ Google Voice, print anything/anywhere with cloud print, download books, apps, music & more from the Google play store, utilize google keep to take notes, google translate to over 50 languages and much more.
Arl. Res. $49 Arl. Sr. $39 Non-Res. $59
BE366 Syphax 115 01/17 Fri 10a Livingston 1 - 2 hr

Computer Maintenance
Students will learn how to keep their computers running smoothly by learning to use system tools, utility programs, firewalls, and virus protection. They will also learn how to handle a computer crash, decipher error messages, delete files and unwanted programs and keep their computers updated automatically. In addition, computer hardware maintenance will be discussed, along with proper surge protection and wireless network protection.
Arl. Res. $79 Arl. Sr. $69 Non-Res. $89
BE387 Syphax 115 02/28 Fri 10a Livingston 2 - 2 hr

Today's Technology for Baby Boomers - Level 1
Confused about all the technology that society is using? Want to stay connected and learn to utilize the latest in computers, tablets & wireless devices? Want to explore the world and not leave your home? This informative, 2-week course will delve into cell/smart phones/prepaid, social media (Facebook, LinkedIn, senior match, twitter, etc.), Learn about i-Tunes, iPads & iPods & useful apps to make your life easier & more productive. Learn what a blog is, what Wi-Fi & Bluetooth are & FREE things you can do with Google to connect with your family, friends & community.
Arl. Res. $79 Arl. Sr. $69 Non-Res. $89
BE390 Syphax 115 01/31 Fri 10a Livingston 2 - 2 hr

Craigslist - Two-Hour Crash Course
Craigslist is used for more than you might think. Join us for this 2 hour workshop where you will learn how to shop, sell, look for services, meet people with similar interests and even get rid of junk. Many services are free and some are paid. Register for class, and get the most out of your Craigslist.
Arl. Res. $49 Arl. Sr. $39 Non-Res. $59
BE262 Syphax 115 03/16 Mon 7p Hamdad 1 - 2 hr

Typing Skills Part 1
Learn beginning keyboarding skills on a personal computer. Emphasis is placed on mastering the keyboard using the touch system.
Arl. Res. $159 Arl. Sr. $149 Non-Res. $169
BE406 W-L 2010 02/04 Tue,Thu 7p Stanley 8 - 1.5 hr

Typing Skills Part 2
Prerequisite: BE406 or good keyboarding skills. Continue developing keyboarding speed and accuracy. This course introduces production of business and personal documents.
Arl. Res. $159 Arl. Sr. $149 Non-Res. $169
BE407 W-L 2010 03/10 Tue,Thu 7p Stanley 8 - 1.5 hr

Get Smart with Your Android Smartphone (or Tablet)
It’s more than just a phone! Your Android device puts an incredibly powerful computer in the palm of your hand, but it can be daunting to harness all that power. We’ll give you plenty of tips so you can use it more effectively, and we’ll highlight add-on programs (“apps”) which improve your productivity and maybe even provide some fun.
Arl. Res. $79 Arl. Sr. $69 Non-Res. $89
BE453 Syphax 171 01/21 Tue 6:30p Gutnick 2 - 2.5 hr

Smartphone Photography
"The best camera is the one you have with you." Since many people always have their smartphone or tablet with them, they always have a good camera at their disposal. We’ll start with some photography basics, and then look at techniques and apps that can help you create great pictures, and we’ll show you how to share them, whether by uploading to Facebook or Instagram or simply sharing via email or text message. (Both iPhone and Android are covered.)
Arl. Res. $59 Arl. Sr. $49 Non-Res. $69
FA298 Syphax 171 02/17 Mon 6:30p Gutnick 1 - 3 hr

Cloud Computing: How (and Why) to Get Started
Cloud computing isn't just hype, but a great tool. Store your files on the Internet - documents, music, spreadsheets, etc. - so you can access them from any computer and easily share them. And synchronize your email, contacts, and calendar between all your devices - computer, phone, tablet. Save the hassle and expense of software upgrades, reduce your system complexity, and don’t worry about losing data due to system failures. We’ll look at free resources that are easy to use. If you have any device which connects to the Internet, you have all you need to harness the power of the Cloud!
Arl. Res. $59 Arl. Sr. $49 Non-Res. $69
BE454 Syphax 115 02/24 Mon 10a Gutnick 1 - 3 hr

Microsoft Excel 2016 - Level 1
Become competent in Excel by doing lots of exercises and short lectures. Starting with navigation and entry tips, work up through formatting, formulas, functions and charts. Observe common traps and their solutions. Finish with portfolios of projects. Ideal for re-introduction or for students with current minimal skills. Prerequisite: Comfortable with Windows or Mac.
Arl. Res. $59 Arl. Sr. $49 Non-Res. $69
BE434A Syphax 115 01/21 Tue 10a Matos 2 - 2.5 hr
BE424B Syphax 115 02/04 Tue 6:30p Kauffman 2 - 2.5 hr

Microsoft Excel 2016 - Level 2
Refine your skills in Excel in this hands-on class, filled with more advanced exercises to get you to the next level. We will dig deeper in formatting, formulas, functions and charts. Observe common traps and experiment with different techniques. Finish with portfolios of projects. Prerequisite: Microsoft Excel 2016 Level 1.
Arl. Res. $119 Arl. Sr. $109 Non-Res. $129
BE425A Syphax 115 02/11 Tue 10a Matos 2 - 3 hr
BE425B Syphax 115 02/25 Tue 6:30p Kauffman 2 - 3 hr

Using Excel and Word Together
Learn to combine your existing skills in Word and Excel. Understand the capabilities and traps of the clipboard across apps. Master using OLE to create live links from your Word Docs to Excel data. Go in depth with mail merge, including solving the most common problems that arise in making letters, labels and catalogs. Last, see how temporary moves of data can take advantage of functions of both apps.
Arl. Res. $59 Arl. Sr. $49 Non-Res. $69
BE345 Syphax 115 03/10 Tue 6:30p Kauffman 1 - 3 hr

Microsoft Word 2016 - The Basics
Prerequisite: Working knowledge of Microsoft Windows. Students will develop skills in the world's most popular word processor. Learn to navigate through the screen, menus and dialogue boxes. Study editing techniques such as copy, move and delete. Understand printing and multiple document manipulation. Increase efficiency by using find, replace and spell check. Exercise document formatting techniques by changing font size, font type, and adding color and bullets.
Arl. Res. $109 Arl. Sr. $99 Non-Res. $119
BE469 Syphax 115 03/11 Wed 10a Matos 2 - 2.5 hr

Microsoft PowerPoint 2016
Prerequisite: Working knowledge of Windows. The student will create presentations and slides, work with PowerPoint objects, put text on slides, and add visuals to slides such as graphics, charts, clip art, and shapes. Using PowerPoint special effects tools such as slide transition, timing and sound will be covered.
Arl. Res. $59 Arl. Sr. $49 Non-Res. $69
BE480 Syphax 115 03/19 Thu 10a Matos 1 - 2.5 hr

What Google Can Do For You
Beginning with Google Chrome, Gmail, and Contacts, this overview course give you the basic tools, tips and tricks that help you work smarter, faster, alone and with others. You’ll see demonstrations of some of the most popular Google tools including Google Chrome Extensions and Bookmarks, Google Documents, Forms, Spreadsheets and Presentations, Google Calendar, Google Plus, Google Chat, Blogger, advanced searches, video production, photo sharing, and many others still in Beta. You’ll also learn how to monitor your Google presence as well as shortcuts to monitoring new Google products and features.
Arl. Res. $79 Arl. Sr. $69 Non-Res. $89
BE440 Career Ctr. 213 02/18 Tue 6:30p Dooley 2 - 2 hr

Google Docs/Drive: An Introduction
Come experience the power of Google Docs. We will review Google’s version of a spreadsheet, word processor and presentation software, very similar to what Microsoft Office offers. The best thing is that you can access your files from anywhere, work from anywhere and collaborate with anyone. And remember, it’s all free with your Google account.
Arl. Res. $79 Arl. Sr. $69 Non-Res. $89
BE524A Syphax 115 03/02 Mon 10a Matos 2 - 2 hr
BE524B Career Ctr. 103 03/03 Tue 7p Dooley 2 - 2 hr
All Things Social Media
Learn how to reconnect and stay connected with friends, former colleagues, relatives and others with less effort, in less time, without giving up your privacy. Understand blogging through Facebook, Twitter, Linked-In, Google Me, and You Tube. Class will be lecture and demonstration.
Art. Res. $59  Art. Sr. $49  Non-Res. $69
BE526  Syphax 115  03/03  Tue  6:30p  Dooley  1 - 2.5 hr

LinkedIn - Networking Success
Learn how to successfully set-up, navigate and maximize your experience on the world's largest networking site for professionals. Learn strategies and tips on creating your profile, connecting with colleagues, getting the most out of your newsfeed, writing comments and recommendations, finding employment opportunities and networking with others. You won't want to miss this class.
Art. Res. $59  Art. Sr. $49  Non-Res. $69
BE542  Career Clr. 213  02/04  Tue  6:30p  Dooley  1 - 2.5 hr

Facebook Training and Security
This highly interactive class will teach you all you need to know about Facebook. From security and privacy settings to protecting your information to posting and tagging. In addition, we will explore Facebook messenger, marketplace, offers, live and fundraiser.
Art. Res. $49  Art. Sr. $39  Non-Res. $59
BE565  Syphax 115  03/27  Fri  10a  Livingston  1 - 2 hr

Selling On EBay
Have a lot of "stuff" in your garage/basement collecting dust? In this "How to sell on EBAY" course you will learn how to list items for sale, tend the auction, finalize the sale w/ PayPal. You also learn all the tips and tricks to maximize your online auction experience, all part of this fun eBay class. Prerequisite: Have an item in mind that you would like to sell when you come to class. Learn how to use eBay effectively today!
Art. Res. $79  Art. Sr. $69  Non-Res. $89
BE527  Syphax 115  03/13  Fri  10a  Livingston  2 - 2 hr

Keep Your Smartphone Safe and Secure
Today's smartphones are such powerful and convenient computers that we store large amounts of personal data we can't afford to lose. Whether you've got an iPhone or Android, this class will help you protect your device and its contents. Topics include effective use of the lock screen, data encryption, locating a missing device, protecting your privacy, two-factor authentication, safe network connections, data backups, and avoiding malware.
Art. Res. $59  Art. Sr. $49  Non-Res. $69
BE536  Syphax 171  02/10  Mon  6:30p  Gutnick  1 - 2.5 hr

Get Smart with Your iPhone (or iPad)
It's more than just a phone! Your iPhone or iPad puts an incredibly powerful computer in the palm of your hand, but it can be daunting to harness all that power. We'll give you plenty of tips so you can use it more effectively, and we'll highlight add-on programs ("apps") which improve your productivity and maybe even provide some fun.
Art. Res. $79  Art. Sr. $69  Non-Res. $89
BE537  Syphax 108  01/07  Tue  6:30p  Gutnick  2 - 2 hr

Interior Design using Google Sketchup
Learn how to use Google Sketchup (a free computer software), to design spaces in your own home. Bring pictures and measurements of the space you would like to design to class, and see your room come to life in a 3D computerized model. We will download furniture, appliances and home fixtures to give you a realistic view of your design. See your design on the computer first, before you start moving furniture around!
Art. Res. $100  Art. Sr. $90  Non-Res. $119
BE270  Kenmore 43  01/21  Tue  7p  Park  3 - 2 hr

Anybody Can Code!
Computers increasingly pervade nearly every aspect of our lives. With some inkling of how programs make computers work, you can feel empowered instead of intimidated. We'll introduce a few key computer science concepts, painlessly, and guide you through creating your first computer program -- no experience or math skills needed.
Art. Res. $49  Art. Sr. $39  Non-Res. $59
BE214  Syphax 115  02/03  Mon  7p  Gutnick  1 - 2 hr

Python Programming - Getting Started
Python continues to gain popularity as a versatile, general-purpose, computer programming language. It's one of the easier languages to learn, and it's used for everything from big data analytics and artificial intelligence to games and web applications. Learn what the buzz is all about - and begin programming with Python. Prior programming experience not required.
Art. Res. $149  Art. Sr. $149  Non-Res. $149
BE330  Syphax 108  02/04  Tue  6:30p  Gutnick  5 - 2.5 hr

SQL Programming
Introduction to Structured Query Language (SQL) programming includes SQL programming commands and concepts of relational databases. Database objects will be created using SQL statements. In addition, students will learn how SQL relates to other programming application such as HTML and PHP.
Art. Res. $179  Art. Sr. $169  Non-Res. $189
BE451  Syphax 108  02/27  Thu  6:45p  Boukhris  5 - 3 hr

