Summer 2024 Catalog

Register online at www.apsva.us/acl



Message from the Superintendent

Dear Arlington Community,

Lifelong learning is something we believe in... even during the summer. Learning never ends, and for this reason I am pleased to present this 2024 summer course catalog where you will find a wide variety of classes. We have shortened many of our in-person classes to accommodate busy summer schedules. Our virtual and self-paced online classes continue to be a welcomed alternative for those who cannot attend classes in person.

Additionally, we continue to offer a number of summer camps and classes for children. Some sessions include math strengthening for elementary school students, SAT Prep for high school students and many other engaging classes in between.

As another successful academic school year comes to a close, allow me to express my gratitude to the entire APS family and for all you do for our students of all ages. I also wish to thank our community for your continued support. Thank you!

I'm wishing everyone a happy summer!

Sincerely,

Dr. Francisco Durán, Superintendent Arlington Public Schools

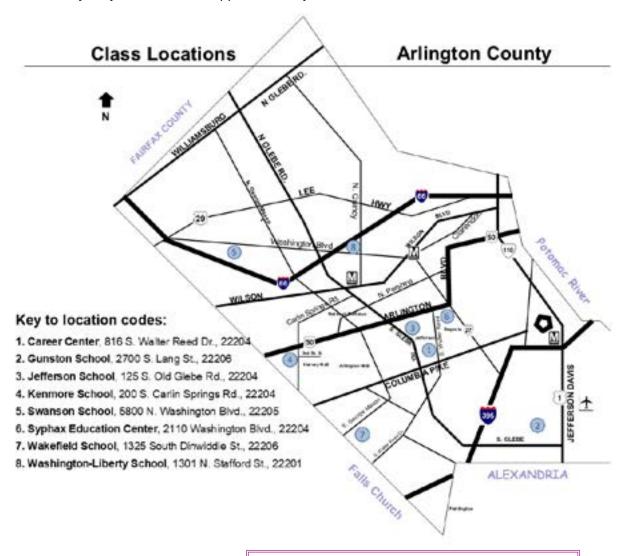
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Complete Course Index found online

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INTERPRETING COURSE INFORMATION (SAMPLE)

Resident, Non-Resident,

McElvany 5

Course description

Painting Beginning through advanced oil and according to the second seco

Course Location Room Starting Day(s) Starting number code number date Course held time

Arl. Sr. \$98 Non-Res. \$197

T 1:00p

supplies (approx. \$54).

FA301 Glebe 11 6/7

Course name

Arl. Res. \$149

Choose the right foreign language class for you!

Just a Brief Introduction

No prior experience necessary. This class is designed to give students an introduction to the language. Students will learn common phrases, introductions, basic vocabulary and cultural aspects of the language.

Beginning - Level 1 Review

Prerequisite: Beginners 1 or equivalent knowledge. This course will review the information covered in our Beginning Level 1 class, which includes basic elements of grammar, vocabulary, oral skills, listening comprehension, and small amount of reading and writing.

Beginning - Level 2 Review

Prerequisite: Beginners 2 or equivalent knowledge. This class will review elements of grammar, building vocabulary, pronunciation, listening comprehension, and reading and writing covered in our Beginning Level 2 class.

Beginning - Level 3 Review

Prerequisite: Beginners 3 or equivalent knowledge. This class will review the grammar and vocabulary covered in our Beginning Level 3 class. Class focus on further developing conversation skills through oral and written exercises on a variety of topics.

Intermediate - Review

Prerequisite: Intermediate Levels or equivalent knowledge. This class will review the expanded vocabulary and grammar skills covered in our Intermediate level classes. More emphasis will be placed on conversation skills through oral and written exercises.

Conversation

Designed for fluent speakers. Emphasis will be on oral and reading skills. Translation, some writing, conversation, and vocabulary will be covered. Class will be conducted in the foreign language.

Foreign Languages

Foreign languages are for students 18 years or older, unless otherwise indicated.

See page 11 for information on purchasing your textbook.

French - Just a Brief Introduction

Required text: Practice Makes Perfect: Basic French, ISBN 13-978-1259836398.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

 FLFR60A
 Online
 07/10
 Wed
 6:30p
 Mattioli
 4 - 2 hr

 FLFR60B
 W-L
 2012
 07/11
 Thu
 6:30p
 Baader
 4 - 2 hr

French - Beginners 1 Review

Required text: Practice Makes Perfect: Basic French, ISBN 13-978-1259836398.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

 FLFR61A
 W-L
 1011
 07/10
 Wed
 6:30p
 Chase
 4 - 2 hr

 FLFR61B
 Online
 07/30
 Tue
 6:30p
 Mattioli
 4 - 2 hr

French - Beginners 2 Review

Required text: Practice Makes Perfect: Basic French, ISBN 13-978-1259836398.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLFR62 W-L 1011 07/09 Tue 6:30p Chase 4 - 2 hr

French - Beginners 3 Review

Required text: Practice Makes Perfect: Complete French All-in-One ISBN-13: 978-1260121032.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLFR63 Online 07/24 Wed 7p O'Neil 4 - 2 hr

French - Intermediate Conversation

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLFR85 Online 07/09 Tue 7p Stuart 4 - 2 hr

French - Advanced Conversation

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139 FLFR19 Online 07/09 Tue 10a Stuart 4 - 2 hr

French for Travelers

Prerequisite: Some high school or college familiarity with French. Learn to interact more easily with restaurant servers, hotel front desks, taxi and Uber drivers, store salespeople, and even everyday Parisians! Practice a variety of travel situations and learn some valuable tips on what has changed since the pandemic in public transport and services. Tips will also include neighborhood gems like gourmet grocery stores and places to buy original souvenirs as well as fun events and activities that most travelers miss (small concerts in churches, street fairs and markets, etc.) Learn to use French laundromats, so you can pack light.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLFR245 Online 08/01 Thu 6:30p Mattioli 4 - 2 hr

French Pronunciation Workshop

Proper pronunciation is critical when speaking a language, and many find French pronunciation particularly challenging. No matter your native language, it is possible to reduce one's foreign accent when speaking French. The instructor will offer exercises that isolate the various challenging points of French pronunciation. The revamped curriculum is designed to afford better retention through pronunciation drills of words then phrases then eventually full sentences. Prerequisite: French Beginning 2).

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139 FLFR31 Online 07/20 Sat 10a Mattioli 4 - 2 hr

German - A Brief Introduction

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

 FLGM60A
 Syphax
 171
 07/15
 Mon
 1p
 Graham
 4 - 2 hr

 FLGM60B
 W-L
 2023
 07/17
 Wed
 7p
 Graham
 4 - 2 hr

German - Beginning 1 Review

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLGM61 Online 07/16 Tue 6:30p Graham 4 - 2 hr

German - Beginning 3/4 Combo

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLGM90 W-L 2016 07/18 Thu 6:30p Graham 4 - 2 hr

Italian - Conversation Intermediate

Designed for fluent speakers. Emphasis will be on oral and reading skills. Translation, some writing, conversation, and vocabulary will be covered. Class will be conducted in the foreign language.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLIT17 Online 07/09 Tue 10:30a Sibilla 4 - 2 hr

Italian - Just a Brief Introduction

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLIT60 Syphax 126 08/08 Thu 6:30p Piazzi 4 - 2 hr

Italian - Beginning 1 Review

Required text: - New Italian Espresso (textbook): 978-88-6182-737-0 (Beginner/ pre-intermediate). New Italian Espresso (workbook): 978-88-6182-728-8 (Beginner/ pre-intermediate)

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLIT61A Online 07/09 Tue 6p Sibilla 4 - 2 hr

FLIT61B Online 07/11 Thu 10:30a Sibilla 4 - 2 hr

Italian - Beginning 3 Review

Required text: - New Italian Espresso (textbook): 978-88-6182-737-0 (Beginner/ pre-intermediate). New Italian Espresso (workbook): 978-88-6182-728-8 (Beginner/ pre-intermediate)

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLIT63 Syphax 117 07/18 Thu 10a Bucelli 4 - 2 hr

Japanese - Just a Brief Introduction

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLJP60 Online 08/08 Thu 7p Swanson 4 - 2 hr

Japanese - Beginning 1 Review

Text: Genki Textbook 1, 3rd Edition ISBN 978-4789017305 and Genki Workbook 1, 3rd Edition ISBN 978-4789017312.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLJP61 Online 07/11 Thu 7p Swanson 4 - 2 hr

