

Bullying Prevention: Identity

(Part 2)

Third Grade



Virginia Social Emotional Learning Standards

(2021)

Self-Awareness

SeA2: 3-4d, I can describe the multiple groups in society that help create my identity.

Social Awareness

SoA1: 3-4b, I can ask questions in a positive manner about other people's cultures, traditions and beliefs.



ASCA Student Standards: Mindsets and Behaviors for Student Success

B-SS 2. Positive, respectful and supportive relationships with students who are similar to and different from them

B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary

B-SS 10. Cultural awareness, sensitivity and responsiveness



Content & Learning Targets

I can tell you what identity is.

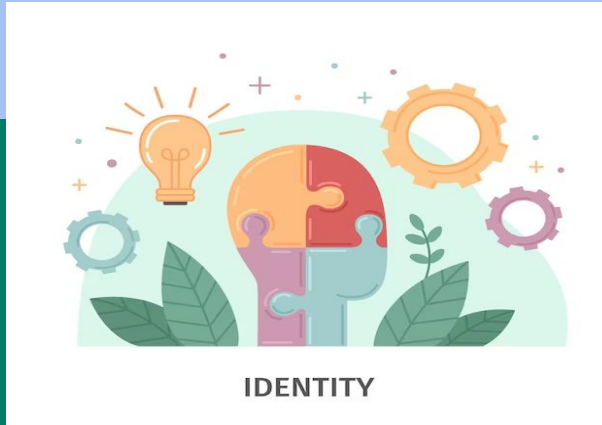
I can tell you examples of what makes up someone's identity.

I can explain what identity-based bullying is and what I can do to help stop it.

What is identity?

Identity is what makes you, you!

It is the qualities and beliefs that make a particular person or group different from others



What is bullying?

Bullying is when a person keeps being mean to someone else over and over.



Based on what we learned about identity and what you know about bullying, what do you think identity-based bullying is?



Identity-Based Bullying

When someone is bullied based on an aspect of who they are or are perceived to be: their identity



Upstander Power

An upstander sees or knows about bullying happening to someone else.



A supportive upstander

**Reports or helps
report bullying**



A supportive upstander

**Stands up for
someone being
bullied**



A supportive upstander

**Is respectful
and kind**



A supportive upstander

**Includes
everyone**

Be an upstander! Be a friend!



If you see someone being unkind, say STOP!



Tell a teacher or another trusted adult.



Be kind. Take deep breaths to help your body feel safe and calm.

Scenarios

On the next slides, we will discuss some scenarios that have been made up that cover bullying and harassment in hurtful ways.

These situations are based on harmful statements and should not be repeated towards other individuals.

Scenario #1

A student named Hannah has always preferred toys that are often viewed as "boy toys." She likes to play with action toys and she brings a Star Wars lunch box to school every day. Several students have been telling Hannah that she shouldn't be into that stuff, and they have been **calling her names** and **hiding the lunchbox** from her during lunch.



Scenario #2

Lukas is a student in your school. He has two moms. Everyone knows he has two moms, and it seems like he's the only one in school with a family like his. On Mother's Day, Lukas was making 2 cards for both his moms and students at his table **started to make fun of him** and one student said his family isn't "normal."



Scenario #3

Ryan is a 2nd grader who uses a wheelchair to help him get around from place to place. One day, you overhear some students **planning to push** Ryan off of their wheelchair on their way to recess. This isn't the first time you have overheard or seen them pick on Ryan.



Review



**What is
identity?**



**What is
identity-b
ased
bullying?**



**What can you
do if you see
or hear
identity-base
d bullying or
comments?**



Be an upstander! Be a friend!



If you see someone being unkind, say STOP!



Tell a teacher or another trusted adult.



Be kind. Take deep breaths to help your body feel safe and calm.

Bullying Pre/Post Test

**Add QR
Code for
your school
HERE**

[Pre/Post Test](#)

*****Please review speaker notes**

Thank You!



Have a wonderful day!!



If you have any questions, reach out to a trusted adult,
teacher, counselor or parent.