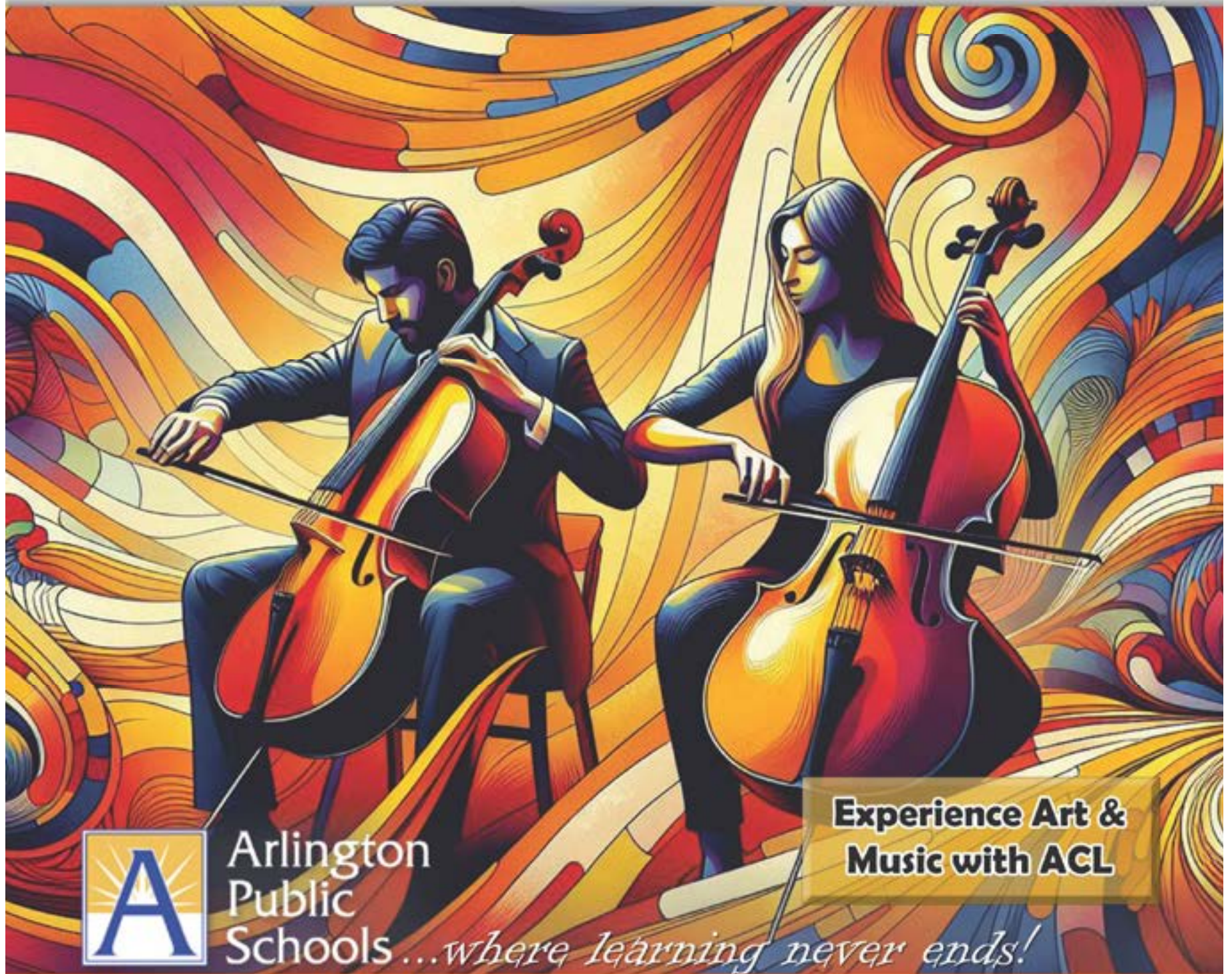


# Arlington Community Learning

Winter 2025 Catalog

Register online at [www.apsva.us/acl](http://www.apsva.us/acl)



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Public  
Schools

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Arlington Community Learning



## Message from the Superintendent

Dear Arlington Community,

As we approach the holiday season and the end of the year, I would like to take a moment to express my deep gratitude to all APS staff, students and community members. It is inspiring to witness the teaching, learning and sharing that fill our classrooms each day. This personal and academic growth continues throughout the school year, benefiting both educators and learners alike. A wonderful thing about APS is that this learning process doesn't end at high school graduation but continues as part of our philosophy of lifelong learning. The course catalog you hold in your hands is proof of this belief, offering over 200 classes that promote lifelong learning, personal enrichment and professional development.

We encourage you to set educational goals and explore new possibilities in the new year. We invite you to browse through this catalog and consider registering for a class that will deepen your understanding, spark your curiosity or help you develop new skills. Perhaps a new language, computer skill, recipe, musical instrument, art form or craft will catch your interest. On the back cover, you will find a list of exciting new classes currently in development, along with an option to suggest or even propose a class you'd like to teach.

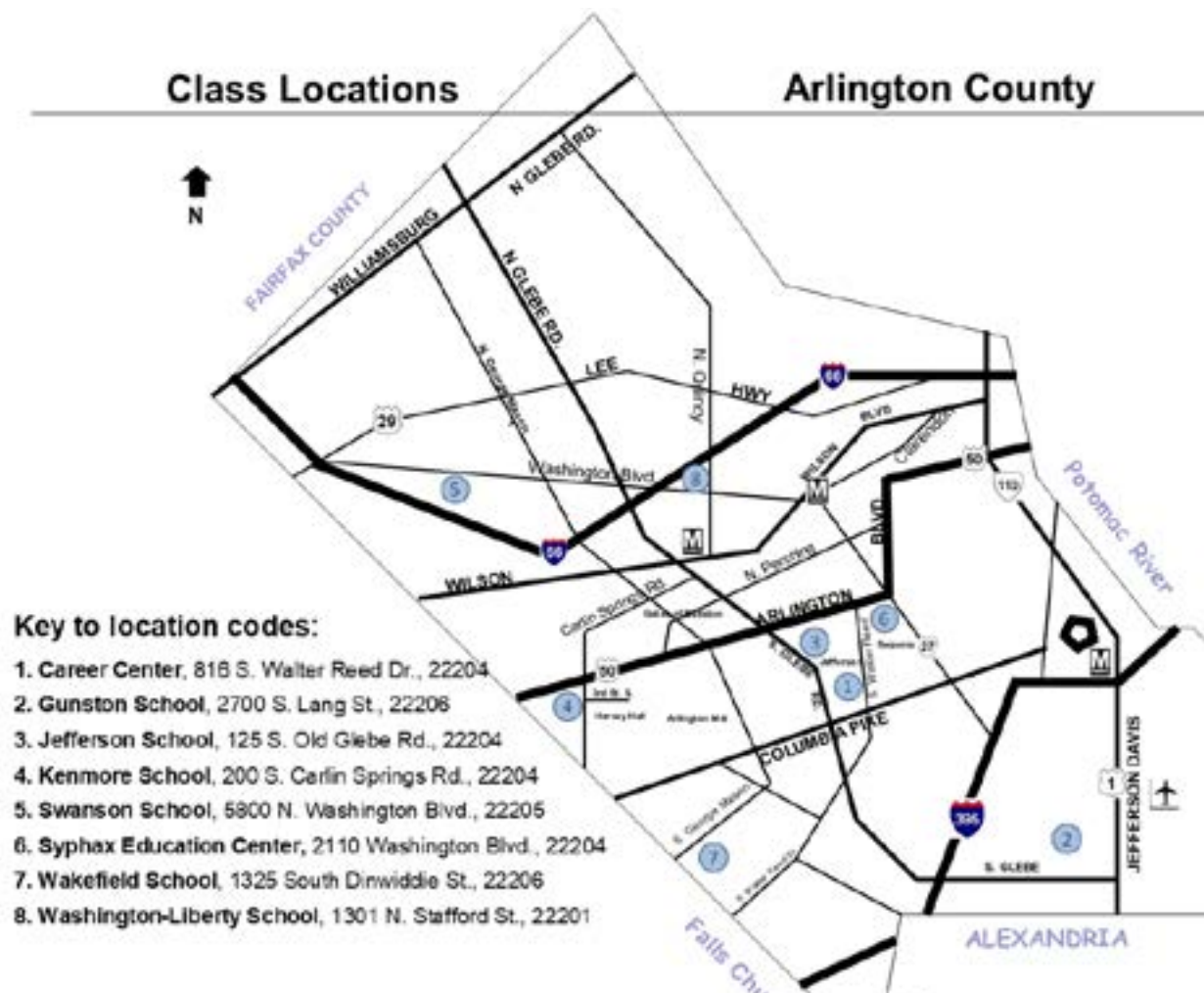
We appreciate your support of Arlington Public Schools and the Arlington Community Learning Program... Where Learning Never Ends!

Sincerely,  
Dr. Francisco Durán, Superintendent  
Arlington Public Schools

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**INTERPRETING COURSE INFORMATION (SAMPLE)**

Course name: **Painting**  
 Course description: **Beginning through advanced oil and acrylic; supplies (approx. \$54).**  
 Resident, Non-Resident, and Senior Citizen prices: **Arl. Res. \$149 Arl. Sr. \$98 Non-Res. \$197**  
 Hours per class: **5 - 3 hr**

**FA301 Glebe 11 6/7 T 1:00p McElvany**

Course number: FA301 | Location code: Glebe | Room number: 11 | Starting date: 6/7 | Day(s) course held: T | Starting time: 1:00p | Instructor: McElvany | Number of classes: 5

## Choose the Right Foreign Language Class

### Beginning 1

This course is for beginner students without any knowledge of the language. Course includes basic elements of grammar, vocabulary, oral skills, listening comprehension, and small amount of reading and writing.

### Beginning 2

Prerequisite: Beginners I or equivalent knowledge. This class is a continuation of Beginners I and is designed for students with some knowledge of the language. Course will focus on elements of grammar, building vocabulary, pronunciation, listening comprehension, and reading and writing.

### Beginning 3

Prerequisite: Beginners II or equivalent knowledge. A continuation of Beginners II. This course is designed to expand grammar and vocabulary. Class focus on developing conversation skills through oral and written exercises on a variety of topics.

### Intermediate 1

Prerequisite: Beginners III or equivalent knowledge. A continuation of Beginners III. This course will continue to expand your vocabulary and improve your grammar skills. More emphasis will be placed on conversation skills through oral and written exercises on a variety of topics.

### Intermediate 2

Prerequisite: Intermediate I or equivalent knowledge. A continuation of Intermediate I. This course is primarily taught in the foreign language with some English. Course will focus on more fluid conversation skills. Reading, writing and oral exercises in the foreign language will be practiced.

### Intermediate 3

Prerequisite: Intermediate II or equivalent knowledge. A continuation of Intermediate II. This course is taught in the foreign language. Course will focus on more fluid conversation skills. Reading, writing and oral presentations in the foreign language will be practiced.

### Conversation

Designed for fluent speakers. Emphasis will be on oral and reading skills. Translation, some writing, conversation, and vocabulary will be covered. Class will be conducted in the foreign language.

## American Sign Language

### American Sign Language - Level 1

This course introduces the basics of American Sign Language. You will focus on the acquisition of both comprehension and production skills. Increased knowledge of the deaf community and the development of cultural awareness, which will improve communication interaction. Basic fingerspelling skills, readiness activities, questions, and conversational etiquette will also be stressed. Required Text: A Basic Course in American Sign Language, ISBN-10: 0932666426. Ages 16+  
 Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235

**ASL01A** W-L 2017 01/13 Mon 7p Ostria 8-2 hr  
**ASL01B** Online 01/16 Thu 7p Zhai 8-2 hr  
**ASL01C** Syphax 126 02/05 Wed 6:30p Thrash-Thomas 8-2 hr

### American Sign Language - Level 2

Prerequisite: American Sign Language 1 or the equivalent. In this class you will acquire additional vocabulary, grammatical and conversational skills. You will also continue to learn to relate to everyday life situations experienced by members of the deaf community. Text: A Basic Course in American Sign Language, ISBN-10: 0932666426. Ages 16+  
 Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

**ASL02** W-L 2017 01/16 Thu 6:30p Zambrano 4-2 hr

### American Sign Language - Level 3

Prerequisite: American Sign Language 2 or the equivalent in experience. Students will continue to acquire additional vocabulary, grammatical and conversational skills. Common everyday life situations experienced by members of the deaf community will continue to be explored. Text: A Basic Course in American Sign Language, ISBN-10: 0932666426. Ages 16+  
 Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

**ASL03** W-L 2017 02/13 Thu 6:30p Zambrano 4-2 hr

### American Sign Language - Level 4

Prerequisite: American Sign Language Level 3 or equivalent. In this class we will continue on where we left off, improving on our conversational speed, accuracy and further building our vocabulary. Ages 16+  
 Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

**ASL04** W-L 2017 03/13 Thu 6:30p Zambrano 4-2 hr

## Foreign Languages

See page 19 for information on purchasing your textbook.

### Arabic - Beginning 1

Required textbook: Alif Baa - Introduction to Arabic Letters and Sounds, Third Edition, and Companion Website  
 ISBN-10: 1626161224.

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235  
**FLAR01** Syphax 126 01/23 Thu 6:30p Bouachir 8-2 hr

### Arabic - Beginning 2

Required textbook: Alif Baa - Introduction to Arabic Letters and Sounds, Third Edition, and Companion Website  
 ISBN-10: 1626161224.

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235  
**FLAR02** Online 01/22 Wed 6:30p El-Hakim 8-2 hr

### Arabic - Beginning 4

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235  
**FLAR04** Online 01/21 Tue 7p Haddad 8-2 hr

### Arabic - Intermediate 6

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235  
**FLAR16** Online 01/16 Thu 1p El-Hakim 8-2 hr

### Arabic - High Intermediate

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235  
**FLAR17** Online 01/15 Wed 7p Haddad 8-2 hr

### Chinese Mandarin - Beginning 2

Required textbook: Living Language, Mandarin Chinese - ISBN 978-0-307-47861-0

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235  
**FLCH02** Online 01/27 Mon 7p Han 8-2 hr

### French - Beginning 1

Required textbook: Practice Makes Perfect: Basic French, ISBN 13: 978-1264257317.

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275  
**FLFR01A** Online 01/14 Tue 6:30p Mattioli 10-2 hr  
**FLFR01B** Online 01/22 Wed 1p Mattioli 10-2 hr  
**FLFR01C** W-L 2020 01/23 Thu 6:30p Maynard 10-2 hr  
**FLFR01D** Syphax 126 01/24 Fri 1p Chase 10-2 hr

### French - Beginning 2

Required textbook: Practice Makes Perfect: Basic French, ISBN 13: 978-1264257317.

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275  
**FLFR02A** W-L 2017 01/14 Tue 6:30p Baader 10-2 hr  
**FLFR02B** Syphax 126 01/15 Wed 10a Chase 10-2 hr  
**FLFR02C** Online 01/15 Wed 6:30p O'Neil 10-2 hr

### French - Beginning 3

Required text: French Verb Tenses ISBN 978-1-4380-0290-3.

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275  
**FLFR03A** Online 01/14 Tue 6:30p O'Neil 10-2 hr  
**FLFR03B** W-L 2213 01/16 Thu 6:30p Chase 10-2 hr

### French - Beginning 4

Required text: French Verb Tenses ISBN 978-1-4380-0290-3.

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275  
**FLFR04** Syphax 171 01/14 Tue 6:30p Bouachir 10-2 hr

### French - Intermediate Conversation

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275  
**FLFR22** Online 01/07 Tue 7p Stuart 10-2 hr

### French - Advanced Conversation

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275  
**FLFR19A** Online 01/07 Tue 10a Stuart 10-2 hr  
**FLFR19B** Online 03/11 Tue 10a Stuart 10-2 hr

### French for Travelers

Prerequisite: Some familiarity with the French language. It is designed to help travelers interact more easily while traveling through France. While providing language practice for various travel situations, the instructor, who has traveled extensively and lived in France, will also provide some valuable travel tips. See full course description online.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189  
**FLFR25** W-L 2213 02/11 Tue 6:30p Rollins 6-2 hr

All Arlington Community Learning classes are for students ages 18+, unless otherwise indicated. Youth Enrichment classes for children are found on pages 15 & 16.



Check us out online at [www.apsva.us/acl](http://www.apsva.us/acl) or call us at (703) 228-7200

### French Grammar Workshop

Prerequisite: French Beginning - Level 1 or Level 2. To speak a language correctly, it’s important to know that grammar. This class is designed specifically with that purpose in mind. You will review the conjugation of verbs, practice basic conversation, build vocabulary and review grammar skills.

ArL. Res. \$169 ArL. Sr. \$159 Non-Res. \$179  
[FLFR31 Online 01/16 Thu 10a Mattioli 5-2 hr](#)

### German - Beginning 1

ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235  
[FLGM01 W-L 2215 01/16 Thu 7p Stewart 8-2 hr](#)

### German - Beginning 2

ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235  
**FLGM02** W-L 2016  
Scan QR Code if Interested in this class.



### German - Beginning 3

ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235  
**FLGM03** W-L 2016  
Scan QR Code if Interested in this class.