Japanese - High Intermediate Review

Text: Genki Textbook 2, 3rd Edition ISBN 978-4789017329 and Genki Workbook 1, 3rd Edition ISBN 978-4789017336.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109

FLJP80 Online 07/30 Tue 7p Endo 3 - 2 hr

Korean - Just a Brief Introduction

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLKR60 Syphax 07/18 Thu 10:30a Hwang 4 - 2 hr

Korean - Beginning Review

Text: I Love Korean ISBN: 10-8952128745 and workbook, I Love Korean ISBN:10-8952128753.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109

FLKR62 W-L 2209 07/22 Mon 6:30p Ji 3 - 2 hr

Russian - Intermediate 1 Review

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLUR71 Syphax 07/18 Thu 7p Scheuchenzuber 4 - 2 hr

Spanish - Just a Brief Introduction

Text: Dicho y Hecho & workbook, 7th Edition. ISBN-10: 0471268860

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLSP60 Syphax 126 07/10 Wed 6:30p Contreras 4 - 2 hr

Spanish - Beginning 1 Review

Text: Dicho y Hecho & workbook, 7th Edition. ISBN-10: 0471268860

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

 FLSP61B
 Syphax
 126
 07/11
 Thu
 6:30p
 Sarmiento
 4 - 2 hr

 FLSP61A
 Syphax
 126
 07/12
 Fri
 10:30a
 Sarmiento
 4 - 2 hr

Spanish - Beginning 2 Review

Text: Dicho y Hecho & workbook, 7th Edition. ISBN-10: 0471268860

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLSP62 W-L 2213 07/09 Tue 7p Contreras 4 - 2 hr

Spanish - Beginning 3 Review

Text: Dicho y Hecho & workbook, 7th Edition. ISBN-10: 0471268860

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLSP63 W-L 2020 07/16 Tue 7p Castellanos 4 - 2 hr

Spanish - Beginning 4 Review

Text: Dicho y Hecho & workbook, 7th Edition. ISBN-10: 0471268860

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLSP64 Syphax 117 07/12 Fri 10:30a Contreras 4 - 2 hr

Spanish - Intermediate Review

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLSP71 Syphax 171 07/18 Thu 6:30p Castellanos 4 - 2 hr

Spanish - Daytime Advanced /Conversation

Designed for fluent speakers of Spanish. Emphasis will be placed on oral and reading skills. Translation, some writing, conversation, and vocabulary will be covered. Class will be conducted in Spanish

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLSP90 Syphax 126 07/18 Thu 1p Bucelli 4 - 2 hr

Turkish - Just a Brief Introduction

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLTK60 Online 07/18 Thu 6:30p Kalis 4 - 2 hr

Turkish - Intermediate1 Review

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLTK71 Syphax 126 07/16 Tue 6p Kalis 4 - 2 hr

Ukrainian - Just a Brief Introduction

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FLUR60 Syphax 150 07/16 Tue 7p Scheuchenzuber 4-2 hr

Computer Classes

Organizing Your Computer Files & Folders

Learn the basic skills for organizing photos, files and music on your computer and how to use Windows to create folders, display the date and time a file was last saved and sort by name or date. Also learn how to move files around on your computer, delete files, and create shortcuts on your desktop. Naming and searching for files will also be covered. Ages 18+

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

BE209 Syphax 115 07/01 Mon 10a Matos 2 - 1.5 hr

How to Use My Mac

Are you new to Mac Computers? Have you been using them for a while but not really sure you know what you're doing? Gain a foundational understanding on how to use your Mac. Learn how to create folders, organize and transfer files, prioritize which programs you use and delete things you don't need. Finally, learn techniques that will make your overall computer experience more enjoyable. Ages 18+

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

 BE221A
 Syphax
 115
 07/10
 Wed
 1p
 D'Errico
 2 - 2 hr

 BE221B
 Syphax
 115
 08/20
 Tue
 6:30p
 D'Errico
 2 - 2 hr

Google Workspace: An Introduction

Explore the functionality and productivity features of Google Workspace. This course will introduce you to the suite of applications and tools, including Gmail, Google Docs, Google Sheets, Google Slides, and more. Learn how to collaborate effectively, streamline your work processes, and leverage the power of Google Workspace for personal and professional use. Ages 18+

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

BE247 Syphax 115 08/08 Thu 6:30p Matos 2 - 2 hr

Learning to use Gmail Email

Become competent in managing your Gmail inbox by learning how to clean out, organize, unsubscribe, and create rules to help you manage your emails. Students will be introduced and trained to use tools and online resources that can help you avoid spam emails, maintain inbox zero or just start your inbox over. Ideal for students with current minimal skills and an active email account.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

BE278 Syphax 115 08/13 Tue 6:30p D'Errico 1 - 2 hr

Create Multimedia Content with Canva

The class is designed for entrepreneurs and "want to be" influencers. Learn to effectively use Canva to create multimedia content for any business or organization. Learn key Canva systems (Generate QR Codes, Design Templates, and Video Production) and establish SEO terms that will help enhance marketing and communication workflows. At the end of class you will participate in an individual project that will include the design of a draft flyer, newsletter, and promotional materials.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

BE336 Online 07/11 Thu 6:30p Glover 2 - 2 hr

Cybersecurity - Starting Your New Career

Learn the ins and outs of the Cybersecurity industry. How to get started, what to study and what IT certificates to obtain. Discover what a Cybersecurity Specialist does on a day to day basis and what type of career opportunities exist. Lastly, learn how to navigate the "clearance" and "top clearance" process to work for the federal government or government contractors. We will also discuss employment opportunities, salary range and even review some technical skills. Ages 18+

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

BE339 Syphax 115 07/25 Thu 6:30p Wingo 1 - 2 hr

Microsoft Excel 2016 - Level 1

Become competent in Excel by doing lots of exercises and short lectures. Starting with navigation and entry tips, work up through formatting, formulas, functions and charts. Observe common traps and their solutions. Finish with portfolios of projects. Ideal for re-introduction or for students with current minimal skills. Prerequisite: Comfortable with Windows or Mac. Ages 18+ Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

 BE424A
 Syphax
 115
 07/01
 Mon
 1p
 Matos
 2 - 2 hr

 BE424B
 Syphax
 115
 07/02
 Tue
 6:30p
 Matos
 2 - 2 hr

Build Your Free Website Using Wix.com

Learn to use the many templates and options available through Wix.com to create your free website. Use it as a personal website, or for the family, or for business or non-profit use. The options are endless. No programming required. Ages 18+ Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

BE355 Syphax 115 07/17 Wed 10a Matos 1 - 2.5 hr

WordPress - Create Free Professional Looking Websites

WordPress is the most popular free open source Content Management System used by organizations, private businesses and individuals. Through demonstrations and hands-on instructions learn how to design professional looking full-blown websites with a user-friendly interface, blogging abilities and zero coding knowledge. Ages 18+

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

BE363 Syphax 115 07/23 Tue 7p Hamdad 4 - 2 hr

Google, MUCH More Than Search

In this highly interactive class, learn and do better all things that are Google such as Gmail, search tips, organize photos w/ Google photos, creating a personalized/shared calendar, make free phone calls w/ Google voice, print anything/anywhere with cloud print, download books, apps, music & more from the Google play store, utilize. Google Keep to take notes, Google Translate to over 50 languages & much more. Ages 18+ Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

BE366 Syphax 115 08/16 Fri 10a Matos 1 - 2 hr

American Sign Language

American Sign Language (ASL) Basics

Take advantage of these summer months to finally learn American Sign Language. During this class, students will learn the basics of finger spelling, conversational etiquette and gain an increased knowledge of the deaf community. Word recognition, vocabulary and comprehension skills will all be covered. Text: A Basic Course in American Sign Language, ISBN-10: 0932666426.

Ages 18+

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

 ASL100A
 Syphax
 150
 07/24
 Wed
 6:30p
 Thrash-Thomas
 4 - 2 hr

 ASL100B
 Online
 08/06
 Tue
 6:30p
 Zhai
 4 - 2 hr

American Sign Language Level 4

Prerequisite: American Sign Language Level 3 or equivalent. In this class we will continue on where we left off, improving on our conversational speed, accuracy and further building our vocabulary.

Ages 18+

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

ASL04 W-L 2002 07/18 Thu 6:30p Zambrano 4 - 2 hr

Communication & Writing

Jumpstart Your Book Idea!