WordPress - The Next Level
Now that you understand how WordPress works and are familiar with setting up a basic site, you're ready for the "next level" class. In this hands-on class, we will continue to discuss proper techniques to build and maintain your site, but also cover some trouble-shooting tips. Bring your questions, and apply what you learn the very next day.
Art. Res. $119  Art. Sr. $109  Non-Res. $129
BE363  Syphax 115  02/19  Wed  7p  Hamdad  3 - 2 hr

WordPress - Advanced Customization
Now that you are familiar with the basics of WordPress, learn the newer and most powerful tools to craft your dream web site effortlessly. Class will focus on the Gutenberg editor which introduces designing your site with "blocks" used for the ultimate customization. Page Builders and Responsive Design are a “game changer” which allows your site to achieve superior functionality.
Art. Res. $119  Art. Sr. $109  Non-Res. $129
BE347  Syphax 115  03/18  Wed  7p  Hamdad  3 - 2 hr

Adobe Photoshop CS6 Basics
Prerequisite: Students must be familiar with Windows-based applications and be proficient with the mouse to cut, copy, paste, drag, right-click, etc. This class is intended for those students with little or no experience with Adobe Photoshop. They will become comfortable with the Photoshop interface, using the toolbox and palettes, and working with layers and filters. Photoshop is an industry leader in image enhancements, learn it!
Art. Res. $129  Art. Sr. $119  Non-Res. $139
BE482  Syphax 115  01/07  Tue  7p  Matsos  3 - 2 hr

Adobe Lightroom - A Demonstration
In this 2-hour class, we will demonstrate the amazing capabilities Lightroom has to offer. See how to create a well-specified database where you can tag, score, catalog and edit your photographs. Observe how to make simple edits to photos, such as brightness, contrast and cropping, in RAW format. See other advanced features, such as altering shadows and highlights, correction distortions caused by lenses, noise reduction and sharpening.
Art. Res. $49  Art. Sr. $39  Non-Res. $59
BE494A  Syphax 171  02/05  Wed  7p  Cassatt  1 - 2 hr
BE494B  Syphax 115  03/18  Wed  1p  Cassatt  1 - 2 hr
Writing & Communications

Daytime Writers
Join in this morning workshop for writers of every level, working in fiction or nonfiction; memoirs; short stories; travelogues; blogging-whichever prose genre appeals to you. Whether you're already working on something, needing a push to start or merely wanting a sounding board, here's your forum. Writing is done ahead of time, distributed by email and discussed (respectfully) in class.

Art. Res. $159  Art. Sr. $149  Non-Res. $169
CE100A Syphax 117 01/08 Wed 10a Haines 6 - 2 hr
CE100B Syphax 117 02/26 Wed 10a Haines 6 - 2 hr

Evening Writers
Calling all writers! This class is the perfect forum for honing your skills, experimenting with new writing forms and for preparing your work for sale and publication. Through weekly writing exercises and helpful group feedback, you'll see your writing develop and improve. We will cover the basics of writing memoirs, flash fiction, short stories, opinion pieces, letters to the editor -- and even novels. Published authors will visit class to give you their tips for getting started and getting published.

Art. Res. $159  Art. Sr. $149  Non-Res. $169
CE117 W-L 2001 03/03 Tue 7p Jackson 5 - 2.5 hr

Speak in Public with Confidence
The key to any good presentation is confidence. This class prepares you to speak with confidence, capitalizing on strengths and learning to manage nervous energy. It provides practice in presenting ideas and information clearly and convincingly. You will deliver brief presentations in class and receive constructive support through the use of video and group feedback. Gain a better understanding of presentation methods, platform skills and preparation techniques.

Art. Res. $159  Art. Sr. $149  Non-Res. $169
CE117 W-L 2001 03/03 Tue 7p Jackson 5 - 2.5 hr

How to Strike Up a Conversation
Good communication skills are the basis for successful business and personal relationships. Learn techniques for conversation starters, breaking the ice, keeping conversations moving, choosing interesting topics, managing silence, and making a strong and positive first impression. Practice talking your way to business and social success.

Art. Res. $49  Art. Sr. $39  Non-Res. $59
CE124 Career Ctr. 112 03/24 Tue 6:30p Stewart 1 - 2 hr

English Pronunciation and Accent Modification
Is English not your native language? Is it difficult to pronounce certain words in English? Is it difficult for others to understand you when speaking English? If you would like to improve your English pronunciation, this is the class for you. Aspects of the class will target student's needs and may include pronunciation of vowels and consonants, word and syllable stress, intonation, idioms and slang, and rate of speech with the goal of improving fluency and confidence. Students will have the chance to practice skills learned in a variety of scenarios including short conversations, mock interviews, and presentations.

Art. Res. $79  Art. Sr. $69  Non-Res. $89
CE248 Syphax 173 02/29 Sat 9a Corner 1 - 4 hr

Travel Writing - On the Road and In Your Words
Prerequisite: Basic writing skills. This is a 2-session course in writing about your travels and getting them published. We'll discuss collecting facts as you travel, snapping marketable photos, structuring your article, avoiding stylistic problems, anticipating the needs of editors, and selling what you've produced. Your instructor has published more than 195 travel articles.

Art. Res. $99  Art. Sr. $89  Non-Res. $109
CE126 Syphax 150 03/07 Sat 9a Haines 2 - 3 hr

Getting Paid to Talk - An Introduction to Professional Voice Overs
Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare and book the all-important demo, how to be successful and earn good income in the exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun and a great first step for anyone interested in voice acting professionally. Space is limited, and registration closes one week prior to class, so register early.

Art. Res. $59  Art. Sr. $49  Non-Res. $69
CE166 W-L 2001 02/12 Wed 6:30p Hahn 1 - 2.5 hr

Writing Your Own Screenplay
Have you ever seen a movie and thought you could do better? Here's your chance to learn or further develop your screenwriting skills. This class is for those with plenty of ideas but don't know where to begin, for those who started and need help finishing, and everyone in between. We will discuss generating ideas, creating believable characters, using effective storytelling, and organizing it all into a professional screenplay structure.

Art. Res. $159  Art. Sr. $149  Non-Res. $169
CE179 Career Ctr. 118 01/29 Wed 7p Johnson 6 - 2 hr

Writing Your Own Screenplay Level 2
Here's the class you've been waiting for. This level two class will teach and encourage you to continue your character and plot development. More importantly, we will share ideas, critique scenarios and improve storytelling techniques. Your instructor will share strategies and classmates will contribute with feedback so you can further develop and organize your screenplay.

Art. Res. $159  Art. Sr. $149  Non-Res. $169
CE194 Career Ctr. 119 03/18 Wed 7p Johnson 6 - 2 hr

Got Grammar? How to Improve Your Writing in Six Hours!
Are you ever unsure about when to use a comma, semicolon, or colon? Do you know when it's appropriate to use "I" or "me," and "fewer" or "less"? Do you wonder if your emails are grammatically correct? If you answered "yes" to any of these questions, this course is for you! You will learn how to punctuate sentences correctly, use commonly confused words appropriately, and improve your writing with simple tricks and tips. This course is designed for anyone, from recent college graduates to working business professionals.

Art. Res. $99  Art. Sr. $89  Non-Res. $109
CE187 Syphax 150 02/06 Thu 7p Miller 3 - 2 hr

Mac Classes

How to Use My Mac
Are you new to Mac Computers? Have you been using them for a while but not really sure you know what you're doing? Gain a foundational understanding on how to use your Mac. Learn how to create folders, organize and transfer files, prioritize which programs you use and delete things you don't need. Finally, learn techniques that will make your overall computer experience more enjoyable.

Art. Res. $129  Art. Sr. $119  Non-Res. $139
BE512A Syphax 173 02/04 Tue 10a Richardson 3 - 2 hr
BE512B Career Ctr. 224 02/12 Wed 6p Randolph 3 - 2 hr

Organizing Files and Folders on Your Mac
Learn the basic skills for organizing photos, files and music on your computer and how to use Windows to create folders, display the date and time a file was last saved and sort by name or date. Also learn how to move files around on your computer, delete files, and create shortcuts on your desktop. Naming and searching for files will also be covered.

Art. Res. $49  Art. Sr. $39  Non-Res. $59
BE227 Syphax 115 02/19 Wed 10a Richardson 2 - 1.5 hr

Tune Up Your Mac
Prerequisites: Familiarity using a Mac. Students will be taught how to handle routine maintenance, care, and prevention on their Mac desktop or laptop computer. Exercises will cover updating software, purging internet cache, using Disk Utility, verifying and repairing permissions, and an in-depth discussion of backup strategies. This is not a tech-savvy class; it is a class for anyone with a desire to keep their Mac running smoothly for a long time.

Art. Res. $49  Art. Sr. $39  Non-Res. $59
BE512A Syphax 171 02/11 Tue 6:30p Hirai 1 - 2 hr
BE512B Syphax 171 03/17 Tue 1p Hirai 1 - 2 hr

Master Your Mac
Prerequisites: Familiarity using a Mac. You know the basics, but do you know what your computer is really capable of? Learn time-saving shortcuts, how to keep your data safe and secure and what to do if something doesn't seem right. Learn tricks from a former Apple dealer that will get you on the road to becoming a power user in no time. Basic hardware repair and upgrade will also be covered, as well as some fun tools from Apple and third parties to make you a more efficient computer user.

Art. Res. $129  Art. Sr. $119  Non-Res. $139
BE529 Syphax 107 02/25 Tue 6:30p Hirai 3 - 2 hr
**Introduction to Creative Writing**
Have you always wanted to write fiction? Here’s your chance to learn how. This class covers all the basics of creative writing, from developing plots and characters to writing realistic dialogue. We’ll also experiment with different types of fiction - from flash fiction to short stories and novels. Published fiction writers will visit class to share their insights on how they started writing and how they got published. No previous writing experience is necessary.
Art. Res. $139  Arl. Sr. $129  Non-Res. $149
CE193  W-L  202  01/21  Tue  7p  Stevens  5 - 2 hr

**Comprehensive Approach to Self-Publishing Your Book**
Make your dream of self-publishing a book a reality. This comprehensive approach will cover all aspects of getting your book printed. We will cover: the why are you writing a book, costs, time, research, competitors, naysayers, earning potentials, editors, publishers, designers, timing, marketing and much more. Taught by a self-published author, who will offer solutions to challenges faced throughout the entire self-publishing process.
Art. Res. $79  Arl. Sr. $69  Non-Res. $99
CE221  Syphax  150  01/22  Wed  7p  Sullivan  2 - 3 hr

**Introduction to Grant Writing**
How do you prepare a persuasive grant proposal? This course will introduce you to the fundamentals of grant writing. Using a framework of beginning, middle, and end, you will learn what is needed to put together a complete grant application. Whether you're interested in exploring what grant writing entails or you need a refresher before preparing your next grant application, come and gain new tools to help you with the grant writing process.
Art. Res. $69  Arl. Sr. $59  Non-Res. $79
CE236  Syphax  150  02/26  Wed  6:30p  Ahn  1 - 3 hr

**Professional Oral and Written Communication for the Workplace**
Students will gain a complete understanding of the professional communication requirements essential in today's workplace. You'll gain skills in professional communication and will apply those skills to real life scenarios. Students will be challenged to think in terms of business management, customer satisfaction, manager and team communication and conflict and problem resolution. Students will complete the course with a broad view of business requirements and the contribution they will make to both their professional growth and business success.
Art. Res. $109  Arl. Sr. $99  Non-Res. $119
GI442  W-L  2017  02/20  Thu  7p  Olt  5 - 2 hr

**Know Laughing Matter - Get Started in Standup Comedy**
Standup comedy is a solo performance with just a microphone and usually without accessories or music. Every night of the week there are standup comedy shows in our area which welcome comedians of any ability or experience to an “open-mike” to share their work on stage. This 2 hour overview, learn how and where to launch your hobby or even your career as a standup comedian. Hear tips on writing jokes, how to effectively practice and hone your routine, and gain insight on specific venues that best match your style and goals. Note that we will not cover other forms of comedy such as improvisational or sketch; this will only be for standup. Your instructor has performed throughout the DC area for all types of audience.
Art. Res. $49  Arl. Sr. $39  Non-Res. $59
CE238  W-L  2024  03/04  Wed  6:30p  Mola  1 - 2 hr

**Writing for Storytelling**
Do you have a personal story that you would like to perform on the stage and/or submit for publication? This dynamic and interactive class will guide you through the key elements that make a good story, including devices of plot, narrator’s character, humor, and surprise. At the graduation show, you will be able to invite your friends and perform your story in front of an audience. Finally, the instructor will give you advice and tips on how to rewrite different shows and perform for a larger audience. You instructor is an award winning author, The Most Champion, and a winner at the National Storytelling Festival.
Art. Res. $139  Arl. Sr. $129  Non-Res. $149
CE252A  Syphax  107  01/21  Tue  7p  Zhemukhov  5 - 2 hr
CE252B  Syphax  107  02/13  Thu  7p  Zhemukhov  5 - 2 hr