### Italian - Beginning 1

Text: New Italian Espresso ISBN 978-8861827240.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLIT01A Online 01/15 Wed 6p Sibilla 10-2 hr](#)  
[FLIT01B W-L 2215 01/21 Tue 6:30p Roveredo 10-2 hr](#)  
[FLIT01C Syphax 113 01/22 Wed 10a Piazza 10-2 hr](#)

### Italian - Beginning 2

Required Text: New Italian Espresso ISBN 978-8861827240.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLIT02A Online 01/16 Thu 6p Sibilla 10-2 hr](#)  
[FLIT02B W-L 2024 01/21 Tue 6:30p Piazza 10-2 hr](#)

### Italian - Beginning 3

Required Text: New Italian Espresso ISBN 978-8861827240.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLIT03 Online 01/14 Tue 6p Sibilla 10-2 hr](#)

### Italian - Intermediate 1

Required text: Practice Makes Perfect: Complete Italian All-in-One ISBN: 13:978-1260455120.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLIT08 Syphax 126 01/14 Tue 1p Armanni 10-2 hr](#)

### Italian - Intermediate/Advanced Conversation

ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLIT19 Online 01/21 Tue 10a Sibilla 10-2 hr](#)

### Japanese - Beginning 1

Genki Textbook 1, 3rd Edition ISBN 978-4789017305 and Genki Workbook 1, 3rd Edition ISBN 978-4789017312.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLJP01 Online 01/15 Wed 7p Takamatsu 10-2 hr](#)

### Japanese - Beginning 2

Required Text: Genki Textbook 1, 3rd Edition ISBN 978-4789017305 and Genki Workbook 1, 3rd Edition ISBN 978-4789017312.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLJP02 Online 01/14 Tue 7p Takamatsu 10-2 hr](#)

### Japanese - Intermediate 1

ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLJP11 Online 01/16 Thu 7p Swanson 10-2 hr](#)

### Japanese - Intermediate 3

Text: Genki Textbook 1, 3rd Edition ISBN 978-4789017305 and Genki Workbook 1, 3rd Edition ISBN 978-4789017312.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLJP13 Online 01/07 Tue 7p Endo 10-2 hr](#)

### Korean - Beginning 1

Required text: I Love Korean ISBN: 10-8952128745 and workbook, I Love Korean ISBN: 10-8952128753.  
ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235  
[FLKR01 W-L 2019 01/21 Tue 6:30p Kim 8-2 hr](#)

### Korean - Beginning 2

Required text: I Love Korean ISBN: 10-8952128745 and workbook, I Love Korean ISBN:10-8952128753.  
ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235  
[FLKR02 W-L 2019 01/27 Mon 6:30p Ji 8-2 hr](#)

### Korean - Beginning 4

ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235  
[FLKR04 W-L 2023 01/15 Wed 6:30p Kim 8-2 hr](#)

### Latin - Beginning 1

ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[FLLT01 W-L 2212 01/14 Tue 6:30p Thomas 6-2 hr](#)

### Latin - Beginning 2

ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[FLLT02 W-L 2212 02/25 Tue 6:30p Thomas 6-2 hr](#)

### Ancient Greek for Beginners

Required text: H. Hansen and G. Quinn, *Greek an Intensive Course*, 2nd revised ed. (ISBN: 0-8232-1663-2). First and last class will be in person, class 2 through 5 will be online.  
ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[FLGR01 W-L 2012 01/15 Wed 6:30p Petruccione 6-2 hr](#)

### Ancient Greek for Beginners – Level 2

Required text: H. Hansen and G. Quinn, *Greek an Intensive Course*, 2nd revised ed. (ISBN: 0-8232-1663-2). First and last class will be in person, class 2 through 5 will be online.  
ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[FLGR02 W-L 2012 03/05 Wed 6:30p Petruccione 6-2 hr](#)

### Portuguese - Beginning 1

Required text: Falar...Ler...Escrever...Portugues ISBN: 10:3125283337.  
ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235  
[FLPR01 Online 01/30 Thu 6:30p Mattioli 8-2 hr](#)

### Russian - Beginning 1

See online description for textbook information.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLRS01 Online 01/18 Sat 10a Scheuchenzuber 10-2 hr](#)

### Russian - Beginning 2

See online description for textbook information.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLRS02 Online 01/13 Mon 7p Scheuchenzuber 10-2 hr](#)

### Russian - Intermediate

See online description for textbook information.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLRS11 Online 01/16 Thu 7p Scheuchenzuber 10-2 hr](#)

### Spanish - Beginning 1

Required text: Basic Spanish ISBN: 10:1260453499  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLSP01A W-L 2210 01/14 Tue 6:30p Diaz 10-2 hr](#)  
[FLSP01B Syphax 126 01/14 Tue 10:30a Sarmiento 10-2 hr](#)  
[FLSP01C W-L 2018 01/22 Wed 7p Sarmiento 10-2 hr](#)  
[FLSP01D Online 02/13 Thu 7p Staff 10-2 hr](#)

### Spanish - Beginning 2

Required text: Basic Spanish ISBN: 10:1260453499  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLSP02A W-L 2211 01/14 Tue 7p Castellanos 10-2 hr](#)  
[FLSP02B Online 01/15 Wed 7p Contreras 10-2 hr](#)  
[FLSP02C Syphax 126 01/16 Thu 10:30a Sarmiento 10-2 hr](#)

### Spanish - Beginning 3

Required text: Dichoy y Hecho 7th edition. ISBN-10: 0471268860.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLSP03 W-L 2203 01/15 Wed 7p Contreras 10-2 hr](#)

### Spanish - Intermediate 1

Required text: Dichoy y Hecho, 7th Edition. ISBN-10: 0471268860.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLSP11A W-L 2012 01/16 Thu 6:30p Castellanos 10-2 hr](#)  
[FLSP11B Syphax 171 01/16 Thu 10a Miguez 10-2 hr](#)

### Spanish - Intermediate 4

ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLSP14 Syphax 117 01/09 Thu 10:30a Contreras 10-2 hr](#)

### Spanish - Conversation

ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235  
[FLSP15 W-L 2013 01/15 Wed 7p Nova 8-2 hr](#)

### Spanish - Conversation - Advanced

ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLSP23 Syphax 117 01/14 Tue 10a Miguez 10-2 hr](#)

### Spanish Grammar Workshop 1

Prerequisite: Spanish Beginning - Level 1 or Level 2. To speak a language correctly, it’s important to know that grammar. This class is designed specifically with that purpose in mind. You will review the conjugation of verbs, practice basic conversation, build vocabulary and review grammar skills.  
ArL. Res. \$139 ArL. Sr. \$129 Non-Res. \$149  
[FLSP31 Syphax 126 02/07 Fri 10a Miguez 4-2 hr](#)

### Spanish Grammar Workshop 2

Prerequisites: Grammar-Workshop I or Spanish Beginning III or Intermediate level I. Improve your Spanish grammar by reviewing the conjugation of simple and compounds verb tenses in some moods. You will also practice your basic levels of conversation, writing, reading, listening and comprehension with new vocabulary and grammatical patterns.  
ArL. Res. \$139 ArL. Sr. \$129 Non-Res. \$149  
[FLSP32 Syphax 117 03/07 Fri 10a Miguez 4-2 hr](#)

### Turkish - Beginning 1

ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLTK01 Online 01/08 Wed 6:30p Kalis 10-2 hr](#)

### Turkish - Advanced 1

ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLTK18 Online 01/21 Tue 6p Kalis 10-2 hr](#)

### Ukrainian - Beginning 1

See online description for textbook information.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLUR01 Online 01/17 Fri 7p Scheuchenzuber 10-2 hr](#)

### Ukrainian - Beginning 2

See online description for textbook information.  
ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLUR02 Online 01/15 Wed 7p Scheuchenzuber 10-2 hr](#)

### Ukrainian- Beginning 3

ArL. Res. \$255 ArL. Sr. \$235 Non-Res. \$275  
[FLUR03 Online 01/14 Tue 7p Scheuchenzuber 10-2 hr](#)

### Survival Vietnamese for Travelers

Are you interested in the Vietnamese language or planning on traveling to Vietnam? If yes, then this is the class for you. Your native speaking instructor will help you discover this beautiful language by introducing you to common greetings, hotel reservations, restaurants and directions.  
ArL. Res. \$139 ArL. Sr. \$129 Non-Res. \$149  
[FLV98 Syphax 115 02/22 Sat 10a Huynh 4-2 hr](#)

# Cooking Classes

### The 5-Minute Baguette

Discover how to bake fresh, hot, crusty French bread with about five minutes of work. Learn a four-ingredient bread dough recipe and simple steps for mixing, rising, shaping, and baking. Bake bread in class from dough the instructor prepares ahead of time, and mix your own dough to take home and bake the next day. We will explore simple refinements to the process to incorporate as your bread making skills grow.  
ArL. Res. \$69 ArL. Sr. \$59 Non-Res. \$79  
[CN114 Syphax 113 01/16 Thu 6:30p Kamholz 1-1.5 hr](#)

### New York Bagels from Scratch in One Hour

It sounds impossible, but you will learn a super-fast recipe for making real yeast-risen New York-style bagels at home. With a little practice, it takes about an hour to mix, rise, shape, boil, and bake these bagels, using 5 everyday ingredients. Astound friends and family with fresh, hot bagels you can make in almost as little time as it takes to go to the bakery.  
ArL. Res. \$79 ArL. Sr. \$69 Non-Res. \$89  
[CN116 Syphax 113 03/13 Thu 6:30p Kamholz 1-2 hr](#)

### Buttermilk Biscuits

Learn how to make fluffy and flaky buttermilk biscuits. In this class, Chef Lada will show the proper ingredients and techniques to make this classic Southern staple. Who needs a biscuit in-a-can when you can have homemade biscuits on the table in 30 minutes! Menu: Sweet Potato Rosemary Biscuits; Pimento Cheese Mini-Biscuits; Classic Buttermilk Biscuits.  
ArL. Res. \$89 ArL. Sr. \$79 Non-Res. \$99  
[CN152 Syphax 113 02/10 Mon 6:30p Mnatsakanova 1-3 hr](#)

### Semolina Pasta from Scratch

Handmade cavatelli and Sardinian gnocchetti will be made in our hand-on class. You will learn how to mix semolina flour with water, and to do...magic! Pasta will be served with three different sauces: mushroom, saute’ cherry tomatoes, and pesto.  
ArL. Res. \$89 ArL. Sr. \$79 Non-Res. \$99  
[CN301 Syphax 113 01/30 Thu 6:30p De Bernardinis 1-3 hr](#)

# Arlington Community Learning

### Pumpkin Workshop

Pumpkins can stimulate muscle relaxation, and it’s also useful in helping those with insomnia, nervous hunger and depression. Pumpkin can be boiled, baked or stir-fried, and it makes dishes sweet or savory. Pumpkin and leeks pie, pumpkin gnocchi, turkey and pumpkin meatballs, pumpkin and chocolate pie will be prepared during class.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res. \$99  
[CN172 Syphax 113 03/27 Tue 7p De Bernardinis 1-3 hr](#)

### Banana Walnut Mini Loaf

Learn how to make delicious Banana Walnut bread (or muffins). This is a favorite and perfect for any occasion. This hands on class will teach you how to get the right consistency of the dough and while using quality ingredients, get the perfect results. At the end of class, you will be taking your mini loaf home to enjoy with family or friends.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res. \$99  
[CN149 Syphax 113 03/24 Mon 6:30p Mnatsakanova 1-3 hr](#)

### French Macarons

Impress your friends and family by bringing homemade macarons to your next event! In addition to proper piping techniques, students will learn how to make Italian meringue buttercream and chocolate ganache for the fillings. We will go over how to best represent flavor pairings for each cookie creation.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res. \$99  
[CN187 Syphax 113 01/23 Thu 6:30p D’Erico 1-2.5 hr](#)

### Stir Fry Delight

Stir frying is a fast and healthy way to cook. Bite-sized pieces of meat and vegetables are thrown into a very hot pan and cooked in just a few minutes. Learn the basics of this indispensable technique, including the best way to cut food and sequence their cooking so everything comes together for a complete meal. You will also learn the basics of wok cookery, and how to combine Asian condiments to form sauces that will compliment your stir fry ingredients. Upon completion, you'll understand how to use this versatile technique for a variety of stir fries using an easy-to-follow method.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res. \$99  
[CN193 Syphax 113 03/04 Tue 6:30p Hine 1-3 hr](#)

### A How-to on Tofu

Learn about the different types of tofu commonly available in grocery stores and the ways in which tofu is similar to, and different from, its other soy food cousins (tempeh, soy milk, soy curls, TVP, and edamame). Make marinades and dressings to add flavor and work with the tofu in different ways to change its texture. Along the way, you'll prepare some veggies and a couple of quick cooking grains, so that by the end of class you will have the building blocks of a meatless mix-and-match meal.  
ArL. Res. \$89 ArL. Sr. \$79 Non-Res. \$99  
[CN195 Syphax 113 02/04 Tue 6:30p Kaplan 1-3 hr](#)

### Four Roman Sauces for Cooking

When in Rome, do as the Romans do. The Roman cuisine tradition is one of the best known in the world. Come and discover the most famous pasta sauces from Rome, which are made with the combination of no more than four ingredients. Learn to prepare Cacio e Pepe (Cheese and Pepper), Carbonara, Gricia and Amatriciana sauce, without having to overstock your pantry. The recipes are easy, quick and the taste is amazing.  
ArL. Res. \$79 ArL. Sr. \$69 Non-Res. \$89  
[CN241 Syphax 113 02/12 Wed 6:30p Piazza 1-2 hr](#)

### Knife Skills Workshop

Ever wonder how those chefs on TV chop so fast and uniformly? Want to learn how to correctly hold a knife and make simple specific cuts that recipes ask for? Bring one or two of your kitchen knives to class and your instructor will show you how! Learn how to properly chop, slice, dice, and chiffonade from an experienced chef and dietitian! You'll be dicing onions like a pro in no time.

ArL. Res. \$79 ArL. Sr. \$69 Non-Res. \$89  
[CN256A Syphax 113 01/15 Wed 6p Reilly 1-2 hr](#)  
[CN256B Syphax 113 02/19 Wed 6p Reilly 1-2 hr](#)  
[CN256C Syphax 113 03/05 Wed 6p Reilly 1-2 hr](#)

### Gnocchi Workshop

Potatoes gnocchi ‘al pomodoro’, sweet potatoes gnocchi, and Roman gnocchi will be made in this class.  
ArL. Res. \$89 ArL. Sr. \$79 Non-Res. \$99  
[CN258 Syphax 113 02/13 Thu 6:30p De Bernardinis 1-3 hr](#)

### Salute! - The ritual of the Italian Apericena

Apericena is the middle ground between a full-blown dinner and finger food. Join us in class, learn how to prepare some tasty small Italian dishes that are sure to please. To start, we will prepare tomato and burrata bruschetta, then roasted bell peppers served with anchovies and heavy cream sauce, potatoes/ Jerusalem artichoke schiacciata, caramelized onions, pacche, onion focaccia and eggplant parmigiana.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res. \$99  
[CN265 Syphax 113 01/21 Tue 6:30p De Bernardinis 1-3 hr](#)

### Mediterranean Cooking

Spend two evenings discovering the health benefits of Mediterranean cooking and diet. You will explore cooking from the shores of Greece to Tunisia and learn what folks there have known for centuries about fine dining and the true value of foods.  
ArL. Res. \$159 ArL. Sr. \$149 Non-Res. \$169  
[CN297 Syphax 113 01/27 Mon 6:30p Mnatsakanova 2-3 hr](#)

### Neapolitan Style Pizza

Most agree that Napoli Italy is the birthplace of pizza. Come and enjoy thin authentic pizza making class, where you will make traditional this crust pizza such as the Margherita made with fresh basil, the Diavola prepared with spicy sausage and the famous pizza Prosciutto made with cooked ham and creamy mozzarella.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res. \$99  
[CN324 Syphax 113 03/27 Thu 6:30p De Bernardinis 1-3 hr](#)

### Chicken Tikka Masala

Learn to prepare this classic Indian dish by preparing tender chunks of chicken marinated in delicious tomato based sauce. Turmeric, cumin, garam masala and other spices will be added to this amazing culinary experience. We will end our class with a nice dinner.

ArL. Res. \$89 ArL. Sr. \$79 Non-Res. \$99  
[CN435 Syphax 113 01/13 Mon 6:30p Mnatsakanova 1-3 hr](#)

### Japanese Tea Ceremony

Come learn and experience some of the basics about Japanese tea ceremony. This workshop includes a short demonstration, some background, and a chance to whisk your own bowl of tea and enjoy sweets. No background knowledge is necessary, just a curiosity for Japanese tea ceremony. For those who would like to learn Japanese words along with the Ceremony, a Wordlist will be provided.

ArL. Res. \$59 ArL. Sr. \$49 Non-Res. \$69  
[CN523 Syphax 113 02/22 Sat 1p Swanson 1-1.5 hr](#)



## Check us out online at [www.apsva.us/acl](http://www.apsva.us/acl) or call us at (703) 228-7200

### Chinese Take Out at Home

In this class students will learn how to make Chinese takeout classics. Recipes will include beef with broccoli, egg fried rice, and pork dumplings. Discussion of techniques and other recipe favorites for a unique home takeout experience.

Arl. Res. \$79 Arl. Sr. \$69 Non-Res. \$89

[CN548 Syphax 113 03/11 Tue 6:30p D'Errico 1-2.5 hr](#)

### Cooking Fundamentals

Learn the terms and techniques that can make your cookbooks user-friendly or help you build the confidence to cook without books. A good class for beginners, but also for any cook interested in the “hows and whys” that make a good cook a better one. We include recipes and techniques on cooking meat and poultry, an introduction to sauces and more.

Arl. Res. \$209 Arl. Sr. \$199 Non-Res. \$219

[CN570A Syphax 113 02/24 Mon 6:30p Mnatsakanova 3-3 hr](#)

[CN570B Syphax 113 02/20 Thu 6:30p D'Errico 3-3 hr](#)

### Upgrade Your Nutrition: A Beginner's Class on Healthy Eating

Do you want to improve your diet and boost your overall nutrition? Learn the basics of healthy eating, informed by publicly available evidence-based research and guidance. Learn how to make simple adjustments to your eating patterns that can have a big impact on your health and well-being. Discover how to choose nutritious foods that fuel your body and mind, and help you achieve your health and fitness goals. Take this class and find fun, easy ways to eat better today.