Have you always wanted to write a book? Save yourself hours of research by enrolling in this 90 minute workshop. Whether your dream book is a novel, non-fiction, memoir, or a book for children, join novelist Lee Gjertsen Malone as she takes you through the basics of getting started. We'll cover topics such as how long a book should be, to whether or not you should plan everything out or just start writing, as well as tons of resources to help you embark on your journey to becoming an author. Don't miss it! Ages 18+

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

CE257 Syphax 126 07/11 Thu 7p Gjertsen 1 - 2 hr

Travel Writing 101 Workshop

You have stories to tell from your travels and you think they should be published in a newspaper, magazine, or your own blog, but where do you start? This class provides an overview of the travel-writing world from ideation to publication, including tips on how to get started, different types of stories, a brief look at how to write a travel feature story, potential markets, and successful pitching. Whether you seek to write about places near or far, this class will help you turn travel experiences into published stories. Ages 18+

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

CE227 Online 07/17 Wed 6:30p Kennedy 1 - 2 hr

Writing Children's Books - An Introduction

If you have always wanted to write a book for children of any age, here's an opportunity to learn more - whether you have a work in progress or just an idea. Join middle grade novelist Lee Gjertsen Malone as we explore the many important aspects of writing children's books, including voice, character development, plot, dialogue and more. Ages 18+

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

CE258 Syphax 150 07/18 Thu 7p Gjertsen 3 - 1.5 hr

Summer Writing Workshop

This summer is the perfect time to take your writing to the next level! Whether you are just starting your creative writing or have a work in progress, this course is for you. We'll focus on important elements of writing, learn from each other in a workshop setting, hear the advice of published novelists and get lots of practice with the elements of writing. Ages 18+ Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

CE560 Online 07/09 Tue 7p Stevens 4 - 2 hr

Improv 1: The Basics

Learn to improvise by playing games that will help you with memory, instinct, relationship building, confidence, and imagination. Yes, AND... you'll have tons of fun doing it by learning the basics of long-form improv! Ages 18+ Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

<u>CE245 Kenmore 190 07/24 Wed 6:30p Funes 4 - 2 hr</u>

Acting - The Basics

Discover the fun of being on stage and unleash your inner actor in this interactive class. Whether you're taking your first bow or looking to get back into the spotlight, this class offers a supportive environment to explore the fundamentals of acting, from expressive movement to authentic emotion. Through monologues, scene work, and observation, you'll develop dynamic characters, build your stage presence, boost your confidence, and expand your creative potential. Ages 18+ Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109

CE146 Kenmore Black Box 07/22 Mon 6:30p Lamberson 3 - 2 hr

Cooking Classes

Authentic Egg Pasta and Mushroom Dish

You are going to love this authentic Italian dish. Learn to prepare egg pasta with pappardelle mushrooms with lightly smoked ham. We will also prepare mushroom and burrata soufflé and a delicious mushroom salad with olive oil and parmesan cheese. Ages 18+

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

CN304 Syphax 113 07/25 Thu 6:30p De Bernardinis 1 - 3 hr

Scones, Quiche & Coffee

Learn how to make homemade quiche and scone varieties from start to finish. In between, home coffee brewing techniques such as the AreoPress, the Hario v60, and the chemex will be demonstrated. A coffee cupping with breakfast will be enjoyed at the end of class. Ages 18+

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

CN180 Syphax 113 07/31 Wed 6:30p D'Errico 1 - 2.5 hr

French Macarons

Impress your friends and family by bringing homemade macarons to your next event! In addition to proper piping techniques, students will learn how to make Italian meringue buttercream and chocolate ganache for the fillings. We will go over how to best represent flavor pairings for each cookie creation. Ages 18+

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

CN187 Syphax 113 08/07 Wed 6:30p D'Errico 1 - 2.5 hr

Knife Skills Workshop

Ever wonder how those chefs on TV chop so fast and uniformly? Want to learn how to correctly hold a knife and make simple specific cuts that recipes ask for? Bring one or two of your kitchen knives to class and your instructor will show you how! Learn how to properly chop, slice, dice, and chiffonade from an experienced chef and dietitian! You'll be dicing onions like a pro in no time. Ages 18+

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

CN256 Syphax 113 07/10 Wed 6p Reilly 1 - 2 hr

Approachable Korean Cooking

Learn to cook some delicious Korean dishes in the simplest way possible. You will prepare Doenjang guk or jijigae, a traditional Korean soybean paste soup, bulgogi which will be marinated beef as the main dish, and we will wrap up with japchae, a popular glass noodle side dish that is easier than it looks! You will enjoy these dishes and flavor so much, you will want to add them to your go-to recipes!

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

CN549 Syphax 113 07/22 Mon 6:30p 1 - 3 hr

Summer Pizza Workshop

Delicious homemade pizza is easier to make than you think, and it's so much tastier than takeout. Learn to make the perfect pizza dough from mixing and kneading right through rising and shaping. This hands-on class will include instruction on different pizza cooking techniques as well as sauces, cheeses and topping options that are perfect for summer.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

CN329 Syphax 113 08/01 The 6:30p De Bernardinis 1 - 3 hr

Four Roman Sauces for Cooking

When in Rome, do as the Romas do. The Roman cuisine tradition is one of the best known in the world. Come and discover the most famous pasta sauces from Rome, which are made with the combination of no more than four ingredients. Learn to prepare Cacio e Pepe (Cheese and Pepper), Carbonara, Gricia and Amatriciana sauce, without having to overstock your pantry. The recipes are easy, quick and the taste is amazing.

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

CN241 Syphax 113 08/13 Tue 6:30p Piazza 1 - 2 hr

Japanese Tea Ceremony

Come learn and experience some of the basics about Japanese tea ceremony. This workshop includes a short demonstration, some background, and a chance to whisk your own bowl of tea and enjoy sweets. No background knowledge is necessary, just a curiosity for Japanese tea ceremony. For those who would like to learn Japanese words along with the Ceremony, a Wordlist will be provided. Ages 18+

Arl. Res. \$39 Arl. Sr. \$5 Non-Res. \$5

CN523 Syphax 113 07/20 Sat 1p Swanson 1 - 1.5 hr

Chinese Take Out at Home

In this class students will learn how to make Chinese takeout classics. Recipes will include beef with broccoli, egg fried rice, and pork dumplings. Discussion of techniques and other recipe favorites for a unique home takeout experience. Ages 18+ Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

CN548 Syphax 113 08/08 Thu 6:30p D'Errico 1 - 2.5 hr

Cooking Fundamentals

Learn the terms and techniques that can make your cookbooks user-friendly or help you build the confidence to cook without books. A good class for beginners, but also for any cook interested in the "hows and whys" that make a good cook a better one. We include recipes and techniques on cooking meat and poultry, an introduction to sauces and more. Ages 18+ Arl. Res. \$159 Arl. Sr. \$149 Non-Res. \$169

CN570A Syphax 113 07/23 Tue 6:30p D'Errico 3 - 3 hr

Ceramics & Art

Pottery Wheel - Introduction to Clay Throwing

The magic begins when you place your clay in the center of the wheel. Students will learn the skills to create simple but beautiful pieces of art using a pottery wheel. Plates, bowls, cups and more will be demonstrated and taught as each student uses the wheel. Art will be fired in the kiln and glazes will be applied in class. Roll up your sleeves and let the creativity begin. Ages 18+

Arl. Res. \$259 Arl. Sr. \$249 Non-Res. \$269

 FA230A
 Wakefield
 Art Rm
 07/11
 Thu
 6:30p
 Lapin
 6 - 2.5 hr

 FA230B
 W-L
 Art Rm
 07/31
 Wed
 6:30p
 Molinari
 6 - 2.5 hr

Pottery Wheel - Introduction and Studio to Clay Throwing 2

Are you looking to move beyond basic pottery shapes? In this class, students will build on existing wheel skills to create simple but beautiful pieces of art using a pottery wheel. Bowls, mugs, jugs, and more will be demonstrated and taught as each student uses the wheel. Art will be fired in the kiln and glazes will be applied in class. Roll up your sleeves and let the creativity begin. Ages 18+

Arl. Res. \$259 Arl. Sr. \$249 Non-Res. \$269

FA231 W-L Art Rm 07/16 Tue 6:30p Kim 6 - 2.5 hr

Acrylic Painting For Beginners

There are many advantages painting with acrylics. It is easy to correct mistakes, has low odor and dries quickly. Learn to paint with this wonderful art medium. Class size limited to 8 students. Follow along with paintings as directed by the instructor, or feel free to paint from photos or better yet from your imagination. This class will allow you to work at your own pace. Check our website for the supply list. Ages 18+

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

FA241 W-L 1123 07/24 Wed 6:30p Oanes 4 - 2 hr

Acrylic Painting Studio

Keep developing your acrylic painting skills over the summer with this open studio class. Bring your ongoing work with you or start something new. In this encouraging environment and with the guidance of the instructor, you can practice techniques learn new skills and take for painting to the next level.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109

FA253A W-L 1123 07/11 Thu 6:30p Parada 3 - 2 hr

Classical Drawing

This class is for all levels of students who desire to draw what they see. Learn to use graphite, charcoal, and oil pastels to create drawings of still-lifes, photos and other props. You will also learn the techniques used by the Old Master to develop their artistic abilities. See website for supply list.