**Improv: The Basics**
Put your "yes-and" skills to work and learn to create comedic scenes through long-form improv! This class teaches the basics of improv including quick conversations starters, acting exercises, games, and comedy as we create scenes on the spot. Through the art of improvisation, we'll also tap into some useful skills we can use in our day-to-day life which include, improved reasoning, boosted self-confidence, enhanced listening skills, supported team work, and enriched communication techniques. All of this and more can be achieved through the fun of improv.
Join the fun!
Art. Res. $119  Arl. Sr. $99  Non-Res. $139
CE246  Kenmore  116  02/04  Tue  7p  Funes  4 - 2 hr

**Improving: Beyond the Basics**
Now that you’ve got the basics down, it’s time to step up your improv game! Students will further develop their skills in quick thinking conversation starters, overall communication and listening techniques all while introducing a dose of humor. Have fun with activities, games and exercises introduced in class.
Art. Res. $119  Arl. Sr. $99  Non-Res. $139
CE247  Kenmore  116  03/10  Tue  7p  Funes  4 - 2 hr

**Journal Writing for Wellness and Discovery**
Journaling provides a mode to discover physical and mental wellness, while boosting creativity. Whether someone has mentioned that journaling could be beneficial for you, or you’re simply journaling curious, this two-session class will cover the basics. Your instructor will help you get started, including choosing a journaling medium to creating your own writing prompts, be it digital or on paper. You will also learn to mine journal entries for ideas that serve other creative purposes such as blogging and creative writing, even research. Discovery is just a journal entry away!
Art. Res. $59  Arl. Sr. $49  Non-Res. $69
CE249  Syphax  171  03/18  Wed  7p  Kendal  2 - 2 hr

**Conflict Resolution**
We all experience conflict, the challenge is knowing how to best deal with it. Gain an understanding of different conflict levels, the conflict progression, de-escalating conflict and how to find agreeable and fair resolutions. You will also learn strategies for resolving power struggles, effective negotiation skills and understanding others’ motivations. You will have less frustration when facing conflict and better control over your emotions, such as anger. Don’t miss this class.
Art. Res. $119  Arl. Sr. $109  Non-Res. $129
HE214  W-L  2016  01/23  Thu  6:30p  Jawad  4 - 2 hr

**Easy Italian Cooking**
Italian cuisine isn’t hard. We will prepare a variety of Italian recipes, step by step. On the menu we have pasta with creamy zucchini sauce, Marsala scaloppini, and potatoes puree. We will end our time in the kitchen preparing a delicious Italian apple and ricotta “frittelle”.
Art. Res. $59  Arl. Sr. $49  Non-Res. $69
CN130  Syphax  113  01/01  Wed  6:30p  De Bernardinis  1 - 3 hr

**Pasta is Love**
Come and prepare your typical fresh, handmade Southern Italian style pasta from semolina flour and water. Cavatelli, Sardinian gnocchetti, troccoli will all be made with your fingers, a fork or a pasta tool.
Art. Res. $59  Arl. Sr. $49  Non-Res. $68
CN132  Syphax  113  01/01  Wed  6:30p  De Bernardinis  1 - 3 hr

**Pasta from Scratch**
In these two classes we’ll begin by making fresh egg pasta dough to be used in a variety of pastas. We then will move on by preparing a few seasonal vegetarian fillings before assembling our homemade ravioli. Taste the difference.
Art. Res. $119  Arl. Sr. $109  Non-Res. $129
CN133  Syphax  113  01/01  Wed  6:30p  De Bernardinis  2 - 3 hr

**Sicilian Pizza and More**
A culinary walk from Sicily to Lazio through Apulia will reveal how we can see things clearer as they go through the process. Gain more control, it is cheaper and those on opposing sides can see things clearer as they go through the process. Gain effective negotiating skills, learn active listening and understand non-verbal communication. Personalized menus awaits you while learning of external options for intractable disputes; third party neutrals and court mediation.
Art. Res. $119  Arl. Sr. $109  Non-Res. $129
HE215  W-L  2017  02/26  Wed  6:30p  Jawad  4 - 2 hr

**Buttermilk Biscuits**
Learn how to make fluffy and flaky buttermilk biscuits. In this class, Chef Lada will show the proper ingredients and techniques to make this classic Southern staple. Who needs a biscuit in-a-can when you can have homemade biscuits on the table in 30 minutes! Menu: Sweet Potato Rosemary Biscuits; Pimento Cheese Mini-Biscuits; Classic Buttermilk Biscuits
Art. Res. $49  Arl. Sr. $39  Non-Res. $59
CN152  Syphax  113  03/09  Mon  10a  Mnatsakanova  1 - 3 hr
Cooking - for the Busy Professional
Students will learn several techniques for preparing fast and healthy weeknight meals using fresh ingredients. Because this class focuses on techniques, not just recipes, students will learn skills that they can then apply to many recipes. Techniques learned will include cooking in papillote, pan sauces, and sheet pan roasting. Finally, students will learn how to use these techniques to elevate their cooking for a dinner party.
Ar. Res. $119  Arl. Sr. $109  Non-Res. $129
CN178  Syphax 113  03/19  Thu  6:30p  Hine  2 - 3 hr

Stir Fry Delight
Stir frying is a fast and healthy way to cook. Bite-sized pieces of meat and vegetables are thrown into a very hot pan and cooked in just a few minutes. In this class you will learn the basics of this indispensable technique, including the best way to cut food and sequence their cooking so everything comes together for a complete meal. Students will also learn the basics of wok cookery, and how to combine Asian condiments to form sauces that will complement your stir fry ingredients. Upon completing the class, students will understand how to use this versatile technique for a variety of stir fries using an easy-to-follow method.
Ar. Res. $79  Arl. Sr. $69  Non-Res. $89
CN193  Syphax 113  02/27  Thu  6:30p  Hine  1 - 3 hr

Knife Skills Workshop
Bring one or two of your kitchen knives. Learn how to select quality and proper knives, sharpen them and keep them sharp for life. Learn the correct way to slice, dice and cut from an experienced cook.
Ar. Res. $49  Arl. Sr. $39  Non-Res. $59
CN256  Syphax 113  03/18  Wed  6:30p  Staff  1 - 2 hr

Pumpkin Gnocchi Workshop and More
Pumpkin gnocchi with gorgonzola and walnuts sauce, Sorrento's gnocchi with tomato and mozzarella sauce, ricotta gnocchi with butter and sage. With this variety, you will never look at gnocchi the same way again.
Ar. Res. $69  Arl. Sr. $59  Non-Res. $79
CN258  Syphax 113  01/01  Wed  6:30p  De Bernardinis  1 - 3 hr

Mediterranean Appetizers
Mediterranean appetizers are just as delicious as the main dish. You'll prepare fresh Italian bruschetta, savory hummus, French olive tapenade and delicious fennel salad. See you in class.
Ar. Res. $79  Arl. Sr. $69  Non-Res. $89
CN295  Syphax 113  01/01  Wed  6:30p  De Bernardinis  1 - 3 hr

Mediterranean Cooking
Spend two evenings discovering the health benefits of Mediterranean cooking and diet. You will explore cooking from the shores of Greece to Tunisia and learn what folks there have known for centuries about fine dining and the true value of foods.
Ar. Res. $109  Arl. Sr. $99  Non-Res. $119
CN297  Syphax 113  03/16  Mon  6:30p  Mnatsakanova  2 - 3 hr

Italian Culinary Tour: From Northern Italy to Italian Peninsula
Italian cuisine is known for its regional diversity, especially between the northern part and the southern coast. Join us for an abundance of taste, as we prepare Tuscan Panzanella, Sardinian chickpeas gnocchi, savory tartalli and peaches and amaretto pie and berries tiramisu. No passport needed!
Ar. Res. $119  Arl. Sr. $109  Non-Res. $129
CN307  Syphax 113  01/01  Wed  6:30p  De Bernardinis  2 - 3 hr

Gourmet Sauces
The make or break part of any gourmet meal is certainly the sauce. Come learn about, create, and most importantly, demystify the sauce making process. We will discuss the five mother sauces and their off-shoots. We will create 3 delicious mother sauces such as marinara, espagnole and hollandaise. We will end up our class with a nice dinner.
Ar. Res. $69  Arl. Sr. $59  Non-Res. $79
CN411  Syphax 113  01/13  Mon  6:30p  Mnatsakanova  1 - 3 hr

Everyday Indian Vegetarian
Simple Indian vegetarian can be wholesome, flavorful and easy! Using spices and simple techniques, students will learn to create a home-cooked Indian meal for any day of the week. Dishes may include a spiced lentil dal, a seasonal vegetable curry and a cooling raita.
Ar. Res. $79  Arl. Sr. $69  Non-Res. $89
CN412  Syphax 113  02/11  Tue  6:30p  Krishnan  1 - 3 hr

Winter Vegetarian Soups and Stews
When it's cold outside, you just want to grab something wholesome and warm. Using seasonal vegetables and simple techniques, students will learn to make three different types of comforting soups and stews that are as healthy as they are tasty!
Ar. Res. $79  Arl. Sr. $59  Non-Res. $89
CN422  Syphax 113  01/07  Tue  6:30p  Krishnan  1 - 3 hr

One-Pot Vegetarian Meals
In this class we will learn to prepare three vibrant internationally-inspired plant-based meals that are quick, healthy and delicious.
Ar. Res. $69  Arl. Sr. $59  Non-Res. $79
CN425  Syphax 113  02/20  Thu  6:30p  Krishnan  1 - 3 hr

International Chicken
Do something new with the chicken you prepare. Learn to make a popular dish in Indonesia called (Ayam Panggang), which is seasoned just right with a little spicy kick. Then we'll cook Irish chicken prepared with mustard, black pepper, tarragon and other spices. We'll finish with Mexican chicken fajitas prepared with onions, green peppers, all on a warm tortilla.
Ar. Res. $79  Arl. Sr. $69  Non-Res. $89
CN434  Syphax 113  03/03  Tue  6:30p  Mnatsakanova  1 - 3 hr

Vietnamese Beef Noodle Soup (Pho)
Nothing beats homemade. Learn how to make pho (pronounced ‘fuh’), the best known of all Vietnamese soups. We will prepare the soup with beef stock, ginger, onion, and spices of star anise, coriander, and clove through assembly with rice noodles and fresh garnishments. Students will learn to create a hearty and flavorful meal that warms the soul.
Ar. Res. $79  Arl. Sr. $69  Non-Res. $89
CN530  Syphax 113  02/01  Sat  9a  Vu  1 - 4 hr

Spicy Jambalaya
Using the right spices and cooking techniques, we will prepare authentic jambalaya by using shrimp, chicken sausage and breast and just the right amount of chicken stock and vegetables. We will accompany our dish with fried plantains.
Ar. Res. $69  Arl. Sr. $59  Non-Res. $79
CN568  Syphax 113  02/25  Tue  6:30p  Mnatsakanova  1 - 3 hr

Cooking Fundamentals
Learn the terms and techniques that can make your cookbooks user-friendly or help you build the confidence to cook without books. A good class for beginners, but also for any cook interested in the "hows and why’s" that make a good cook a better one. We include recipes and techniques on cooking meat and poultry, an introduction to sauces, vegetables, vegetarian cooking and more.
Ar. Res. $149  Arl. Sr. $139  Non-Res. $159
CN570  Syphax 113  03/03  Tue  6:30p  Mnatsakanova  3 - 3 hr

Cooking to Combat Inflammation
Chronic inflammation has been linked to many diseases such as diabetes, heart disease, rheumatoid arthritis, and Crohn’s disease. Research has identified foods that have the capacity to promote wellness and suppress inflammation. In this hands-on class, students will learn how chronic inflammation affects your health, and to create delicious dishes using cooking techniques and foods that can contribute to reducing inflammation. We will eat well
Ar. Res. $109  Arl. Sr. $99  Non-Res. $119
CN585  Syphax 113  03/05  Thu  6:30p  McKeann  2 - 3 hr

Ethiopian Stews
Learn to cook traditional Ethiopian stews, known as wats, using authentic herbs, spices, and other ingredients, such as the traditional bread used to eat the delicious wats with; injera, a soft, spongy bread. Students will be able to make at least one meat wats and several plant based wats. Walk away with the knowledge to make Ethiopian food at home as well as where to find traditional ingredients in the DC area.
Ar. Res. $79  Arl. Sr. $69  Non-Res. $89
CN628A  Syphax 113  01/04  Tue  6:30p  Vu  1 - 3 hr
CN628B  Syphax 113  02/29  Sat  9:30a  Vu  1 - 3 hr