Arl. Res. \$49 Arl. Sr. \$39 Non-Res. \$65

[CN599 Online 01/07 Tue 6:30p Dillemeth 1-2 hr](#)

### Approachable Korean Cooking

Learn to cook some delicious Korean dishes in the simplest way possible. You will prepare Doenjang guk or jiggae, a traditional Korean soybean paste soup, bulgogi which will be marinated beef as the main dish, and we will wrap up with japchae, a popular glass noodle side dish that is easier than it looks! You will enjoy these dishes and flavor so much, you will want to add them to your go-to recipes!

Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105

[CN549 Syphax 113 03/19 Wed 6:30p Lee 1-3 hr](#)

### Traditional Soup for Wintertime

Stay warm this cold winter and learn how to prepare heartwarming soups. You will learn the secrets of preparing some of the most popular authentic Russian soups, such as Borscht or Beetroot soup and vegetarian soup called Rassolnik with mushrooms and barley, different types of the fresh and pickled vegetables. At the end of class enjoy tasty soups with some additions and freshly made garlic dinner rolls.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

[CN665 Syphax 113 02/06 Thu 6:30p Vassikova 1-3 hr](#)

### Hands On Blintzes (Crepes)

Maslenitsa is a cheerful farewell to winter, and the main attribute of this Slavic holiday were traditionally pancakes - round, ruddy, hot, since they were a symbol of the sun. Learn how to make and enjoy the authentic taste of Russian blintzes garnished with fresh sour cream and fruit jam. We will do savory stuffed blintzes with meat or vegetables as per your taste. Let's celebrate the sun, spring, and end the cold winter and enjoy a traditional cup of hot tea and a variety of delicious blintzes.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

[CN667 Syphax 113 03/17 Mon 6:30p Vassikova 1-3 hr](#)

### North Indian Minced Turkey and Chickpeas

Interested in Indian cooking? Here's your chance to explore the delicious flavors of India. Let India native Mother-daughter duo teach you how to make the north Indian family favorite dish of Keema with minced Turkey and green peas with the worldwide nutritious dish of Indian Chickpeas. These Indian dishes are flavorful and rich with Indian spices. Come and learn and then enjoy a freshly cooked meal in class.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

[CN416 Syphax 113 02/22 Sat 9am Bhatnagar 1-3 hr](#)

### Chicken Curry & Potato with Green Beans

Take a culinary journey and explore the delicious flavors of India. Let India native Mother-daughter duo teach you how to make the north Indian dish of Green Beans and Potatoes with the worldwide favorite dish of Indian Chicken Curry. These Indian dishes are bursting with flavor. Come and learn and then enjoy freshly cooked meal in class.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

[CN417 Syphax 113 03/15 Sat 9am Bhatnagar 1-3 hr](#)

### Traditional Indian Sindhi Cooking

Start your culinary journey by learning to prepare a traditional appetizer called Pakoras and cup of chai. The main dish will be delicious Dal lentils accompanied by freshly seasoned vegetables. Complete your meal with homemade roasted flatbread. You'll go home with recipes and in-depth culinary info so that you can recreate these fantastic dishes at home.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

[CN671 Syphax 113 02/26 Wed 6:30p Staff 1-3 hr](#)

## Writing & Communications

### Daytime Writers

Join this morning workshop for writers of every level, working in fiction or nonfiction; memoirs; short stories; travelogues; blogging-whichever prose genre appeals to you. Whether you're already working on something, needing a push to start or merely wanting a sounding board, here's your forum.

Arl. Res. \$169 Arl. Sr. \$159 Non-Res. \$179

[CE100 Online 03/05 Wed 1p Tevelin 5-2 hr](#)

### Poetry for All

Description: Whether you have experience in poetry or are new to the craft, this class is for you. Students will nurture their creativity through exercises and readings and will be given class time to write and share their poem with the group if they wish. This class will focus primarily on free-form poetry and unleashing boundless creativity.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

[CE267 Career Ctr. 103 02/25 Tue 6:30p Hannah 3-2 hr](#)

### Improv 1

Learn to improvise by playing games that will help you with memory, instinct, relationship building, confidence, and imagination. Yes, AND... you'll have tons of fun doing it by learning the basics of long-form improv!

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

[CE246 Kenmore 190 01/22 Wed 7p Funes 4-2 hr](#)

### Improv 2

Are you ready to take your improv skills to the next level? This class will pick up where we left off in level 1, by working on quick thinking techniques, effective acting and the use of your imagination and communication skills. The fun factor will also increase with your new skills.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

[CE247 Kenmore 190 02/26 Wed 7p Funes 4-2 hr](#)

### Act 1: Acting for Beginners

Discover the fun of being on stage and unleash your inner actor in this interactive class. Whether you're taking your first bow or looking to get back into the spotlight, this class offers a supportive environment to explore the fundamentals of acting, from expressive movement to authentic emotion. Through monologues, scene work, and observation, you'll develop dynamic characters, build your stage presence, boost your confidence, and expand your creative potential.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

[CE147 Kenmore Black Box 02/20 Thu 6:30p Lamberson 6-2 hr](#)

### Writing Your Own Screenplay

Have you ever seen a movie and thought you could do better? Here's your chance to learn or further develop your screenwriting skills. This class is for those with plenty of ideas but don't know where to begin, for those who started and need help finishing, and everyone in between. We will discuss generating ideas, creating believable characters, using effective storytelling, and organizing it all into a professional screenplay structure.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

[CE179 Online 01/18 Sat 10:30a Johnson 6-2 hr](#)

### Introduction to Creative Writing Workshop

Have you always wanted to write fiction? Here's your chance to learn how. This class covers all the basics of creative writing, from developing plots and characters to writing realistic dialogue. We'll also experiment with different types of fiction - from flash fiction to short stories and novels. Published fiction writers will visit class to share their insights on how they started writing and how they got published. No previous writing experience is necessary.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

[CE193 Online 01/07 Tue 7p Stevens 6-2 hr](#)

### Evening Writers

Calling all writers! This class is the perfect forum for honing your skills, experimenting with new writing forms and for preparing your work for sale and publication. Through weekly writing exercises and helpful group feedback, you'll see your writing develop and improve. We will cover the basics of writing memoirs, flash fiction, short stories, opinion pieces, letters to the editor -- and even novels. Published authors will visit class to give you their tips for getting started and getting published.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

[CE213 Online 02/18 Tue 7p Stevens 6-2 hr](#)

### Comprehensive Approach to Self-Publishing Your Book

Make your dream of self-publishing a book a reality. This comprehensive approach will cover all aspects of getting your book printed. We will cover: the why are you writing a book, costs, time, research, competitors, naysayers, earning potentials, editors, publishers, designers, timing, marketing and much more. Taught by a self-published author, who will offer solutions to challenges faced throughout the entire self-publishing process.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

[CE221 Online 01/22 Wed 7p Sullivan 2-2 hr](#)

### The Art of Small Talk

Good communication skills are the building blocks for healthy relationships. Learn techniques for connecting with others through conversation starters, breaking the ice, keeping conversations moving, choosing interesting topics, and navigating everyday conversation challenges with grace. Practice using conversation to build business and social connections.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

[CE263 Syphax 108 02/11 Tue 6:30p Dillemeth 1-2 hr](#)

### Travel Writing 101 Workshop

You have stories to tell from your travels and you think they should be published in a newspaper, magazine, or your own blog, but where do you start? This class provides an overview of the travel-writing world from ideation to publication, including tips on how to get started, different types of stories, a brief look at how to write a travel feature story, potential markets, and successful pitching. Whether you seek to write about places near or far, this class will help you turn travel experiences into published stories.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

[CE227 Online 01/07 Tue 6:30p Kennedy 1-2 hr](#)

### “Stand Up” to Comedy

Whether you are a more seasoned comedian looking to workshop with other creative minds or a first-timer to comedy hoping to learn how to get started, this class is for you! Time spent in class will help you form your stand up comedy set and practice techniques needed for an effective delivery. Coaching on public speaking, improvisational exercises and some great laughs included.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

[CE241 Kenmore 187 02/19 Wed 7p D'Errico 4-2 hr](#)

### Jumpstart Your Book Idea!

Have you always wanted to write a book? Save yourself hours of research by enrolling in this 90 minute workshop. Whether your dream book is a novel, non-fiction, memoir, or a book for children, join novelist Lee Gjertsen Malone as she takes you through the basics of getting started. We'll cover topics such as how long a book should be, to whether or not you should plan everything out or just start writing, as well as tons of resources to help you embark on your journey to becoming an author. Don't miss it!

Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55

[CE257 Syphax 108 02/06 Thu 7p Gjertsen 1-1.5 hr](#)

### The Art of Adult Friendships - Building Lasting Connections

Are you looking to forge deeper connections, expand your social circle, or gain skills to work through challenging moments in friendships? This course is your guide to navigating the intricate world of adult friendships. From the nuances of making new friends to the strategies for maintaining and nurturing these vital relationships, we'll equip you with practical skills and insights. Join us on this journey of self-discovery and connection-building. Don't miss the chance to create the deep and meaningful friendships you've always desired. Enroll today and start painting your own masterpiece in the art of adult friendships.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

[CE262 Syphax 171 03/06 Thu 6:30p Goff 1-2 hr](#)

## Art Classes

### Pottery Wheel - Introduction to Clay Throwing

The magic begins when you place your clay in the center of the wheel. Students will learn the skills to create simple but beautiful pieces of art using a pottery wheel. Plates, bowls, cups and more will be demonstrated and taught as each student uses the wheel. Art will be fired in the kiln and glazes will be applied in class. Roll up your sleeves and let the creativity begin.

Arl. Res. \$299 Arl. Sr. \$279 Non-Res. \$319

[FA230A W-L 1127 01/21 Tue 6:30p Parsons 6-2.5 hr](#)

[FA230B Wakefield Art Rm 01/08 Wed 6:30p Petro 6-2.5 hr](#)

[FA230C W-L 1127 01/09 Thu 6:30p Kim 6-2.5 hr](#)

## Arlington Community Learning

### Pottery Wheel - Introduction and Studio to Clay Throwing 2

Are you looking to move beyond basic pottery shapes? In this class, students will build on existing wheel skills to create simple but beautiful pieces of art using a pottery wheel. Bowls, mugs, jugs, and more will be demonstrated and taught as each student uses the wheel. Art will be fired in the kiln and glazes will be applied in class. Roll up your sleeves and let the creativity begin.

Arl. Res. \$299 Arl. Sr. \$279 Non-Res. \$319

[FA231A W-L 1127 03/04 Tue 6:30p Parsons 6-2.5 hr](#)

[FA231B Wakefield Art Rm 02/26 Wed 6:30p Petro 6-2.5 hr](#)

[FA231C W-L 1127 02/20 Thu 7p Kim 6-2.5 hr](#)

### Clay - The Art of Slab Construction: Beginning through Advanced

This class is designed for beginners to more advanced students who enjoy making fine art ceramic pieces using slab construction. The instructor will demonstrate the basic steps in the process as needed, and provide you with the support you need to find your personal expression in clay through sketches, models, building techniques, and glazing techniques. Create your own beautiful ceramic piece of art. The cost for the course includes the use of basic tools and the firing, but not the materials and supplies used. See website for supply list.

Arl. Res. \$279 Arl. Sr. \$259 Non-Res. \$299

[FA395 Kenmore Art Room 01/21 Tue 6:30p Norris 8-2.5 hr](#)

### Acrylic Painting for Beginners

There are many advantages to painting with acrylics. It is easy to correct mistakes, has low odor and dries quickly. Learn to paint with this wonderful art medium. Class size limited to 8 students. Follow along with paintings as directed by the instructor, or feel free to paint from photos or better yet from your imagination. Painting techniques and tips will be covered. This class will allow you to work at your own pace. Check website for the supply list.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

[FA241A W-L 1123 01/23 Thu 6:30p Parada 6-2 hr](#)

[FA241B W-L 1123 02/19 Wed 6:30p Oanes 6-2 hr](#)

### Acrylic Painting for Beginners Level 2

Take your newly acquired painting skills to the next level in this class. Foster your creativity as you further develop your artistic skills in class painting from photos and still lifes. Painting techniques and tips will be covered. This class will allow you to work at your own pace.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

[FA242 W-L 1123 03/20 Thu 6:30p Parada 4-2 hr](#)

### Painting with Paper

Different tools produce different art. Learn to use various papers as your delivery mechanism for color, shape and texture. You will create art by tearing, cutting, layering and gluing ephemera. You will also learn to turn “bleeding tissue paper” into “paint sticks”. The resulting art will be a unique expression of your interests and aesthetics. See website for examples.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

[FA269 Syphax 117 03/13 Thu 6:30p Gerard Young 2-2 hr](#)

### Personal Drawing Projects

This course is an excellent workshop for any student who wishes to practice their drawing skills. Further your study of composition and proportions by using still life subjects and printed images of your own choosing. If you're new, you will benefit from more experienced peers and instructor's guidance. Returning students will put to the test and improve their previously acquired techniques from prior classes. Techniques will include pencil, charcoal and more. See website for supply list.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

[FA259 Syphax 113 01/07 Tue 10a Hamdad 4-2 hr](#)

### Daytime Painting with Jane

Beginning through advanced, oil or pastels. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. You can work from still life set ups or from photographs. See website for supply list.

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275

[FA301A Nottingham Art Trailer 1 01/08 Wed 10a McElvany 8-2.5 hr](#)

[FA301B Nottingham Art Trailer 1 01/09 Thu 10a McElvany 8-2.5 hr](#)

### Pastel or Oil Painting

Beginning through advanced, oil or pastels. Students will pick one of these mediums. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. Teacher will demonstrate in both oil and pastel. You can work from still life set ups or from photographs. See website for supply list.

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275

[FA307A Nottingham Art Trailer 1 01/07 Tue 7p McElvany 8-2.5 hr](#)

[FA307B Nottingham Art Trailer 1 01/08 Wed 7p McElvany 8-2.5 hr](#)

### Brush Ink Painting from China & Japan - for Beginners Level 1

Discover the creativity and artistic freedom of this unique art media. Brush Ink Painting, popular in China and Japan, uses various shades of black and white to bring to life landscapes, still lifes, flowers, and other themes on rice paper. See website for supply list and samples of artwork.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

[FA361A Syphax 117 01/21 Tue 6:30p Weick 6-2 hr](#)

[FA361B Syphax 113 01/23 Thu 1p Weick 6-2 hr](#)

### Brush Ink Painting from China & Japan - for Beginners Level 2

Continue to explore this unique art media from China and Japan that dates back for centuries. Continue honing the techniques found in level 1, as you create various shades of black and white to bring to life landscapes, still lifes, flowers, and other themes on rice paper. See website for supply list and samples of artwork.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

[FA362A Syphax 117 03/04 Tue 6:30p Weick 4-3 hr](#)

[FA362B Syphax 117 03/06 Thu 1p Weick 4-3 hr](#)

### Acrylic Painting: Start at the Beginning

Do you want to learn (or review!) the basics of using acrylic paints. We will cover painting materials and techniques, including brushwork and the use of mediums. You will also learn color mixing, color temperature, glazing and simplified drawing techniques from photo references. Supplies included.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

[FA248 Nottingham Art Trailer 2 02/18 Tue 6:30p Herrington 6-2 hr](#)

### Mindful Watercoloring: Be Calm & Paint On!

Enjoy the calm of concentration. In this workshop course, we'll go through some simple meditative exercises and combine them together with watercolor techniques -- creating energetic, uplifting pieces to take home.

Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105

[FA463A W-L 1123 02/25 Tue 7p Loden 2-2.5 hr](#)

[FA463B Syphax 113 03/19 Wed 7p Loden 2-2.5 hr](#)



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### Watercolor Painting for Beginners

Watercolor techniques will be taught in this step-by-step, hand-on approach class. These effective techniques for watercolor painting include, color mixing, brush handling, value control, washes, glazing and masking. You will discover and practice a new skill each week. See website for supply list.  
Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189  
[FA426A Nottingham Art Trailer 2\\_01/15\\_Wed\\_10a\\_Benkert\\_6-2hr](#)  
[FA426B Nottingham Art Trailer 2\\_01/22\\_Wed\\_6:30p\\_Dahlberg\\_6-2hr](#)

### Watercolor for Beginners - Level 2

Further explore and develop your watercolor painting skills, color mixing, brush handling, value control in class. Washes, glazing & masking techniques will be practiced. See website for supply list.  
Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149  
[FA427A Nottingham Art Trailer 2\\_03/05\\_Wed\\_10a\\_Benkert\\_4-2hr](#)  
[FA427B Nottingham Art Trailer 2\\_03/05\\_Wed\\_6:30p\\_Dahlberg\\_4-2hr](#)

# Computer Classes

### Organizing Your Computer Files & Folders

Learn the basic skills for organizing photos, files and music on your computer and how to use Windows to create folders, display the date and time a file was last saved and sort by name or date. Also learn how to move files around on your computer, delete files, and create shortcuts on your desktop. Naming and searching for files will also be covered.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[BE209 Syphax 115 02/05\\_Wed\\_1p\\_Matos\\_1-2hr](#)

### Decrease Your Telecom Costs

Want to explore ways to decrease your landline, wireless and cable bills? In this highly informative class, find out about new technologies like Sling TV, Roku & YouTube TV. Find out how to get free HDTV, optimize your Wi-fi and go wireless to help save you money. Communicate via FaceTime & Google Voice or Ooma to replace your landline phone.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[BE230 Syphax 115 01/10\\_Fri\\_1:30p\\_Livingston\\_1-2hr](#)

### Build Your Free Website Using Wix.com

Learn to use the many templates and options available through Wix.com to create your free website. Use it as a personal website, or for the family, or for business or non-profit use. The options are endless. No programming required. Ages 18+  
Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75  
[BE355A Syphax 115 01/27\\_Mon\\_10a\\_Matos\\_1-2.5hr](#)  
[BE355B Syphax 115 02/03\\_Mon\\_6:30p\\_Matos\\_1-2.5hr](#)

### Create Multimedia Content with Canva

The class is designed for entrepreneurs and "want to be" influencers. Learn to effectively use Canva to create multimedia content for any business or organization. Learn key Canva systems (Generate QR Codes, Design Templates, and Video Production) and establish SEO terms that will help enhance marketing and communication workflows. At the end of class you will participate in an individual project that will include the design of a draft flyer, newsletter, and promotional materials. You can take this class at the Syphax Center or virtually from home.  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[BE336 Syphax 115-Hybrid\\_03/06\\_Thu\\_6:30p\\_Glover\\_2-2hr](#)

**Certificate classes are flexible, convenient and online with instructor support. Access class anytime between listed dates.**

**See online course description for more details!**

**Certificate in Data Analysis - Code BE100U**  
All three for \$495 or take them individually, price shown below.

**Introduction to Data Analysis**  
[BE101U Online\\_ Starts 02/03\\_ends on 02/28 - Tuition: \\$195](#)  
**Intermediate to Data Analysis**  
[BE102U Online\\_ Starts 03/03\\_ends on 03/28 - Tuition: \\$195](#)  
**Advanced Data Analysis**  
[BE103U Online\\_ Starts 04/07\\_ends on 05/02 - Tuition: \\$195](#)

**Certificate in Mastering Excel - Code BE105U**  
All three for \$495 or take them individually, price shown below.

**Mastering Microsoft Excel**  
[BE106U Online\\_ Starts 02/03\\_ends on 02/28 - Tuition: \\$195](#)  
**Intermediate Excel**  
[BE107U Online\\_ Starts 03/03\\_ends on 03/28 - Tuition: \\$195](#)  
**Advanced Excel**  
[BE108U Online\\_ Starts 04/07\\_ends on 05/02 - Tuition: \\$195](#)

**Graphic Design Essentials Certificate - Code BE133U**  
Take all three for \$545 or take them individually, price shown below.