FA311 rl. Res. \$169 Arl. Sr. \$159 Non-Res. \$179

FA311 Syphax 117 07/15 Mon 6p Hamdad 6-2 hr Daytime Painting

Beginning through advanced, oil or pastels. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. You can work from still life set ups or from photographs. See website for supply list. Ages 18+

Arl. Res. \$149 Arl. Sr. \$139 Non-Res. \$159

 FA301A
 Nottingham
 Art TLR
 07/17
 Wed
 10a
 McElvany
 4 - 2.5 hr

 FA301B
 Nottingham
 Art TLR
 07/18
 Thu
 10a
 McElvany
 4 - 2.5 hr

Brush Ink Painting from China & Japan - for Beginners Level 1

Discover the creativity and artistic freedom of this unique art media. Brush Ink Painting, popular in China and Japan uses various shades of black and white to bring to life landscapes, still lifes, flowers, and other themes on rice paper. See website for supply list and samples of artwork.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

 FA361A
 Syphax
 117
 07/30
 Tue
 6:30p
 Weick
 4 - 2 hr

 FA361B
 Syphax
 113
 08/01
 Thu
 1p
 Weick
 4 - 2 hr

Watercolor for Beginners

Watercolor techniques will be taught in this step-by-step, handon approach class. These effective techniques for watercolor painting include, color mixing, brush handling, value control, washes, glazing and masking. You will discover and practice a new skill each week. See website for supply list. Ages 18+ Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

 FA426A
 Syphax
 113
 07/10
 Wed
 10a
 Dahlberg
 4 - 2 hr

 FA426B
 Syphax
 113
 07/10
 Wed
 6:30p
 Dahlberg
 4 - 2 hr

Open Watercolor Studio

This course is designed for those who wish to work independently, but are challenged by how to plan a painting from start to finish. Students will be taken through each step of a planning guide to enable independent work. Students may bring their own subjects or choose from a selection of photographs provided for classroom use. Emphasis will be placed on individual creativity together with supportive guidance on resolving problems in individual work. Experienced artists are welcomed.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139 <u>FA387 Syphax 117 08/07 Wed 10a Dahlberg 4 - 2 hr</u>

Mosaics for Beginners

Learn the art of mosaic in this beginner-friendly course! Explore basic techniques, tools, and materials while creating your own colorful mosaic project. Our experienced instructor will guide you through design, cutting, and assembling tiles to craft a stunning piece. No prior experience needed-just bring your creativity! Supply fees are included in the cost of the tuition. Kenmore Middle School, Tech. Ed. lab.

Arl. Res. \$149 Arl. Sr. \$139 Non-Res. \$159

FA423 Kenmore Tech Ed Lab 07/11 Thu 6:30p Vega 4 - 2.5 hr

Stained Glass for Beginners

Come learn about the world of stained glass and create a beautiful work of art using glass in a variety of ways. This is a beginner class, no experience or glass knowledge is necessary in order to be successful. During this class, students will learn safe glass handling and cutting techniques. Using the "Tiffany" foil-solder method, students will create a beginner panel with the tools and glass provided; this panel can be displayed on a window or back-lit to make the glass come to life! Ages 18+ Arl. Res. \$149 Arl. Sr. \$139 Non-Res. \$159

FA800A Kenmore Tech Ed Lab 08/06 Tue 6:30p Vega 4 - 2.5 hr FA800B Kenmore Tech Ed Lab 08/08 Thu 6:30p Vega 4 - 2.5 hr

General Interest

Genealogy - Introduction to Family History

Family history connects us to our ancestors and it's never been easier to find them. So many resources are now available at our fingertips. Come learn how to get started; how to search for records on FamilySearch, Ancestry and other resources; and how to evaluate and share what you find. Ages 16+

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

GI144 Syphax 115 07/11 Thu 6:30p Shepherd 2 - 2 hr

Genealogy Beyond the Basics: Proven Research Methods and Breakthrough Techniques

Move beyond the basics of genealogical research and apply proven methods to find answers faster and more efficiently. These are the same methods used by professionals to systematically break down "brick walls" and resolve convoluted problems in family history research. The emphasis of this course will be on research in the United States, but many of the principles are applicable to genealogical research in other countries. See online for full course description. Ages 16+ Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

GI143 Syphax 108 08/20 Tue 6:30p Shepherd 2 - 2 hr

Aging in Place: How to Live Independently at Home Longer

Mobility needs change as one ages, sometimes drastically and suddenly due to injuries or illness. Learn how Professional Interior Designers integrate specialized finishes, furnishings, and equipment into the home for safe, comfortable, and beautiful spaces that still look and feel like home and not clinical. Learn what specific details are the keys to successfully living in one's home for as long as possible such as: flooring selections, modified furniture, specialized hardware, architectural details in bathrooms and kitchens, stair modifications, color selections, lighting, and more. See full description online. Ages 18+ Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

GI147 Online 07/25 Thu 6:30p Tamburro 1 - 2.5 hr

Weight Loss: the Myths and the Science

Learn why dieting is one of the least effective ways for sustainable weight loss. Debunk the endless myths and learn the science of fat loss so that you may finally achieve your fitness goals. By the end of the course you will learn how to write your own effective workout program and develop a sustainable healthy lifestyle. Basic nutrition will be covered. Ages 18+

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

GI185 W-L 2013 08/12 Mon 6:30p Staff 1 - 2 hr

Muscle Gain: Why Your Muscles are not Growing

Find out why you are not packing in muscle mass. Most men and women plateau and then are stuck for years little to no growth. Current Science shows that aging has very little to do with it! Surprised? Learn how to build muscle efficiently so that you don't end up living in the gym to achieve results. Learn about protein intake, split routines, supplements and more. Ages 18+ Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109

GI186 W-L 2013 08/07 Wed 6:30p Aquino 3 - 2 hr

Self Defense & Situational Awareness for Women

This 90-minute workshop will provide you with the "best practices" in self defense and personal safety. Become more attuned to your surroundings, your environment, be aware of "red flag" situations, learn to rely on your senses. Your instructor will also demonstrate and explain techniques on how to de-escalate a situation, how to escape an attack and break away from a physical altercation. Don't miss this workshop - spread the word, sign up with a friend.

Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49

Gl614 Syphax 171 07/27 Sat 10:30a Aquino 1 - 1.5 hr

Designing Your Home Landscape

Learn everything you need to know about designing and maintaining a residential landscape. Taught by a professional landscaper, students will learn important aspects of landscape design, such as: sun vs shade, tree location, water drainage and erosion, lawn, esthetics and security. We will also discuss patios, walkways and ground cover. Photo analysis and critique of your yard will be available. Ages 18+

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

GI199 Online 07/10 Wed 7p Sullivan 2 - 2 hr

Landlording

Are you a landlord or are you considering renting out your home or purchasing an investment property? This class will help you understand your rights and responsibilities as a residential landlord in Virginia. Determine whether your rental(s) are exempt from the Virginia Residential Landlord Tenant Act and learn the essentials on how to avoid landlord/tenant problems from the onset. The class will also discuss collections and the eviction process. Ages 18+

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

GI640 Online 08/03 Sat 10a Mothershead 1 - 2.5 hr

Make Online Dating Rewarding

Take your online dating strategy to the next level. Put your best face forward and avoid red flags while leveraging dating apps and more. Learn the tools needed to connect online with likeminded people. Discover the various apps that are available, understand their dating goals, Learn how to create a profile that gets results, and how to take dating from online to in-person in a safe and fun way. Ages 18+

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

GI717 Syphax 117 08/03 Sat 10a Hollis 1 - 2 hr

Arlington's Bucket List Sites-and the Interesting Stories that Go Along With Them