Blintzes (Crepes) Workshop
Everyone loves to cook and eat blintzes in Russia to celebrate Maslenitsa or Blintzes (Crepes). Blintzes are round and yellow, just like the sun and are eaten to celebrate the end of winter and the arrival of spring. Learn how to prepare and enjoy the authentic taste of Russian blintzes garnished with fresh sour cream and fruit jam. We will also make savory stuffed blintzes with meat and onion and fresh homemade farm cheese. We’ll complete of culinary celebration with a traditional tea drinking ceremony called “a cup of tea”. Come and enjoy!
Ar. Res. $69  Arl. Sr. $59  Non-Res. $79
CN652  Syphax 113  02/18  Tue  6:30p  Vassikova  1 - 3 hr

Russian Festive Culinary workshop
One of the main feature of Russian cuisine is variety of food prepared in the oven. We will use clay pots to cook in the oven traditional Russian stew - Zharkeo with meat and/or vegetables. Also we will learn how to prepare two different types of traditional salads, Russian Salad with colorful cooked and pickled vegetables and the Olive salad with pickles, potato, carrots and mayonnaise. Your taste buds will thank you.
Ar. Res. $69  Arl. Sr. $59  Non-Res. $79
CN651  Syphax 113  01/09  Thu  6:30p  Vassikova  1 - 3 hr

Russian Oven Cooking Class
One of the main feature of Russian cuisine is variety of food prepared in the oven. We will use clay pots to cook in the oven traditional Russian stew - Zharkeo with meat and/or vegetables. Also we will learn how to prepare two different types of traditional salads, Russian Salad with colorful cooked and pickled vegetables and the Olive salad with pickles, potato, carrots and mayonnaise. Your taste buds will thank you.
Ar. Res. $69  Arl. Sr. $59  Non-Res. $79
CN657  Syphax 113  03/10  Tue  6:30p  Vassikova  1 - 3 hr
Check us out online at www.apsva.us/acl or call us at (703) 228-7200

**Photography Classes**

**Daytime Digital Photography**
Designed for photographers at the beginning to intermediate levels. For those just starting out, we will quickly cover the basics of photography to get you out of the “auto” mode. We will then cover elements of composition so that you can elevate your photography from taking snapshots to taking pictures that you will be proud to hang on your walls. We will tailor the class to meet the interests of the students. This will be a hands-on course, with some outside activities. Although you can use any camera, one that is fully adjustable will give you the most flexibility.

Art. Res. $139   Arl. Sr. $129   Non-Res. $149
FA232 Syphax 117  02/13   Thu  10a  Cassatt  4 - 2 hr

**Digital Photography - An Introduction**
Class is designed for beginning photographers using digital cameras. Students will better understand their equipment and many of the functions that today’s cameras have to offer. Fundamental concepts of photography will be covered, including composition, lighting, motion, and we will also explore the artistic side of digital photography. Projects will be assigned and photo critiques provided.

Art. Res. $159   Arl. Sr. $139   Non-Res. $179
FA341 W-L 2012  02/26   Wed  7p  Staff  6 - 2 hr

**Maximizing Your Digital SLR Camera**
This class will make it easy to understand all those features packed into your digital SLR. You’ll learn what the functions do, gaining the confidence to move beyond the Auto mode, and how to use them to capture better pictures. We’ll also look at lenses, filters and other photo equipment to use with your DSLR. In addition, you’ll learn about lighting (artificial and natural) and composition techniques for people, landscapes, architecture and flowers. You’ll have the skills to create more compelling images when traveling and in daily life.

Art. Res. $109   Arl. Sr. $99   Non-Res. $119
FA387A W-L  2002  02/12   Wed  7p  Cassatt  3 - 2 hr

**Creating Your First Photobook**
It’s fun, easy and a great way to capture memories for a lifetime. Students will learn how to create their own photo book, using online templates and websites. Strategies and tips will be covered but books will not be created in class...but you’ll know how to create it.

Art. Res. $49   Arl. Sr. $39   Non-Res. $59
FA418 Syphax 115  03/10   Tue  10a  Matos  1 - 2 hr

**History of 19th Century Photography**
Take an exciting journey back in history as you learn about the “History of 19th Century Photography” beginning in 1826 through 1900. We will examine the photographic processes, learning how the photographs were made along with the cameras, optics and famous inventors and artists who were responsible for one of the greatest inventions of all time. Original photographs from the 1800-1900’s will be provided along with a hands on demonstration of the 4X5 camera.

Art. Res. $49   Arl. Sr. $39   Non-Res. $59
FA457 Syphax 225  02/20   Thu  7p  Douglass  1 - 2 hr

**Pottery Wheel - Introduction & Studio to Clay Throwing**
The magic begins when you place your clay in the center of the wheel. Students will learn the skills to create simple but beautiful pieces of art using a pottery wheel. Plates, bowls, cups and more will be demonstrated and taught as each student uses the wheel. Art will be fired in the kiln and glazes will be applied in class. Roll up your sleeves and let the creativity begin.

Art. Res. $179   Arl. Sr. $169   Non-Res. $189
FA230 Wakefield Art Rm  01/16   Thu  6:30p  Olson  6 - 2.5 hr

**Clay - The Art of Slab Construction: Beginning through Advanced**
This class is designed for beginners to more advanced students who enjoy making fine art ceramic pieces using slab construction. The instructor will demonstrate the basic steps in the process as needed, and support students in their quest to find their personal expression in clay through sketches, models, building techniques, and glazing techniques. Create your own beautiful ceramic piece of art. The cost for the course includes the use of basic tools and the firing, but not the materials and supplies used. See website for supply list.

Art. Res. $199   Arl. Sr. $179   Non-Res. $219
FA395 Kenmore 190  01/21   Tue  6:30p  Olson  8 - 2.5 hr

**Acrylic Painting for Beginners**
There are many aspects painting with acrylics. It is easy to correct mistakes, has low odor and dries quickly. Learn to paint with this wonderful art medium in this afternoon class. Class size limited to 8 students. Follow along with paintings as directed by the instructor, or feel free to paint from photos or better yet from your imagination. Painting techniques and tips will be covered. This class will allow you to work at your own pace. See website for supply list.

Art. Res. $159   Arl. Sr. $139   Non-Res. $179
FA241A Syphax 117  01/27   Mon  1p  Jones Coleman  6 - 2 hr
FA241B W-L 1127  02/06   Thu  7p  Skilling  6 - 2 hr

**Painting with Paper**
Different tools produce different art. This course will teach you to use various papers as your delivery mechanism for color, shape and texture. You will create art by tearing, cutting, layering and gluing ephemera. You will also learn to turn “bleeding tissue paper” into “paint sticks”. The resulting art will be a unique expression of your interests and aesthetics. See website for examples.

Art. Res. $69   Arl. Sr. $59   Non-Res. $79
FA242 Syphax 117  03/17   Thu  7p  Young Gerard  2 - 2 hr

**Introduction to Acrylic Pouring**
Join us, for this fun, workshop, where we will learn, acrylic, pouring techniques. Acrylic pouring, is a relatively, easy, activity, that, allows, you, to, create, a work of abstract, art, in a matter of minutes. Practice creating, a “clean pour”, abstract, design, on, canvas. Versus a “dirty pour”, on canvas. We will create, realistic looking, geode designs, as well as, ,learn techniques, for turning, dried, acrylic skins, into, wearable jewelry, and decorative, magnets. Discussion of, the, various, paint mediums, available for, acrylic, pours. As, well as experiment using silicone, and/or, heat, to create, cells, in the, paint. See website for supply list.

Art. Res. $139   Arl. Sr. $129   Non-Res. $149
FA243 Syphax 113  02/27   Thu  1p  Jones Coleman  4 - 2 hr

**Daytime Drawing**
Bring your sketch pad and pencils to class and begin to draw what you see. Learn basic techniques in light and shadowing, depth perception, scale, symmetry and self-expression. This will be a fun, relaxing class where you will use your eyes, mind, hand and fingers to create simple works of art. Supply list found on the website.

Art. Res. $179   Arl. Sr. $159   Non-Res. $199
FA258 Syphax 117  01/30   Thu  1p  Benkert  6 - 2 hr

**Daytime Drawing: The Next Level**
Now is the time to put those new drawing skills to use! This is a continuation of the Daytime Drawing class, were we will further our study of composition and symmetry by using still lifes and drawing from photographs. Let your artistic side have some fun, in this, relaxing, and supportive class. See website for supply list.

Art. Res. $139   Arl. Sr. $129   Non-Res. $149
FA259 Syphax 117  03/12   Thu  1p  Benkert  4 - 2 hr

**Art Appreciation**
Study the most famous works that hail from the early movements in art history: from prehistoric cave art, Mesopotamia, Egypt, Rome, great classical works from ancient Greece, the glory of Byzantine art, and medieval manuscripts of the Catholic Church to the perfection of the Renaissance in DaVinci, Michelangelo and Raphael.

Art. Res. $69   Arl. Sr. $59   Non-Res. $79
FA294 Syphax 202  02/25   Tue  10a  Ruble  2 - 2 hr
Daytime Painting
Beginning through advanced, oil or pastels. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. Students can work from still life set ups or from photographs. See website for supply list. Art. Res. $209  Art. Sr. $189  Non-Res. $229
FA301A Drew Art 01/08 Wed 5:30pm Coonoe-McEvany 8-2.5 hr
FA301B Drew Art 01/09 Thu 9:30am Coonoe-McEvany 8-2.5 hr

Pastel or Oil Painting
Beginning through advanced, oil or pastels. Students will pick one of these mediums. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. Teacher will demonstrate in both oil and pastel. Students can work from still life set ups or from photographs. See website for supply list. Art. Res. $209  Art. Sr. $189  Non-Res. $229
FA307A Drew Art 01/08 Wed 7pm Coonoe-McEvany 8-2.5 hr
FA307B Drew Art 01/09 Thu 7pm Coonoe-McEvany 8-2.5 hr

Classical Drawing
This class is for all levels of students who desire to draw what they see. Students will use graphite, charcoal, and oil pastels to create drawings of still-lifes, photos and other props. Students will learn the techniques used by the Old Master to develop their artistic abilities. See website for supply list. Art. Res. $179  Art. Sr. $159  Non-Res. $199
FA311 W-L 1123 01/27 Mon 7p Hamdad 6-2.5 hr

Mosaics Stepping Stone
Step into spring anytime of the year by learning how to create a custom mosaic stepping stone! In this one-day workshop, students will learn the basics of stepping stone design, cutting, and patterns. Students will complete one Batik, silk scarf. In this Introductory course students will learn the beginner techniques for creating beautiful expressions of color using the ancient art form of silk painting. Learn how to stretch the silk, apply silk paint and use a resist to draw designs. You will learn how to steam the fabric as well as salt and alcohol techniques for adding texture. Students will complete one finished, painted, silk scarf. Art. Res. $99  Art. Sr. $89  Non-Res. $109
FA361A Syphax 113 02/18 Tue 10a Weick 4-2 hr
FA361B W-L 1123 02/20 Thu 6:30pm Weick 4-2 hr

Brush Ink Painting from China & Japan - for Beginners
Discover the creativity and artistic freedom of this unique art media. Brush Ink Painting, popular in China and Japan uses various shades of black and white to bring to life landscapes, still lifes, flowers, and other themes on rice paper. See website for supply list and samples of art work. Art. Res. $99  Art. Sr. $89  Non-Res. $109
FA361A Syphax 113 02/18 Tue 10a Weick 4-2 hr
FA361B W-L 1123 02/20 Thu 6:30pm Weick 4-2 hr

Introduction to Silk Painting
In this Introductory course students will learn the beginner techniques for creating beautiful expressions of color using the ancient art form of silk painting. Learn how to stretch the silk, apply silk paint and use a resist to draw designs. You will learn how to steam the fabric as well as salt and alcohol techniques for adding texture. Students will complete one finished, painted, silk scarf. Art. Res. $69  Art. Sr. $59  Non-Res. $79
FA411A W-L 1123 02/26 Wed 7p Jones Coleman 1-2.5 hr
FA411B W-L 1123 02/27 Thu 10p Jones Coleman 1-2.5 hr

Batik (Wax Resist) - Silk Painting
Batik is a traditional art-form which involves using melted wax and dye to create beautiful and intricate patterns on cloth. In this course, students will be introduced to Batik techniques on silk. Students will learn how to heat and apply the wax. Students will learn to use a tjanting , a pen-like tool used in traditional, Indian batik for applying melted wax to fabric in order to draw pictures and patterns. Students will complete one Batik, silk scarf. Art. Res. $59  Art. Sr. $49  Non-Res. $69
FA412A W-L 1117 03/04 Wed 7p Jones Coleman 1-2.5 hr
FA412B W-L 1123 03/05 Thu 10a Jones Coleman 1-2.5 hr

