

OUTDOOR LAB SUGGESTED STUDENT EQUIPMENT LIST FOR OVERNIGHTS

WEAR to the Lab: DRESS IN LAYERS!

- ♣ Sneakers or Comfortable Walking Shoes (Boots in the Winter)
- ♣ Socks
- ♣ Long Pants
- ♣ Comfortable Shirt (may well get dirty)
- ♣ Jacket appropriate to the season
- ♣ Hat, Gloves, and Boots (warmer attire for cold weather)

DON'T FORGET A BAG LUNCH FOR THE FIRST DAY!

BRING:

- ♣ Sleeping Bag (a thin camping pad is provided)
- ♣ Flashlight with new batteries
- ♣ Water Bottle
- ♣ Extra Long-sleeved Shirt
- ♣ Extra Pair of Pants
- ♣ Extra Change of Underclothes
- ♣ Extra Pair of Comfortable Shoes (for hiking)
- ♣ Extra Pair or two of Socks
- ♣ Night Clothing
- ♣ Personal Items (toothbrush, toothpaste, hairbrush, etc.)

OPTIONAL:

- ♣ Small Pillow
- ♣ Small Hand Towel
- ♣ Sun Hat
- ♣ Rain Gear (NO Umbrellas!)

DO NOT BRING:

- ♣ Money (There is nothing to buy!)
- ♣ Food, **except for bag lunch for the first day**; three meals (dinner/breakfast/lunch) and snacks are provided
- ♣ **Electronics:** Cell phones, Nintendo DS players, iPods, iPads, etc.
- ♣ Any items of value

PACKING TIPS!!

- ♣ For this type of trip, duffel bags work much better than suitcases. Students must carry all their own gear! Pack only what you need!
- ♣ It is a good idea to label each piece of clothing with the student's name and to bring a plastic grocery bag or large Ziploc bags for storing wet items