Did you know George Washington owned 5,000 acres of forestland along Four Mile Run? Or why the nation's oldest federal monuments are in Arlington? Or the best place to watch award-winning, Broadway-caliber shows without having to cross the Potomac? Or where to find a restaurant-bar with a vacay vibe in our own backyard? Join award-winning travel writer and author of "100 Things to Do in Arlington Before You Die", Barbara Noe Kennedy in a lively presentation about Arlington that dives into these fascinating topics and much more. Ages 18+

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

GI225 Syphax 171 08/13 Tue 6:30p Kennedy 1 - 2 hr

Bicycle Maintenance & Repair

Lecture/demonstration on bike fit, breakdown repairs, and the inspection, adjustment, lubrication, and renovation of diverse components. Bike not required.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

 GI813A
 Career Ctr.
 Auto Lab
 07/23
 Tue
 7p
 Herndon
 1 - 2 hr

 GI813B
 Career Ctr.
 Auto Lab
 08/19
 Mon
 6:30p
 Herndon
 1 - 2 hr

Detail Your Car Like A Pro

Your car is one of the biggest purchases you'll make - So why not keep it looking nice? You'll feel better sitting down in a car that looks like it just rolled off the showroom floor. Learn how to detail the interior and exterior of your car as the pros would. In addition to demonstrations, we will discuss cleaning techniques, helpful tools and the proper and safe use of cleaning and car care products. Ages 18+

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

Gl6570 Career Ctr. Auto Lab 07/31 Wed 6:30p Lewis 2 - 2 hr

Kickstart Your Side Hustle on Amazon

Discover how to profit from the biggest online marketplace. Learn from an instructor who has sold on Amazon in the US, Canada, and the UK. You will learn how to locate suppliers, set up your Amazon store, manage your listings and inventory, as well as other tactics, in this course. Ages 18+

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

Gl829 Syphax 115 07/24 Wed 7:30p Imarati 2 - 1.5 hr

Applying for a Federal Job

Thousands of people will retire from the federal government this year, and the United States government will need qualified people to fill those positions. Learn to decode the federal job websites, and create an application that best highlights your qualifications and unique abilities. Ages 18+

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

Gl838 Syphax 115 08/21 Wed 6:30p Law 1 - 2.5 hr

Fundamentals of Mindfulness Meditation - Unlock the Power of Your Mind

Become equipped with tools and techniques to assist in releasing stress and anxiety, busting your personal blocks, and connecting to an ever present state of wellbeing. Through mindfulness exercises and guided meditations, you will learn the skills to unlock the hidden power to clear your mind and find spaces of calm and tranquility in any circumstance.

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109

HE212 Syphax 171 07/10 Wed 6:30p Page 4 - 1.5 hr

Preparing for Your New Dog or Puppy

Planning to bring a new dog or puppy into your home? Overwhelmed by options and confused by conflicting advice? In this course, we'll quiet the noise and improve your odds of integrating your new family member smoothly and safely. Learn to identify the right dog for you, create sustainable house rules and routines, provide a safe environment that sets everyone up to succeed, address and prevent behavior problems using positive methods, and more. Taught by multi-certified force-free trainer. Age 18+

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

GI855A Syphax 113 07/16 Tue 6:30p Alvania 1 - 2.5 hr

GI855B Syphax 113 08/10 Sat 6:30p Alvania 1 - 2.5 hr

Getting Started with Force-Free Dog Training

Planning to bring a new dog or puppy into your home? Overwhelmed by options and confused by conflicting advice? In this course, we'll quiet the noise and improve your odds of integrating your new family member smoothly and safely. Learn to identify the right dog for you, create sustainable house rules and routines, provide a safe environment that sets everyone up to succeed, address and prevent behavior problems using positive methods, and more. Taught by multi-certified force-free trainer. Age 18+

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

GI858 Syphax 173 07/30 Tue 6:30p Alvania 2 - 2 hr

Personal Finance

Estate Planning Essentials

An estate plan that works, melds counseling-based estate planning to meet changing client objectives and a shifting legal environment. How to establish a plan and keep it current, understand living trusts, wills, substitute decision-makers, disability planning, long-term care, and (mis)use of joint tenancy with adult children, will be examined so you can plan properly. Also addressed are the hidden traps in beneficiary designations of retirement plans, insurance and annuities. Ages 18+ Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

Gl320 Online 07/20 Sat 10a Mothershead 1 - 2 hr

Tax Savings and Planning through Four Stages of Retirement

If you are between 50 to 70 years old, this 90 minute class can save you thousands in retirement. Just one of many items taught in class can make a significant difference in your retirement planning. How much do you need invested to comfortably retire? What will the healthcare costs be? How much in taxes will I have to pay in retirement? These questions and more will be answered in this workshop...don't miss it. Ages 18+ Arl. Res. \$39 Arl. Sr. \$29 Non-Res. \$49

Gl322 W-L 2019 08/07 Wed 6:30p Davidson 1 - 1.5 hr

Get That Will Written!

It's never too early to get your "last will and testament" written. If you don't have a will, you're taking your chances at protecting your spouse, your kids, and your hard-earned finances. The financial security of your family is simply too important to put off. Learn what would be written in your will, the typical costs associated with writing a will, and what other considerations, resources and alternatives are available to you. Get the information you need to make informed decisions. Ages 18+ Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

Gl323 Syphax 126 08/07 Wed 7p Okpalaobieri 2 - 1.5 hr

Organize Your Estate Information, Assets & **Documents**

Learn how and be motivated to: identify, locate, and record all your personal and business estate information, assets, and documents. Emphasis will be on how to complete the job in a systematized manner. Having one's estate in administrative order makes estate planning easier and more efficient for you, your family and heirs. Determine how much you are really worth. Minimize the potential for sibling discord. Pay fewer fees and taxes. Have less bureaucracy and expedite settlement and receipt of monies due. Receive supporting handouts. Help yourself, your family, loved ones, and executor/executrix while vou still can!! Ages 18+

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

GI742 W-L 2019 07/17 Wed 6:30p Davidson 1 - 2 hr

Paying for College: Getting There from Here

Get the answers to a variety of questions regarding 529 College Saving Plans, including the unique features, restrictions, and financial benefits. Saving strategies to reach your goals and a fundamental understanding of financial aid will be covered. Ages

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

GI928 W-L 2013 07/16 Tue 6:30p Byerly 1 - 2 hr

Foundations of Investing

Gain a solid understanding of how to properly invest in Stocks, Bonds, Mutual Funds, Exchange Traded Funds (ETFs), Certificate of Deposits (CDs) and Insured Bank Deposits. This knowledge will help you understand asset allocation, the negative impact of inflation and how to develop an investing strategy for the future. Ages 18+

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

Gl959 W-L 2013 08/06 Tue 6:30p Byerly 2 - 2 hr

77axx111a Ar74s

Sewing class is designed for beginners. There will be an introduction to the sewing machine, sewing terms, fabrics, patterns, pressing technique, and notions. First class project will prepare you for Sewing II. Bring thread and scissors to first class. Supply list distributed at first class. Ages 18+ Arl. Res. \$169 Arl. Sr. \$159 Non-Res. \$179 HE600 Syphax 117 07/17 Wed 6:30p Jackson 6 - 2 hr

Knitting - The Basics

Curious about Knitting? Come learn the basics of knitting casting on, knit, purl, and binding off. You'll learn to read a pattern and will begin working on a simple but attractive scarf. Supply list found on the website. Ages 18+

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

HE620A Syphax 150 07/11 Thu 6:30p Whitehead 4 - 2 hr

Basic Clothing Making & Tailoring

Do you have a piece of clothing that you wish was in a different color or pattern? Learn how to recreate one of your favorite items of clothing. Do you have some clothes that just don't fit quite right? Maybe a little long or a too big or has a small rip or flaw? Learn techniques to make it fit just right! You will be introduced to basic pattern making, clothing making sewing techniques, and more. Requires a basic sewing knowledge and some experience with a sewing machine. Ages 18+

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109

HE638 Syphax 117 07/11 Thu 6:30p Feuerborn 3 - 2 hr

Music Classes

Guitar - Beginning 1 Review

This class is designed for students who have no experience playing the guitar. Beyond learning basic music theory, you will learn chords, strumming patterns, finger placement, and several scales. You will be required to bring your own guitar (acoustic or electric) to class. Assignments / handouts will be provided.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

MUGU61 Kenmore 93 07/09 Tue 6:30p Delos Reyes 4 - 1.5 hr

Guitar - Beginning 3 Review

Prerequisite: Guitar Beginning 2 or equivalent experience. This class is to assist students with their strumming techniques, chords and scales and will be introduced to basic improvisation skills. Bring your own guitar, tuner and metronome. Handouts provided.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