**Adobe Illustrator Essentials**  
[BE134U Online\\_ Starts 02/03\\_ends on 02/28 - Tuition: \\$225](#)  
**Adobe Photoshop Essentials**  
[BE135U Online\\_ Starts 03/03\\_ends on 03/28 - Tuition: \\$225](#)  
**Adobe InDesign Essentials**  
[BE136U Online\\_ Starts 04/07\\_ends on 05/02 - Tuition: \\$225](#)

**Cybersecurity Certificate - Code BE165U**  
Take all three classes for \$495 or individually for a little more.

**Introduction to Cybersecurity**  
[BE166U Online\\_ Starts 02/03\\_ends on 02/28 - Tuition: \\$245](#)  
**Network Security and Defense Strategies**  
[BE167U Online\\_ Starts 03/03\\_ends on 03/28 - Tuition: \\$245](#)  
**Advanced Cyber Threat Analysis & Mitigation**  
[BE168U Online\\_ Starts 04/07\\_ends on 05/02 - Tuition: \\$245](#)

**SQL Certificate - Code BE115U**  
All three for \$595 or take them individually, price shown below.

**Introduction to SQL**  
[BE116U Online\\_ Class starts the 1st of each month - Tuition: \\$245](#)  
**Intermediate SQL**  
[BE117U Online\\_ Class starts the 1st of each month - Tuition: \\$245](#)  
**Advanced SQL**  
[BE118U Online\\_ Class starts the 1st of each month - Tuition: \\$245](#)

**Certificate in Mastering Computer Skills for the Workplace - Code BE150U**  
All three for \$495 or take them individually, price shown below.

**Mastering Microsoft Excel**  
[BE106U Online\\_ Starts 02/03\\_ends on 02/28 - Tuition: \\$195](#)  
**Mastering Microsoft Word**  
[BE152U Online\\_ Starts 03/03\\_ends on 03/28 - Tuition: \\$195](#)  
**Mastering Microsoft PowerPoint**  
[BE153U Online\\_ Starts 04/07\\_ends on 05/02 - Tuition: \\$195](#)

**Mastering Video Marketing Certificate Code BE122U**  
Both for \$395 or take them individually, price shown below.

**Video Marketing**  
[BE123U Online\\_ Starts 02/03\\_ends on 02/28 - Tuition: \\$195](#)  
**YouTube For Business**  
[ME124U Online\\_ Starts 03/03\\_ends on 03/28 - Tuition: \\$195](#)

**AI Certificate - Code BE160U**  
All three for \$495 or take them individually, price shown below.

**Introduction to ChatGPT**  
[BE161U Online\\_ Starts 02/03\\_ends on 02/28 - Tuition: \\$195](#)  
**Intermediate AI**  
[BE162U Online\\_ Starts 03/03\\_ends on 03/28 - Tuition: \\$245](#)  
**AI Planning and Strategies**  
[BE163U Online\\_ Starts 04/07\\_ends on 05/02 - Tuition: \\$295](#)

**Certificate In Web Design - Code BE129U**  
All three for \$595 or take them individually, price shown below.

**Introduction to Web Design**  
[BE130U Online\\_ Starts 02/03\\_ends on 02/28 - Tuition: \\$245](#)  
**Intermediate Web Design**  
[BE131U Online\\_ Starts 03/03\\_ends on 03/28 - Tuition: \\$245](#)  
**Advanced Web Design**  
[BE132U Online\\_ Starts 04/07\\_ends on 05/02 - Tuition: \\$245](#)

**Power BI Certificate - Code BE293U**  
All three for \$495 or take them individually, price shown below.

**Introduction to Power BI**  
[BE294U Online\\_ Starts 02/03\\_ends on 02/28 - Tuition: \\$195](#)  
**Intermediate Power BI**  
[BE295U Online\\_ Starts 03/03\\_ends on 03/28 - Tuition: \\$195](#)  
**Advanced Power BI**  
[BE296U Online\\_ Starts 04/07\\_ends on 05/02 - Tuition: \\$195](#)

### How to Use My Mac

Are you new to Mac Computers? Have you been using them for a while but not really sure you know what you're doing? Gain a foundational understanding on how to use your Mac. Learn how to create folders, organize and transfer files, prioritize which programs you use and delete things you don't need. Finally, learn techniques that will make your overall computer experience more enjoyable.  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[BE221A Syphax 115 02/18\\_Tue\\_6:30p\\_D'Errico\\_2-2hr](#)  
[BE221B Syphax 115 02/25\\_Tue\\_1p\\_D'Errico\\_2-2hr](#)

### Apple Mac + More

Now that you know the basics, come to further explore the Apple Ecosystem and make the most of your Mac. Learn about the Finder, System Settings, other features and menu items. Learn how to create and organize folders and files and how to rename, search for and find them. Learn how to sync all of your Apple devices (iMac/laptop, iPhone, iPad and Apple watch). Become more familiar with iCloud, Siri and Apple Wallet. Learn some trouble-prevention and trouble-shooting tips. Make your computing experience more enjoyable and productive with this hands-on class.  
Arl. Res. \$75 Arl. Sr. \$65 Non-Res. \$85  
[BE608 Syphax 115 02/26\\_Wed\\_1p\\_Shernson\\_2-1.5hr](#)

### Tune Up Your Mac

Prerequisites: Familiarity using a Mac. Learn how to handle routine maintenance, care, and prevention on your Mac desktop or laptop computer. Exercises will cover updating software, purging internet cache, using Disk Utility, verifying and repairing permissions, and an in-depth discussion of backup strategies. This is not a tech-savvy class; it is a class for anyone with a desire to keep their Mac running smoothly for a long time.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[BE512 Online\\_ 02/06\\_Thu\\_6:30p\\_Wang\\_1-2hr](#)

### Cybersecurity - Starting Your New Career

Learn the ins and outs of the Cybersecurity industry. How to get started, what to study and what IT certificates to obtain. Discover what a Cybersecurity Specialist does on a day to day basis and what type of career opportunities exist. Lastly, learn how to navigate the "clearance" and "top clearance" process to work for the federal government or government contractors. We will also discuss employment opportunities, salary range and even review some technical skills.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[BE339 Syphax 108 01/23\\_Thu\\_6:30p\\_Wingo\\_1-2hr](#)

### Anybody Can Code!

Computers increasingly pervade nearly every aspect of our lives. With some inking of how programs make computers work, you can feel empowered instead of intimidated. We'll introduce a few key computer science concepts, painlessly, and guide you through creating your first computer program -- no experience or math skills needed.  
Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75  
[BE214A Syphax 115 01/23\\_Thu\\_6:30p\\_Gutnick\\_1-2.5hr](#)  
[BE214B Syphax 171 01/24\\_Fri\\_10a\\_Gutnick\\_1-2.5hr](#)

### Computer Maintenance

Students will learn how to keep their computers running smoothly by learning to use system tools, utility programs, firewalls, and virus protection. They will also learn how to handle a computer crash, decipher error messages, delete files and unwanted programs and keep their computers updated automatically. In addition, computer hardware maintenance will be discussed, along with proper surge protection and wireless network protection.  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[BE387 Syphax 115 02/21\\_Fri\\_10a\\_Livingston\\_2-2hr](#)

### Python Programming - The Beginnings

Python is one of the most popular and easy-to-learn programming languages. We'll introduce you to the core concepts that underlie every computer language. We'll guide you through writing a simple game and move on to more advanced applications. No coding experience needed.  
Arl. Res. \$189 Arl. Sr. \$179 Non-Res. \$199  
[BE330 Syphax 108 02/20\\_Thu\\_6:30p\\_Gutnick\\_5-2.5hr](#)

# Arlington Community Learning

### Python Programming Level 1 - Getting Started

Learn introductory concepts of programming using the Python language. Starting from no coding experience, learn how to create and run programs that perform tasks such as calculating price quotes. Topics: Setting up, Print, Variables, Debugging, Loops, Branching, Functions, Application project.  
Arl. Res. \$169 Arl. Sr. \$159 Non-Res. \$179  
[BE331 Online\\_02/06\\_Thu\\_6:30p\\_Wang\\_4-2.5hr](#)

### Python Programming Level 2 - Object Oriented Programming

Continuing from level 1 (prerequisite). Learn the theory and practice of the big picture of modern programming: OOP. Topics: Review, Classes and objects, Let/Set/Get, Var scope, Over-loading -riding, Encapsulation, Application project.  
Arl. Res. \$169 Arl. Sr. \$159 Non-Res. \$179  
[BE332 Online\\_03/06\\_Thu\\_6:30p\\_Wang\\_4-2.5hr](#)

### Create Your First Photobook

It's fun, easy and a great way to capture memories for a lifetime. You will learn how to create your own photobook, using online templates and websites. Strategies and tips will be covered and practice books will be created in class...but you'll learn how to create yours once you get home.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[BE349 Syphax 115 02/25\\_Tue\\_10a\\_Matos\\_1-2hr](#)

### Learn Computers at a SLOW Pace

This is a slow and steady computer class for those who need to learn the basics at a patient pace. Learn how to properly turn on and off the computer, use the mouse, and save a file. Discover what you can do on the Internet, from emailing photos, finding a job or an old friend, and do so safely. Finally, become comfortable and stress-free while using the computer.  
Arl. Res. \$105 Arl. Sr. \$95 Non-Res. \$115  
[BE441 Syphax 115 02/13\\_Thu\\_10:30a\\_Matos\\_3-2hr](#)

### Google, MUCH More Than Search

In this highly interactive class, learn and do better all things that are Google such as Gmail, search tips, organize photos w/ Google photos, creating a personalized/shared calendar, make free phone calls w/ Google voice, print anything/anywhere with cloud print, download books, apps, music & more from the Google play store, utilize, Google Keep to take notes, Google Translate to over 50 languages & much more.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[BE366 Syphax 115 01/17\\_Fri\\_10a\\_Livingston\\_1-2hr](#)

### Selling On eBay

Have a lot of "stuff" in your garage/basement collecting dust? In this "How to sell on eBay" course you will learn how to list items for sale, tend the auction, finalize the sale w/ PayPal. You also learn all the tips and tricks to maximize your online auction experience, all part of this fun eBay class. Prerequisite: Have an item in mind that you would like to sell when you come to class. Learn how to use eBay effectively today!  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[BE527 Syphax 115 03/07\\_Fri\\_10a\\_Livingston\\_2-2hr](#)

### WordPress - Create Free Professional Looking Websites

WordPress is the most popular free open source Content Management System used by organizations, private businesses and individuals. Through demonstrations and hands-on instructions given by the instructor, you will learn how to design professional looking full-blown websites with a user-friendly interface, blogging abilities and zero coding knowledge.  
Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149  
[BE396 Online\\_01/21\\_Tue\\_6:30p\\_Hamdad\\_4-2hr](#)

### Microsoft Excel 2016 - Level 1

Become competent in Excel by doing lots of exercises and short lectures. Starting with navigation and entry tips, work up through formatting, formulas, functions and charts. Observe common traps and their solutions. Finish with portfolios of projects. Ideal for re-introduction or for students with current minimal skills. Prerequisite: Comfortable with Windows or Mac.  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[BE424A Syphax 115 01/21\\_Tue\\_10a\\_Matos\\_2-2hr](#)  
[BE424B Syphax 115 03/04\\_Tue\\_6:30p\\_Matos\\_2-2hr](#)

### Microsoft Excel 2016 - Pivot Tables for Beginners

Do you stare at rows of data and not know how to make a decision? Unlock the power of pivot tables. Go through a series of exercises using different tables of data and scenarios. Learn to nest fields, filter results and sort. Finish with a review that emphasizes common mistakes. Prerequisite: Working knowledge of Excel.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[BE458 Syphax 115 03/20\\_Thu\\_6:30p\\_Matos\\_1-2hr](#)

### Google Docs/Drive: An Introduction To Google Workspace

Come experience the power of Google Docs. We will review Google's version of a spreadsheet, word processor and presentation software, very similar to what Microsoft Office offers. The best thing is that you can access your files from anywhere, work from anywhere and collaborate with anyone. And remember, it's all free with your Google account.  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[BE524A Syphax 115 02/19\\_Wed\\_7p\\_Matos\\_2-2hr](#)  
[BE524B Syphax 115 03/05\\_Wed\\_10a\\_Matos\\_2-2hr](#)

### Get Smart with Your Android Smartphone (or Tablet)

It's more than just a phone! Your Android device puts an incredibly powerful computer in the palm of your hand, but it can be daunting to harness all that power. We'll give you plenty of tips so you can use it more effectively, and we'll highlight add-on programs ("apps") which improve your productivity and maybe even provide some fun.  
Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105  
[BE453A Syphax 171 01/30\\_Thu\\_6:30p\\_Gutnick\\_2-2.5hr](#)  
[BE453B Syphax 171 01/31\\_Fri\\_10a\\_Gutnick\\_2-2.5hr](#)

### Get Smart with Your iPhone (or iPad)

It's more than just a phone! Your iPhone or iPad puts an incredibly powerful computer in the palm of your hand, but it can be daunting to harness all that power. We'll give you plenty of tips so you can use it more effectively, and we'll highlight add-on programs ("apps") which improve your productivity and maybe even provide some fun.  
Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105  
[BE537A Syphax 171 01/09\\_Thu\\_6:30p\\_Gutnick\\_2-2.5hr](#)  
[BE537B Syphax 171 01/10\\_Fri\\_10a\\_Gutnick\\_2-2.5hr](#)

### Today's Technology for Baby Boomers

Confused about all the technology that society is using? Want to stay connected and learn to utilize the latest in computers, tablets & wireless devices? This informative, 2-session course will delve into cell/smart phones, social media (Facebook, Linked In, X, Instagram, etc.). Decipher icons on your smart devices, Learn about App Store, Apple Music, I pads & useful apps to make your life easier & more productive. What the differences between wi-fi & Bluetooth are & Snapchat/What's App to connect with your family, friends & community.  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[BE390 Syphax 115 01/24\\_Fri\\_10a\\_Livingston\\_2-2hr](#)



Check us out online at [www.apsva.us/acl](http://www.apsva.us/acl) or call us at (703) 228-7200

## Real Estate & Finance

### Estate Planning Essentials

An estate plan that works, melds counseling-based estate planning to meet changing client objectives and a shifting legal environment. How to establish a plan and keep it current, understand living trusts, wills, substitute decision-makers, disability planning, long-term care, and (mis)use of joint tenancy with adult children, will be examined so you can plan properly. Also addressed are the hidden traps in beneficiary designations of retirement plans, insurance and annuities.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[FP01 Online 01/25 Sat 10a Mothershead 1-2 hr](#)

### Get That Will Written!

It's never too early to get your "last will and testament" written. If you don't have a will, you're taking your chances at protecting your spouse, your kids, and your hard-earned finances. The financial security of your family is simply too important to put off. Learn what would be written in your will, the typical costs associated with writing a will, and what other considerations, resources and alternatives are available to you. Get the information you need to make informed decisions.  
Arl. Res. \$75 Arl. Sr. \$65 Non-Res. \$85  
[FP04 Syphax 171 03/05 Wed 7p Okpalaobieri 2-1.5 hr](#)

### Your Power of Attorney and Medical Directives

The Virginia Department of Aging has stated that medical directive forms can be completed without the assistance of a lawyer, but you may want to consult one to ensure that you have completed it correctly. This class will ensure that you do so. Learn the other uses of a Power of Attorney. This class is taught by an attorney who can point you in the right direction.  
Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55  
[FP06 Syphax 171 03/19 Wed 7p Okpalaobieri 1-1.5 hr](#)

### Special Needs Planning

Planning for the future for Special Needs Persons and their parents is important. Gain a solid understanding of the guardianship and estate planning for Special Needs Individuals. We will cover who needs guardianship, alternatives to guardianship, and what is the court process. Additionally, we will focus on special needs Estate planning, including: what is a special needs trust, what does it contain and the various types.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[FP08 W-L 2016 01/01 Wed 6:30p Zettlin 1-2 hr](#)

### Pre-Retirement Guide for Federal Employees

If you are a Federal employee considering retirement, this class is for you! Get the information you need to make informed decisions about your retirement from Federal service. We will focus on the choices and implications you face with your Health insurance, Medicare, Federal Employee Group Life Insurance, Social Security claiming strategies, Thrift Savings Plan, and Tax Surprises.  
Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75  
[FP14 W-L 2023 02/04 Tue 6:30p Davidson 1-2.5 hr](#)

**[Certificate in QuickBooks Online - Code ME050U](#)**  
Both for \$395 or take them individually, price shown below.

### QuickBooks Online Level 1

[BE051U Online Starts 02/03, ends on 02/28 - Tuition: \\$195](#)

### QuickBooks Online Level 2

[BE052U Online Starts 03/03, ends on 03/28 - Tuition: \\$195](#)

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### ABC's of Investing

This is a primer course in investing. Review stocks, bonds and short term investments, what they can do for you and how to buy and sell them. You will learn where to find and how to read financial information to monitor your investments. Cover the nuances of choosing stocks for growth or income; call features on bonds; whether to choose taxable or tax free bonds; how the exchanges work; and how to or if to use a professional. Discuss how to invest assets in retirement accounts. There will be a discussion of investment "packages" and how to analyze them.  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[FP18 W-L 2023 02/11 Tue 6:30p Davidson 2-2 hr](#)

### Tax Savings and Planning through Four Stages of Retirement

If you are between 50 to 70 years old, this 90 minute class can save you thousands in retirement. Just one of many items taught in class can make a significant difference in your retirement planning. How much do you need invested to comfortably retire? What will the healthcare costs be? How much in taxes will I have to pay in retirement? Get the answers in class.  
Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55  
[FP22 W-L 2213 01/21 Tue 6:30p Davidson 1-1.5 hr](#)

### Your Money: Financial Challenges in Retirement and How to Meet Them Head-On

The prospect of retirement can be a welcome though somewhat nerve-racking change in your lifestyle. To help you understand the adjustments you will need to make, we will discuss the unique financial challenges faced in preparing for retirement and solutions to help you take charge of your financial future and avoid those pitfalls.

Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55  
[GI734 W-L 2018 01/14 Tue 6:30p Davidson 1-1.5 hr](#)

### Build Your Custom Home

Discover from a Class A Contractor and Home Building Professional, all the steps necessary to build your custom home in Arlington. Learn about lot sizes/shapes, neighborhood considerations, and land acquisition. Understand project planning, budget considerations, and contracts. Become familiar with all aspects of the building process from foundation to finishes. Learn the "order of things" and terminology so you won't be confused during the building process. Bring a home survey plat for the question/answer period at the end of the class.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[GI681 W-L 2018 02/18 Tue 6:30p Kacher 1-2 hr](#)

### Renovations and Home Additions

Would you like to add office space or a new primary suite? Let Cindy, a Class A Contractor and Home Building Professional teach you the steps necessary to improve your existing home. This workshop is useful for whether you'll be working within your home's existing footprint or expanding your living space. Feel free to bring a copy of your home's existing interior floorplan and your lot's existing survey plat for the question/answer period at the end of the class.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[GI695 W-L 2018 02/25 Tue 6:30p Kacher 1-2 hr](#)

### **[Bookkeeping Certificate - Code ME055U](#)**

All three for \$495 or take them individually, price shown below.

### Understanding Debits & Credits

[ME056U Online Starts 02/03, ends on 02/28 - Tuition: \\$195](#)

### General Ledger and Month End Procedures

[ME057U Online Starts 03/03, ends on 03/28 - Tuition: \\$195](#)

### Closing Procedures and Financial Statements

[ME058U Online Starts 04/07, ends on 05/02 - Tuition: \\$195](#)

### Operating an Airbnb or Short Term Rental

Learn how to rent out a space in your home here in Arlington or rent out a home or apartment elsewhere as an Airbnb or short term vacation rental. Find out what rules/regulations apply to short term rentals, how to set up an account and listing on Airbnb, how to effectively set up and market your space, how to set the right price, provide excellent customer service, and deal with common short term rental problems. We will focus on Arlington County short term rental regulations - but will also discuss how to locate regulations in other jurisdictions as well.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[GI696 Syphax 171 02/27 Thu 6:30p McCall 1-2 hr](#)

### Landlording

Are you a landlord or are you considering renting out your home or purchasing an investment property? This class will help you understand your rights and responsibilities as a residential landlord in Virginia. Determine whether your rental(s) are exempt from the Virginia Residential Landlord Tenant Act and learn the essentials on how to avoid landlord/tenant problems from the onset. We will also discuss collections and the eviction process.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[GI640 Online 02/08 Sat 10a Mothershead 1-2 hr](#)

## General Interest

### Make-Up Magic

Makeup can be MAGIC when properly applied. Learn how to prepare your face and properly apply makeup with basic colors and application techniques to enhance your facial assets and minimize other features. Achieve an attractive appearance by creating a desired illusion with makeup. You will go step-by-step to create a natural and professional look as you do a full face makeup application. Before and after photos are taken.  
Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75  
[GI113A Syphax 117 01/25 Sat 10a Farnham 1-2.5 hr](#)  
[GI113B Syphax 117 03/01 Sat 10a Farnham 1-2.5 hr](#)

### Haircutting

Learn the latest techniques in haircutting. Learn how to cut hair for men, women, and children. Course will also cover the proper use of scissors, clippers, trimmers, razors, and various haircutting combs. Save your money, learn to cut hair! Not a licensed course. Course taught in the Cosmetology Lab at the Career Center. You must purchase your own mannequin, see website supply list for suggested locations.  
Arl. Res. \$199 Arl. Sr. \$189 Non-Res. \$209  
[GI118 Career Ctr. Cosmo Lab 01/29 Wed 7p Peake 6-2.5 hr](#)

### Self Defense & Situational Awareness for Women

This 90-minute workshop will provide you with the "best practices" in self defense and personal safety. Become more attuned to your surroundings, your environment, be aware of "red flag" situations, learn to rely on your senses. Your instructor will also demonstrate and explain techniques on how to de-escalate a situation, how to escape an attack and break away from a physical altercation. Don't miss this workshop - spread the word, sign up with a friend.  
Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55  
[GI614A Syphax 171 02/13 Thu 7p 1-1.5 hr](#)  
[GI614B Syphax 171 03/13 Thu 7p 1-1.5 hr](#)

### Genealogy 101 - Discover Your Family History

Family history connects us to our ancestors and it's never been easier to find them. So many resources are now available at our fingertips. Come learn how to get started; how to search for records on FamilySearch, Ancestry and other resources; and how to evaluate and share what you find.  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[GI146 Syphax 115 01/21 Tue 6:30p Flake 2-2 hr](#)

### Genealogy Beyond the Basics: Proven Research Methods and Breakthrough Techniques

Move beyond the basics of genealogical research and apply proven methods to find answers faster and more efficiently. These are the same methods used by professionals to systematically break down "brick walls" and resolve convoluted problems in family history research. The emphasis of this course will be on research in the United States, but many of the principles are applicable to genealogical research in other countries. See full course description online.  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[GI143 Syphax 171 02/11 Tue 7p Shepherd 2-2 hr](#)

### Genetic Genealogy: Supercharge Your Research with DNA

Take your genealogical research to the next level by incorporating DNA analysis. DNA is upending the genealogical world, but while millions of people have taken DNA tests, most do not know how to fully leverage the results. This intermediate level class gives students the tools they need to make DNA work for them in their research. See full course description online.  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[GI142 Syphax 108 03/04 Tue 7p Shepherd 2-2 hr](#)

### Aging in Place: How to Live Independently at Home Longer

Mobility needs change as one ages, sometimes drastically and suddenly due to injuries or illness. Learn how Professional Interior Designers integrate specialized finishes, furnishings, and equipment into the home for safe, comfortable, and beautiful spaces that still look and feel like home and not clinical. Learn what specific details are the keys to successfully living in one's home for as long as possible. See full course description online.  
Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75  
[GI147 Online 02/20 Thu 6:30p Tamburro 1-2.5 hr](#)

### Designing Your Home Landscape

Learn everything you need to know about designing and maintaining a residential landscape. Taught by a professional landscaper, students will learn important aspects of landscape design, such as: sun vs shade, tree location, water drainage and erosion, lawn, esthetics and security. We will also discuss patios, walkways and ground cover. Photo analysis and critique of your yard will be available.  
Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95  
[GI199 Online 03/05 Wed 7p Sullivan 2-2 hr](#)

### Fresh Flower Arrangements

Learn how to assemble and arrange lovely floral designs. Topics will include the conditioning and preparation of flowers, composing two designs in complementary containers, proper use of greens and fillers and basic color combinations and shapes. All class materials (containers, foam, flowers, etc.) are included in the tuition. Bring sharp hand clipper or scissors to class.  
Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119  
[FA354A Syphax 117 03/06 Wed 6:30p Woldie 1-2.5 hr](#)  
[FA354B Syphax 113 03/26 Wed 6:30p Woldie 1-2.5 hr](#)

## Arlington Community Learning

### Discover Your Impact Abroad: A Workshop on Working and Volunteering Overseas

Join us for an informative workshop focused on opportunities to work or volunteer abroad. Learn valuable insights and practical information about international work, including how to overcome challenges and maximize your impact. Whether you're considering a career change, interested in volunteering, or just curious about global opportunities, this workshop is your chance to understand how you can make a difference worldwide. Featuring a special guest speaker.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[GI344 Syphax 225 03/06 Thu 6:30p Peña 1-2 hr](#)

### Make Online Dating Rewarding

Take your online dating strategy to the next level. Put your best face forward and avoid red flags while leveraging dating apps and more. Learn the tools needed to connect online with like-minded people. Discover the various apps that are available, understand their dating goals, Learn how to create a profile that gets results, and how to take dating from online to in-person in a safe and fun way.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[GI171 Syphax 108 03/15 Sat 10a Hollis 1-2 hr](#)

### Bicycle Maintenance & Repair

Lecture/demonstration on bike fit, breakdown repairs, and the inspection, adjustment, lubrication, and renovation of diverse components. Bike not required.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[GI813A Career Ctr. Auto Lab 02/20 Thu 7p Herndon 1-2 hr](#)  
[GI813B Career Ctr. Auto Lab 03/18 Tue 7p Herndon 1-2 hr](#)

### Historical European Martial Arts

The martial arts of medieval Europe were sophisticated systems of combat, in armor and without. Two opponents might engage with spear, sword, sword and buckler, dagger, or even unarmed. This unique workshop will focus on the martial arts system of medieval Europe. In addition to the weaponry and skills of the time, you will learn about the surviving documents from which these techniques are based.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[GI187 W-L 2017 02/26 Wed 7p Muir 1-2 hr](#)

### Discovering Astronomy

Have you ever looked at the night sky and wondered what lies beyond, or how vast space really is? Discover the nature of the universe, including the earth, moon, sun, planets, stars, galaxies and beyond. This introductory class is designed for beginners with little or no knowledge of astronomy. Learn about the different objects in the sky, the scale of the solar system and galaxy, and view some of the objects through telescopes during our evening observing session. Date and location of the observation will be announced in class.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[GI345 Syphax 173 03/06 Thu 7p Kagy 1-2 hr](#)

### Keeping Yourself Professionally Active in Retirement

You've gained plenty of knowledge and experience while working, don't let it go to waste. Stay professionally active in retirement by exploring many different ways of putting your expertise to work. Start a business, become a consultant, provide guidance to others getting started. Mentoring, coaching tutoring, teaching, and much more is available to you now that you have the time. You can even make some money on the way.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[GI560 Syphax 115 02/28 Fri 1:30p Livingston 1-2 hr](#)

### Keeping Yourself Socially Engaged in Retirement

Now that you have the time, get involved in your community. You'll learn about many resources and organizations where you can put your skills to use. There are an abundance of non-profit organizations in the area that can benefit from your expertise. Teach, mentor or coach others. Learn about MeetUp groups, and online resources to stay engaged. Opportunities abound.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[GI562 Syphax 115 02/21 Fri 1:30p Livingston 1-2 hr](#)

### New Year, New Me: Creating Positive Mental Health Practices

Learn practical tools to enhance your mental well-being. Discover fundamental aspects of mental health, aiming to dispel misconceptions while promoting a positive outlook. Learn the factors influencing mental health, including stress, lifestyle, and relationships and explore actionable strategies for stress management, emotional resiliency, coping skills, nurturing optimism, and encouraging self-care practices and the importance of regular physical activity.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[HE217 Syphax 171 01/23 Thu 6:30p Goff 1-2 hr](#)

### Mindfulness Walking & Meditation Workshop

Move through life more mindfully. In this workshop, explore walking meditation and mindful wandering—a journey that grounds, calms, and brings you fully into the present moment. You'll learn to slow down, synchronize your breath with movement, and attune to the sights, sounds, and textures around you. Practice holding the space you need, regardless of the world's pace. Leave class with practical strategies and insights for living more meaningfully, centered, and connected each day.  
Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65  
[HE452A Kenmore Library 01/27 Mon 7p Tsaima 1-2 hr](#)  
[HE452B Syphax 126 04/01 Tue 1p Tsaima 1-2 hr](#)

### Effective & Mindful Breathing Workshop

Unlock the benefits of mindful breathing! In this experiential workshop, you'll learn how to engage your diaphragm properly and deepen relaxation from within. Reduce stress, anxiety, and overwhelm while regulating your mood with one of the most effective tools to soothe the fight-or-flight response. By incorporating these techniques into your daily routine, you'll improve your quality of life, breathe more easily, release tension, and empower yourself to navigate life's challenges with greater ease and resilience.  
Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55  
[HE453A Syphax 117 02/18 Tue 1p Tsaima 1-1.5 hr](#)  
[HE453B Kenmore 116 02/12 Wed 7p Tsaima 1-1.5 hr](#)

### Everyday Mindfulness & Meditation

This course introduces you to mindfulness and meditation, helping you find inner peace through strategies that can be seamlessly woven into your daily routines. You'll learn to activate your senses—sight, taste, sound, smell, and touch—to fully immerse yourself in the present moment. Together, we'll address barriers to integrating mindfulness into everyday life, explore basic meditation techniques, and create personalized practices that truly resonate and stick. Join a supportive community on this transformative journey toward better living.  
Arl. Res. \$105 Arl. Sr. \$95 Non-Res. \$115  
[HE455 Syphax 171 03/05 Wed 1p Tsaima 4-1.5 hr](#)

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Check us out online at [www.apsva.us/acl](http://www.apsva.us/acl) or call us at (703) 228-7200

### **Discover Your Inner Strength**

This unique course will give you effective techniques to boost your self-esteem and harness your inner strength, which in turn will help you lead a more empowered life. Through a combination of interactive sessions, reflective exercises, and practical strategies, learn to recognize your own worth, overcome self-doubt, and build a foundation of self-confidence that can be applied to both your personal and professional life.

ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235  
[G1339 Syphax 173 02/06 Thu 6:30p Van Buren 8-2 hr](#)

### **Jewelry Making: Learn to Bead Loom!**

Learn the basics of jewelry making with this introductory class in bead looming. Learn to set up your bead loom, select beading patterns, and learn to properly use jewelry making tools to successfully complete your project. Demonstrations will be given every step of the way. You will make a bracelet in class, but the skills you will learn will allow you to make additional pieces, including a lanyard, choker, or even earrings from home! See website for supply list.

ArL. Res. \$55 ArL. Sr. \$45 Non-Res. \$65  
[HE337A Syphax 108 01/16 Thu 6:30p Duffy 1-2 hr](#)  
[HE337B Syphax 113 01/22 Wed 1p Duffy 1-2 hr](#)

### **Jewelry Making - The Basics**

Learn the basics for jewelry making. We will cover techniques such as stringing, knotting and wire wrapping. During class you will make a strung bracelet, a silk knotted bracelet, and a wire wrapped bracelet. You will also learn how to make matching sets of earrings. All supplies are included.

ArL. Res. \$129 ArL. Sr. \$119 Non-Res. \$139  
[HE339 Syphax 108 01/30 Thu 6:30p Duffy 3-2 hr](#)

## **Business & Career**

### **Kickstart Your Side Hustle on Amazon**

Discover how to profit from the biggest online marketplace. Learn from an instructor who has sold on Amazon in the US, Canada, and the UK. You will learn how to locate suppliers, set up your Amazon store, manage your listings and inventory, as well as other tactics, in this course.

ArL. Res. \$75 ArL. Sr. \$65 Non-Res. \$85  
[G1829 Syphax 115 02/06 Thu 7:30p Imarati 2-1.5 hr](#)

### **Applying for a Government Job**

Thousands of people will retire from the federal government this year, and the United States government will need qualified people to fill those positions. Learn to decode the federal job websites, and create an application that best highlights your qualifications and unique abilities.

ArL. Res. \$65 ArL. Sr. \$55 Non-Res. \$75  
[G1838 Syphax 108 02/25 Tue 6:30p Law 1-2.5 hr](#)

### **Emotional Intelligence Skills to Boost Your Career**

Discover how emotional intelligence can give you an edge in your job search and career growth. In this interactive workshop, you'll dive into the essence of emotional intelligence, and how it affects job search, business performance, and career progression. You'll leave with practical steps you can take to enhance your own "EQ", equipping you with skills needed to excel in today's workplace.

