

Emotional RTL Instructional Strategies

SYMPTOMS		INSTRUCTIONAL STRATEGIES
Sad, Angry Frustrated Emotional	Emotional	Encourage the student to seek help when needed. Communicate with student that help is available from the school nurse, guidance counselor, school psychologist, etc.
		Set reasonable expectations. (Short attainable goals and Long term goals) SMART Goals (Specific, Manageable, Attainable, Realistic, Tangible).
		Involve the family in the development of a progression plan.
Peer Relationship difficulties		Encourage other student to be a support system for the injured student. More importantly, if the student is involved in after school activities; encourage teammates and friends to help with the situation.