

Identity & Identity-Based Bullying Prevention (Part 1)

Third Grade

Virginia Social Emotional Learning Standards

(2021)

Self-Awareness

SeA2: 3-4d, I can describe the multiple groups in society that help create my identity.

Social Awareness

SoA1: 3-4b, I can ask questions in a positive manner about other people's cultures, traditions and beliefs.



ASCA Student Standards: Mindsets and Behaviors for Student Success

B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary

B-SS 10. Cultural awareness, sensitivity and responsiveness



Content & Learning Targets

I can tell you what identity is.

I can tell you examples of what makes up someone's identity.

I can explain what identity-based bullying is and what I can do to help stop it.

Bullying Pre/Post Test

**Add QR
Code for
your school
HERE**

[Pre/Post Test](#)

[https://docs.google.com/forms/d/
1_GWtz8k0DI1LW-jNFMQaRkEX
Pn1_liQynyXSd5oMXoo/copy](https://docs.google.com/forms/d/1_GWtz8k0DI1LW-jNFMQaRkEX_Pn1_liQynyXSd5oMXoo/copy)

*****Please review speaker notes**

Warm-Up - The Great Wind Blows



“A great wind blows for everyone who_____.”

What does the word identity mean to you?

Identity is what makes you, you!

It is the **qualities** and **beliefs** that make a particular person or group different from others.

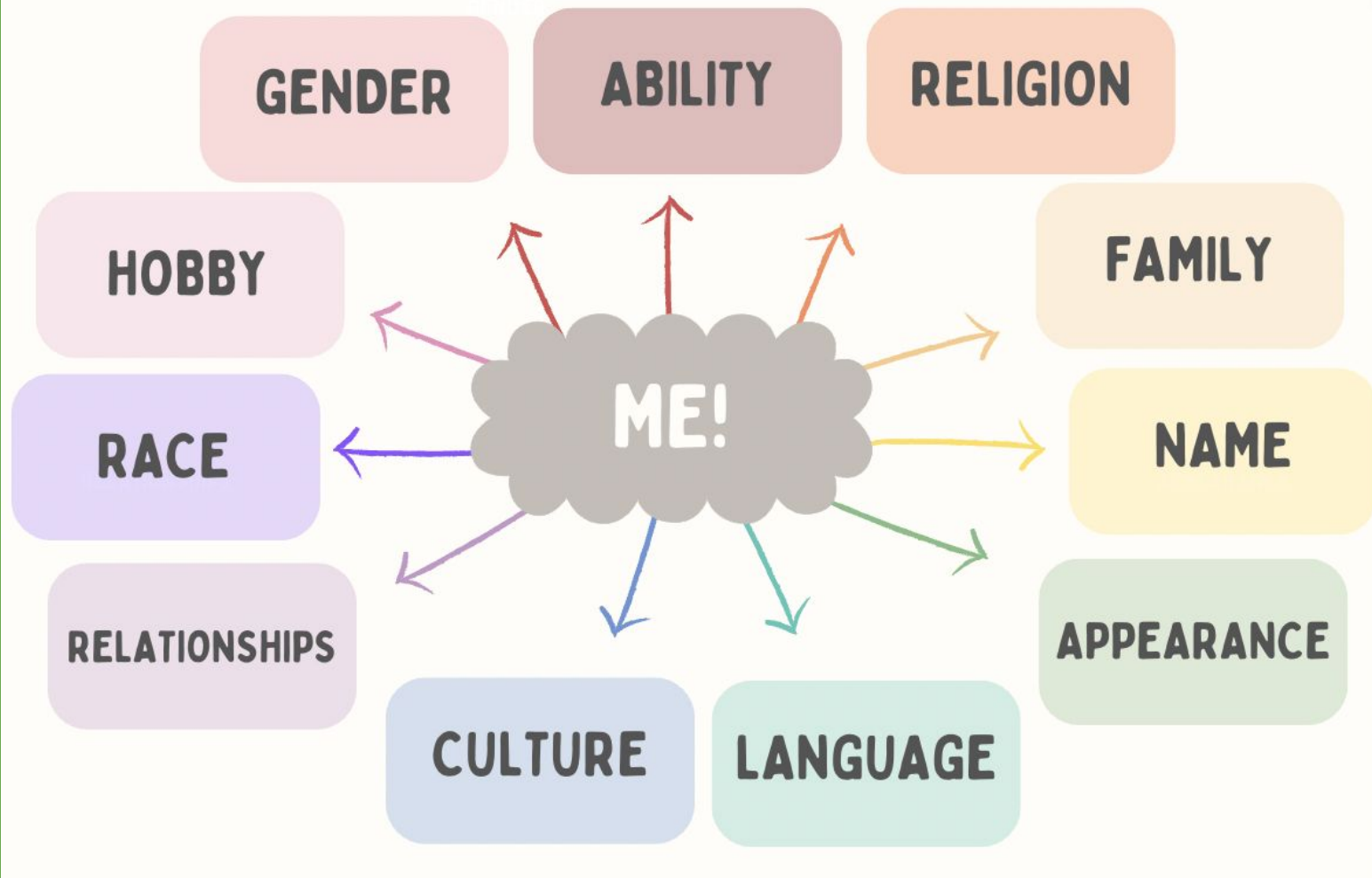


IDENTITY



Identity





Identity

Inside

Outside



Height

Race

Ability

Religion

Hobby

Fears

Attitudes

Family



If you see someone being unkind, say STOP!