Creative Collage Workshop
A collage is a form of art that takes already existing elements and puts them together in order to come up with a new whole. Learn techniques for creating a collage made with newspaper clippings, fabric, and pieces of colored or hand-made papers glued to paper, canvas or wood. Students will complete one finished collage piece. Art. Res. $59  Art. Sr. $49  Non-Res. $69
FA413 Syphax 173 03/14 Sat 9:30am Jones Coleman 1-2.5 hr

Watercolor Painting Techniques for Beginners
Watercolor techniques will be taught in this step-by-step, hand-on approach class. These effective techniques for watercolor painting include, color mixing, brush handling, value control, washes, glazing and masking. Each class, students will discover and practice a new skill. See website for supply list. Art. Res. $179  Art. Sr. $159  Non-Res. $199
FA426A W-L 1123 02/25 Tue 6:30pm Staff 6-2.5 hr
FA426B Syphax 113 02/26 Wed 1p Staff 6-2.5 hr

Self Defense for Women
Improve your personal safety, protect yourself, enhance your confidence, and retake control -- but without changing to a super hero costume or a martial arts suit. This class is a practical guide to managing your risk against assailants while you’re going to and from work, shopping, school, exercising, and errands. You’ll get information on avoiding incidents, escaping them if possible, and then taking action if you have to. This is not an exercise or workout class, it is a class on raising your survival rate in the event of an assault or battery. Art. Res. $59  Art. Sr. $49  Non-Res. $69
GI342 Syphax 107 02/26 Wed 7p Law 2-1.5 hr

General Interest
Historical European Martial Arts
The martial arts of medieval Europe were sophisticated systems of combat, in armor and without. Two opponents might engage with spear, sword and buckler, dagger, or even unarmed. This unique workshop will focus on the martial arts system of medieval Europe. In addition to the weaponry and skills of the time, students will learn about the surviving documents from which these techniques are based. Art. Res. $59  Art. Sr. $49  Non-Res. $69
GI187 W-L 2018 02/26 Wed 7p Muir 1-2 hr

Keeping Yourself Socially Engaged in Retirement
Now that you have the time, get involved in your community. You’ll learn about many resources and organizations where you can put your skills to use. There are an abundance of non-profit organizations in the area that can benefit from your expertise. Teach, mentor or coach others. Learn about MeetUp groups, and online resources to stay engaged. Volunteer opportunities abound. Art. Res. $49  Art. Sr. $39  Non-Res. $59
GI562 Syphax 115 02/28 Fri 1:30pm Livingston 1-2 hr

Bicycle Maintenance & Repair
Lecture and demonstration on proper bike fitting, breakdown repairs, and the inspection, adjustment, lubrication and renovation of diverse components. Bring bike to class. Art. Res. $39  Art. Sr. $29  Non-Res. $49
GI812 Career Clr. 119 03/11 Wed 7p Cuadra 1-2 hr

Creating Mosaics I
Make your own unique mosaics. Beginners learn the basic terms and techniques of mosaic art including layout, design, gluing, grouting, and finishing. Students will complete three simple projects on a variety of surfaces that will increase in degree of difficulty. Supply fees are included in the cost of the tuition. Kenmore Middle School, Tech. Ed. lab. Art. Res. $179  Art. Sr. $159  Non-Res. $199
FA324 Kenmore 01/30 Thu 6:30pm Nowak 5-2.5 hr

Creating Mosaics II
This class is designed for students with some basic mosaic experience. Students will build on current skills to create a project large in scope and more focused on design. Students will make a custom designed table or with instructor approval, students can work on their own projects. Call for material information. Kenmore Middle School, Tech. Ed. lab. Art. Res. $179  Art. Sr. $159  Non-Res. $199
FA325 Kenmore 03/05 Thu 6:30pm Nowak 5-2.5 hr

Fresh Flower Arrangements
Students will learn how to assemble and arrange lovely floral designs. Topics will include the conditioning and preparation of flowers, composing designs for a variety of containers, proper use of greens and fillers and basic color combinations and shapes. A material fee of $75 is included in the price of the tuition. Bring sharp hand clipper or scissors to class. Art. Res. $169  Art. Sr. $159  Non-Res. $179
FA354A Syphax 117 01/14 Tue 7:00pm Widham 3-2 hr
FA354B Syphax 173 02/18 Tue 10a Widham 3-2 hr

Wedding Bouquet
Learn how to make a bridal cascade, boutonnieres, corsages, and small centerpieces for the reception table. Add a personal touch to this special occasion with custom floral arrangements. A material fee of $45 is already included in the cost of the tuition. Bring sharp hand clipper or scissors to class. Art. Res. $99  Art. Sr. $89  Non-Res. $109
FA355 Syphax 117 03/09 Mon 7:00pm Widham 1-2 hr

Watercolor Painting Techniques for Beginners
Watercolor techniques will be taught in this step-by-step, hand-on approach class. These effective techniques for watercolor painting include, color mixing, brush handling, value control, washes, glazing and masking. Each class, students will discover and practice a new skill. See website for supply list. Art. Res. $179  Art. Sr. $159  Non-Res. $199
FA426A W-L 1123 02/25 Tue 6:30pm Staff 6-2.5 hr
FA426B Syphax 113 02/26 Wed 1p Staff 6-2.5 hr

Creating Collage Workshop
A collage is a form of art that takes already existing elements and puts them together in order to come up with a new whole. Learn techniques for creating a collage made with newspaper clippings, fabric, and pieces of colored or hand-made papers glued to paper, canvas or wood. Students will complete one finished collage piece. Art. Res. $59  Art. Sr. $49  Non-Res. $69
FA413 Syphax 173 03/14 Sat 9:30am Jones Coleman 1-2.5 hr
Real Estate & Housing

2-Hour Home Buying Workshop
The purchase of a first home or buying again after many years can be daunting in the metropolitan area. Gather with a group of like-minded individuals who want to own and want to know “how.” Learn the process, understand the language and create a plan with the guidance of an experienced professional, to make this buying decision your very BEST!
Art. Res. $69  Art. Sr. $59  Non-Res. $79
GI616 Syphax 225 02/08 Sat 9a Murphy 1 - 2 hr

Housing Decisions: "Over 55"
House too big, maintenance too much, costs too high, conveniences too far, features too unsafe, socialization too difficult? As the Baby Boomers enter their golden years, these are just some of the conclusions that lead to a housing change. What are the options? Smaller residence to age in place, an Active Senior Community, an Assisted Living Facility, a Continuing Care Retirement Community… the choices are varied and numerous. Come explore the possibilities, the menu of choices for your next home or your final residence. A professional analysis will lead you to the best options for a happy future!!
Art. Res. $69  Art. Sr. $59  Non-Res. $79
GI671 Syphax 108 01/11 Sat 9a Murphy 1 - 2 hr

Investing in Real Estate
What do I need to know to invest in real estate in today’s market? When and where should I invest? How do I read the real estate markets? How do I determine a good investment? What are the factors that drive the market? Evaluate Net Operating Income (NOI) and CAP Rates. Come with questions, leave with confidence. Learn from a leader. Learn to succeed and grow wealth.
Art. Res. $49  Art. Sr. $39  Non-Res. $59
GI448 Syphax 202 01/11 Sat 12p Murphy 1 - 2 hr

Landlording
Are you a landlord or are you considering renting out your home or purchasing an investment property? This class will help you understand your rights and responsibilities as a residential landlord in Virginia. Determine whether your rental(s) are exempt from the Virginia Residential Landlord Tenant Act and learn the essentials on how to avoid landlord/tenant problems from the onset. The class will also discuss collections and the eviction process.
Art. Res. $59  Art. Sr. $49  Non-Res. $69
GI640 W-L 2001 03/05 Thu 7p Mothershead 1 - 2 hr

Career & Business

Stand Out!: Developing Impressive Job Interview Skills
Create and master answers to difficult interview questions. Prepare for phone, video, in-person and panel interviews with both verbal and non-verbal techniques. Whether you are just starting your career, re-entering the workforce or looking to advance in your career this course will empower you with the skills to land that next job.
Art. Res. $59  Art. Sr. $49  Non-Res. $69
GI260 Career Ctr. 103 01/14 Tue 6:30p Stewart 1 - 2.5 hr

Matching You and a Career
Before starting that job search, discover how your values, interests and skills can point you in the right direction. With the guidance of your instructor, a professional career coach, learn to match your unique abilities to positions, titles and jobs that fit you best.
Art. Res. $69  Art. Sr. $59  Non-Res. $79
GI622 Career Ctr. 114 02/04 Tue 6:30p Stewart 1 - 2.5 hr

Finding the Right Job for You
Do you feel stuck in your current job? Haven't found a job that makes you feel fulfilled? Discover more ways and better places to look. This 2.5 hour workshop will thoroughly cover the best results to online job searches, career fairs, effective networking, and other strategies to find that perfect job.
Art. Res. $69  Art. Sr. $59  Non-Res. $79
GI266 Career Ctr. 112 01/21 Tue 7p Stewart 1 - 2.5 hr

Become a Washington D.C. Tour Guide
Love showing your out-of-town friends and family the beautiful sites in Washington, DC and surrounding areas? Learn practical and professional guiding skills from a Certified Tour Guide; whether doing walking tours, tours of museums, or guiding on a moving vehicle. Discover some of the “Must See, Should See and See If You Have Time” sites in our area. Learn who’s hiring and who to contact from an experienced insider or learn how to be in business for yourself and market your own tours! This class is also great for those who simply wish impress friends and family who are visiting.
Art. Res. $79  Art. Sr. $69  Non-Res. $89
ME188 Syphax 115 02/20 Thu 7p Longnecker 3 - 2 hr

Small Business Start-Up
Creating your own part-time or full -time business enterprise can be an exciting and rewarding adventure. This seminar will review the entrepreneurial and administrative skills needed for success. Options for legal structuring a business will be reviewed, such as sole proprietorship, partnership, LLC, and incorporation. Tools and strategies for efficient daily management will be discussed, along with a review of marketing, finances, expansion, and other crucial elements to a successful startup. Learn how to successfully start your own business enterprise.
Art. Res. $69  Art. Sr. $59  Non-Res. $99
ME300 Syphax 115 01/25 Sat 9:30p Bromley 2 - 2.5 hr

Tax Strategies for the One-Person Business & Small Corporations
One-person businesses and small corporations frequently pay too much in taxes and do not know it! Explore the tax laws, unknown to you and/or your tax return preparer, which favor the smallest of businesses, such as sole proprietorships, LLCs, S Corporations and C Corporations. Save your money. Taught by a CPA with a masters degree in taxation.
Art. Res. $119  Art. Sr. $109  Non-Res. $129
ME185 W-L 2001 01/15 Wed 6:30p Inglese 2 - 3 hr

How to Start Your Nonprofit Organization
Creating a nonprofit from the ground up is a rewarding experience but requires dedication and hard work. This course walks you through the planning, resources and process you will need to follow to successfully start your organization. These practical steps include documentation, organizational structure and strategic planning.
Art. Res. $89  Art. Sr. $79  Non-Res. $99
ME330 W-L 2002 03/16 Mon 6:30p Ryan 2 - 2 hr

Health & Wellness

First Aid
This is a video-based, instructor-led course that teaches Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) use, infant CPR, and how to relieve choking in adults, children, and infants. This course teaches skills with the AHA’s research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback, and guide the students’ learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in first aid to meet job, regulatory, or other requirements.
Art. Res. $79  Art. Sr. $0  Non-Res. $0
GI361A Syphax 171 01/21 Tue, Thu 6:30p Treadway 2 - 2 hr
GI361B Syphax 107 02/25 Tue 9a Treadway 1 - 4 hr

Heartsaver CPR & AED Certification
This is a video-based, instructor-led course that teaches Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) use, infant CPR, and how to relieve choking in adults, children, and infants. This course teaches skills with the AHA’s research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback, and guide the students’ learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements.
Art. Res. $109  Art. Sr. $50  Non-Res. $0
GI362A Syphax 225 01/28 Tue, Thu 6:30p Treadway 2 - 2 hr
GI362B Syphax 107 03/03 Tue 9a Treadway 1 - 4 hr

Survival Medicine - Beyond First Aid
Whether you are on a hike, traveling abroad, or concerned about natural disasters, advanced medical training provides valuable skills that can ensure that you and your loved ones are prepared to survive injury and illness. Learn and practice several hands-on skills including extremity fracture splinting, spinal immobilization, tourniquet use, wound closure, and wound dressing application. Designed for anyone who is interested in learning essential survival medicine skills. Course is taught by a board-certified emergency physician.
Art. Res. $59  Art. Sr. $49  Non-Res. $69
GI369 Syphax 113 02/08 Sat 9a Chanda 1 - 5 hr

Improve Your Memory - Level 1
Did you know that brain exercises, what we eat and even how much we sleep can improve our memory? This workshop will share strategies for building your memory and techniques that you can put in place immediately that we help recall those things that have slipped your mind.
Art. Res. $59  Art. Sr. $49  Non-Res. $69
GI376A Syphax 115 02/18 Tue 6:30p Abraham 1 - 2 hr
GI376B Syphax 225 02/19 Wed 10a Abraham 1 - 2 hr

Fundraising for Non-Profit Organizations
To fulfill your mission as a nonprofit organization, you need resources. Fundraising is critical for success! Come and learn where most nonprofits get their resources from, how to create a budget and functional and realistic budget. Leave class with a better fundraising plan and new ideas on how to raise needed funds.
Art. Res. $49  Art. Sr. $39  Non-Res. $59
ME334 W-L 2002 03/30 Mon 6:30p Ryan 1 - 2 hr
**Mindfulness Meditation - Unlock the Power of Your Mind**

Become equipped with the tools and techniques to assist in releasing stress and anxiety in order to appreciate the "here and now" and be truly present in life. Through mindfulness exercises and guided meditations, you will learn the skills to unlock hidden power to clear your mind and find spaces of calm and tranquility in any circumstance.