ArL. Res. \$55 ArL. Sr. \$45 Non-Res. \$65  
[ME230A Syphax 173 02/20 Thu 6:30p Richards 1-2 hr](#)  
[ME230B Syphax 171 03/20 Thu 6:30p Richards 1-2 hr](#)

### **Small Business Start-Up**

Creating your own part-time or full -time business enterprise can be an exciting and rewarding adventure. This seminar will review the entrepreneurial and administrative skills needed for success. Options for legal structuring a business will be reviewed, such as sole proprietorship, partnership, LLC, and incorporation. Tools and strategies for efficient daily management will be discussed, along with a review of marketing, finances, expansion, and other crucial elements to a successful startup. Learn how to successfully start your own business enterprise.

ArL. Res. \$95 ArL. Sr. \$85 Non-Res. \$105  
[ME300 Online 01/18 Sat 2p Bromley 2-2.5 hr](#)

### **Secrets of Successful Consulting**

Take the mystery out of developing a successful consulting practice. Learn techniques that locate and attract clients who will pay for the real value of your services. Determine how to price your services and obtain qualified referrals. Topics include targeting your customers, networking for results, obtaining free publicity, and more.

ArL. Res. \$85 ArL. Sr. \$75 Non-Res. \$95  
[ME350 Syphax 173 03/05 Wed 6:30p Livingston 2-2 hr](#)

### **Entrepreneurship Certificate Code ME015U**

All three for \$495 or take them individually, price shown below.

### **Entrepreneur Boot Camp**

[ME016U Online Starts 02/03, ends on 02/28 - Tuition: \\$195](#)

### **The Business Plan**

[ME017U Online Starts 03/03, ends on 03/28 - Tuition: \\$195](#)

### **Entrepreneurial Marketing**

[ME018U Online Starts 04/07, ends on 05/02 - Tuition: \\$195](#)

## **Medical Industry**

### **Pharmacy Technician**

The need for Pharmacy Technicians continues to grow with demand expected to increase substantially through 2024. Technicians work under the supervision of a registered pharmacist in hospitals, home infusion pharmacies, community pharmacies and other healthcare settings. This high demand for pharmacy technicians is the result of a multitude of factors including the constant availability of new drugs, the national shortage of registered pharmacists, the establishment of certified pharmacy technicians, and the aging population. Approximately 400,000 technicians will be employed by the year 2024 to meet our nation's growing healthcare demands. Payment plans available. This course includes all study materials and an optional externship. See online description for more details.

Tuition: \$1,299  
[MD24C Start Anytime, Access Your Class Anytime](#)

### **Medical Billing and Coding**

Medical billing and coding is one of the fastest-growing careers in the healthcare industry today! The need for professionals who understand how to code healthcare services and procedures for third-party insurance reimbursement is growing substantially. Physician practices, hospitals, pharmacies, long-term care facilities, chiropractic practices, physical therapy practices, and other healthcare providers all depend on medical billing and coding for insurance carrier reimbursement. This course includes all study materials and an optional externship. See online description for more details.

Tuition: \$1,799  
[MD12C Start Anytime, Access Your Class Anytime](#)

### **Dental Assistant**

The Dental Assistant program prepares students for entry-level positions in one of the fastest growing healthcare professions. With the national increase in healthcare-related services, and the national shortage of healthcare professionals, the need for dental assistants is growing substantially. With a growing workforce over 300,000 strong, a career in dental assisting ranks as the fourth fastest growing occupation in the healthcare technician field. This course includes all study materials and an optional externship. See online description for more details.

Tuition: \$1,299  
[MD09C Start Anytime, Access Your Class Anytime](#)

**Looking to start a new career in the medical field? Visit our website [apsva.edu2.com](http://apsva.edu2.com) to see a variety of certification courses, taught online with in-person externship opportunities.**

## **Textile Arts**

### **Sewing - Level 1**

Sewing class is designed for beginners. There will be an introduction to the sewing machine, sewing terms, fabrics, patterns, pressing technique, and notions. First class project will prepare you for Sewing II. Bring thread and scissors to first class. Supply list distributed at first class.

ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[HE600A Syphax 117 01/15 Wed 12:30p Hunter 6-2 hr](#)  
[HE600B Syphax 117 01/15 Wed 6:30p Hunter 6-2 hr](#)  
[HE600C Syphax 117 01/16 Thu 7p Hunter 6-2 hr](#)  
[HE600D Syphax 117 01/13 Mon 7p Jackson 6-2 hr](#)

### **Sewing - Level 2**

Continue to advance your sewing skills in this class, and make a garment. Project and supply list distributed at first class.

ArL. Res. \$139 ArL. Sr. \$129 Non-Res. \$149  
[HE601 Syphax 117 03/10 Mon 7p Jackson 4-2 hr](#)

### **Sewing Circle - DIY Sewing Projects**

If you already know how to thread, and loop and the basics of your sewing machine, and simply need a scheduled time to sew, bounce ideas off of others and need occasional guidance from a teacher, this is the place for you! The Sewing Circle is a place to start, work on or complete your sewing projects in a fun, informative and creative atmosphere. Bring your ideas, projects, patterns and your own machine or use ours, and get ready for fun productivity. See website for supply list.

ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[HE615A Syphax 117 02/26 Wed 12:30p Hunter 6-2 hr](#)  
[HE615B Syphax 117 02/26 Wed 6:30p Hunter 6-2 hr](#)

### **Knitting - The Basics**

Curious about Knitting? Come learn the basics of knitting - casting on, knit, purl, and binding off. You'll learn to read a pattern and will begin working on a simple but attractive scarf. Supply list found on the website.

ArL. Res. \$139 ArL. Sr. \$129 Non-Res. \$149  
[HE620A Syphax 171 02/12 Wed 6:30p Whitehead 4-2 hr](#)  
[HE620B Syphax 126 02/26 Wed 1p Schoenbrun 4-2 hr](#)

### **Knitting & Crocheting Circle**

Class is geared towards students with some crochet and knitting experience. This class is for everyone who likes to start a new project (but is afraid to) or needs help finishing up. Let's get together and meet other yarn lovers to share favorite techniques and patterns. Class is taught by a certified knitting and crochet teacher.

ArL. Res. \$139 ArL. Sr. \$129 Non-Res. \$149  
[HE631 Syphax 126 02/22 Sat 10a Azimi 4-2 hr](#)

### **Basic Clothing Making & Tailoring**

Do you have a piece of clothing that you wish was in a different color or pattern? Learn how to recreate one of your favorite items of clothing. Do you have some clothes that just don't fit quite right? Maybe a little long or a too big or has a small rip or flaw? Learn techniques to make it fit just right! You will be introduced to basic pattern making, clothing making sewing techniques, and more. Requires a basic sewing knowledge and some experience with a sewing machine.

ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[HE638 Syphax 117 01/21 Tue 6:30p Feuerborn 6-2 hr](#)

### **Crocheting - The Beginnings**

Students will learn the basics of crocheting, including all basic crochet stitches, beginning and ending a project, as well as how to read a pattern. Students will produce a variety of small beginner projects that will cover all basic crochet skills, including a cowl, a toy, a hat, and a granny square. See supply list.

ArL. Res. \$139 ArL. Sr. \$129 Non-Res. \$149  
[HE650A Syphax 113 02/25 Tue 1p Whitehead 4-2 hr](#)  
[HE650B Syphax 150 02/25 Tue 6:30p Whitehead 4-2 hr](#)

### **Get Started with Cross Stitch**

Students will learn the basics of crocheting, including all basic crochet stitches, beginning and ending a project, as well as how to read a pattern. Students will produce a variety of small beginner projects that will cover all basic crochet skills, including a cowl, a toy, a hat, and a granny square. See supply list.

ArL. Res. \$55 ArL. Sr. \$45 Non-Res. \$65  
[HE609 Syphax 117 03/29 Sat 10am Kfoury 1-2 hr](#)

## **Music Classes**

### **BEETHOVEN! The G.O.A.T.**

He shocked the world and triggered the War of the Romantics. A classicist, a revolutionary, a boor, a genius, a social climber who created music (sometimes while totally deaf) that still astonishes. Furious at Napoleon, besotted by his nephew, outraged by the class system, tortured by inner demons, you'll explore the masterpieces and learn the incredible story of the titan who broke-and rewrote-the rules and changed music forever.

ArL. Res. \$55 ArL. Sr. \$45 Non-Res. \$65  
[MU012 Syphax 171 02/20 Thu 6:30p Munford 1-2 hr](#)

### **Crash Course in Classical Music**

In one fun, fast-moving 2-hour course you'll get a taste of the power, grace and beauty of music that can excite and enrich your spirit like no other art form. You'll learn the dramatic story of the growth, development, and flowering of this astonishing music, hear ravishing examples, meet amazing composers and gain an understanding of how and why this music is so uniquely affecting. And you'll leave with a roadmap of 100 "must hear" works to help you begin (or continue) your own lifelong journey through the exhilarating world of classical music.

ArL. Res. \$55 ArL. Sr. \$45 Non-Res. \$65  
[MU10A Syphax 171 03/04 Tue 1p Munford 1-2 hr](#)  
[MU10B Syphax 173 03/06 Thu 6p Munford 1-2 hr](#)

### **Music of the Middle Ages and Renaissance: Of Kings, Castles and Cathedrals**

Enjoy a delightful 2 hour journey through the exotic world of "Early Music" from the Medieval times of Richard the Lionheart to the High Renaissance of Michelangelo. And learn how the language of music was born, developed and refined through six centuries of some of the strangest and most breathtaking music you've never heard - from sackbuts & krumphorns to pavaues & passacaglias to risque motets to high masses.

ArL. Res. \$55 ArL. Sr. \$45 Non-Res. \$65  
[MU181 Syphax 171 03/18 Tue 10a Munford 1-2 hr](#)

## Arlington Community Learning

### **Arlington Cello Ensemble**

The Arlington Cello Ensemble is for adult intermediate to advanced cellists. Participants should be comfortable playing in bass clef in 1st thru 4th positions. The class will read and rehearse cello repertoire in a variety of styles including classical, jazz, pop, and others with the goal of performing a concert for the community. The class will be led by a professional musician with decades of performance experience who will provide instruction on a variety of cello-playing techniques. This is a fun opportunity to play with fellow cello enthusiasts, develop your skills, and spread the joy of music.

Tuition: \$139  
[MUACE01 Kenmore 116 01/16 Thu 7p Hartman 10-2 hr](#)

### **Arlington Flute Ensemble**

The Arlington Flute Ensemble is a class designed for adult intermediate to advanced flutists. It is comprised of C flutes however any additional auxiliary flutes such as alto flute, bass flute and contrabass flute are strongly encouraged to join. The focus will be on reading and rehearsing mainstream flute ensemble repertoire consisting of original compositions and arrangements of classical, jazz and pop styles. Interested parties will also participate in break-out groups such as duos, trios and quartets. Performance opportunities will include local community concerts. See online for full course description.

Tuition \$119  
[MUAEO1 Kenmore 63 01/08 Wed 7p De la Cerda Rohde 10-2 hr](#)

### **Voice Lessons for Adults - Level 1**

This Voice Lesson class is designed for students who want to improve and develop their singing talents. This class is for beginners and for those who have not experienced singing lessons or techniques before. Learn singing basics which will include methods of warm up, breath control, clear singing pronunciation of lyrics, scales, and terminology. You will practice singing songs throughout the course.

ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[MUVL01A Kenmore 68 01/15 Wed 6:30p Kemp 6-2 hr](#)  
[MUVL01B Kenmore 68 02/26 Wed 6:30p Kemp 6-2 hr](#)

### **Guitar - Beginning 1**

This class is designed for students who have no experience playing the guitar. Beyond learning basic music theory, you will learn chords, strumming patterns, finger placement, and several scales. You will be required to bring your own guitar (acoustic or electric) to class. Assignments / handouts will be provided.

ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[MUGU01A Kenmore 63 01/14 Tue 6:30p Delos Reyes 8-1.5 hr](#)  
[MUGU01B Kenmore 63 01/16 Thu 6:30p Delos Reyes 8-1.5 hr](#)  
[MUGU01C Online 01/16 Thu 11a Siekkinen 8-1.5 hr](#)

### **Guitar - Beginning 2**

Prerequisite: Guitar Beginning I or equivalent experience. This class will continue to assist you in learning chords, strumming patterns, finger placement, and several scales. Bring their own guitar to class.

ArL. Res. \$149 ArL. Sr. \$139 Non-Res. \$159  
[MUGU02 Kenmore 63 03/11 Tue/Thu 6:30p Delos Reyes 6-1.5 hr](#)

### **Ukulele - Beginning 1**

What has a sound that makes you smile when you hear it, is small and fun to play? The Ukulele of course. You'll learn the important skill of strumming and finger placement, playing chords and tempo. Do something different with your time, learn to play the Ukulele. Bring your own Ukulele to class. (Sorry, no baritone ukuleles.).

ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[MUUK01 Online 01/15 Wed 11a Siekkinen 8-1.5 hr](#)

### **Ukulele - Beginning 2**

Now that you got the basics down, start building on your skills in the level 2 class. We will continue to focus on strumming, chords and tempo. We will have you strumming basic songs in no time.

ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[MUUK02 Online 01/15 Wed 1p Siekkinen 8-1.5 hr](#)

### **Ukulele - Intermediate**

Continue building on what you've learned. Finger placement, speed and accuracy will be emphasized. In this class you'll begin to really enjoy the sounds coming from your Ukulele.

ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[MUUK04 Online 01/18 Sat 11a Siekkinen 8-1.5 hr](#)

### **Harmonica for Beginners**

Bring your own harmonica to class and learn how to play basic melodies, chords and standards in no time. We'll base our class on country and blues music, but the techniques you will learn can apply to other genres as well. No experience necessary. Required instrument: Diatonic harmonica in the key of C.

ArL. Res. \$105 ArL. Sr. \$95 Non-Res. \$115  
[MUHA01 W-L 2213 01/22 Wed 6p Dozier 6-1 hr](#)

### **Piano - Beginning 1**

Learn how to play piano. Class is for students with no piano playing experience. We will cover basic chords, rhythms, musical terms and the use of the metronome.

ArL. Res. \$149 ArL. Sr. \$139 Non-Res. \$159  
[MUPN01A Online 01/14 Tue 7p McGuire 6-1.5 hr](#)

ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235

[MUPN01B Syphax 126 01/27 Mon 6:30p Ruble 8-2 hr](#)  
[MUPN01C Syphax 113 01/29 Wed 10a Ruble 8-2 hr](#)

### **Piano - Beginning 2**

Prerequisite: Piano Beginning 1 or equivalent knowledge. Continue your study of the piano by becoming more proficient with chords and musical scales. More emphasis will be placed on reading music, rhythm and putting the notes together to create music.

ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235  
[MUPN02A Syphax 126 01/16 Thu 6:30p Ruble 8-2 hr](#)

ArL. Res. \$149 ArL. Sr. \$139 Non-Res. \$159

[MUPN02B Online 02/25 Tue 7p McGuire 6-1.5 hr](#)

### **Piano for Beginners 3**

Prerequisite: Piano Beginning 2 or permission from the instructor. Students will continue their study of the piano and become more proficient with chords. Emphasis will be placed on repertoire building.

ArL. Res. \$215 ArL. Sr. \$195 Non-Res. \$235  
[MUPN03A Syphax 126 01/15 Wed 6:30p Ruble 8-2 hr](#)  
[MUPN03B Syphax 117 01/16 Thu 1p Ruble 8-2 hr](#)

ArL. Res. \$149 ArL. Sr. \$139 Non-Res. \$159

[MUPN03C Online 01/16 Thu 7p McGuire 6-1.5 hr](#)  
[MUPN03D Online 02/27 Thu 7p McGuire 6-1.5 hr](#)

### **Piano - Intermediate**

ArL. Res. \$179 ArL. Sr. \$169 Non-Res. \$189  
[MUPN06A Online 01/14 Tue 10a McGuire 6-2 hr](#)  
[MUPN06B Online 02/25 Tue 10a McGuire 6-2 hr](#)



Check us out online at [www.apsva.us/acl](http://www.apsva.us/acl) or call us at (703) 228-7200

### Arlington Concert Band

The Arlington Concert Band is a wind and percussion ensemble for adult musicians. This group is seeking musicians with intermediate to advanced playing skills, or players who have studied previously and want to return to their musical past and focus on performing in an ensemble. Arlington Concert Band aims to be an ensemble that will not only provide a local opportunity for musicians, but will serve as a promoter of music and music education in our community. For more information and ensemble requirements visit [arlingtonconcertband.org](http://arlingtonconcertband.org) or email Raul Matos at [raul.matos@apsva.us](mailto:raul.matos@apsva.us). Annual Membership Fee is only \$69. (Bring your own instrument)

W-L Band Rm 01/14 Tue 7p Kirchenbauer 10 - 2 hr

### Arlington Concert Orchestra

The Arlington Concert Orchestra is seeking musicians with intermediate to advanced musical skills, and all those who used to play an orchestral instrument and are looking to get back into a performance ensemble. This is a wonderful opportunity to play in a high caliber, volunteer orchestra! High quality performances, education, and fun are at the heart what we do.

Registration fee \$69 per semester. (Bring instrument)

Kenmore Band Rm 01/13 Mon 7p Hartman 10 - 2 hr

<a href="#">MUACO A - Violin</a>	<a href="#">MUACOF - French Horn</a>	<a href="#">MUACOK - Clarinet</a>
<a href="#">MUACOB - Cello</a>	<a href="#">MUACOG - Tuba</a>	<a href="#">MUACOL - Percussion</a>
<a href="#">MUACOC - Harp</a>	<a href="#">MUACOH - Viola</a>	<a href="#">MUACOM - Trombone</a>
<a href="#">MUACOD - Oboe</a>	<a href="#">MUACOI - Bass</a>	<a href="#">MUACON - Trumpet</a>
<a href="#">MUACOE - Bassoon</a>	<a href="#">MUACOJ - Flute</a>	<a href="#">MUACOO - Piano</a>

### Arlington Community Chorus

All levels of singers are welcome to this non-audition ensemble, where we create community through the fun, joy and beauty of collective song! Quality repertoire is chosen that reflects a broad diversity of styles, languages, composers and difficulty levels, including classical, contemporary, world music, seasonal favorites, Broadway, jazz, and more. This is a performing ensemble which presents public concerts at the end of each semester. Pre-Requisite: Experience singing in a choir and/or previous voice lessons preferred. Ability to match pitch essential. There is no audition, but the Chorus Director will advise further music study if a student needs help matching pitch.