Tell a teacher or another trusted adult.



Be kind. Take deep breaths to help your body feel safe and calm.

Activity

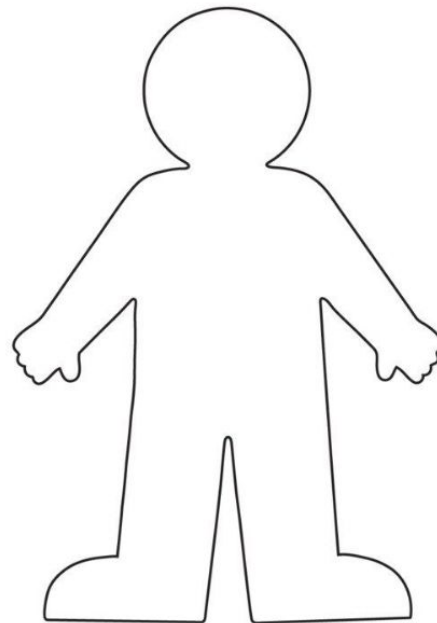
Example:



Name _____

My Identity

Draw or write 3 parts of your identity that we **can see (outside)**.
Draw or write 3 parts of your identity that we **CANNOT see (inside)**.



Review



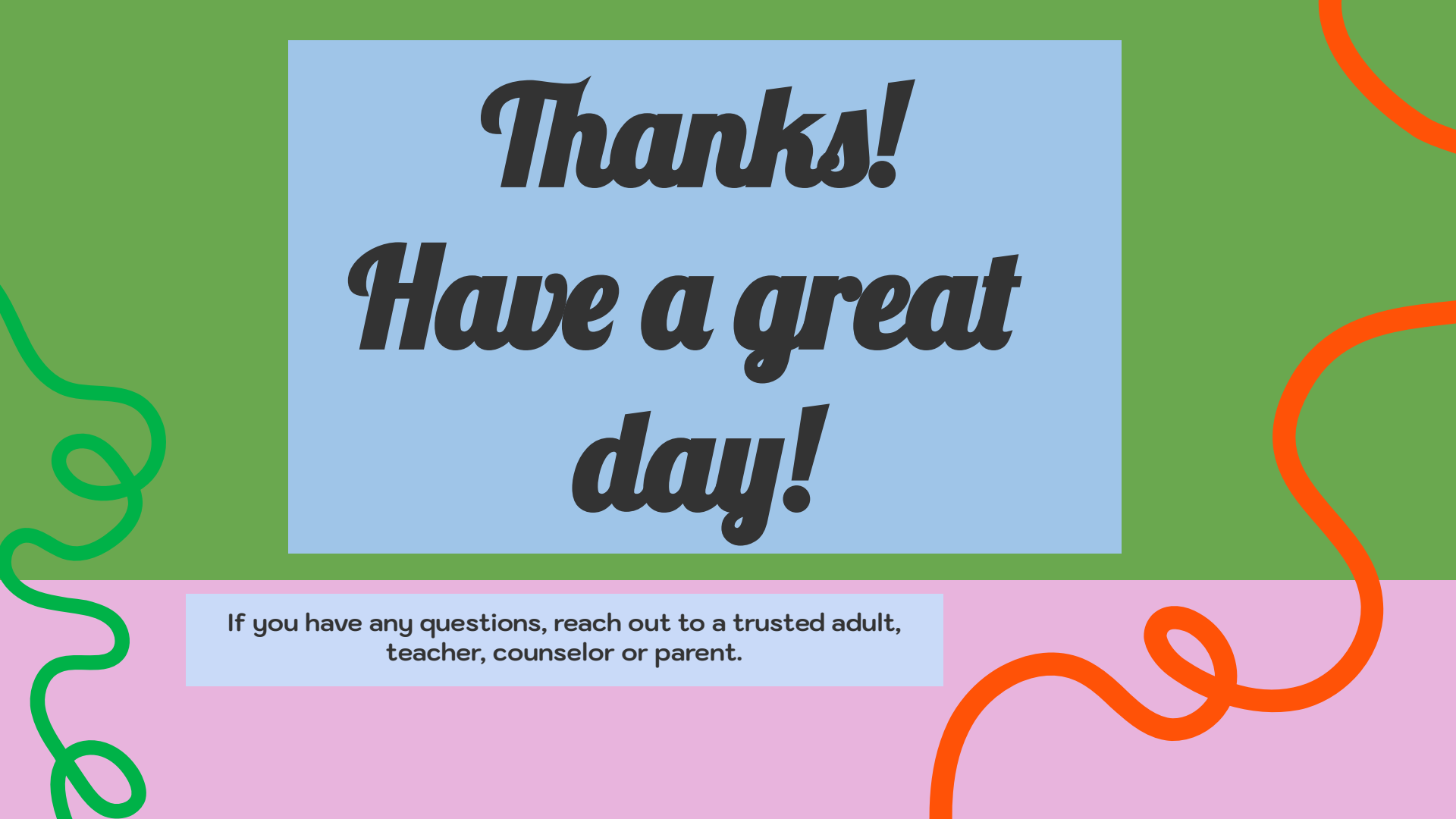
What is
identity?



What are
examples of
identities we
can see from
the outside?



What are some
examples of
identity that
we cannot see
from the
outside?



Thanks!
Have a great
day!

If you have any questions, reach out to a trusted adult,
teacher, counselor or parent.