Art. Res. $159  Art. Sr. $149  Non-Res. $169

**HE201**  Syphax  171  02/25  Tue  7p  Page 6 - 2 hr

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**Estate Planning Essentials**

An estate plan that works, melds counseling-based estate planning to meet changing client objectives and a shifting legal environment. How to establish a plan and keep it current, understand living trusts, wills, substitute decision-makers, disability planning, long-term care, and (mis)use of joint tenancy with adult children, will be examined so you can plan properly. Also addressed are the hidden traps in beneficiary designations of retirement plans, insurance and annuities.

Art. Res. $49  Art. Sr. $39  Non-Res. $59

**GI320**  W-L  2013  01/21  Tue  7p  Mothershead 1 - 2 hr

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**Your Money: Financial Challenges in Retirement and How to Meet Them Head-On**

The prospect of retirement can be a welcome though somewhat nerve-racking change in your lifestyle. To help you understand the adjustments you will need to make, we will discuss the unique financial challenges faced in preparing for retirement and solutions to help you take charge of your financial future and avoid those pitfalls.

Art. Res. $109  Art. Sr. $99  Non-Res. $119

**GI934**  W-L  2012  02/22  Thu  7p  Davidson 3 - 2.5 hr

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**Financial Strategies for a Successful Retirement**

Learn to maximize income and seek more from investments, social security and retirement plans. The registration fee includes a colorful, in-depth seminar workbook and entitles each student to an optional one-on-one consultation after the conclusion of the seminar.

Art. Res. $109  Art. Sr. $99  Non-Res. $119

**GI780**  W-L  2019  02/13  Thu  7p  Kurtz 3 - 2.5 hr

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**Savvy Social Security Planning: What Baby Boomers Need to Know to Maximize Retirement Income**

This workshop will cover: 5 factors to consider when deciding when to apply for benefits; when it makes sense to delay benefits – and when it does not; why you should always check your earnings record for accuracy; how to estimate your benefits; how to coordinate benefits with your spouse; how to minimize taxes on Social Security benefits; how to coordinate Social Security with your other sources of retirement income.

Art. Res. $49  Art. Sr. $39  Non-Res. $59

**GI785**  W-L  2013  02/06  Thu  7p  Kurtz 1 - 2 hr

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**Pre-Retirement Guide for Federal Employees**

If you are a Federal employee, this class is for you! Get the information you need to make fully informed decisions about your retirement from Federal service. Session 1 will cover your retirement, social security & survivor benefits. The focus of session 2 will be your health and life insurance benefits along with an introduction to your Thrift Savings Plan. The class will conclude by discussing the TSP and financial planning considerations now and in retirement.

Art. Res. $109  Art. Sr. $99  Non-Res. $119

**GI791**  W-L  2016  02/20  Thu  7p  Davidson 3 - 2.5 hr

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**Applying for a Federal Job**

Thousands of people will retire from the federal government this year, and the United States government will need qualified people to fill those positions. Learn to decode the federal job websites, and create an application that best highlights your qualifications and unique abilities.

Art. Res. $59  Art. Sr. $49  Non-Res. $69

**GI838**  Syphax  150  03/11  Wed  6:30p  Law 1 - 2.5 hr

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**Are You Mutual Funds Making the Grade?**

This is an opportunity to receive a detailed analysis of the mutual funds that you own. Navigate through a mutual fund analysis report. If you choose, the instructor will provide the report on mutual funds that you hold so you can apply the information directly to your portfolio. Learn how your funds have performed over the short-term and long-term; how your funds compare against both the appropriate market index and against its peers; and how to evaluate the funds risk profile against the benchmarks and your own risk tolerance. Instructor is a Certified Financial Planner with twenty years of experience in Portfolio Management and Performance Analysis. It is not required to use your own mutual funds, but if you choose this option, the instructor will need your fund names prior to class.

Art. Res. $49  Art. Sr. $39  Non-Res. $59

**GI911**  W-L  2012  02/18  Tue  7p  Kehoe 1 - 2 hr

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**Personal Interests**

**Make-Up Magic**

Makeup can be MAGIC when properly applied. Learn how to prepare your face and properly apply makeup with basic colors and application techniques to enhance your facial assets and minimize other features. Achieve an attractive appearance by creating a desired illusion with makeup. You will go step-by-step to create a natural and professional look as you do a full face makeup application. Before and after photos are taken.

Art. Res. $59  Art. Sr. $49  Non-Res. $69

**GI113A**  Syphax  117  01/11  Sat  10a  Farnham 1 - 2.5 hr

**GI113B**  Syphax  173  03/07  Sat  10a  Farnham 1 - 2.5 hr

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**Share your skills, experiences and talents! Teach for Arlington Community Learning**

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Interested in teaching a class?

Foreign Languages, Cooking, Computer Skills, Music, Writing, Business, Non-Profit Sector and so much more. Send your resume to raul.matos@apsva.us or scan this link to submit a course proposal.
Make Your Own: Lip Balm for Beginners
Have fun creating your own lip balm from scratch! Two different varieties of lip balm will be made with customized recipes and flavors. Using natural ingredients such as shea butter and beeswax, you will create a natural moisturizer and protection for your lips. Cracked lips will be a thing of the past.

Art. Res. $59  Art. Sr. $49  Non-Res. $69

HE358  Career Ctr.  235  02/19  Wed  7p  Peake  6 - 2.5 hr

Textile Arts

Sewing 1
Sewing class is designed for beginners. There will be an introduction to the sewing machine, sewing terms, fabrics, patterns, pressing technique, and notions. First class project will prepare you for Sewing II. Bring thread and scissors to first class. Supply list distributed at first class.

Art. Res. $169  Art. Sr. $149  Non-Res. $189

HE500A  Syphax  117  01/15  Wed  12:30p  Hunter  6 - 2 hr

HE600B  Syphax  117  01/16  Thu  6:30p  Hunter  6 - 2.5 hr

Sewing 2
Continue to advance your sewing skills in this class, and make a garment. Project and supply list distributed at first class.

Art. Res. $129  Art. Sr. $109  Non-Res. $149

HE601A  Syphax  117  03/04  Wed  12:30p  Hunter  4 - 2.5 hr

HE601B  Syphax  117  03/05  Thu  7p  Hunter  4 - 2.5 hr

Knitting - The Basics
Curious about Knitting? Come learn the basics of knitting - casting on, knit, purl, and binding off. Students will learn to read a pattern and will begin working on a simple but attractive scarf. Supply list found on the website.

Art. Res. $109  Art. Sr. $99  Non-Res. $119

HE611A  Syphax  150  01/25  Sat  10a  Azimi  4 - 2 hr

HE611B  Syphax  117  02/26  Wed  7p  Hunter  4 - 2 hr

Project Knitting
Prerequisite: Knitting - The Basics or proficient in casting on, knitting, purling and binding off. Are you ready to make a hat and gloves to go with your basic scarf? If so, bring that scarf to this class to find a pattern that works or bring your own pattern. Supply list distributed at first class.

Art. Res. $109  Art. Sr. $99  Non-Res. $119

HE631  Syphax  225  02/29  Sat  10a  Azimi  4 - 2 hr

Music Classes

Guitar - Beginning 1 in a Hurry
Don't have time to take guitar classes for 8 consecutive weeks? Then we have the class for you! This class is designed for students with no prior guitar experience. We will cover the basics of music theory and then focus on learning the chords, strumming patterns and finger placement. Bring your own guitar to class. Assignments and handouts will be provided. Class will meet twice per week on Tuesdays and Thursdays, every other week.

Art. Res. $159  Art. Sr. $139  Non-Res. $179

MU085  Career Ctr.  105  01/28  Tue/Thu  6:30p  Tanis  8 - 1.5 hr

Guitar - Beginning 1
This class is designed for students who have no experience playing the guitar. Beyond learning basic music theory, students will learn chords, strumming patterns, finger placement, and several scales. Students are required to bring their own guitar (acoustic or electric) to class. Assignments / handouts will be provided.

Art. Res. $159  Art. Sr. $139  Non-Res. $179

MU100A  Career Ctr.  205  01/08  Wed  6:30p  Delos Reyes  8 - 1.5 hr

MU100B  Syphax  171  01/16  Thu  11a  Siekkinen  8 - 1.5 hr

MU100C  Career Ctr.  205  02/27  Thu  7p  Delos Reyes  8 - 1.5 hr

Guitar - Beginning 2
Prerequisite: Guitar - Beginning I or equivalent experience. This class will continue to assist students learn chords, strumming patterns, finger placement, and several scales. Students are required to bring their own guitar (acoustic or electric) to class. Assignments / handouts will be provided.

Art. Res. $159  Art. Sr. $139  Non-Res. $179

MU101  Career Ctr.  205  01/14  Tue  7p  Delos Reyes  8 - 1.5 hr

Guitar - Beginning 2-3 Hybrid
Prerequisite: Guitar - Beginning II or equivalent experience. This class is to assist students with their strumming techniques, chords and scales and will be introduced to basic improvisation skills. Bring your own guitar, tuner and metronome. Handouts provided.

Art. Res. $159  Art. Sr. $139  Non-Res. $179

MU102  Syphax  171  01/16  Thu  12:45p  Siekkinen  8 - 1.5 hr

Guitar - Beginning 3
Prerequisite: Guitar - Beginning II or equivalent experience. This class is to assist students with their strumming techniques, chords and scales and will be introduced to basic improvisation skills. Bring your own guitar, tuner and metronome. Class will meet every other week.

Art. Res. $159  Art. Sr. $139  Non-Res. $179

MU105  Career Ctr.  105  03/10  Tue  7p  Tanis  8 - 1.5 hr

Piano Intermediate
This class is a continuation of level III and will focus on playing, accuracy, tempo, voicing and repertoire building. Please come to the first class prepared to share with the class.

Art. Res. $189  Art. Sr. $169  Non-Res. $209

MU125  Syphax  107  01/14  Tue  7p  Ruble  8 - 2 hr

Piano for Beginners 1
Learn how to play piano. Class is for students with no piano playing experience. We will cover basic chords, rhythms, musical terms and the use of the metronome. Book Alfred All-in-One Level 1 ISBN 10: 0-88284-158-6

Art. Res. $189  Art. Sr. $169  Non-Res. $209

MU110A  Syphax  113  01/10  Fri  10a  McGuire  8 - 2 hr

MU110B  Syphax  117  01/27  Mon  7p  Ruble  8 - 2 hr

MU110C  Syphax  113  02/04  Tue  10a  Jones  8 - 2 hr

Piano for Beginners 2
Prerequisite: Piano Beginning I or equivalent knowledge.

The Arlington Community Learning program is proud to promote the humanities. Enlighten your mind with our new L.A.M.P. series of classes.

Latin & Greek p. 4  Musical Ensembles p. 15  Opera Appreciation p. 15  Classical Music p. 15  History of Photography p. 10

L.A.M.P. Series
www.apsva.us/lamp

Look, listen & learn about the greatest literature, art, music and poetry of all time.

Check us out online at www.apsva.us/acl or call us at (703) 228-7200

Project Knitting
Prerequisite: Knitting - The Basics or proficient in casting on, knitting, purling and binding off. Are you ready to make a hat and gloves to go with your basic scarf? If so, bring that scarf to this class to find a pattern that works or bring your own pattern. Supply list distributed at first class.

