

Family Life Education Scope & Sequence Units

Below are the main units of Family Life Education curriculum. It is important to note that not all units have standards of learning in each grade level.

1. Mental Health

These standards of learning include and not limited to the following:

- development positive self-concepts and respect for others
- formation and maintenance of strong relationships with family and community
- development of self-esteem, self-confidence, and responsibility
- decision-making
- effects of behavior on others and their behavior on self
- impact of media and external factors on mental health and personality
- identify appropriate ways of dealing with feelings (good & bad) and emotions
- coping with stress and peer pressure
- decision to use alcohol and drugs
- identify healthcare and safety agencies

2. Family Living and Relationships

These standards of learning include and not limited to the following:

- families come in many forms
- roles and relationships within the family and how they change over time
- friendships, dating and peer relationships
- appropriate expressions of affection to include good (positive/healthy) and bad (negative/unhealthy) touches
- effects of alcohol, and drug use and abuse on family and peer relationships
- impact of substance abuse on family and others
- child abuse and neglect (emotional and sexual abuse)

- identify healthcare and safety agencies

3. Dating Violence

These standards of learning include and not limited to the following:

- abusive and inappropriate dating relationships
- effects and prevention of sexual assault, rape, incestuous behavior and human trafficking and molestation
- strengthening confidence and assertive skills to saying “no”

4. Human Trafficking

These standards of learning include and not limited to the following:

- use of electronics and internet to exploit young people
- reporting human trafficking
- laws protecting children from human trafficking

5. Human Sexuality

These standards of learning include and not limited to the following:

- media’s messages on sexuality and gender stereotyping
- development of sexuality

6. Human Reproduction

These standards of learning include and not limited to the following:

- identify human reproductive organs and functions
- human fertilization and prenatal development
- biological process of reproduction and birthing process
- physical and emotional changes occurring in puberty
- issues related to teenage pregnancy
- effects of substance use and abuse on stages of development
- specific health issues and disease prevention through self-examinations
- birthing options
- pregnancy prevention and disease control

7. Postponing Sexual Activity

These standards of learning include and not limited to the following:

- benefits of postponing sexual activity
- pregnancy prevention and disease control

8. Sexually Transmitted Infections

These standards of learning include and not limited to the following:

- facts on sexually transmitted infections (STI)
- etiology, effects, transmission, and transmission of STI and HIV

9. Adoption

These standards of learning include and not limited to the following:

- positive choice in the event of an unintended pregnancy