Tuition: \$189

W-L Choral Rm 01/14 T Young/Carsten-Pelak 7pm 15 - 2 hr

<a href="#">MUACCA - Soprano</a>	<a href="#">MUACCC - Tenor</a>
<a href="#">MUACCB - Alto</a>	<a href="#">MUACCD - Bass</a>

### Arlington Jazz Ensemble/Combo

For intermediate to advanced musicians. Come explore the world of improvisation. Learn how to create and play improvised solos in jazz and popular styles. Work on learning and performing jazz and pop standards with an emphasis on developing your improvisational voice on your instrument by learning about the practical application of instrumental techniques, music theory and ear training.

Tuition: \$139

Gunston Band Rm 01/15 Wed 6:30p Rinker 10 - 2 hr

<a href="#">MUJEA - Alto Sax</a>	<a href="#">MUJEF - Piano</a>
<a href="#">MUJEB - Tenor Sax</a>	<a href="#">MUJEG - Guitar</a>
<a href="#">MUJEC - Bariton</a>	<a href="#">MUJEH - Bass</a>
<a href="#">MUJED - Trumpet</a>	<a href="#">MUJEI - Percussion</a>
<a href="#">MUJEE - Trombone</a>	<a href="#">MUJEJ - Other</a>

### Piano - Intermediate (Evening)

This class is a continuation of level 3 and will focus on playing, accuracy, tempo, voicing and repertoire building. Please come to the first class prepared to share with the class.

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235

[MUPN08 Syphax 126 01/21 Tue 6:30p Ruble 8 - 2 hr](#)

### One-Hour Piano

Learn how to play piano. Class is for students with no piano playing experience. We will cover basic chords, rhythms, musical terms and the use of the metronome. Book Alfred All-in-One Level 1 ISBN 10:0-88284-818-6.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

[MUPN100A Syphax 113 01/17 Fri 2:30p Ruble 8 - 1 hr](#)

[MUPN100B Online 01/17 Fri 2:30p McGuire 8 - 1 hr](#)

### One-Hour Piano - A Continuation

Now that you have the basics down, come and join us for this one-hour piano class on Friday afternoon. All levels are welcome in this dynamic class where the instructor will give you the skills you need to take your piano playing up a notch.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

[MUPN101 Syphax 113 01/24 Fri 1p Ruble 8 - 1 hr](#)

### Violin for Beginners 1

No experience at all? You will start from zero and work through basic posture, bow technique, music reading and finger placement. Learn how to play easy tunes. Build your skills and confidence and get ready to take it to the next level. Bring your own violin to class.

Arl. Res. \$149 Arl. Sr. \$139 Non-Res. \$159

[MUVI01 Online 01/14 Tue 7p McGuire 6 - 1.5 hr](#)

### Violin for Beginners 2

Continue to focus on bow technique, music reading and improved speed and accuracy of finger placement. The music you'll play will gradually stretch your ability while improving your skills. You are required to have your own instrument.

Prerequisite: Violin for Beginners 1 or equivalent experience.

Arl. Res. \$149 Arl. Sr. \$139 Non-Res. \$159

[MUVI02 Online 02/25 Tue 7p McGuire 6 - 1.5 hr](#)

## Photography

### Saving Your Digital Pictures

Step by step instructions will be given on how to take digital pictures from your camera, email or internet and save them to your computer. Preserve the memories digital pictures provide by learning these easy techniques. Don't risk losing your photos or deleting them by accident. Effective exercises will be conducted in class to ensure that you leave with the confidence needed to secure these memories.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

[PH10 Syphax 115 02/20 Thu 1p Matos 1 - 2 hr](#)

### Smartphone Photography

The best camera is the one you have with you. Learn how to take great photos with your smart phone! We'll explore different photography apps and find which are best for uploading to different sites such as Facebook and Instagram. We'll also cover which phones have the best cameras and techniques to get the best picture with the phone you have (Both iPhone and Android will be covered).

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

[PH15 Syphax 108 02/13 Thu 7p Gutnick 1 - 2.5 hr](#)

### Digital Photography - An Introduction

Class is designed for beginning photographers using digital cameras. Learn to better understand your equipment and many of the functions that your camera has to offer. Fundamental concepts of photography will be covered, including composition, lighting, motion, and we will also explore the artistic side of digital photography. Projects will be assigned and photo critiques provided.

Arl. Res. \$105 Arl. Sr. \$95 Non-Res. \$115

[PH25 Syphax 02/13 Thu 6:30p Thomas 3 - 2 hr](#)

### Maximizing Your DSLR Camera

This class will make it easy to understand all those features packed into your digital SLR. You'll learn what the functions do, gaining the confidence to move beyond the Auto mode, and how to use them to capture better pictures. We'll also look at lenses, filters and other photo equipment to use with your DSLR. In addition, you'll learn about lighting (artificial and natural) and composition techniques for people, landscapes, architecture and flowers. You'll have the skills to create more compelling images when traveling and in daily life.

Arl. Res. \$105 Arl. Sr. \$95 Non-Res. \$115

[PH20 Syphax 115 03/12 Wed 7p Thomas 3 - 2 hr](#)

### Photography Urban Nature Hike

The perfect class for amateur photographers. Put on your walking shoes, pack your camera bag and meet for an Urban Nature Hike. This class meets at Lyndon B. Johnson Park and walks across the boundary channel bridge to Lyndon B. Johnson Memorial Grove and the Navy Merchant Marine Memorial. Photograph birds, monuments, and each other allowing you the opportunity to use your DSLR to its fullest potential. Meet in the classroom for a critique and share your best shots.

Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105

[PH30A Syphax 171 03/08 Sat 10a Thomas 2 - 2 hr](#)

[PH30B Syphax 171 03/22 Fri 4p Thomas 2 - 2 hr](#)

## Interior Design

### Interior Design Overview: Designing Space for Function and Comfort

An overview of the Interior Design Process from the initial design through to completion of a project. This class details some easy changes you can make today to get your home or office more comfortable, efficient, and looking sharp. Visuals such as photographs and actual materials will be shown. There will be Q&A at the end and interactive time for discussion.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

[TI353 Online 01/16 Thu 6:30p Tamburro 1 - 2 hr](#)

### Interior Design: Choosing the Best Finish, They're More Than What You See

Pretty colors, patterns, and textures are what many think Interior Design is all about. While they are a part of Interior Design, there are considerations for how to achieve "the look" including maintenance, performance, life-cycle, budget, and the schedule. Learn how to select the best finishes for your project to get the best look, performance, and value. Visuals such as photographs and actual materials will be shown. There will be Q&A at the end and interactive time for discussion.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

[TI354 Online 02/13 Thu 6:30p Tamburro 1 - 2 hr](#)

### Interior Design: Lighting Strategies to Enhance Your Space

Learn about the different types of lighting on the market today, how lighting directly relates to the look and feel of a space, and how and when to use these different types of lighting to enhance your interior or exterior.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

[TI355 Online 03/06 Thu 6:30p Tamburro 1 - 2 hr](#)

### Interior Design: Choosing the Best Furniture for Your Project. Cost vs Value

Not all furniture is made with the same construction standards. There is a reason why what looks like the same chest of drawers can cost between \$400 and \$15,000 for seemingly the same piece of furniture. Learn how and where furniture is made, how to evaluate the finishes and the hardware, and how to choose the best furniture for your project. Visuals such as photographs and actual materials will be shown. There will be Q&A at the end and interactive time for discussion.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

[TI356 Online 03/13 Thu 6:30p Tamburro 1 - 2 hr](#)

## Auto Maintenance

### Detail Your Car Like A Pro

Your car is one of the biggest purchases you'll make - So why not keep it looking nice? You'll feel better sitting down in a car that looks like it just rolled off the showroom floor. Learn how to detail the interior and exterior of your car as the pros would. In addition to demonstrations, we will discuss cleaning techniques, helpful tools and the proper and safe use of cleaning and car care products.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

[TI102 Career Ctr. Auto Lab 03/06 Thu 6:30p Lewis 2 - 2 hr](#)

### Car Maintenance Workshop

Class is designed for students who have limited to no knowledge of car maintenance. Learn how to perform simple maintenance on your car, such as changing the oil, topping off fluids and checking tire pressure. You will also learn how to change a flat tire and what to do when the car overheats. This is a hands-on class.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

[TI106 Career Ctr. Auto Lab 03/18 Tue 6:30p Blanc 3 - 2.5 hr](#)

### Automotive Repair Procedures

This course will be based on the automobile problems and needs of the students. Hands-on shop work on owners' vehicles will guide the weekly lesson. Basic repairs will be limited to shop time, space, and equipment. Diagnostic information will be supplied, as available, to assist the student in correcting problems. The purchase of some necessary basic hand tools and materials will be identified. Course is taught in the Auto Technology Lab. Social distancing will be practiced. Instructor will facilitate instruction.

Arl. Res. \$279 Arl. Sr. \$259 Non-Res. \$299

[TI100 Career Ctr. Auto Lab 01/21 Tue 6:30p Blanc 8 - 3 hr](#)

All Arlington Community Learning classes are for students ages 18+, unless otherwise indicated. Youth Enrichment classes for children are found on pages 15 & 16.

## Arlington Community Learning

### Automotive Repair Procedures - Advanced

The curriculum of the course will be based on the automobile problems and needs of the students. Hands-on shop work on owners' vehicles will guide the weekly lesson. Basic repairs will be limited to shop time, space, and equipment. Course offers more advanced diagnostics. Course is taught in the Auto Technology Lab. Social distancing will be practiced. Teacher will facilitate class instruction.

Arl. Res. \$279 Arl. Sr. \$259 Non-Res. \$299

[TI103 Career Ctr. Auto Lab 01/08 Wed 6:30p Winchell 8 - 3 hr](#)

## Carpentry & Home Improvement

### Introduction to Woodworking & Cabinetmaking

Course begins with a thorough orientation focusing on wood types and uses, wood joinery, cabinetry design, and proper, safe use of tools and equipment. For the remaining classes, you will have full use of modern woodworking equipment, tools, and shop to construct individual furnishings. You supply the lumber and materials for your project. Some storage is available. Course is taught in the Wood Shop.

Arl. Res. \$289 Arl. Sr. \$269 Non-Res. \$309

[TI302A Career Ctr. Wood 01/14 Tue 6:30p Daly 10 - 3 hr](#)

[TI302B Career Ctr. Wood 01/15 Wed 6:30p Andrews 10 - 3 hr](#)

### Advanced Woodworking and Cabinetmaking

Prerequisite: Prior participation in Introduction to Woodworking and Cabinetmaking (TI-302) is mandatory. This course allows you to continue where you left off in the introduction class. You will have use of the fully equipped shop to construct items of personal interest and improve your woodworking skills. Emphasis is on advanced techniques such as veneering, millwork, and joinery. You supply the lumber and materials for your personal projects. Some storage is available. Taught in Wood Shop.

Arl. Res. \$289 Arl. Sr. \$269 Non-Res. \$309

[TI303 Career Ctr. Wood 01/16 Thu 6:30p McCarthy 10 - 3 hr](#)

### Faucet Repair

An overview of the 4 basic types of residential faucets and simple repairs a homeowner can attempt for each type. Virtual demonstrations, an overview of basic tools, and a question/answer period will be the major aspects of this course.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

[TI333 Career Ctr. Wood Shop 03/10 Mon 6:30p Daly 1 - 2 hr](#)

### Drywall Repair

An overview of defects and damages that occur in drywall and simple repairs that you, the homeowner can attempt. Virtual demonstrations, an overview of basic tools and materials, and a question/answer period will be the major aspects of this course.

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

[TI334 Career Ctr. Wood Shop 03/17 Mon 6:30p Daly 1 - 2.5 hr](#)

### Replacing Electrical Outlets

An overview of the electrical grounding systems found in older homes and the implications of replacing older 2-prong outlets with modern grounded 3-prong outlets will be presented. Virtual demonstrations, an overview of basic tools, and a question/answer period will be the major aspects of this course.

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

[TI336 Career Ctr. Wood Shop 02/24 Mon 6:30p Daly 1 - 2.5 hr](#)

### Minor Plumbing Repairs

With some plumbing repairs there is no need to call a professional. Save money and learn how to perform minor repairs yourself. Drips, leaks, clogs, fixture replacement, and routine system maintenance will all be discussed in this one-session class.

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

[TI347 Career Ctr. Wood Shop 03/03 Mon 6:30p Daly 1 - 2.5 hr](#)

### Understanding Your Home: Your House is a System

Learn how to various sub-systems in your home - structure, exterior/interior finishes, weatherizing, utility systems, HVAC, and communications - should be properly designed without defects in order to interact with each other is a smoothly functioning home.

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

[TI362 Online 02/03 Mon 6:30p Daly 1 - 2.5 hr](#)

### Understanding Your Home: Keep Everything Functioning

There is an old saying, "An ounce of prevention is worth a pound of cure". In this class you will learn the value of prevention and maintenance. How to inspect the various systems in your home. Insulation, filters, plumbing and HVAC, electrical wiring, routine maintenance and more.

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

[TI363 Online 02/10 Mon 6:30p Daly 1 - 2.5 hr](#)

## Youth Enrichment

### Minecraft Modders Ages 8 - 11

Use your favorite game to learn the basics of modding and foundations of programming. Learn scripting and logic statements as you create your first mod! Introductory coding will also be taught through a simulated environment inspired by Minecraft. Student projects will be available on a Black Rocket website to share with friends and family. To access their project at home, students must own a PC/MAC version of Minecraft. Tablet, phone, and game console version of Minecraft are not compatible. Students will work in teams for most of the program. Geared towards 5th to 8th graders.

Tuition: \$229

[YPBE02 Online 01/23 Thu 6:30p 8 - 1.25 hr](#)

### YouTube Content Creators Ages 8 - 14

Find your voice and leave your mark on the world! Whether you are six or sixty, it's time to start a career as the next YouTube star. Explore the variety of content and personalities that exist on YouTube and how to find your own niche. Learn the Dos and Don'ts of the platform and how to practice good digital citizenship. Develop your on-camera presence, your own channel branding, and professional editing skills. Take home a plan for launching your own channel with the content created in class!

\*A webcam is required for this course.

\*Compatible with MAC and Windows OS only.

Tuition: \$229

[YPBE09 Online 03/01 Sat 10:30a 6 - 2 hr](#)



Check us out online at [www.apsva.us/acl](http://www.apsva.us/acl) or call us at (703) 228-7200

### Make Your First Video Game! Ages 8- 14

Fans of Fortnite we need you! Instead of playing the game, design your own. Using a professional 3D game development software, build levels and assets inspired by popular battle royale games like Fortnite. This course includes cartoonish action and battle sequences. Learn some game design and programming as you create your game.

\*This requires a 64-bit operating system.

\*Compatible with MAC and Windows OS only.

Tuition: \$229

[YPBE17 Online 03/01 Sat 10:30a 6-2 hr](#)

### Roblox Club Ages: 8 -14

Are you an avid Roblox player and creator? Join us on Friday nights to collaborate and play mini-games with one of our Roblox Coaches and make new friends in a safe and fun environment.

Tuition: \$89

[YPBE39 Online 02/28 Fri 6:30p 6-1 hr](#)

### Typing Skills Ages 8 - 12

In this course students will meet for one-hour, where they will learn the fundamentals of typing using a computer keyboard and online games. The focus will be on the home row and other letter combinations. Max class size: 10.

Tuition: \$85

[YPBE40A Syphax 115 01/21 Tue/Thu 4:30p Duffy 4-1 hr](#)

[YPBE40B Syphax 115 02/18 Tue/Thu 4:30p Duffy 4-1 hr](#)

[YPBE40C Syphax 115 03/11 Tue/Thu 4:30p Duffy 4-1 hr](#)

### Young Investors & Entrepreneurs Ages 8 - 14

Teach your kids the secrets of building financial wealth and security! Whether you want to build the next great American company, become a Wall Street tycoon, or be the millionaire next door by investing wisely - this camp is for you! In this course, you will learn the basics of investing in the stock market, the difference between assets and liabilities, the importance of diversification, and how to evaluate companies. You will also develop your own business plan and present your ideas to your peers to compete for their investments in a mock Shark Tank-style activity. Students will work in pairs or teams for most of the program.

\*This course requires access to computers with internet to complete market research.

Tuition: \$169

[YPBE64 Online 01/18 Sat 10:30a Staff 6-2 hr](#)

### ROBLOX Makers Ages 8 – 14

Unlock the power of ROBLOX® Studio, the world creation tool used by real-world ROBLOX® developers! Learn how to build 3D models and create an adventure in your ROBLOX® world. Bring characters to life with unique animations you design.

Tuition: \$229

[YPBE68 Online 01/18 Sat 10:30a Staff 6-2 hr](#)

Youth enrichment classes are added regularly. Visit [www.apsva.us/yp](http://www.apsva.us/yp) for the latest course offerings.