MUGU63 Online 07/11 Thu 1p Siekkinen 6 - 1.5 hr

One-Hour Piano

Learn how to play piano. Class is for students with no piano playing experience. We will cover basic chords, rhythms, musical terms and the use of the metronome. Ages 18+

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109

MUPN100 Syphax 113 07/16 Tue 1p Ruble 6-1 hr

Piano for Beginners 1

Learn how to play piano. Class is for students with no piano playing experience. We will cover basic chords, rhythms, musical terms and the use of the metronome. Ages 18+ Arl. Res. \$199 Arl. Sr. \$189 Non-Res. \$209

MUPN01 Syphax 113 07/11 Thu 6:30p Ruble 8 - 2 hr

Piano - Beginning 1 Review

Focus will be placed on timing, accuracy and note reading and reviewing the material covered in Piano Beginning 1.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

MUPN61A Online 07/16 Tue 10a Ruble 4 - 2 hr

MUPN61B Online 07/17 Wed 7p Ruble 4 - 2 hr

Piano - Beginning 2 Review

Spend time this summer reviewing the piano skills you gained this spring. Keep up the good work and keep practicing.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

MUPN62 Online 07/16 Tue 6:30p Ruble 4 - 2 hr

Piano - Intermediate

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139 MUPN71 Online 07/19 Fri 10a Ruble 4 - 2 hr

Ukulele - Beginning 1

What has a sound that makes you smile when you hear it, is small and fun to play? The Ukulele of course. You'll learn the important skill of strumming and finger placement, playing chords and tempo. Do something different with your time, learn to play the Ukulele. Bring your own Ukulele to class. (Sorry, no baritone ukuleles.). Ages 18+

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

MUUK01 Online 07/11 Thu 11a Siekkinen 6 - 1.5 hr

Ukulele - Intermediate

Continue building on what you've learned. Finger placement, speed and accuracy will be emphasized. In this class you'll begin to really enjoy the sounds coming from your Ukulele. Ages 18+ Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

MUUK04 Online 07/13 Sat 11a Siekkinen 6 - 1.5 hr

Voice Lessons for Adults - Level 1

This Voice Lesson class is designed for students who want to improve and develop their singing talents. This class is for beginners and for those who have not experienced singing lessons or techniques before. Learn singing basics which will include methods of warm up, breath control, clear singing pronunciation of lyrics, scales, and terminology. You will practice singing songs throughout the course. Ages 18+

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

MUVL20 Online 07/17 Wed 6:30p Kemp 4 - 2 hr

Photography Classes

Saving Your Digital Pictures

Step by step instructions will be given on how to take digital pictures from your camera, email or internet and save them to your computer. Preserve the memories digital pictures provide by learning these easy techniques. Don't risk losing your photos or deleting them by accident. Effective exercises will be conducted in class to ensure that you leave with the confidence needed to secure these memories. Ages 18+ Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

PH10 Syphax 115 07/09 Tue 1p Matos 1 - 2 hr

Smartphone Photography

The best camera is the one you have with you. Learn how to take great photos with your smart phone! We'll explore different photography apps and find which are best for uploading to different sites such as Facebook and Instagram. Well also cover which phones have the best cameras and techniques to get the best picture with the phone you have (Both iPhone and Android will be covered). Ages 18+

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

PH15 Syphax 171 08/29 Thu 10a Gutnick 1 - 2.5 hr

Digital Photography - An Introduction

Class is designed for beginning photographers using digital cameras. Learn to better understand your equipment and many of the functions that your camera has to offer. Fundamental concepts of photography will be covered, including composition, lighting, motion, and we will also explore the artistic side of digital photography. Projects will be assigned and photo critiques provided. Ages 18+

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109

PH25 Online 08/15 Thu 6:30p Castaneda 3-2 hr

Maximizing Your DSLR and Other Fully Adjustable Cameras

This class will make it easy to understand all those features packed into your digital SLR. You'll learn what the functions do, gaining the confidence to move beyond the Auto mode, and how to use them to capture better pictures. We'll also look at lenses, filters and other photo equipment to use with your DSLR. In addition, you'll learn about lighting (artificial and natural) and composition techniques for people, landscapes, architecture and flowers. You'll have the skills to create more compelling images when traveling and in daily life. Ages 18+

Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109

PH20 Syphax 115 08/05 Mon 7p Cassatt 3 - 2 hr

Home Repair & Interior Design

Advanced Woodworking and Cabinetmaking

Prerequisite: Prior participation in Introduction to Woodworking and Cabinetmaking (TI-302) is mandatory. This course allows you to continue where you left off in the introduction class. You will have use of the fully equipped shop to construct items of personal interest and improve your woodworking skills. Emphasis is on advanced techniques such as veneering, millwork, and joinery. You supply the lumber and materials for your personal projects. Some storage is available. Taught in Wood Shop. Ages 18+

Arl. Res. \$169 Arl. Sr. \$159 Non-Res. \$179

TI303 Career Ctr. Wood Shop 07/25 Thu 6:30p Daly 4 - 3 hr

Homeowner Masonry

Learn about tools, materials and techniques used in residential masonry. Block foundation construction, brick veneer installation, masonry paving, and mortar mixing/handling are among the basic skills covered in this course. Ages 18+

Arl. Res. \$169 Arl. Sr. \$159 Non-Res. \$179

TI316 Career Ctr. Wood Shop 07/17 Wed 6:30p Daly 4 - 3 hr

Drywall Repair

An overview of defects and damages that occur in drywall and simple repairs that you, the homeowner can attempt. Virtual demonstrations, an overview of basic tools and materials, and a question/answer period will be the major aspects of this course. Ages 18+

Arl. Res. \$69 Arl. Sr. \$59 Non-Res. \$79

Tl334 Career Ctr. Wood Shop 07/30 Tue 6:30p Daly 1 - 3 hr

Replacing Electrical Outlets

An overview of the electrical grounding systems found in older homes and the implications of replacing older 2-prong outlets with modern grounded 3-prong outlets will be presented. Virtual demonstrations, an overview of basic tools, and a question/answer period will be the major aspects of this course. Ages 18+

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

TI336 Career Ctr. Wood Shop 08/13 Tue 6:30p Daly 1 - 2.5 hr

Minor Plumbing Repairs

With some plumbing repairs there is no need to call a professional. Save money and learn how to perform minor repairs yourself. Drips, leaks, clogs, fixture replacement, and routine system maintenance will all be discussed in this one-session class. Ages 18+

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

TI347 Career Ctr. Wood Shop 08/06 Tue 6:30p Daly 1 - 2.5 hr

Interior Design: Choosing the Best Finish, They're More Than What You See

Pretty colors, patterns, and textures are what many think Interior Design is all about. While they are a part of Interior Design, there are considerations for how to achieve "the look" including maintenance, performance, life-cycle, budget, and the schedule. Learn how to select the best finishes for your project to get the best look, performance, and value. Visuals such as photographs and actual materials will be shown. There will be Q&A at the end and interactive time for discussion. Ages 18+

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

TI354 Online 08/01 Thu 6:30p Tamburro 1 - 2 hr

Interior Design: Lighting Strategies to Enhance Your Space

Learn about the different types of lighting on the market today, how lighting directly relates to the look and feel of a space, and how and when to use these different types of lighting to enhance your interior or exterior. Ages 18+

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

TI368 Online 08/22 Thu 6:30p Tamburro 1 - 2 hr

Interior Design: Choosing the Best Furniture for Your Project. Cost vs Value

Not all furniture is made with the same construction standards. There is a reason why what looks like the same chest of drawers can cost between \$400.00 and \$15,000.00 for seemingly the same piece of furniture. Learn how and where furniture is made, how to evaluate the finishes and the hardware, and how to choose the best furniture for your project. Visuals such as photographs and actual materials will be shown. There will be Q&A at the end and interactive time for discussion. Ages 18+ Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$59

TI356 Online 08/15 Thu 6:30p Tamburro 1 - 2 hr

Understanding Your Home: Your House is a System

Learn how to various sub-systems in your home - structure, exterior/interior finishes, weatherizing, utility systems, HVAC, and communications - should be properly designed without defects in order to interact with each other is a smoothly functioning home. Ages 18+

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

TI362 Online 07/29 Mon 6:30p Daly 1 - 2.5 hr

Understanding Your Home: Keep Everything Functioning

There is an old saying, "An ounce of prevention is worth a pound of cure". In this class you will learn the value of prevention and maintenance. How to inspect the various systems in your home. Insulation, filters, plumbing and HVAC, electrical wiring, routine maintenance and more. Ages 18+

Arl. Res. \$59 Arl. Sr. \$49 Non-Res. \$69

TI363 Online 08/12 Mon 6:30p Daly 1 - 2.5 hr

Youth Enrichment (YEP)

Minecraft Modders

Use your favorite game to learn the basics of modding and foundations of programming. Learn scripting and logic statements as you create your first mod! Introductory coding will also be taught through a simulated environment inspired by Minecraft. Student projects will be available on a Black Rocket website to share with friends and family. To access their project at home, students must own a PC/MAC version of Minecraft. Tablet, phone, and game console version of Minecraft are not compatible. Students will work in teams for most of the program. Tuition: \$229

 YPBE02A - Ages 8-11
 Online
 07/22
 Mon - Fri
 9:30a
 5 - 2.5 hr

 YPBE02B - Ages 11-14
 Online
 07/22
 Mon - Fri
 1p
 5 - 2.5 hr

ROBLOX Coders & Entrepreneurs!

