

Identity-Based Bullying

(Part 2)

Fifth Grade



Virginia Social Emotional Learning Standards

(2021)

Self-Awareness

SeA2: 5-6d, I can develop an awareness of and comfort with my membership in multiple groups in society.

Social Awareness

SoA1: 5-6b, I can gain a broader understanding by asking questions and listening to those with different perspectives, backgrounds, and cultures.

Relationship Skills

ReS1: 5-6d, I can demonstrate how I will navigate situations when I might feel pressured to go along with injustice.

Decision Making

DeM2: 5-6a, I can describe my beliefs, values, and the multiple groups in society that help create my identity and inform my decision making process.



ASCA Student Standards: Mindsets and Behaviors for Student Success

M 2. Sense of acceptance, respect, support and inclusion for self and others in the school environment

B-SS 2. Positive, respectful and supportive relationships with students who are similar to and different from them

B-SS 4. Empathy

B-SS 10. Cultural awareness, sensitivity and responsiveness



What is identity?

Identity is what makes you, you!

It is the qualities and beliefs that make a particular person or group different from others



IDENTITY

What is bullying?

- **Someone is not being safe or respectful**
- **Someone keeps being mean to someone else on purpose**
- **It is unfair and one-sided**



APS Definition of Bullying

Any **aggressive** and **unwanted behavior** that is intended to **harm, intimidate, or humiliate** the victim; involves a real or perceived **power imbalance** between the aggressor or aggressors and the victim; and is **repeated** over time or causes severe emotional trauma.



Based on what we learned about identity and what you know about bullying, what do you think identity-based bullying is?



Identity-Based Bullying

When someone is bullied based on an aspect of who they are or are perceived to be: their identity



Upstander Power

An upstander sees or knows about bullying happening to someone else.
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A supportive upstander

**Reports or helps
report bullying**



A supportive upstander

**Stands up for
someone being
bullied**



A supportive upstander

**Is respectful
and kind**



A supportive upstander

**Includes
everyone**

Scenarios

On the next slides, we will discuss some scenarios that have been made up that cover bullying and harassment in hurtful ways.

These situations are based on harmful statements and should not be repeated towards other individuals.

Scenario #1

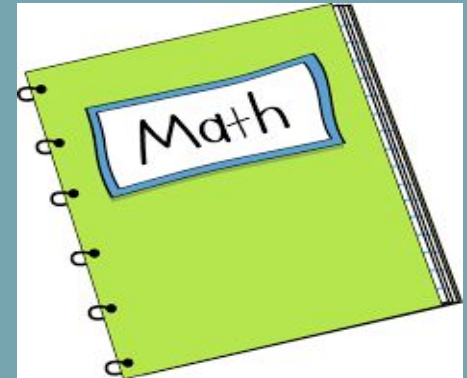
Jonah is a new student in your grade. Jonah wears a yarmulke, a traditional cap worn by Jewish males. Some students in your grade have been making fun of Jonah for wearing a yarmulke and have been calling him “Yammy.”



Scenario #2

During math class, you and your friend, Luisa, are working on a worksheet together with the help of Ms. Luna. Diego and Frances are working close by.

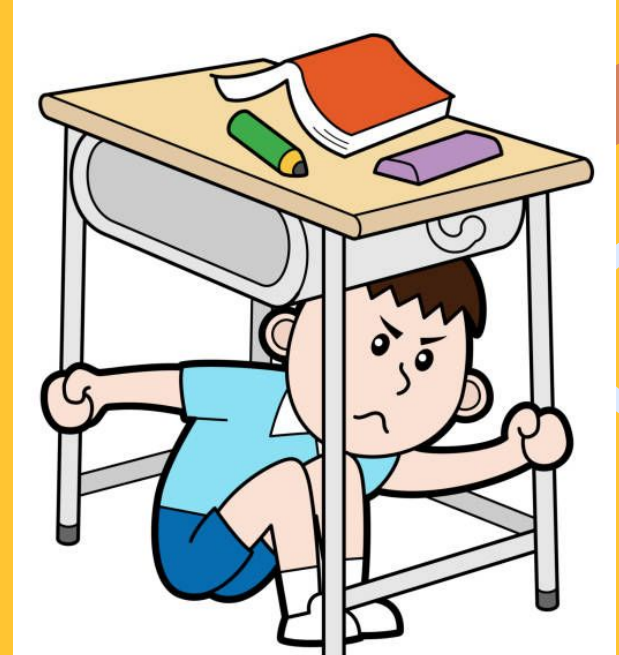
When Ms. Luna walks away, Diego and Frances turn to you and Luisa and say, “Haha you all are so dumb, you can’t do this alone. You are so SPED.”



Scenario #3

Sean is a student in your class. He likes to read, mostly keeps to himself, and when excited will flap his arms. When Sean gets frustrated, he tends to yell, cry and hide under his desk.

Some of the kids in your class find this funny and will often pick on him. One day, you have a substitute teacher and they approach Sean and take his books. Sean starts to yell, cry, and hide under his desk.



Scenario #4

Davian has been at your school since kindergarten. He always wore all black clothing. This year, Davian came back to school and is using she\her pronouns, is wearing dresses, and goes by Dee now. Some students in your grade continue to call Dee, Davian and call her, him.

theirs	zim	their	
her	ze	she	his
xe	they	them	xim
hers	xey	him	he



Be an upstander! Be a friend!



If you see someone being unkind, say STOP!



Tell a teacher or another trusted adult.



Be kind. Take deep breaths to help your body feel safe and calm.

Review



**What is
identity?**

**What is
identity-b
ased
bullying?**

**What can you
do if you see or
hear
identity-based
bullying or
comments?**

Bullying Pre/Post Test

**Add QR
Code for
your school
HERE**

[Pre/Post Test](#)

*****Please review speaker notes**

Thanks!



Have a wonderful day!!

If you have any questions, reach out to a trusted adult, teacher, counselor or parent.