Art. Res. $109  Art. Sr. $99  Non-Res. $119

HE631  Syphax  225  02/29  Sat  10a  Azimi  4 - 2 hr
**Arlington Community Learning**

### Ukulele - Beginning 2
Now that you got the basics down, start building on your skills in the level II class. We will continue to focus on strumming, chords and tempo. We will have you strumming basic songs in no time. A great way to start your week.

- **Arl. Res.** $159
- **Arl. Sr.** $139
- **Non-Res.** $179

**MU130**  Syphax 171 01/06 Mon 11a Siekkenin 8 - 1.5 hr

### Ukulele - Intermediate
Continue building on what you’ve learned. Finger placement, speed and accuracy will be emphasized. In this class you’ll begin to really enjoy the sounds coming from your Ukulele.

- **Arl. Res.** $159
- **Arl. Sr.** $139
- **Non-Res.** $179

**MU134**  Syphax 171 01/18 Sat 11a Siekkenin 8 - 1.5 hr

### Violin for Beginners
No experience at all? Students will start from zero and work through basic posture, bow technique, music reading and finger placement. Learn how to play easy tunes. Build your skills and confidence and get ready to take it to the next level. Students are required to have their own instrument.

- **Arl. Res.** $159
- **Arl. Sr.** $139
- **Non-Res.** $179

**MU147**  Kenmore Chorus 01/21 Tue 7:15p McGuire 8 - 2 hr

### Violin for Beginners 2
Students will continue to focus on bow technique, music reading and improved speed and accuracy of finger placement. The music we will play will gradually stretch your ability while improving your skills. Students are required to have their own instrument. Prerequisite: Violin for Beginners I or equivalent experience.

- **Arl. Res.** $159
- **Arl. Sr.** $139
- **Non-Res.** $179

**MU146**  Kenmore Chorus 01/23 Thu 7p McGuire 6 - 2 hr

### *New* Flute - An Introduction
Interested in playing the flute? Has it been many years since playing yours. This class is designed for complete beginners and those who would like to start playing again. Be advised, class will start from the beginning. Bring your flute to class.

- **Arl. Res.** $159
- **Arl. Sr.** $139
- **Non-Res.** $179

**MU236**  Kenmore Chorus 01/21 Tue 6p McGuire 6 - 2 hr

### Arlington Flute Ensemble
This class is for all levels of amateur adult flutists. The auxiliary flutes such as piccolo, alto flute and bass flute are also welcome. The focus will be on reading and rehearsing mainstream flute choir repertoire consisting of original compositions and arrangements of classical, jazz and pop styles. Performance opportunities will include community concert series, charitable gala events and flute choir festivals. Please bring your flutes, music stands and pencils to rehearsals.

- **Arl. Res.** $89
- **Arl. Sr.** $89
- **Non-Res.** $109

**MU153**  Kenmore Band 01/22 Wed Tp Johnson Rajan 10 - 2 hr

### Arlington Concert Band
The Arlington Concert Band is a wind and percussion ensemble for adult musicians. This group is seeking musicians with intermediate to advanced playing skills, or players who have studied previously and want to return to their musical past and focus on performing in an ensemble. Arlington Concert Band aims to be an ensemble that will not only provide a local opportunity for musicians, but will serve as a promoter of music, music education and community. Openings exist for most positions - please call to inquire about open seats, contact Raul Matos at 703-228-7217. Annual Membership Fee per School Year only $39. (Bring your own instrument)

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<thead>
<tr>
<th>Band Rm</th>
<th>Day</th>
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<tr>
<td>W-L</td>
<td>01/07</td>
<td>7p</td>
<td>Kirchenbauer</td>
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</table>

### Arlington Concert Orchestra
The Arlington Concert Orchestra is seeking musicians with intermediate to advanced musical skills, and all those who used to play an orchestral instrument and are looking to get back into a performance ensemble. This is a wonderful opportunity to play in a high caliber, volunteer orchestral High quality music, education, and fun are at the heart what we do. Registration fee $39 per semester. (Bringing instrument)

**Kenmore Band Rm** 01/13 Mon 7p Jackson 10-2 hr

### Arlington Community Chorus
If you love to sing, we would love to have you! Come join the Arlington Community Chorus and embrace the power of music. The ACC welcomes all singers who have sung in a choir, either in high school, college or even at church. If you haven’t sung in a formal group before but would still like to join, call us and we will put you in contact with the conductor who can provide you with ways you can participate. We will perform a wide variety of choral literature, while at the same time having fun and enjoying the experience of singing. Concerts are programmed throughout the school year. Tuition: $130

**W-L**  Choral Rm 1/28 T Young/Carsten-Pelak 7pm 14 - 2 hr

### Opera Masterpieces
See and hear famous and familiar recording of operas which may include La Traviata, La Boheme, Madama Butterfly, Don Giovanni, The Marriage Of Figaro, The Valkyrie, and Tristan and Isolde. Before each presentation, learn about the composer, the setting, the cast and a synopsis of the opera. Following each video presentation the class will discuss the music, the opera singers singing and acting, costumes, scenery, props and lighting.

- **Arl. Res.** $69
- **Arl. Sr.** $59
- **Non-Res.** $79

**MU157**  Syphax 170 01/23 Thu 10:30a Soranno 2 - 2 hr

### Opera Divas, Female Opera Superstars
Through lectures and recordings explore the world of Opera Divas; the most famous and familiar female opera singers. Presentations will feature such Opera Divas as Renee Fleming, Maria Callas, Joan Sutherland, Cecilia Bartoli, Renata Tebaldi, and many others. The opera will be studied and sung, including La Traviata, Rigoletto, Aida, La Boheme, Tosca, Cosi Fan Tutte and others. Before presenting the recording of the Opera Diva singing an aria, the teacher will discuss characteristics of the singing voice, vocal technique, the roles performed by the singer and a synopsis of the opera/scene.

- **Arl. Res.** $69
- **Arl. Sr.** $59
- **Non-Res.** $79

**MU158**  Syphax 108 02/20 Thu 10:30a Soranno 2 - 2 hr

### The Best Operas by Puccini
Giacomo Puccini, one of the greatest opera composers, the Titan of Opera, from the late 19th Century to the early 1920’s, he composed twelve operas, many of which are still performed in opera houses and other venues throughout the world today. We will discuss various characteristics and elements of the best operas: La Boheme, Madama Butterfly, Tosca and Turandot. You will see and hear clips of opera performances on DVDs. Before viewing an opera DVD, you will learn about the composer, setting, cast and a synopsis of the opera. Following each video presentation, we will discuss the music, orchestra and the opera singers’ vocal techniques, acting and staging.

- **Arl. Res.** $69
- **Arl. Sr.** $59
- **Non-Res.** $79

**MU175**  Syphax 171 03/12 Thu 10:30a Soranno 2 - 2 hr

### Voice Lessons for Adults - Level 1
This Voice Lesson class is designed for students who want to improve and develop their singing talents. This class is for beginners and for those who have not experienced singing lessons or techniques before. Learn singing basics which will include methods of warm up, breath control, clear singing pronunciation of lyrics, scales, and terminology. Students will practice singing songs throughout the course.

- **Arl. Res.** $159
- **Arl. Sr.** $139
- **Non-Res.** $179

**MU201**  Career Ctr 229 01/22 Wed 6:30p Judgersuron 6 - 2 hr

### Voice Lessons for Adults - Level 2
This class is a continuation of Voice Lessons for Adult Level 1. Students will continue to develop breath control, singing pronunciation of lyrics, scales, and terminology. Students will practice singing songs throughout the course.

- **Arl. Res.** $159
- **Arl. Sr.** $139
- **Non-Res.** $179

**MU204**  Career Ctr 229 03/09 Mon 6:30p Judgersuron 6 - 2 hr

### Music Theory & Basic Composition
Learn the lines and spaces of both the bass and treble clefs, notes and rests values, intervals and much more. Book Alfred's Essentials of Music Theory ISBN 0-88284-894-1

- **Arl. Res.** $109
- **Arl. Sr.** $99
- **Non-Res.** $119

**MU220**  Syphax 113 01/24 Fri 12:30p McGuire 4 - 2 hr
Auto Maintenance

Automotive Repair Procedures
This course will be based on the automobile problems and needs of the students. Hands-on shop work on owners' vehicles will guide the weekly lesson. Basic repairs will be limited to shop time, space, and equipment. Diagnostic information will be supplied, as available, to assist the student in correcting problems. The purchase of some necessary basic hand tools and materials will be identified. Course is taught in the Auto Technology Lab.

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<tr>
<th>Course</th>
<th>Days</th>
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<th>Location</th>
<th>Tuition</th>
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<tbody>
<tr>
<td>TI106</td>
<td>Tue</td>
<td>6:30p</td>
<td>Winchell</td>
<td>Arl. Res. $219 Arl. Sr. $199 Non-Res. $239</td>
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Car Maintenance Workshop
Class is designed for students who have limited to no knowledge of car maintenance. Students will learn how to perform simple maintenance on their car, such as changing the oil, topping off fluids and checking tire pressure. Students will also learn how to change a flat tire and what to do when the car overheats. This is a hands-on class.

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<tbody>
<tr>
<td>TI106</td>
<td>Tue</td>
<td>6:30p</td>
<td>Winchell</td>
<td>Arl. Res. $119 Arl. Sr. $119 Non-Res. $119</td>
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Trades & Industry

Introduction to Architectural Drawing using Google Sketchup
Learn the basics to architectural design in Google Sketchup (a free software developed by Google). Our class project will be to design a one-story house, which will include interior and exterior doors, windows, exterior and interior walls, floors, roof and structural foundation. The 3D capability in Google Sketchup will give you a realistic view of your final design.

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<th>Course</th>
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<tbody>
<tr>
<td>TI230</td>
<td>Wed</td>
<td>7p</td>
<td>Park</td>
<td>Arl. Res. $89 Arl. Sr. $79 Non-Res. $89</td>
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Introduction to Woodworking & Cabinetmaking
Course begins with a six-week orientation focusing on wood types and uses, wood joinery, cabinet design, and proper, safe use of tools and equipment. For the remaining classes, students have full use of modern woodworking equipment, tools, and shop to construct individual furnishings. Student supplies lumber and materials for personal projects. Some storage is available. Course is taught in the Wood Shop.

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<tr>
<th>Course</th>
<th>Days</th>
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<th>Location</th>
<th>Tuition</th>
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<tbody>
<tr>
<td>TI302</td>
<td>Tue</td>
<td>7p</td>
<td>Redda</td>
<td>Arl. Res. $219 Arl. Sr. $199 Non-Res. $259</td>
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</table>

Advanced Woodworking and Cabinetmaking
Prerequisite: Prior participation in Introduction to Woodworking and Cabinetmaking (TI-302) is mandatory. This course allows students continued use of the fully equipped shop to construct items of personal interest and improve their woodworking skills. Emphasis is on advanced techniques such as veneering, millwork, lathe turning, and joinery. Student supplies lumber and materials for personal projects. Some storage is available.

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<th>Course</th>
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<tr>
<td>TI303</td>
<td>Thu</td>
<td>7p</td>
<td>Redda</td>
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Furniture Repair and Refinishing
Hands-on course. Each student works on one or more projects of their own choosing. Learn to recognize different qualities of furniture. For each project, learn how to identify what needs to be done, create a plan, select the right materials, and then, working together, either restore, conserve, or refinish the piece. Course includes basic furniture repairs, fixing damaged finish, coloring for authenticity, and reapplying finish. Bring one or more projects to the first class! Students will work on multiple projects. As materials vary for each project, instructor will provide supply lists at the first class.

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<th>Course</th>
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<tr>
<td>TI305</td>
<td>Wed</td>
<td>7p</td>
<td>Jackson</td>
<td>Arl. Res. $219 Arl. Sr. $199 Non-Res. $239</td>
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Plumbing
Study supply, drain, waste, and vent piping fabricated with copper, plastic, and iron/steel. Course covers the installation of new and remodeled systems as well as maintenance of existing systems. Class is taught in the Wood Shop. Text: Step by Step Guide Book for Home Plumbing.

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<tr>
<td>TI309</td>
<td>Mon</td>
<td>6:30p</td>
<td>Daly</td>
<td>Arl. Res. $119 Arl. Sr. $119 Non-Res. $119</td>
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Drywall
Learn how to hang, finish, and repair drywall. Proper tools, materials, and techniques will be stressed. Course is taught at SEEC. Text: Step by Step Room Finishing.

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<th>Tuition</th>
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<tr>
<td>TI310</td>
<td>Mon</td>
<td>6:30p</td>
<td>Daly</td>
<td>Arl. Res. $219 Arl. Sr. $199 Non-Res. $239</td>
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Ceramic Tile
Learn the basics of proper tool usage, material selection and layout techniques in order to produce quality floor, wall and countertop jobs using ceramic tile. Text: Hometime: How to Ceramic Tile ISBN 1890257052.