Discover how to code in the Lua language while playing and designing worlds in ROBLOX«, an online universe where you can create anything you dream of. This new class combines game design concepts, coding, and fun! Young entrepreneurs will also learn how to navigate ROBLOX's fast-growing marketplace to publish their games. Student-created games will be available on a password protected Black Rocket website to share with friends and family.*Compatible with MAC and Windows OS only. Tuition: \$229

 YPBE03A - Ages 11-14 Online
 07/15
 Mon - Fri
 1p
 5 - 2.5 hr

 YPBE03B - Ages 8-11
 Online
 07/15
 Mon - Fri
 4:30p
 5 - 2.5 hr

Typing Skills

In this course students will meet online Tuesdays and Thursday afternoons for one-hour, where they will learn the fundamentals of typing using a computer keyboard and online games. The focus will be on the home row and other letter combinations. Tuition: \$99 - Location: Syphax room 115

 YPBE40A - Ages
 8-12
 06/24
 Mon - Thu
 2:30p
 Duffy
 4 - 1 hr

 YPBE40B - Ages
 11-14
 07/22
 Mon - Thu
 2:30p
 Duffy
 4 - 1 hr

A.I. Adventures Intro to Machine Learning

Explore the world of artificial intelligence to design fully interactive games and experiences using cutting-edge technology. This program combines artificial intelligence with coding to create an unforgettable learning adventure. Students will construct machine learning models that use image and text recognition within block-based coding software to build a portfolio of projects. Student-created projects will be available on a password-protected Black Rocket website to share with friends and family. Students will work in pairs or teams for most of the program.

*Compatible with MAC, Windows, and Chrome OS. Tuition: \$229

 YPBE52A - Ages 8-11
 Online
 07/22
 Mon - Fri
 9:30a
 5 - 2.5 hr

 YPBE52B - Ages 11-14
 Online
 07/22
 Mon - Fri
 1p
 5 - 2.5 hr

Arduino Code and Circuits Level 1

Starting from zero, learn both the coding and the electronic circuits to develop solutions with a microcontroller. Begin by creating patterns of lights. Sense light and temperature, process that information and control mechanical devices like motors, lights and speakers. Learn to use a shift register and relays. Implement open source libraries and access memory. Instruction is 30% explanation and 70% hands-on building. Prerequisite: none. Unsupervised 1 hour lunch. See supply list online. Feel free to contact the instructor: John.Kauffman@apsva.us Tuition: \$339 - Location HB Woodlawn, Room B9

YPBE58 - Ages 12-18 08/05 Mon - Fri 9a Kauffman 5 - 6 hr

AP Computer Science Prep.

In a small group, an APS Computer Science teacher will explain topics from the AP Comp Sci A course as offered at APS. The topics, examples, exercises and quizzes will be from the AP curriculum. Students will begin AP CS already understanding and practicing most of the concepts. This small group format accommodates more questions and personal explanations than the large AP classes during the academic year. The 30 hour course is divided into three topics sets, similar to the AP course. No prerequisites, but good grades in math indicate an aptitude for coding. Unsupervised 1 hour lunch.

Feel free to contact the instructor: John.Kauffman@apsva.us Location: HB Woodlawn, room B9

Tuition: \$339

YPBE59 - Ages 12-18 08/12 Mon - Fri 9a Kauffman 5 - 6 hr

Future Cybersecurity Professionals

This class is designed for high school students who are interested in a high-demand career in cybersecurity. Different career paths will be discussed, including students studying for IT certificates right out of high school and for those pursuing a college degree in information technology. Discover what a Cybersecurity Specialist does on a day to day basis and what to expect on the job. Internships opportunities will be discussed. Tuition: \$79 - Location: Syphax, room 108

 YPB63A - Ages 12-18
 07/08
 Mon - Thu
 4p
 Wingo
 4 - 1 hr

 YPB63B - Ages 12-18
 08/12
 Mon - Thu
 4p
 Wingo
 4 - 1 hr

Hoops, Scoops, and Loops Cursive Camp!

Hoops, Scoops, and Loops Cursive Camp! We will learn how to write cursive letters according to their shape, covering a different group of letters each day. The last day will be spent linking letters together to write cursive words and signing our name! All materials are included.

Tuition: \$89 - Location: Syphax, room 113

 YPCE120A - Ages 8-13
 06/24
 Mon - Thu
 1p
 Duffy
 4 - 1 hr

 YPCE120B - Ages 8-13
 07/22
 Mon - Thu
 1p
 Duffy
 4 - 1 hr

High School Athletes: Understand the Science Behind Your Workouts Ages 14 - 17

In this 2-hour workshop, learn how to develop a scientific, effective, and safe workout program to improve your strength, agility and stamina based on the sport you are involved in. Understand the hazards of overloading your body, stunting your growth, improper stretching, lacking the right nutrition, or not knowing how to listen to what your body is telling you. Gain the knowledge you need to be on top of your game. Tuition: \$49

 YPGI30A - Basketball
 W-L
 2012
 07/15
 Mon
 1p
 Aquino
 1 - 2 hr

 YPGI30B - Volleyball
 W-L
 2012
 07/17
 Wed
 1p
 Aquino
 1 - 2 hr

 YPGI30C - Swimming
 W-L
 2012
 07/22
 Mon
 1p
 Aquino
 1 - 2 hr

 YPGI30D - Soccer
 W-L
 2012
 07/24
 Wed
 1p
 Aquino
 1 - 2 hr

 YPGI30E - Track
 W-L
 2012
 07/29
 Mon
 1p
 Aquino
 1 - 2 hr

 YPGI30F - Wrestling
 W-L
 2012
 07/31
 Wed
 1p
 Aquino
 1 - 2 hr

Jewelry for Kids

Learn the basics for jewelry making. We will cover techniques such as stringing, knotting and wire wrapping. During class you will make a strung bracelet, a silk knotted bracelet, and a wire wrapped bracelet. You will also learn how to make matching sets of earrings. All supplies are included.

Tuition: \$89 - Location: Syphax, room 113

 YPHE335A - Ages 8-13
 06/04
 Tue - Thu
 1p
 Duffy
 3 - 1 hr

 YPHE335B - Ages 8-13
 08/06
 Tue - Thu
 1p
 Duffy
 3 - 1 hr

Summer Art Camp

Unleash your child's imagination this summer! This Summer Art Camp will provide children with a wonderful introduction to several forms of visual art. Each class will bring a new project that may include, painting, printmaking, fiber, collage, nature crafts, paper crafts, drawing and acrylics.

Tuition: \$99 - Location: Syphax, room 117

 YPFA222A - Ages 8 - 14
 07/09
 Tue - Thu
 1p
 Thompson
 3 - 2 hr

 YPFA222B - Ages 8 - 14
 08/06
 Tue - Thu
 1p
 Thompson
 3 - 2 hr

Summer Sewing Camp

Too much time on the TV? Too much screen time? Come and learn a skill that you will keep for a lifetime. This fun class will teach you the basics of how to crochet. Supply list will be provided. Make something that you'll use this winter.

Tuition: \$99 - Location: Syphax, room 117

YPHE15A - Ages 8 - 14 07/22 Mon - Thu 1p Jackson 4 - 1.5 hr **YPHE15B - Ages 8 - 14** 08/12 Mon - Thu 1p Jackson 4 - 1.5 hr

Japanese Language and Culture

Students have this exciting opportunity learn about the Japanese Language and culture through fun, interactive activities such as Japanese calligraphy, games origami, language, stories and geography.