### Hoops, Scoops, and Loops Cursive Workshop! Ages 8-13

Hoops, Scoops, and Loops Cursive Camp! We will learn how to write cursive letters according to their shape, covering a different group of letters each day. The last day will be spent linking letters together to write cursive words and signing our name! All materials are included. Ages 8-12

Tuition: \$85

[YPCE120A Syphax 113 01/13 Mon-Thu 4:30p Duffy 4-1 hr](#)

[YPCE120B Syphax 113 02/03 Mon-Thu 4:40p Duffy 4-1 hr](#)

[YPCE120C Syphax 113 04/07 Mon-Thu 4:30p Duffy 4-1 hr](#)

### Jewelry Making for Kids Ages 8-11

Learn the basics for jewelry making. We will cover techniques such as stringing, knotting and wire wrapping. During class you will make a strung bracelet, a silk knotted bracelet, and a wire wrapped bracelet. You will also learn how to make matching sets of earrings. All supplies are included.

Tuition: \$55

[YPHE335A Syphax 113 02/22 Sat 10p Duffy 1-2 hr](#)

[YPHE335B Syphax 113 03/22 Sat 10a Duffy 1-2 hr](#)

### Introduction to Piano for 4th & 5th Graders

This is an introduction to piano enrichment class for 4th and 5th graders who have no prior piano playing experience or need a review of the very basics. Learn how to read music, find notes on the piano and other essentials to begin playing basic piano pieces. Students must have a piano or piano keyboard at home to participate. Required text: Accelerated PIANO Adventures by Nancy and Randall Faber ISBN: 978-1-61677-205-5. Book can be purchased online.

Tuition: \$139

[YPMUPN12A Syphax 113 02/24 Mon-Thu 5p Gibson 4-1 hr](#)

[YPMUPN12B Syphax 113 03/24 Mon-Thu 5p Gibson 4-1 hr](#)

### Intro to Ukulele for Kids Ages 8-14

In this 6 week class, ukulele students will learn the baritone ukulele with sheet music, guided videos, worksheets, and weekly opportunities to share their new skills! Along with learning the ukulele, we will explore creating our own songs with the skills we have learned. We will use baritone ukuleles for this course and instruments are not included.

Tuition: \$149

[YPMUUK10 Syphax 171 02/08 Sat 11a Norris 3-1.5 hr](#)

### Architecture as a Career

Do you want to be an architect? Are you a high school student interested in learning about an architecture career? Learn how to become an architect, including developing your interests and hobbies, high school course options, college choices, post-college internship, and architecture license exams. Discuss what an architect does and the many career paths available. This session will be led by an architect with more than twenty years of experience.

Tuition: \$55

[YPTI108A W-L 2214 02/18 Tue 6:30p Shaw 1-2 hr](#)

[YPTI108B W-L 2214 03/18 Tue 6:30p Shaw 1-2 hr](#)

### SAT Prep - Math

In this course, students will walk through solving tons of practice problems covering all of the skills you'll need for the SAT Math sections. Quizzes, practice tests and discussions on how to approach studying and what to expect on test day. Required Text ISBN 978-1-4573-1670-18

Tuition: \$139

[YPTP06 Online 02/24 Mon, Wed 7p El-Hakim 4-2 hr](#)

### SAT Prep - Language Arts

Reading comprehension, textual analysis, and standards of English are a big part of the Reading & Writing portions of the SAT. Identifying what the examiners are looking for and how and why they develop particular questions are important, as well. This class will explain the techniques and test-taking strategies you need to increase your score in the verbal section of the SAT. Please see website for required text prior to first class. Students are to access the digital practice test here:

<https://satsuite.collegeboard.org/sat/practice-preparation>

<https://satsuite.collegeboard.org/sat/practice-preparation/practice-tests>

Tuition: \$139

[YPTP105 Syphax 113 02/08 Sat 11a Bromley 4-2 hr](#)

### College Essay Writing Course

The first part of this course, we will be reflective by taking the brief Meyers Briggs test and examining the unique values and qualities that we each have. Students will receive essay examples of the four most common types. They will diagram the details of a challenge they faced to create a writing prompt for their essay. Students will outline their essay using the narrative method. Students will work with classmates on crafting impactful opening lines to start their essays. For the second part of this course, students will work on writing their essays.

Tuition: \$85

[YPCE05A Syphax 117 02/01 Sat 10a Paluch 2-2 hr](#)

[YPCE05B Syphax 113 03/22 Sat 10a Paluch 2-2 hr](#)

### Small Group Math Strengthening 4th Graders

Get the schools year off to the right start! This small group math strengthening class will provide your 4th grader with a deeper understanding of the concepts and mathematical processes for success.

Tuition: \$105

[YPTP03A Online 02/13 Thu 4p 3-2 hr](#)

[YPTP03B Online 03/06 Thu 4p 3-2 hr](#)

### Small Group Math Strengthening 5th Graders

This small group math strengthening class will provide your 4th grader with a deeper understanding of the concepts and mathematical processes for success. Maximum 8 students per class. You will need your textbook (shown below) titled "Spectrum Math, Grade 4", ISBN 978-1-4838-0872-7.

Tuition: \$105

[YPTP04A Online 02/11 Tue 4:30p El-Hakim 3-2 hr](#)

[YPTP04B Online 03/04 Tue 4:30p El-Hakim 3-2 hr](#)

### Interior Design as a Career

An overview of what it's like to be an Interior Designer, the different industries in which Interior Designers work, the educational requirements to become a professional Interior Designer, and the process Interior Designers use to complete projects from the initial design through to completion of a project. This class also details some strategies to try at home to practice what was learned such as easy changes that can be made at home for more comfort, efficiency, and to look sharp. Visuals such as photographs and actual materials will be shown. There will be Q&A at the end and interactive time for discussion.

Tuition: \$55

[YPTI20A Syphax 113 01/18 Sat 10a Tamburro 1-2 hr](#)

[YPTI20B Syphax 113 02/15 Sat 10a Tamburro 1-2 hr](#)

## English Classes for Adult Learners (ESL)



### REEP Program

Arlington Education and Employment Program (REEP)  
Syphax Education Center, 2110 Washington Blvd. #106  
Arlington, Virginia 22204

(703) 228-4200 | [reep@apsva.us](mailto:reep@apsva.us) | [reep.apsva.us](http://reep.apsva.us)



The Arlington Education and Employment Program (REEP) provides English classes to adults in Arlington, Virginia. REEP integrates language, U.S. culture, digital literacy, community involvement, and workforce preparation into all course instruction. Career development opportunities are also available in childcare and computer skills.

#### Intensive English Classes Beginning, Intermediate & Advanced Levels

Beginning, intermediate, and advanced levels of intensive English instruction, taught by trained and experienced ESL professionals. 12-week course.

January 8 - March 28

Morning: Monday - Friday, 9:00 a.m. - 12:00 noon (\$300\*\*)

Evening: Monday - Thursday, 6:45 p.m. - 9:00 p.m. (\$210\*\*)

#### English for Child Care Providers High-Intermediate & Advanced Levels

Students who register for an intensive English class can choose to study in the English for Child Care Providers course. This course meets one day a week. Students earn credits toward Level 1 of the Child Development Associate (CDA) certification.\* Job coaching is included.

January 13 - March 28

One day/week (TBD)

Cost: No added cost; must register for an intensive class

\*Completion of Level 1 of the CDA normally takes 6 months.

#### How to Get Started

- Visit our website: [reep.apsva.us/take\\_a\\_class](http://reep.apsva.us/take_a_class)
- Complete an *Interest Form*.
- We will contact you to schedule a test.
- The exam is free.

#### Free Online Community English Classes

Free non-intensive, beginning and intermediate level classes taught by trained volunteers. Visit [reep.apsva.us/class-information/](http://reep.apsva.us/class-information/) for details.

#### Conversation & Pronunciation Classes Intermediate & Advanced Levels

The REEP Conversation Class works to improve students' fluency, accuracy and confidence in spoken English. 11-week course.

January 14 - March 27

Tuesday and Thursday, 1:00 p.m. - 3:00 p.m.

Cost: \$130\*\*

#### English and Workplace Computer Skills Microsoft Office Specialist Certification Prep

A basic computer skills course for intermediate and advanced level English language learners. Students receive English language instruction and gain confidence using computers in English. Microsoft Office Specialist Certification exam and job coaching are included.

January 8 - March 27

Monday - Thursday, 6:45 p.m. - 9:00 p.m.

Cost: \$210\*\*.

#### English for Customer Service Employment

This course aims to build the confidence and skills needed to engage with customers in English. The course will focus on Guest Service Gold's seven key elements for delivering top-quality customer service.

January 13 - March 27

Monday & Wednesday, 6:30 p.m. - 8:30 p.m.

Cost: \$100\*\*.

\*\*Tuition is higher for students who do not live or work in Arlington, is subject to change, and includes a \$35.00 non-refundable testing and registration fee. Some scholarships for intensive classes are available to Arlington residents through a lottery for qualified applicants. Scholarship recipients pay \$35. Payment by credit/debit card or money orders. No personal checks or cash.



Check us out online at [www.apsva.us/acl](http://www.apsva.us/acl) or call us at (703) 228-7200

## GED® (High School Equivalency Certificate)

The General Educational Development (GED) Program is designed for persons who were once enrolled in school, but who, for various reasons, did not complete the requirements for high school graduation.

### ENGLISH GED PREPARATION OPTIONS

**Classes help develop or refresh the skills necessary for successful completion of the GED test. Students are encouraged to take the GED test when their progress indicates their readiness.**

#### Winter 2025 Class Schedule

**New students to the program are required to take a placement assessment in Reading and Math. There is a \$5 assessment fee. Choose an appointment on the following dates: 11/25 at 5:30pm, 12/7 at 9am, 12/10 at 5:30pm, 12/13 at 8:30am, 12/18 at 10:30am or 1/7 at 8:30 am. The assessment takes approximately 2.5 to 3 hours. Register at [www.apsva.us/ged](http://www.apsva.us/ged)**

#### GED Preparation Level 4

Monday, Wednesday and Friday. A combination of traditional teacher led classes and individualized instruction is included. Course will cover all four subjects of the GED test.

14-week Mornings 9am - 11:30am Cost \$129

**GE-015A** Online 1/8 - 4/30 Joseph Mon./Wed./Fri.

14-week Evenings 6pm - 8:30pm Cost \$89

**GE-015B** Syphax Ctr. 108 1/8 - 4/30 Van Buren Mon./Wed.

(Please note: Monday classes are virtual and Wednesday classes are in-person)

#### GED Preparation Class Math Only

Prerequisite: Must have passed all subjects of the GED test, except math.

14-week program meeting Mondays and Wednesdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on math skills needed for the GED test.

Cost: \$89

**GE-018** Online 1/8 - 4/30 Joseph Mon./Wed.

#### GED Preparation Level 3

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills.

Cost: \$89

**GE-014** Kenmore 293 1/7 - 4/24 Long/Reaves-Green Tues./Thurs.

#### GED Preparation Level 2

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills.

Cost: \$89

**GE-013** Kenmore 287 1/7 - 4/24 Dozier Tues./Thurs.

#### Basic Math Class

14-week program meeting Mondays and Wednesdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on basic Math skills.

Cost: \$89

**GE-012** Kenmore 289 1/8 - 4/30 Castellanos Mon./Wed.

#### Virtual (Self-Paced) GED Preparation

This GED preparation course is designed for students who need the flexibility of studying on their own schedule. Online instruction is provided in math, science, social studies and language arts. Exam-taking tips, full-length practice exams and practice questions are included. It is recommended that students registering for this class have a high school level of reading and math skills. For more information regarding this class, please contact the GED Coordinator, Jerri Young at [jerrilyn.young@apsva.us](mailto:jerrilyn.young@apsva.us).

Cost: \$299 (Students will have access to the class for a total of six months)

**GE-016** Online Start Anytime

### GED EN ESPAÑOL - CURSO PREPARATORIO Y DE REPASO

Se ofrecen clases de repaso de las materias abajo indicadas, las que ayudarán a desarrollar la preparación necesaria para pasar el examen del GED, y obtener el Certificado de Equivalencia de Educación Secundaria otorgado por el Estado de Virginia.

#### Requisitos:

Haber completado la mayoría de los estudios secundarios o demostrar el conocimiento básicos de lectura, escritura y matemáticas.

#### Materias de Estudio:

Matemáticas (aritmética, álgebra, geometría), lectura y redacción y estudios sociales.

#### Lugares y Horario:

#### Kenmore Middle School

200 S. Carlin Springs Road, Arlington, Va. 22204

Sala #290, Lunes y miércoles de 7:00 p.m. a 9:00 p.m. Las clases empiezan el 8 de enero y terminan el 30 de abril (14 semanas, no hay clases cuando hay un feriado). Matrícula: \$89

**GED en Español (Lenguaje, Estudios Sociales y Matemática)**

Código: **GE-003** Downs/Sparks

## Arlington Community Learning

### Things You Should Know

**REGISTRATION:** Please register early to avoid disappointment. Tuition may be paid by check (returned checks are subject to a fee), money order, or credit card. We accept Visa, MasterCard and Discover Card. Make checks payable to: Arlington Public Schools. Registration is complete once payment is received. Cash payments are not accepted. **You will not receive confirmation**, unless you register online, in which you will receive an email confirmation. You must register before attending class. Instructor may not receive payment.

All Arlington resident students 62 years or older receive a discount on tuition, with some exceptions.

**REFUND POLICY:** You will receive a full refund if class is canceled by Adult Education. Refund requests received before the first class are subject to a 10% service charge (minimum \$10.00). Refund/transfers before the second class (of a multiple session course) are subject to a 10% service charge, plus a prorated fee for each class held before receipt of request whether or not the participant attended. No refund/transfers after second class. No refund for single night class if you were unable to attend. No refund on material fee if student cancels 48 hours prior to class.

**WEATHER RELATED CLOSINGS:** Adult Education classes are canceled whenever Arlington Public Schools close for inclement weather. Closings are announced on the Arlington Public Schools' website at [www.apsva.us](http://www.apsva.us) and local radio and TV stations.

You can also call the weather hotline at 866-322-4277. When an announcement is made that there is a morning school delay (not closing), **all Arlington Adult Education classes will take place as regularly scheduled.** If class is canceled, classes that meet once are rescheduled for the next week, when possible. Classes that meet more than once will meet at the next scheduled session and students will receive makeup information in class.

#### Parking at Syphax Education Center

Parking at the Syphax Education Center is located in the parking garage, adjacent to the building. There is also street metered parking which is discounted during that day and free after 6pm, also free on the weekends. For evening classes, exit the parking garage on the lower level. Bicycle racks are available. Staff and student parking located at B1 and B2.

**TEXTBOOKS:** Students are responsible for purchasing their own textbooks for class. Textbooks are listed in the course description with the ISBN number. You may want to confirm that your class will run, prior to purchasing your textbook. All books can be purchased online, new or used.

#### MINIMUM AGE REQUIREMENTS FOR CLASS

The minimum age requirement for class is 18 years old, unless otherwise indicated.

In the case of our Youth Enrichment Program, classes may be grade specific, instead of age specific.

**ATTENTION:** Arlington Public Schools prohibits discrimination on the basis of race, religion, gender, sexual orientation, national origin, age, disability, pregnancy or marital status. This policy provides equal access to courses and programs, counseling services, physical education and athletics, vocational education, instructional materials and extra-curricular activities. Report violations of this policy to the Assistant Superintendent for Administrative Services, 703-228-6008, or the Assistant Superintendent for Personnel, 703-228-6110.

**OFFICE HOURS:**  
9am to 5pm Monday - Friday

**HOLIDAYS AND CLOSINGS:**  
No classes will be held on:

Jan. 1 through 4 - New Year's Holiday  
Jan. 20 - Dr. Martin Luther King Jr. Day  
Feb. 17 - Presidents Day

#### Arlington Community Newsletter

Be the first to know when our new catalog is coming out, when the new semester begins, when new classes are added, community concerts, special events and coupon codes.

Sign up by scanning here



or add this url into your browser:  
<http://eepurl.com/daGLkv>

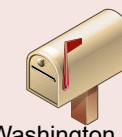
\*\*\* The Arlington Community Learning provides partial scholarships to Arlington residents who qualify, call for more information. \*\*\*

Register Online



[www.apsva.us/acl](http://www.apsva.us/acl)

Mail it in!



2110 Washington Blvd. #106  
Arlington, VA 22204

Call it in!



703-228-7200

Walk it in!



Same as our  
Mailing address

### Class Registration Form

Please fill out completely. Registration is complete upon processing of this form. Indicate second student on separate form. If mailing, make check/money order payable to Arlington Public Schools. Cut and mail with tuition to Adult Education Program, 2110 Washington Blvd. #106, Arlington, VA 22204.

Confirmation will be sent, only upon request. Report to class unless otherwise advised.

Last Name			First			Middle			Male <input type="checkbox"/>	Senior 62+ <input type="checkbox"/>																																																																								
									Female <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>																																																																								
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Offering daytime non-credit college-level courses, clubs & special events for those 50+ in the metropolitan area



#### Want to see what's available, Winter 2025?

Courses are posted online at [www.apsva.us/parentacademy](http://www.apsva.us/parentacademy)  
If you have questions or ideas, call the APS Department of School & Community Relations at **703-228-6005**.



Arlington Public Schools  
Career, Technical, and Adult Education  
2110 Washington Blvd.  
Arlington, Virginia 22204

Non-Profit Org.  
U.S. Postage  
PAID  
Merrifield, VA  
Permit No. 1434

ECRWSS

Postal Customer  
or Current Resident

Do you have an interest in any of the following classes? If so, scan the QR code and add your name to the list - we will work on developing the class!



ChatGPT Workshop



Wax Candle Making



Create Your Own Cutting Board



Cake Decorating



Foreign Languages for Kids



Farsi Language



Loom Weaving



Data Analysis



Suggest or Teach a Class

Register online at [www.apsva.us/acf](http://www.apsva.us/acf)

Tel: 703-228-7200



Arlington  
Public  
Schools