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<tr>
<td>TI316</td>
<td>Wed</td>
<td>6:30p</td>
<td>Daly</td>
<td>Arl. Res. $219 Arl. Sr. $199 Non-Res. $239</td>
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Electrical Wiring for the Homeowner
Course will cover tools, materials, and techniques necessary for the homeowner to maintain, repair, and/or modify the existing electrical service in a typical residential electrical installation. Practical hands-on application of electrical theory and NEC requirements will be utilized. Class is taught in the Wood Shop. Text: Step by Step Home Wiring.

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<td>TI322</td>
<td>Thu</td>
<td>6:30p</td>
<td>Daly</td>
<td>Arl. Res. $219 Arl. Sr. $199 Non-Res. $259</td>
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</table>

Hardwood Flooring - Installation and Maintenance
Learn how to install your own hardwood flooring. You can do this! Installing your own hardwood flooring can be done once you understand the tools, materials and techniques involved. Learn from an experienced installer the "tricks to the trade" and gain the confidence to do the job. Through instructional demonstrations and hands-on exercises, a partial hardwood floor will be assembled. Other topics covered in the class will include, sanding, staining and maintenance.

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<tr>
<td>TI332</td>
<td>Wed</td>
<td>7p</td>
<td>Jackson</td>
<td>Arl. Res. $219 Arl. Sr. $199 Non-Res. $239</td>
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Understanding Your Home: How to Spot, Correct & Avoid Defects & Keep Everything Running
Anyone who wants to buy or sell a home can benefit from this class. Dozens of money-saving tips on how to identify structural, mechanical, and cosmetic defects in both older and new homes will be presented. The course will provide a basic understanding of how everything in your house works, when to repair or replace and how to go about finding reliable services. Students will also review construction materials, trade practices and environmental issues, including indoor air pollutants such as mold, radon and allergens.

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<tr>
<td>TI333</td>
<td>Wed</td>
<td>7p</td>
<td>Jackson</td>
<td>Arl. Res. $219 Arl. Sr. $199 Non-Res. $239</td>
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Designing Your Home Landscape
Learn everything you need to know about designing and maintaining a residential landscape. Taught by a professional landscaper, students will learn important aspects of landscape design, such as: sun vs shade, tree location, water drainage and erosion, lawn, esthetics and security. We will also discuss patios, walkways and ground cover. Photo analysis and critique of your yard will be available.

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<td>TI334</td>
<td>Wed</td>
<td>7p</td>
<td>Sullivan</td>
<td>Arl. Res. $89 Arl. Sr. $79 Non-Res. $89</td>
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Design Your Own Outdoor Patio
Do you need a place for dining al fresco or relaxing around a fire pit with friends? Join us to design your own patio! We will lay out your space, pick your materials, and consider the details that make it personal to you.

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<tr>
<td>TI364</td>
<td>Wed</td>
<td>7p</td>
<td>Robinson</td>
<td>Arl. Res. $119 Arl. Sr. $109 Non-Res. $119</td>
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SAT Test Prep
SAT Prep - Language Arts
Learn the tools and techniques to reach the highest available score on the SAT test. Learn to visualize perspectives and concepts which may differ from your own. Course includes data analysis, geometry and basic trigonometry.

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<td>TP01A</td>
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<td>Arl. Res. $119 Arl. Sr. $119 Non-Res. $119</td>
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SAT - Prep - Math
Learn the tools and techniques to reach the highest available score on the SAT test. Learn to visualize perspectives and concepts which may differ from your own. Course includes data analysis, geometry and basic trigonometry.

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<tr>
<td>TP01B</td>
<td>Wed</td>
<td>7p</td>
<td>El-Hakim</td>
<td>Arl. Res. $119 Arl. Sr. $119 Non-Res. $119</td>
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Check us out online at www.apsva.us/acl or call us at (703) 228-7200
GED® (High School Equivalency Certificate)

The General Educational Development (GED) Program is designed for persons who were once enrolled in school, but who, for various reasons, did not complete the requirements for high school graduation.

English GED Preparation Options

Classes help develop or refresh the skills necessary for successful completion of the GED test. Students are encouraged to take the GED test when their progress indicates their readiness.

GED Preparation Classes Level 4

Monday, Wednesday and Friday. A combination of traditional teacher led classes and individualized instruction is included. Course will cover all four subjects of the GED test.

14-week Mornings 9am - 11:30am  Cost $129
GE-015A  Syphax Ctr.  108  1/6 - 4/17  Joseph  Mon./Wed./Fri.

15-week Evenings 6:00pm - 8:30pm  Cost $109
GE-015B  Syphax Ctr.  108  1/6 - 4/22  Van Buren  Mon./Wed.

GED Preparation Class Math Only

Prerequisite: Must have passed all subjects of the GED test, except math.

12-week program meeting Mondays and Wednesdays 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on the math skills needed for the GED test.

Cost: $89
GE-018  Wakefield  C-115 (Computer Lab)  1/6 - 4/15  Joseph  Mon./Wed.

GED Preparation Class Level 3

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills.

Cost: $89
GE-014  Wakefield  A-331  1/7 - 4/23  Gonzalez  Tue./Thu.

GED Preparation Class Level 2

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills.

Cost: $89
GE-013  Wakefield  A-335  1/7 - 4/23  Brundidge  Tue./Thu.

Basic Math Class

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on basic Math skills.

Cost: $89
GE-012  Wakefield  A-339  1/7 - 4/23  Jones  Tue./Thu.

Skill Builder Class

14-week program meeting Saturday mornings from 10:00 a.m. to 12:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on Language Arts and basic Math skills.

Cost: $69
GE-023  Syphax Ctr.  108  1/11 - 4/18  Johnson  Sat.

GED en Español - Curso Preparatorio y de Repaso

Se ofrecen clases de repaso de las materias abajo indicadas, las que ayudarán a desarrollar la preparación necesaria para pasar el examen del GED, y obtener el Certificado de Equivalencia de Educación Secundaria otorgado por el Estado de Virginia.

Requisitos:
Haber completado la mayoría de los estudios secundarios o demostrar el conocimiento básico de lectura, escritura y matemáticas.

Materias de Estudio:
Matemáticas (aritmética, algebra, geometría), lectura y redacción y estudios sociales.

Lugares y Horario:
Kenmore Middle School
200 S. Carlin Springs Road Arlington, Va. 22204
Salas #290, Lunes y miércoles de 7:00 p.m. a 9:00 p.m. Las clases empiezan el 13 de enero y terminan el 20 de abril (12 semanas, no hay clases cuando hay un feriado). Matrícula: $129  Codigo: GE-003  Sparks/Downs

The 2014 version of the GED® test is given on the computer. To receive their GED® test credential, test-takers need to reach a score of 145 on each subject.

GED Graduation Date
Friday, June 12, 2020 - 7:00pm
Washington-Liberty H.S.
English Classes for Adult Learners (ESL)

INTENSIVE ENGLISH CLASSES

Beginning, intermediate, and advanced levels of intensive English instruction, taught by trained and experienced ESL professionals, are offered in 12-week sessions at the following locations:

**Syphax Education Center**
2110 Washington Blvd., Room 106
Classes begin in January, April, July, and September:
- Monday-Friday 9:00 a.m.-12:00 p.m.
- Monday-Thursday 6:45 p.m.-9:00 p.m.
- $285.00 morning/$200 evening for Arlington residents and employees. Scholarships are available.**

**Arlington Mill Community Center**
909 South Dinwiddie Street, Room 403
Classes begin in February, May, August, and November:
- Monday-Thursday 4:15 p.m. - 6:30 p.m.
- Monday-Thursday 6:45 p.m. - 9:00 p.m.
- $200.00 for Arlington residents and employees. Scholarships are available.**

Note: Some classes will be held at Wakefield H.S.

CONVERSATION CLASSES

Taught by trained and experienced ESL professionals, the REEP Conversation Class aims to improve students' fluency and confidence in spoken English. 11-week course.

**Syphax Education Center**
January 14 - March 26
Tues and Thurs, 1:00pm - 3:00pm
* $125 for Arlington residents and employees.

PLACEMENT EXAM DATES

Syphax Education Center: December 2, 9 & 16 (9am or 6pm)
Arlington Mill Community Center: January 27, February 3 and February 10 (5pm)

A placement exam is required for intensive, conversation and TOEFL classes. The exam is free. You will receive your English level, tuition information and registration instructions at testing.

Fees

Tuition is higher for students who do not live or work in Arlington, is subject to change, and includes a $35.00 non-refundable testing and registration fee.***

Some scholarships for intensive classes are available to Arlington residents through a lottery for qualified applicants. Scholarship recipients pay $35.

Payment by money order or credit card. No checks or cash.

Registration must be in person. No telephone or mail-in registrations can be accepted for these programs.

Volunteers Needed

See https://www.apsva.us/reep/volunteering for position descriptions and contact information.
REGISTRATION: Please register early to avoid disappointment. Tuition may be paid by check (returned checks are subject to a fee), money order, or credit card. We accept Visa, MasterCard and Discover Card. Make checks payable to: Arlington Public Schools. Registration is complete once payment is received. Cash payments are not accepted. You will not receive confirmation, unless you register online, in which you will receive an email confirmation. You must register before attending class. Instructor may not receive payment.

All Arlington resident Adult Education students 62 years or older receive a discount on tuition.

REFUND POLICY: You will receive a full refund if class is canceled by Adult Education. Refund requests received before the first class are subject to a 10% service charge (minimum $10.00). Refund/transfers before the second class (of a multiple session course) are subject to a 10% service charge, plus a prorated fee for each class held before receipt of request whether or not the participant attended. No refund/transfers after second class. No refund for single night attended. No refund/transfers after request whether or not the participant attended. Tuition may be paid by check (returned checks are subject to a 10% service charge, plus a prorated fee), money order, or credit card. We accept Visa, MasterCard and Discover Card. Make checks payable to: Arlington Public Schools. Registration is complete once payment is received. Cash payments are not accepted. You will not receive confirmation, unless you register online, in which you will receive an email confirmation. You must register before attending class. Instructor may not receive payment.

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WEATHER RELATED CLOSINGS: Adult Education classes are canceled whenever Arlington Public Schools close for inclement weather. Closings are announced on the Arlington Public Schools’ website at www.apsva.us and local radio and TV stations. You can also call the weather hotline at 866-322-4277. When an announcement is made that there is a morning school delay (not closing), all Arlington Adult Education classes will take place as regularly scheduled. If class is canceled, classes that meet once are rescheduled for the next week, when possible. Classes that meet more than once will meet at the next scheduled session and students will receive makeup information in class.

TEXTBOOKS: Students are responsible for purchasing their own textbooks for class. Most books may be on Amazon or other online retailers. The Arlington Community Learning Program does not sell books.

ATTENTION: Arlington Public Schools prohibits discrimination on the basis of race, religion, gender, sexual orientation, national origin, age, disability, pregnancy or marital status. This policy provides equal access to courses and programs, counseling services, physical education and athletics, vocational education, instructional materials and extra-curricular activities. Report violations of this policy to the Assistant Superintendent for Administrative Services, 703-228-6008, or the Assistant Superintendent for Personnel, 703-228-6110.

OFFICE HOURS: Monday through Friday: 9:00 a.m. - 5:00 p.m.

HOLIDAYS AND CLOSINGS: No classes will be held on:

Jan. 1 - New Year Day
Jan. 20 - Martin Luther King Day
Feb. 17 - President’s Day

Arlington Community Newsletter
Be the first to know when our new catalog is coming out, when the new semester begins, when new classes are added, community concerts, special events and discounts. Sign up by scanning here or add this url into your browser: https://eepurl.com/daGLkv

REGISTRATION Card
Arlington Adult Education Program
www.apsva.us/adulted

Tuition Paid
Charge
Check
Internal Use:

Visa
MasterCard
Discover

Things You Should Know

Parking at Syphax Education Center
Parking at the Syphax Education Center is located in the parking garage, adjacent to the building. There is also street metered parking which is discounted during that day and free after 6pm, also free on the weekends. For evening classes, exit the parking garage on the lower level. Bicycle racks are available. Staff and student parking located at B1 and B2.

*** The Arlington Community Learning provides partial scholarships to Arlington residents who qualify, call for more information. ***
Introducing the Youth Enrichment Program (Y.E.P.)

Art Classes  Math Strengthening
Knitting      Robotics
Computer Coding  Foreign Languages
Guitar       Cooking
Mosaics     Beekeeping

Check out our PeachJar flyers or visit our website for more information - www.apsva.us/yep

Arlington Community Learning
...where learning never ends!

Register online at www.apsva.us/adulted  Tel: 703-228-7200

Sign up for our e-Newsletter and be the first to know about upcoming catalogs, new classes, discounts, concerts & more!