Tuition: \$79 - Location: Syphax, room 126

 YPFLJP40A – Ages 9 - 12
 06/24
 Mon - Thu
 2p
 Swanson
 4 - 1 hr

 YPFLJP40B – Ages 9 - 12
 07/15
 Mon - Thu
 2p
 Swanson
 4 - 1 hr

Introduction to Piano

This is an introduction to piano enrichment class for 4th and 5th graders who have no prior piano playing experience or need a review of the very basics. Learn how to read music, find notes on the piano and other essentials to begin playing basic piano pieces. Students must have a piano or piano keyboard at home to participate. Required text: Accelerated PIANO Adventures by Nancy and Randall Faber ISBN: 978-1-61677-205-5. Book can be purchased online.

Tuition: \$79 - Location: Syphax, room 113

YPMUPN12A - Ages 9 - 12 07/15 Mon - Thu 10a Gibson 4 - 1 hr YPMUPN12B - Ages 9 - 12 08/05 Mon - Thu 1p Gibson 4 - 1 hr

Voice Lessons - An Introduction

Unlock your vocal potential in this dynamic voice lesson class designed for teens! Explore fundamental singing techniques, breathing exercises, pitch control, and vocal range while building confidence and stage presence. Perfect for all skill levels, this interactive course combines individual and group activities. Sing your heart out and connect with fellow young vocalists! Location: Syphax, room 117

Tuition: \$99

YPMUVL01- Ages 12 - 16 07/16 Tue 4p Vega 4 - 1.5 hr

SAT Prep - Language Arts

Reading comprehension, textual analysis, and standards of English are a big part of the Reading & Writing portions of the SAT. Identifying what the examiners are looking for and how and why they develop particular questions are important, as well. This class will explain the techniques and test-taking strategies you need to increase your score in the verbal section of the SAT. Please see website for required text prior to first class. Students are to access the digital practice test here: https://satsuite.collegeboard.org/sat/practice-preparation/practice-tests Location: Syphax 126 Tuition: \$129

YPTP05 - Ages 15 - 18 07/20 Sat 11a Bromley 4 - 2 hr

Attention Parents

We have many other youth enrichment classes this summer.

Please visit our website at www.apsva.us/yep for a complete listing!

We value your feedback. If you have any ideas or suggestions on how we can better serve our community, please let us know.

Email our coordinator at raul.matos@apsva.us

English Classes for Adult Learners (ESL)



REEP Program

Arlington Education and Employment Program (REEP) Syphax Education Center, 2110 Washington Blvd. #106 Arlington, Virginia 22204

(703) 228-4200 | reep@apsva.us | reep.apsva.us



The Arlington Education and Employment Program (REEP) provides English classes to adults in Arlington, Virginia. REEP integrates language, U.S. culture, digital literacy, community invovement, and workforce preparation into all course instruction. Career development opportunities are also available in childcare and computer skills.

Intensive English Classes Beginning, Intermediate & Advanced Levels

Beginning, intermediate, and advanced levels of intensive English instruction, taught by trained and experienced ESL professionals. 12-week course.

July 9 - September 27

Morning: Monday - Friday, 9:00 a.m. - 12:00 noon (\$300**) Evening: Monday - Thursday, 6:45 p.m. - 9:00 p.m. (\$210**)

English for Child Care Providers High-Intermediate & Advanced Levels

Students who register for an intensive English class can choose to study in the English for Child Care Providers course. This course meets one day a week. Students earn credits toward Level 1 of the Child Development Associate (CDA) certification.* Job coaching is included.

July 16 - September 27 6:30 p.m. - 9:00 p.m., one-day/week (TBD) Cost: No added cost; must register for an intensive class *Completion of Level 1 of the CDA normally takes 6 months.

How to Get Started

- Visit our website: reep.apsva.us/take_a_class
- Complete an Interest Form.
- We will contact you to schedule a placement test.
- The test is free.

Conversation & Pronunciation Classes Intermediate & Advanced Levels

The REEP Conversation Class works to improve students' fluency, accuracy and confidence in spoken English. 11-week course.

July 16 - September 26 Tuesday and Thursday, 1:00 p.m. - 3:00 p.m. Cost: \$130**

English and Workplace Computer Skills Microsoft Office Specialist Certification Prep

A basic computer skills course for intermediate and advanced level English language learners. Students receive English language instruction and gain confidence using computers in English. Microsoft Office Specialist Certification exam and job coaching are included.

July 9 - September 26 Monday - Thursday, 6:45 p.m. - 9:00 p.m. Cost: \$210**.

Free Online Community English Classes

Free online non-intensive, beginning and intermediate level classes taught by trained volunteers. Visit reep.apsva.us/class-information/ for details.

Things You Should Know

REGISTRATION: Please register early to avoid disappointment. Tuition may be paid by check (returned checks are subject to a fee), money order, or credit card. We accept Visa, MasterCard and Discover Card. Make checks payable to: Arlington Public Schools. Registration is complete once payment is received. Cash payments are not accepted. You will not receive confirmation, unless you register online, in which you will receive an email confirmation. You must register before attending class. Instructor may not receive payment.

All Arlington resident Adult Education students 62 years or older receive a discount on tuition.

REFUND POLICY: You will receive a full refund if class is canceled by Adult Education. Refund requests received before the first class are subject to a 10% service charge (minimum \$10.00). Refund/transfers before the second class (of a multiple session course) are subject to a 10% service charge, plus a prorated fee for each class held before receipt of request whether or not the participant attended. No refund/transfers after second class. No refund for single night class if you were unable to attend. No refund on material fee if student cancels 48 hours prior to class.

WEATHER RELATED CLOSINGS:

Adult Education classes are canceled whenever Arlington Public Schools close for inclement weather. Closings are announced on the Arlington Public Schools' website at www.apsva.us and local radio and TV stations.

You can also call the weather hotline at 866-322-4277. When an announcement is made that there is a morning school delay (not closing), all Arlington Community Learning classes will take place as regularly scheduled. If class is canceled, classes that meet once are rescheduled for the next week, when possible. Classes that meet more than once will meet at the next scheduled session and students will receive makeup information in class.

Parking at Syphax Education Center

Parking at the Syphax Education Center is located in the parking garage, adjacent to the building. There is also street metered parking which is discounted during that day and free after 6pm, also free on the weekends. For evening classes, exit the parking garage on the lower level. Bicycle racks are available. Staff and

student parking located at B1 and B2.

for purchasing their own textbooks for class. Textbooks are listed in the course description with the ISBN number. You may want to confirm that your class will run, prior to purchasing your textbook. All books can be purchased online, new or used.

TEXTBOOKS: Students are responsible

ATTENTION: Arlington Public Schools prohibits discrimination on the basis of race, religion, gender, sexual orientation, national origin, age, disability, pregnancy or marital status. This policy provides equal access to courses and programs, counseling services, physical education and athletics, vocational education, instructional materials and extra-curricular activities. Report violations of this policy to the Assistant Superintendent for Administrative Services, 703-228-6008, or the Assistant Superintendent for Personnel, 703-228-6110.

*** The Arlington Community
Learning provides partial
scholarships to Arlington
residents who qualify, call for
more information. ***

OFFICE HOURS:

9am to 5pm Monday - Friday

HOLIDAYS AND CLOSINGS:

No classes will be held on:

Independence Day: July 4th

Arlington Community Newsletter

Be the first to know when our new catalog is coming out, when the new semester begins, when new classes are added, community concerts, special events and coupon codes.

Sign up by scanning here



or add this url into your browser: http://eepurl.com/daGLkv

Register Online
www.apsva.us/acl

Mail it in!

2110 Washington Blvd. #106
Arlington, VA 22204





Class Registration Form

Please fill out completely. Registration is complete upon processing of this form. Indicate second student on separate form. If mailing, make check/money order payable to Arlington Public Schools. Cut and mail with tuition to Adult Education Program, 2110 Washington Blvd. #106, Arlington, VA 22204.

Confirmation will be sent, only upon request. Report to class unless otherwise advised.

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Local Address (street, city, state & zip)										Daytime Telephone		
Email:									Evening Telephone			
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Arlington Public Schools Career, Technical, and Adult Education 2110 Washington Blvd. Arlington, Virginia 22204

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Register online at www.apsva.us/yep



Sign up for our e-Newsletter and be the first to know about upcoming catalogs, new classes, discounts, concerts & more!

