



Suicide Prevention and Awareness: What Parents and Caregivers Need to Know

Friday, September 30, 2022: Noon to 1pm

September is Suicide Prevention Month

Youth who are contemplating suicide frequently give warning signs of their distress. Parents, teachers, and friends are in a key position to pick up on these signs and get help. Learn more about signs and ways to help.



**PAULETTE
RIGALI**

School
Psychologist



**MARGARITA
ZWISLER**

School Social
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