



Arlington Public Schools  
Department of Student Services \* Office of Special Education  
**PARENT RESOURCE CENTER (PRC)**  
[www.apsva.us/prc](http://www.apsva.us/prc)  
703.228.2135



## ADHD/ADD Resources

Arlington Public Schools (APS) ADHD Services: <https://www.apsva.us/student-services/adhd-services/>

### Fact Sheets:

[www.chadd.org](http://www.chadd.org)  
[www.help4adhd.org](http://www.help4adhd.org)

### Websites:

- ADDitude Magazine: <http://www.additudemag.com>
- All Kinds of Minds: Understanding Differences in Learning: <http://www.allkindsofminds.org>
- American Academy of Child and Adolescent Psychiatry ADHD Resource Center: [https://www.aacap.org/aacap/Families\\_and\\_Youth/Resource\\_Centers/ADHD\\_Resource\\_Center/Home.aspx](https://www.aacap.org/aacap/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx)
- Children and Adults with Attention Deficit Disorder: [www.chadd.org](http://www.chadd.org)
- Identifying and Treating Attention Deficit Hyperactivity Disorder: A Resource for School and Home: <http://http://www2.ed.gov/rschstat/research/pubs/adhd/adhd-identifying-2008.pdf>
- LD Online: [www.ldonline.org](http://www.ldonline.org)
- National Resource Center for AD/HD: <http://www.help4adhd.org/>
- Understood: [www.understood.org](http://www.understood.org)

**PRC Library Materials:** <https://www.apsva.us/special-education/parent-resource-center/prc-library/>

*(Select "Access Our Collection", and then, on next page, select "Professional and Parent Resources" to search out catalog.*

### Social Media Connections/Community Parent Supports:

Arlington ADHD Parent List Serv: Email - [arlingtonadhd-subscribe@yahoogroups.com](mailto:arlingtonadhd-subscribe@yahoogroups.com)  
Arlington Special Education PTA (SEPTA) [www.arlingtonsepta.org](http://www.arlingtonsepta.org)  
CHADD Facebook Page: <https://www.facebook.com/chadd.org>

### Films:

ADD & Loving It  
Father to Father: Expert Advice on ADHD  
Real Life ADHD: A Survival Guide for Children and Teens

### Parent Education Opportunities:

To keep up to date with PRC events, please visit us at: [www.apsva.us/prc-events](http://www.apsva.us/prc-events)

If your child does NOT have an IEP but you'd like to receive notices from the PRC, please email [Kathleen.donovan@apsva.us](mailto:Kathleen.donovan@apsva.us)