

Dear Caregiver,

You will be participating in a fun program called Families for Safe Dates that will help you discuss dating with your teen.

Families for Safe Dates is a program to prevent teen dating abuse. This program includes six short, easy-to-do booklets that are sent to your home. Each booklet contains useful information and fun conversation-starting activities for caregivers and teens to do together. Through these activities, you and your teen will gradually build a discussion about safe dating.

With this letter you will find the first two booklets in the program: “Getting Started” and booklet 1: “Talking about Dating.” “Getting Started” (for caregivers only) is an introduction to Families for Safe Dates and includes ideas and suggestions for completing this program with your teen. Booklet 1 is the first booklet that you will complete with your teen.

In two weeks you will receive a telephone call from a health educator. This person will discuss booklet 1 with you and answer any questions you may have about the booklet or Families for Safe Dates in general. After this, your health educator will send you the next booklet in the program. The same process will be repeated for each booklet in Families for Safe Dates. If you have questions, please contact your health educator, _____, at _____.

Welcome to Families for Safe Dates!